Medicaid Section 1115 Substance Use Disorder Demonstrations Monitoring Report Template

Note: PRA Disclosure Statement to be added here

1. Title page for the state's substance use disorder (SUD) demonstration or the SUD component of the broader demonstration

The title page is a brief form that the state completed as part of its monitoring protocol. The title page will be populated with the information from the state's approved monitoring protocol. The state should complete the remaining two rows. Definitions for certain rows are below the table.

State	Maine
Demonstration name	Maine Substance Use Disorder Care Initiative
Approval period for section 1115 demonstration	Automatically populated with the current approval period for the section 1115 demonstration as listed in the current special terms and conditions (STC), including the start date and end date (MM/DD/YYYY – MM/DD/YYYY). Start Date: 01/01/2021 End Date: 12/31/2025
SUD demonstration start date ^a	Automatically populated with the start date for the section 1115 SUD demonstration or SUD component if part of a broader demonstration (MM/DD/YYYY). 01/01/2021
Implementation date of SUD demonstration, if different from SUD demonstration start date ^b	Automatically populated with the SUD demonstration implementation date (MM/DD/YYYY). 07/01/2022
SUD (or if broader demonstration, then SUD - related) demonstration goals and objectives	Automatically populated with the summary of the SUD (or if broader demonstration, then SUD- related) demonstration goals and objectives. SUD Demonstration Goals 1. Increased rates of identification, initiation, and engagement
SUD demonstration year and quarter	Enter the SUD demonstration year and quarter associated with this monitoring report (e.g., SUD DY1Q3 monitoring report). This should align with the reporting schedule in the state's approved monitoring protocol. SUD DY 3 Q1
Reporting period	Enter calendar dates for the current reporting period (i.e., for the quarter or year) (MM/DD/YYYY – MM/DD/YYYY). This should align with the reporting schedule in the state's approved monitoring protocol. Start Date: 1/01/2023 End Date: 3/31/2023

^a **SUD demonstration start date:** For monitoring purposes, CMS defines the start date of the demonstration as the *effective date* listed in the state's STCs at time of SUD demonstration approval. For example, if the state's STCs at the time of SUD demonstration approval note that the SUD demonstration is effective January 1, 2020 – December 31, 2025, the state should consider January 1, 2020 to be the start date of the SUD demonstration. Note that the effective date is considered to be the first day the state may begin its SUD demonstration. In many cases, the effective date is distinct from the approval date of a demonstration; that is, in certain cases, CMS may approve a section 1115 demonstration with an effective date that is in the future. For example, CMS may approve an extension request on December 15, 2020, with an effective date of January 1, 2021 for the new demonstration period. In many cases, the effective date also differs from the date a state begins implementing its demonstration.

^b **Implementation date of SUD demonstration:** The date the state began claiming or will begin claiming federal financial participation for services provided to individuals in institutions for mental disease.

2. Executive summary

The executive summary should be reported in the fillable box below. It is intended for summary-level information only. The recommended word count is 500 words or less.

In quarter 1 of year 3 the State enacted rate changes associated with a new rate reform law with a primary focus on an overhaul of MaineCare's behavioral health service rates, which comprise over 100 specific services, and even more billing codes. Rates increases effective January 1, 2023 included but are not limited to the following services: behavioral health services (22 percent median increase) and behavioral health home services (43 percent median increase). With the targeted increase in behavioral health rates the State is supporting expansion of the continuum of care. The Pilot Project Evaluation Design Addendum was submitted for approval this quarter and the Office of MaineCare is working with the Office of Behavioral Health and the Office of Children and Family Services to develop Request for Proposals and contracts for the approved pilots.

Work continues with stakeholders in the development of the expanded Opioid Health Homes to cover all substance use disorder diagnosis and the development of the Certified Community Behavioral Health Clinic framework for the Office of MaineCare. Ambulatory withdrawal management services are projected to be included in both programs, and there is interest in contingency management for stimulant use disorder from stakeholders to be included. We are exploring funding options for incentive related to contingency management and working with the state Opioid Clinical Counsel on clinical protocols related to alcohol use disorder and opioid use disorder withdrawal management to include in policy.

3. Narrative information on implementation, by milestone and reporting topic

Promp	t	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
1.	Assessment of need and qualification for SUD se	rvices		
1.1	Metric trends			
1.1.1	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to assessment of need and qualification for SUD services	X		
1.2	Implementation update			

[State name - Maine] [Demonstration name - Maine Substance Use Disorder Care Initiative

1.2.1	operation	ed to the demonstration design and nal details, the state expects to make the g changes to: The target population(s) of the demonstration	X	
	1.2.1.b	The clinical criteria (e.g., SUD diagnoses) that qualify a beneficiary for the demonstration	X	
1.2.2	that may	expects to make other program changes affect metrics related to assessment of qualification for SUD services	X	

Promp	ot	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
2.	Access to Critical Levels of Care for OUD and o	ther SUDs (Miles	tone 1)	
2.1	Metric trends			
2.1.1	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 1	X		
2.2	Implementation update			
2.2.1	Compared to the demonstration design and operational details, the state expects to make the following changes to: 2.2.1.a Planned activities to improve access to SUD treatment services across the continuum of care for Medicaid beneficiaries (e.g., outpatient services, intensive outpatient services, medication-assisted treatment, services in intensive residential and inpatient settings, medically supervised withdrawal management)			MaineMOM is working with partners to develop a Supervised Withdrawal pilot to address the urgent need to find safe ways to transition pregnant patients from fentanyl to buprenorphine on an outpatient basis Project: This one-year pilot is projected to enhance access to evidence-based care for pregnant patients with opioid use disorder who are transitioning from fentanyl to buprenorphine in a supervised withdrawal setting. Timeframe proposed: 7/1/23 – 6/30/24
	2.2.1.b SUD benefit coverage under the Medicaid state plan or the Expenditure Authority, particularly for residential treatment, medically supervised withdrawal management, and medication-assisted treatment services provided to individual IMDs	X		
2.2.2	The state expects to make other program changes that may affect metrics related to Milestone 1	X		

Promp	t	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
3.	Use of Evidence-based, SUD-specific Patient Place	cement Criteria (Milestone 2)	
3.1	Metric trends			
3.1.1	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 2	X		
3.2.	Implementation update			
3.2.1	Compared to the demonstration design and operational details, the state expects to make the following changes to: 3.2.1.a Planned activities to improve providers' use of evidence-based, SUD-specific placement criteria			The Department, partnering with community stakeholders, established a yearlong TREAT ME- {Treatment, Recovery, Education, Advocacy, for Teens with Substance Use Disorder in Maine} learning collaborative aims to increase the ability of primary care clinicians to offer comprehensive treatment for adolescent substance misuse and substance use disorders in the primary care setting by increasing knowledge of adolescent substance use disorders, cultivating clinical champions and build a network of support for clinicians engaging in this work.
	3.2.1.b Implementation of a utilization management approach to ensure (a) beneficiaries have access to SUD services at the appropriate level of care, (b) interventions are appropriate for the diagnosis and level of care, or (c) use of independent process for reviewing placement in residential treatment settings			The UM process for residential treatment setting had original target date was March 2022 per the STC. Staffing and cross office coordination has delayed the project start. Orientations and trainings are scheduled for May and June for all MaineCare residential providers with the implementation date of 1 Jul 2023.
3.2.2	The state expects to make other program changes that may affect metrics related to Milestone 2	X		

Promp	t	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
4.	Use of Nationally Recognized SUD-specific Prog (Milestone 3)	gram Standards to	o Set Provider Qualif	fications for Residential Treatment Facilities
4.1	Metric trends			
4.1.1	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 3			
Milesto reportin	There are no CMS-provided metrics related to one 3. If the state did not identify any metrics for ng this milestone, the state should indicate it has no to report.	X		
4.2	Implementation update			
4.2.1	Compared to the demonstration design and operational details, the state expects to make the following changes to: 4.2.1.a Implementation of residential treatment provider qualifications that meet the ASAM Criteria or other nationally recognized, SUD-specific program standards	X		
	4.2.1.b Review process for residential treatment providers' compliance with qualifications	X		
	4.2.1.c Availability of medication-assisted treatment at residential treatment facilities, either on-site or through facilitated access to services off site	X		
4.2.2	The state expects to make other program changes that may affect metrics related to Milestone 3	X		

Promp	ot	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
5.	Sufficient Provider Capacity at Critical Levels o	f Care including	for Medication Assis	sted Treatment for OUD (Milestone 4)
5.1	Metric trends			
5.1.1	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 4	X		
5.2	Implementation update			
5.2.1	Compared to the demonstration design and operational details, the state expects to make the following changes to: Planned activities to assess the availability of providers enrolled in Medicaid and accepting new patients in across the continuum of SUD care	X		
5.2.2	The state expects to make other program changes that may affect metrics related to Milestone 4	X		

Promp	ot	State has no trends/update to report (place an X)	Related metric(s)	State response
6.	Implementation of Comprehensive Treatment and	nd Prevention Str	rategies to Address (Opioid Abuse and OUD (Milestone 5)
6.1	Metric trends			
6.1.1	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 5	X		
6.2	Implementation update			
6.2.1	Compared to the demonstration design and operational details, the state expects to make the following changes to: 6.2.1.a Implementation of opioid prescribing guidelines and other interventions related to prevention of OUD	X		
	6.2.1.b Expansion of coverage for and access to naloxone	X		
6.2.2	The state expects to make other program changes that may affect metrics related to Milestone 5	X		

Promp	ot	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
7.	Improved Care Coordination and Transitions be	etween Levels of	Care (Milestone 6)	
7.1	Metric trends			
7.1.1	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 6	X		
7.2	Implementation update			
7.2.1	Compared to the demonstration design and operational details, the state expects to make the following changes to: Implementation of policies supporting beneficiaries' transition from residential and inpatient facilities to community-based services and supports	X		
7.2.2	The state expects to make other program changes that may affect metrics related to Milestone 6	X		

Promp	o t		State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
8.	SUD hea	lth information technology (health IT)			
8.1	Metric t	rends			
8.1.1	including	reports the following metric trends, g all changes (+ or -) greater than 2 elated to its health IT metrics	X		
8.2	Impleme	entation update			
8.2.1	operation	d to the demonstration design and hal details, the state expects to make the g changes to: How health IT is being used to slow down the rate of growth of individuals identified with SUD			The Department is currently working to develop an Education Pathway referral process for high-risk prescribers. This is inclusive of developing thresholds to determine high risk prescribers, education pathways that would be made available, and notification and communication processes.
	8.2.1.b	How health IT is being used to treat effectively individuals identified with SUD	X		
	8.2.1.c	How health IT is being used to effectively monitor "recovery" supports and services for individuals identified with SUD	Х		
	8.2.1.d	Other aspects of the state's plan to develop the health IT infrastructure/capabilities at the state, delivery system, health plan/MCO, and individual provider levels	X		
	8.2.1.e	Other aspects of the state's health IT implementation milestones	X		
	8.2.1.f	The timeline for achieving health IT implementation milestones	X		

Promp	ot	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
	8.2.1.g Planned activities to increase use and functionality of the state's prescription drug monitoring program			PMP team is planning webinars relating to prescription drug prescribing practices, utilizing Strategic Prevention Framework for Prescription Drugs funding from SAMHSA.
8.2.2	The state expects to make other program changes that may affect metrics related to health IT	X		
9.	Other SUD-related metrics			
9.1	Metric trends			
9.1.1	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to other SUD-related metrics	X		
9.2	Implementation update			
9.2.1	The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to other SUD-related metrics	X		

4. Narrative information on other reporting topics

Promp	ts	State has no update to report (place an X)	State response
10.	Budget neutrality		
10.1	Current status and analysis		
10.1.1	If the SUD component is part of a broader demonstration, the state should provide an analysis of the SUD-related budget neutrality and an analysis of budget neutrality as a whole. Describe the current status of budget neutrality and an analysis of the budget neutrality to date.	X	
10.2	Implementation update		
10.2.1	The state expects to make other program changes that may affect budget neutrality	X	

Promp	ts	State has no update to report (place an X)	State response
11.	SUD-related demonstration operations and policy		
11.1	Considerations		
11.1.1	The state should highlight significant SUD (or if broader demonstration, then SUD-related) demonstration operations or policy considerations that could positively or negatively affect beneficiary enrollment, access to services, timely provision of services, budget neutrality, or any other provision that has potential for beneficiary impacts. Also note any activity that may accelerate or create delays or impediments in achieving the SUD demonstration's approved goals or objectives, if not already reported elsewhere in this document. See Monitoring Report Instructions for more detail.	X	
11.2	Implementation update	1	
11.2.1	Compared to the demonstration design and operational details, the state expects to make the following changes to: 11.2.1.a How the delivery system operates under the demonstration (e.g., through the managed care system or fee for service)	X	
	11.2.1.b Delivery models affecting demonstration participants (e.g., Accountable Care Organizations, Patient Centered Medical Homes)	X	
	11.2.1.c Partners involved in service delivery		

Prompts		State has no update to report (place an X)	State response
11.2.2	The state experienced challenges in partnering with entities contracted to help implement the demonstration (e.g., health plans, credentialing vendors, private sector providers) and/or noted any performance issues with contracted entities		Pilot 2: Program 1 – Attachment Biobehavioral Catch-up- The service provider identified as qualified to provide these services has experienced leadership changes since the development of the pilot. The Department is working with new leadership to determine the feasibility of the pilot moving forward.
11.2.3	The state is working on other initiatives related to SUD or OUD		DHHS is working to enhance the existing behavioral health crisis system by establishing community-based mobile crisis intervention services that are on par with the responsiveness of emergency and urgent medical care. These services are integrated and designed with the goal of eliminating disparities in response for those who are most vulnerable and marginalized. The Office of MaineCare is currenting determining the rate methodology and rates for the new mobile crisis response service which will cover both mental health and SUD crises.
11.2.4	The initiatives described above are related to the SUD or OUD demonstration (The state should note similarities and differences from the SUD demonstration)	X	

Promp	ts	State has no update to report (place an X)	State response
12.	SUD demonstration evaluation update		
12.1	Narrative information		
12.1.1	Provide updates on SUD evaluation work and timeline. The appropriate content will depend on when this monitoring report is due to CMS and the timing for the demonstration. There are specific requirements per 42 Code of Federal Regulations (CFR) § 431.428a(10) for annual [monitoring] reports. See Monitoring Report Instructions for more details.		Pilot Project Evaluation Design submitted Jan 2023 for CMS review.
12.1.2	Provide status updates on deliverables related to the demonstration evaluation and indicate whether the expected timelines are being met and/or if there are any real or anticipated barriers in achieving the goals and timeframes agreed to in the STCs	X	
12.1.3	List anticipated evaluation-related deliverables related to this demonstration and their due dates		The State is working with identified vendor to compile documentation for mid-point assessment due Dec 2023.

Promp	ts	State has no update to report (place an X)	State response
13.	Other SUD demonstration reporting		
13.1	General reporting requirements		
13.1.1	The state reports changes in its implementation of the demonstration that might necessitate a change to approved STCs, implementation plan, or monitoring protocol		Pilot 2: Program 2 – Visit Coaching- projected implementation of 1 Jul 2023. This pilot is still in the process of establishing provider contracts and is delayed. Pilot 3: Home-based Skill Development Services- projected implementation of 1 Jul 2023. This pilot is still in the process of establishing provider contracts and is delayed.
13.1.2	The state anticipates the need to make future changes to the STCs, implementation plan, or monitoring protocol, based on expected or upcoming implementation changes	X	
13.1.3	Compared to the demonstration design and operational details, the state expects to make the following changes to: 13.1.3.a The schedule for completing and submitting monitoring reports	X	
	13.1.3.b The content or completeness of submitted monitoring reports and/or future monitoring reports	X	
13.1.4	The state identified real or anticipated issues submitting timely post-approval demonstration deliverables, including a plan for remediation		The state has encountered difficulty developing the annual metrics and is currently exploring options for additional support to the data team
13.1.5	Provide updates on the results of beneficiary satisfaction surveys, if conducted during the reporting year, including updates on grievances and appeals from beneficiaries, per 42 CFR § 431.428(a)5	X	

Promp	ts	State has no update to report (place an X)	State response
13.2	Post-award public forum		
13.2.2	If applicable within the timing of the demonstration, provide a summary of the annual post-award public forum held pursuant to 42 CFR § 431.420(c) indicating any resulting action items or issues. A summary of the post-award public forum must be included here for the period during which the forum was held and in the annual monitoring report.	Х	

Promp	ts	State has no update to report (place an X)	State response
14.	Notable state achievements and/or innovations		
14.1	Narrative information		
14.1.1	Provide any relevant summary of achievements and/or innovations in demonstration enrollment, benefits, operations, and policies pursuant to the hypotheses of the SUD (or if broader demonstration, then SUD related) demonstration or that served to provide better care for individuals, better health for populations, and/or reduce per capita cost. Achievements should focus on significant impacts to beneficiary outcomes. Whenever possible, the summary should describe the achievement or innovation in quantifiable terms, e.g., number of impacted beneficiaries.		MaineCare, on behalf of DHHS, OMS was notified that they are being awarded the CCBHC SAMHSA Planning Grant. The planning grant will give Maine DHHS additional funds to support provider-level quality improvement projects, learning communities focused on EBPs for adults and children, and BH data collection efficiency within Maine DHHS systems.

^{*}The state should remove all example text from the table prior to submission.

Note: Licensee and states must prominently display the following notice on any display of Measure rates:

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