

State of Vermont Agency of Human Services 280 State Drive, Center Building Waterbury, VT 05671-1000

April 30, 2024

Ms. Jacey Cooper
Director
State Demonstrations Group
Center for Medicaid and CHIP Services
Centers for Medicare and Medicaid Services
7500 Security Boulevard Baltimore, MD 21244

Dear Ms. Cooper:

I am pleased to submit to the Centers for Medicare and Medicaid Services (CMS) the enclosed request to amend Vermont's Global Commitment to Health (Global Commitment) Section 1115 demonstration (Project Number 11-W-00194/1). With this application, Vermont is seeking to catalyze our efforts to address the mental health, substance use, and housing crises in the State, and enable an innovative new payment methodology.

Vermont's Global Commitment demonstration has served as the cornerstone of Vermont's Medicaid transformation efforts for almost 20 years. With nearly the entirety of Vermont's Medicaid program falling under the purview of the demonstration, it has played a pivotal role in broadening access to health care coverage, strengthening the State's public health and health-related services infrastructure, and driving reforms in health care payment and delivery.

To build upon these successes, Vermont is seeking to amend the Global Commitment demonstration to expand access to care for Vermonters with mental health conditions and substance use disorder (SUD), provide housing and other supports to promote whole-person health, and advance payment and delivery reforms. To achieve these goals, Vermont is requesting authority for the following demonstration features:

- Transition benefits offered under the Community Rehabilitation and Treatment (CRT) and Mental Health Under 22 programs to entitlements under the State Plan;
- Provide Medicaid coverage of room and board for enrollees obtaining treatment in residential mental health and SUD treatment facilities;
- Close the coverage gap for the SUD Community Intervention and Treatment (SUD CIT)
 expansion group to enable all individuals with a SUD whose income is above Medicaid
 limits up to and including 225 percent of the federal poverty level (FPL) to access SUD
 CIT benefits;
- Provide up to six months of medical respite and temporary housing to qualifying Medicaid enrollees under the Supportive Housing Assistance Pilot;

- Obtain \$10.4 million in federal Medicaid matching funds for investments in healthrelated social needs (HRSN) infrastructure;
- Expand the Developmental Disabilities Services program benefit package to include an environmental and assistive adaptation service; and
- Institute Medicaid hospital global budget payments without being required to reconcile payments against actual fee-for-service utilization.

The State of Vermont appreciates its longstanding partnership with CMS. We look forward to continuing our collaboration as we advance our efforts to strengthen access and quality of care, improve equity, and advance health care innovation.

Sincerely,

Monica Ogelby Medicaid Director Agency of Human Services

Cc: Mehreen Rashid, CMS
Rabia Khan, CMS
Eli Greenfield, CMS
Jenney Samuelson, Secretary of the Agency of Human Services
Ashley Berliner, Department of Vermont Health Access
Tracy O'Connell, Agency of Human Services



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Section I. Program Description

Introduction

Vermont's Global Commitment to Health (Global Commitment) Section 1115 demonstration has served as the cornerstone of Vermont's Medicaid transformation efforts for almost 20 years. With nearly the entirety of Vermont's Medicaid program falling under the purview of the demonstration, it has played a pivotal role in broadening access to health care coverage, strengthening the State's public health and health-related services infrastructure, and driving reforms in health care payment and delivery. The results of Vermont's efforts are clear, with Vermont ranking fifth among all states on the Commonwealth Fund's 2023 Scorecard on State Health System Performance. Notably, Vermont ranks second nationwide on measures of income disparity, highlighting the success of Vermont's Medicaid program in producing strong health outcomes for the State's lower-income residents.

The Centers for Medicare and Medicaid Services (CMS) first approved the Global Commitment demonstration in 2005. Since then, Vermont has renewed its demonstration four times, with CMS approving the most recent 5.5-year renewal in June 2022. Vermont's Agency of Human Services (AHS) is submitting this demonstration amendment request to catalyze its efforts to address the mental health, substance use, and housing crises in the State, in addition to enabling an innovative new payment methodology.

Summary of Current Demonstration

Today, the Global Commitment demonstration governs Vermont's Medicaid program, which provides Medicaid services and supports to more than 200,000 Medicaid enrollees—nearly 30% of the State's population.¹ At its core, the demonstration authorizes the Department of Vermont Health Access (DVHA) to act as a public, non-risk-bearing prepaid inpatient health plan (PIHP), a unique delivery system that enables the State to pursue many of the programmatic and payment flexibilities afforded to commercial managed care plans in operating its Medicaid program. The Global Commitment demonstration also supports vital investments in health-related functions, such as emergency medical services, health professional training, and public health. These investments have enabled Vermont to create a robust health ecosystem focused on improving health, reducing health care costs, and promoting health equity for all Vermonters, regardless of their insurance status. Other key features of the demonstration include:

- *Eligibility Expansions*. Vermont provides a range of benefits to individuals with incomes above Medicaid limits to promote overall health and to prevent them from becoming Medicaid-eligible in the future.
 - Through the Community Rehabilitation and Treatment (CRT) expansion group, individuals with incomes above Medicaid limits diagnosed with a serious mental illness (SMI) are able to access a range of community-based mental health services.
 - Individuals with a diagnosed substance use disorder (SUD) with incomes up to and including 225% of the federal poverty level (FPL) will be eligible for the SUD Community

¹ "Medicaid Program Enrollment and Expenditures Quarterly Report." Vermont Legislature, December 1, 2023. https://dvha.vermont.gov/sites/dvha/files/documents/SFY2024Q1 Medicaid Program EE YTD.pdf



Intervention and Treatment (SUD CIT) group upon its launch in July 2025. Individuals in this group will have access to an array of benefits, including case management, recovery supports, psychoeducation, peer supports, residential treatment, withdrawal management, counseling, and skilled therapy services.

- Under the Choices for Care (CFC) Moderate Needs Group, Vermonters with disabilities with incomes up to 300% of the Social Security Income Federal Benefit Rate who are at risk of needing nursing home care, and would not otherwise have been eligible for Medicaid, are able to access home and community-based services (HCBS).
- HCBS Programs for Individuals with Disabilities. Under the Global Commitment demonstration, Vermont operates HCBS programs for individuals with brain injury (Brain Injury Program), physical disabilities (CFC Program), and developmental disabilities (Developmental Disabilities Services).
- Other Special Programs. Vermont administers special programs that provide primarily rehabilitative benefits to individuals with SMI (through the CRT program) and serious emotional disturbance (SED) (Mental Health Under 22). In January 2025, Vermont will launch a Supportive Housing Assistance Pilot that will provide pre-tenancy, tenancy sustaining, and community transition services to Medicaid enrollees in need of housing supports.
- Medicaid Data Aggregation and Access Program (MDAAP). Vermont is implementing the
 MDAAP to expand mental health, SUD, and long-term services and supports providers' health
 information technology capabilities. With funding available under the demonstration, providers
 are able to purchase tools to capture and exchange data and use data meaningfully to improve
 population health.
- Treatment in Institutions for Mental Diseases (IMDs). Vermont obtains federal Medicaid matching funds for individuals ages 21 to 64 with short-term stays in IMDs for mental health and SUD treatment.
- Coverage of Maternal Health and Treatment Services. Vermont covers maternal health and treatment services offered at the Lund Home, an IMD that offers a unique mental health and SUD treatment model for pregnant and postpartum individuals and mothers.
- Marketplace Subsidies. Vermont provides subsidies to help Vermonters with incomes above Medicaid limits up to 300% FPL purchase coverage on the Marketplace.
- **VPharm.** Vermont assists individuals enrolled in Medicare Part D who have incomes up to 225% FPL, including those over age 65 and those with disabilities, with paying premiums and copayments for prescription drugs.

Proposed Changes to Demonstration

To build upon these successes, Vermont is requesting to amend the Global Commitment demonstration to continue its efforts to strengthen access to and quality of care, improve equity, and advance health care innovation. With this amendment, Vermont seeks to:

- Expand access to care for Vermonters with mental health conditions and SUD. Specifically,
 Vermont proposes to:
 - Transition benefits offered under the CRT and Mental Health Under 22 programs to the State Plan.
 - Provide Medicaid coverage of room and board for enrollees receiving treatment in residential mental health and SUD treatment facilities.



- Close the coverage gap for the SUD CIT group to enable all individuals with a SUD whose income is above Medicaid limits up to and including 225% FPL to access SUD CIT services.
- Provide housing and other supports to promote whole-person health through:
 - Coverage of medical respite and rent/temporary housing under the Supportive Housing Assistance Pilot for individuals who have a history of homelessness, including if they are currently or formerly homeless, or are at-risk of homelessness in addition to having complex clinical or functional needs.
 - Adding a new environmental and assistive adaptations benefit to the Developmental Disabilities Services program.
- Advance payment and delivery system reforms by instituting Medicaid hospital global payments.

These proposed changes will enable Vermont's health care and social services providers and other critical partners to deliver comprehensive, person-centered care within a delivery system focused on innovation. Vermont's proposal is described in more detail in this application.

Section II. Proposal Details

Demonstration Amendment Goals and Objectives

Given the vital role of the Global Commitment demonstration in Vermont's Medicaid program and the State's health care ecosystem as a whole, the current goals and objectives of the Global Commitment demonstration are expansive. They are:

- 1. Advance the State toward population-wide comprehensive coverage;
- 2. Implement innovative care models across the continuum that produce value;
- 3. Engage Vermonters in transforming their health;
- 4. Strengthen care coordination and population health management capabilities to encompass the full spectrum of health-related services and supports; and
- 5. Accelerate payment reform.

Underlying all these goals and objectives is Vermont's commitment to leveraging its 1115 demonstration to advance health equity. This amendment aims to advance the State's efforts to achieve these goals and objectives, with a specific focus on Goals/Objectives 2, 4, and 5. Additionally, Vermont seeks to achieve one additional goal/objective: addressing Vermonters' health-related social needs (HRSN) to improve health outcomes and promote whole-person health. While the Global Commitment demonstration has historically authorized many initiatives targeting Vermonters' HRSN, such as the investments and Supportive Housing Assistance Pilot, with this amendment request, the State is articulating addressing HRSN as one of its top priorities. Table 1 displays how each of Vermont's new requests under this amendment application map to the demonstration goals and objectives.



Table 1. Alignment of Proposed New Demonstration Features with Demonstration Goals and Objectives

Table 1. Alignment of Proposed New Demonstration Features with Demonstration Goals and Objectives								
	Demonstration Goals/Objectives Advanced Through Request							
		All	Goals/Objectives Seek		uity			
	Advance the State toward population- wide comprehensive coverage	Implement innovative care models across the continuum that produce value	Engage Vermonters in transforming their health	Strengthen care coordination and population health management capabilities to encompass the full spectrum of health-related services and supports	Accelerate payment reform	Address Vermonters' HRSN to improve health outcomes and promote whole- person health		
Cover room and board in residential settings		✓		✓				
Close coverage gap for SUD CIT group	✓		✓					
Provide medical respite and rent/temporary housing		✓	✓	✓		✓		
Support for HRSN infrastructure		✓		✓		✓		
Add a new environmental and assistive adaptations benefit for Developmental Disabilities Services program		~	✓			✓		
Implement Medicaid global payments		✓		✓	✓			



Proposed Demonstration Requests

Vermont's proposed requests fall into the following three categories: 1) expanding access to care for Vermonters with mental health conditions and SUD; 2) providing housing and other supports to promote whole-person health; and 3) advancing payment and delivery reforms. The State developed these requests in response to concerning trends unfolding in the State around mental health and SUD use, homelessness, timeliness of and supports available at transitions between settings, and rising health care costs. Vermont believes that Medicaid can play a leading role in addressing these issues.

1. Expand Access to Care for Vermonters with Mental Health Conditions and SUD

Similar to other states across the nation, Vermont is in the midst of a mental health and substance use crisis. Approximately one-third of all Vermonters reported anxiety and depression symptoms and the growth in suicide rate is among the fastest in the country.² Among Vermonters ages 18–25, the average percentage of those with an SMI has more than doubled from 4.5% from 2008–2010 to 10.2% from 2017–2019.³ Deaths related to substance use have also grown rapidly; for example, there was a 10% increase in opioid-related deaths among Vermonters from 2021 to 2022.²

Vermont's Medicaid program has played a critical role in responding to this crisis. Over the past several years, Vermont has:

- Instituted meaningful rate increases for mental health and SUD treatment providers, including 8% and 5% increases in 2022 and 2023, respectively, for Vermont's designated agencies (community-based mental health providers) and 5% rate increases during both years for SUD Preferred Providers (SUD providers that achieve a specialized certification).
- Implemented a new mobile crisis benefit in alignment with Section 9813 of the American Rescue Plan Act.
- Designed the SUD CIT program.
- Funded programming at designated agencies to provide alternatives to mental health crisis care in emergency departments (e.g., implementation of a multidisciplinary mobile response team to perform welfare checks in lieu of police intervention for individuals in crisis).
- Implemented a new residential eating disorder treatment benefit.
- Conducted planning to implement new peer supports and recovery supports State Plan benefits in July 2025.

As the need for mental health and SUD treatment remains high, Vermont is committed to building upon its efforts to ensure that individuals are able to access the full continuum of mental health and SUD treatment in settings that meet their needs, ranging from community-based to residential settings. As such, three of Vermont's requests for this amendment are targeted toward increasing access to mental health and SUD treatment.

² "Vermont Statewide Health Needs." Vermont Department of Health, 2023. https://www.healthvermont.gov/sites/default/files/document/Statewide data brief.pdf

³ Substance Abuse and Mental Health Services Administration (SAMHSA). "Behavioral Health Barometer: Vermont, Volume 6: Indicators as measured through the 2019 National Survey on Drug Use and Health and the National Survey of Substance Abuse Treatment Services." HHS Publication No. SMA–20–Baro–19–VT, 2020. https://www.samhsa.gov/data/sites/default/files/reports/rpt32862/Vermont-BH-Barometer Volume6.pdf



A. Transition CRT and Mental Health Under 22 Benefits to the Medicaid State Plan Today, the Global Commitment demonstration authorizes the CRT and Mental Health Under 22 programs, which offer expanded, primarily rehabilitative mental health benefits to over 2400 individuals with SMI and SED. These programs enable individuals to remain in their homes and communities while receiving the care they need to successfully manage their conditions. Historically, Vermont has administered these programs through the Global Commitment demonstration. Given their critical importance to Vermonters with SMI and SED, Vermont intends to establish CRT and Mental Health Under 22 program benefits as entitlements under the State Plan for individuals enrolled in Medicaid.

With this demonstration amendment, Vermont requests to phase out authority for the CRT and Mental Health Under 22 benefits authorized under the 1115 demonstration as of December 31, 2024; the corresponding State Plan benefits will be effective on January 1, 2025. Accordingly, with the transition of services to the State Plan, the CRT and Mental Health Under 22 programs will no longer be "special programs" under the Global Commitment demonstration with one exception: Vermont will continue to use the 1115 demonstration to authorize the provision of CRT benefits to adults with SMI who have incomes above Medicaid limits (i.e., the CRT expansion group).⁴

This transition will make CRT and Mental Health Under 22 benefits more accessible to Medicaid enrollees with mental health needs. Individuals will no longer need to be determined eligible for the CRT or Mental Health Under 22 programs and will be able to access corresponding mental health benefits as long as they meet State-defined medical necessity criteria.

Vermont is committed to ensuring that individuals receiving services under the CRT and Mental Health Under 22 programs today do not experience disruptions or lapses in care with this transition. The State has determined that a vast majority of the benefits offered under the CRT and Mental Health Under 22 programs are coverable under Section 1905(a) authority, primarily under the rehabilitative services option or targeted case management. Vermont will submit State Plan Amendments to effectuate these transitions. Vermont will pay for select HCBS offered under CRT and Mental Health Under 22 that are not coverable under Section 1905(a) of the Social Security Act (e.g., respite for Mental Health Under 22 enrollees, certain components of supported employment) through state funds, meaning HCBS rules, and in particular, conflict-free case management rules, will not apply. Services that are not being offered today or have not been utilized by program participants in recent years will not transition to the State Plan. For individuals who would have been eligible for CRT, an enhanced dental benefit will continue to be authorized under the 1115 demonstration. Table 2 below displays the planned future state for each benefit.

Table 2. Future State for CRT and Mental Health Under 22 Benefits

Future State	Current CRT and Mental Health Under 22 Benefits
Benefits to be transitioned to the State	Case management
Plan under Section 1905(a)	Community supports (individual or group)
	Flexible support
	Skilled therapy services

⁴ Note: With this amendment, Vermont seeks to clarify that eligibility for the CRT expansion group starts when an individual's income is above Medicaid limits, recognizing that the Medicaid income limit varies by eligibility group.



Future State	Current CRT and Mental Health Under 22 Benefits
	 Residential treatment Crisis support Counseling Peer supports (CRT only; service has not yet been
	 implemented) Components of supported employment that help individuals manage their behavior in the work environment, develop strategies for resolving workplace issues, and address their symptoms while at work
Benefits to be covered through state funds	Respite (Mental Health Under 22 only) Remaining components of supported employment not coverable under Section 1905(a)
Benefits to no longer be offered	Environmental safety devices (not used today) Respite (CRT only) (not used today)
Benefits to continue to be authorized under the 1115 demonstration	Enhanced dental (CRT only)

B. Cover the Totality of Costs for Residential Treatment

As the country's largest payer of mental health and substance use services, ⁵ Medicaid is critical to covering life-saving residential treatment services for low-income individuals. However, current rules prohibit Medicaid from covering room and board for stays at these residential facilities, except for stays at IMDs for individuals ages 65 and over and stays at psychiatric residential treatment facilities and inpatient settings for youth under age 21. Vermont's Medicaid program covers an expansive set of residential mental health and SUD benefits, including clinically managed low- and high-intensity residential services, medically monitored intensive inpatient services, withdrawal management services, crisis beds, and eating disorder treatment.

In combatting the mental health and substance use crisis, Vermont is hindered by Medicaid's treatment of room and board. By definition, an individual cannot obtain residential treatment without residing in a facility, meaning that coverage of their treatment depends on the availability of state funds. As a result, while Medicaid enrollees are entitled to the clinical component of residential treatment, the entitlement does not extend to the totality of the service. This is particularly concerning given residential treatment is generally for those with significant needs who require round-the-clock care, such as individuals who have a co-occurring mental health condition and SUD.

Through the HRSN framework, CMS has recently permitted states to use Medicaid funds to cover up to six months' room and board, including rent/temporary housing, in community-based settings. As described below, Vermont is pursuing this opportunity through this demonstration amendment. Vermont requests to extend this flexibility to cover room and board for the duration of medically

⁵ Guth, Madeline, Heather Saunders, Lauren Niles, Bergefurd Angela, Kathleen Gifford, and Roxanne Kennedy. "How do States Deliver, Administer, and Integrate Behavioral Health Care? Findings from a Survey of State Medicaid Programs." KFF, May 25, 2023. https://www.kff.org/mental-health/issue-brief/how-do-states-deliver-administer-and-integrate-behavioral-health-care-findings-from-a-survey-of-state-medicaid-programs/



necessary treatment at residential mental health and SUD facilities, excluding IMDs.⁶ With this authority, Vermont will be able to provide equitable coverage of room and board across settings.

C. Closing the Coverage Gap for SUD CIT Expansion Group

Vermont intends to launch the SUD CIT expansion group in July 2025. Today, the Global Commitment demonstration authorizes eligibility for the SUD CIT expansion group for individuals with a SUD whose income is above 133% FPL up to and including 225% FPL. In creating the SUD CIT expansion group, the State intended for all Vermonters with incomes above Medicaid limits up to and including 225% FPL to have access to this important program. Vermont's Medicaid income limit for its aged, blind, and disabled (MABD) population is capped at the medically needy income level (MNIL), meaning that there is an eligibility gap for some individuals with incomes from roughly 100% to 133% FPL (i.e., individuals who fall into the medically needy eligibility group). Vermont is seeking to implement a technical correction to modify eligibility for the SUD CIT expansion group so that an individual is eligible when their income is above the applicable Medicaid limit (MNIL for MABD, 133% FPL for other eligibility groups) up to and including 225% FPL.

2. Providing Housing and Other Supports to Promote Whole-Person Health

Research shows that access to stable housing is associated with positive health outcomes, including better management of chronic diseases, improved mental health, healthy emotional and behavioral development among young children, and better self-reported health.^{7,8,9} By the same token, housing instability translates to a range of negative health outcomes. For example, chronic health conditions such as anemia, asthma, diabetes, heart disease, and lung disease are significantly more prevalent among individuals with a history of homelessness compared to individuals with stable housing.¹⁰ Mental health conditions, such as depression and schizophrenia, and substance use are also more common among this group.¹¹ In Vermont, there are substantial differences in the rate of homelessness across racial groups; Black Vermonters comprise 1.4% of the State's total population, but represented 6.0% of

⁶ With the exception of IMD stays for individuals ages 65 and over, in which case Medicaid match for room and board is already <u>permissible</u>.

⁷ Maqbool, Nabihah, Janet Viveiros, and Mindy Ault. "The Impacts of Affordable Housing on Health: A Research Summary." Center for Housing Policy, April 2015. https://nhc.org/wp-content/uploads/2017/03/The-Impacts-of-Affordable-Housing-on-Health-A-Research-Summary.pdf

⁸ "Affordable Housing, Eviction, and Health" Office of Policy Development and Research (PD&R), 2021. https://www.huduser.gov/portal/periodicals/em/Summer21/highlight1.html

⁹ Pollack, Craig Evan, Beth Ann Griffin, and Julia Lynch. "Housing Affordability and Health Among Homeowners and Renters." American Journal of Preventative Medicine, Volume 39 Issue 6, November 15, 2010. https://doi.org/10.1016/j.amepre.2010.08.002

¹⁰ Sutherland, Harper, Mir M. Ali, and Emily Rosenoff. "Health Conditions Among Individuals with a History of Homelessness" January 2021. https://aspe.hhs.gov/reports/health-conditions-among-individuals-history-homelessness-research-brief-0

¹¹ SAMHSA. "Expanding Access to and Use of Behavioral Health Services for People Experiencing Homelessness." SAMHSA Publication No. PEP22-06- 02-003, National Mental Health and Substance Use Policy Laboratory, 2023. https://store.samhsa.gov/sites/default/files/pep22-06-02-003.pdf



the homeless population statewide in 2022. 12 As a result, addressing homelessness is a significant health equity issue.

In recognition of housing as a key driver of health, Vermont has used the Global Commitment demonstration as a lever to promote housing stability. Under its Global Commitment investments, the State has funded transitional housing programs for individuals who were formerly justice-involved, as well as those with mental illness and SUD. These investments have enabled these groups to receive mental health and SUD treatment, intensive case management, and other social supports in a safe and supportive community. Additionally, in the most recent demonstration renewal, Vermont received approval to implement a Supportive Housing Assistance Pilot to provide pre-tenancy supports, tenancy sustaining services, and community transition services to Medicaid enrollees with significant clinical needs and other risk factors; the State plans to launch this program in January 2025. Even with these investments, there are still significant gaps in the continuum of services available to Vermont's Medicaid population. Facilitating successful hospital discharges for individuals experiencing homelessness has been a persistent challenge for Vermont's hospitals and homeless shelters. State survey data and residents' experiences on the ground show that health care facilities are forced to delay discharges because of the lack of supportive settings available, transition these individuals to settings that do not have the necessary clinical and social supports, or "discharge to homelessness." 13,14 In 2023, at times, there were over 150 subacute patients waiting in Vermont hospitals per day to be discharged or transferred to an appropriate level of care. These critical gaps in discharge settings for individuals experiencing homelessness lead to poorer health outcomes, increased utilization of care, and higher health care costs.¹⁵

In addition, Vermont, like many other states, continues to grapple with a housing crisis and skyrocketing rates of homelessness. A report from the US Department of Housing and Urban Development (HUD) found that Vermont had the second highest homelessness rate in the country—with 51 out of every 10,000 Vermonters experiencing homelessness at a point-in-time count. ¹⁶ In response to rising rates of homelessness, Vermont has taken a multipronged approach to promote housing stability, including through the passage of the HOME Act to create more affordable housing and provision of significant state funding for grants to increase the capacity of emergency shelters and transitional housing programs for justice-involved individuals re-entering the community, among others. Access to

¹² "2022 Vermont's Annual Point-in-Time Count of Those Experiencing Homelessness." Vermont Coalition to End Homelessness and Chittenden County Homeless Alliance, May 19, 2022. https://helpingtohousevt.org/wp-content/uploads/2022/05/2022-Vermont-Point-in-Time-Report.pdf

¹³ "Homelessness Study: Vermont Roadmap to End Homelessness." Vermont Legislature, January 15, 2017. https://legislature.vermont.gov/assets/Legislative-Reports/Homelessness-Study.pdf

¹⁴ Whitcomb, Keith. "Where do Vermont's Homeless People go when they Leave the Hospital?" The Argus Times, August 30, 2023. https://www.timesargus.com/news/local/where-do-vermonts-homeless-people-go-when-they-leave-the-hospital/article 941d4a03-bccc-5fbd-87c9-9ce1dd9f3452.html

¹⁵ Jenkinson, Jesse, Adam Wheeler, Claudia Wong, and Louisa Mussells Pires. "Hospital Discharge Planning for People Experiencing Homelessness Leaving Acute Care: A Neglected Issue." National Library of Medicine, August 16, 2020. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7435079/

¹⁶ De Sousa, Tanya, Alyssa Andrichik, Ed Prestera, Katherine Rush, Colette Tano, and Micaiah Wheeler. "The 2023 Annual Homelessness Assessment Report (AHAR) to Congress" The U.S. Department of Housing and Urban Development, December 2023. https://www.huduser.gov/portal/sites/default/files/pdf/2023-AHAR-Part-1.pdf



affordable housing is also an equity issue in Vermont, with Vermonters of color more likely than their white counterparts to experience housing problems, including being cost burdened, where monthly housing costs (including utilities) exceed 30% of monthly income. While existing initiatives are making an impact in increasing the availability of housing, there is still further work to be done. Vermont is looking to leverage every tool available, including Medicaid, to create more housing and housing supports in the State, while promoting equity in the process.

A. Provide Medical Respite and Rent/Temporary Housing Under the Supportive Housing Assistance Pilot

Since the most recent renewal of the Global Commitment demonstration in June 2022, CMS has released its HRSN framework, which enables states to obtain Medicaid match for a wide array of services impacting enrollees' HRSNs. Vermont intends to pursue this opportunity to expand the scope of housing supports that it offers to Medicaid enrollees. Specifically, Vermont will create a new "tier" of the Supportive Housing Assistance Pilot to offer up to six months of medical respite and rent/temporary housing benefits to eligible individuals.

Vermont is defining medical respite as a residential, sub-acute setting, where a range of rehabilitative services and supports are provided after discharge from an acute hospital setting to address individuals' physical, psychosocial, behavioral, and other needs. Studies have shown that use of medical respite is associated with reduced hospital readmission rates, improved quality of life, and increased continuity of care. ¹⁷ By providing medical respite, Vermont aims to improve Medicaid enrollees' overall health and well-being, particularly among Vermonters of color who are more likely to experience housing instability and homelessness.

Research has also linked the provision of rental assistance with a range of positive outcomes. For example, studies have shown that rental assistance is associated with reduced homelessness, housing instability, and unnecessary institutionalization among individuals with disabilities; improved self-management of diabetes; and reduced likelihood of poor mental health. Through the provision of a rent/temporary housing benefit, Vermont will be able to promote housing stability and improve health outcomes among these populations with significant clinical and functional needs.

These benefits will be available to Medicaid enrollees ages 18+ receiving full State Plan benefits who have a history of homelessness (including people who are currently or formerly homeless) or are at-risk of homelessness **and** meet at least one of the needs-based criteria for the Supportive Housing Assistance Pilot:

¹⁷ National Institute for Medical Respite Care. (2021). *Medical Respite Literature Review: An Update on the Evidence for Medical Respite Care*. https://nimrc.org/wp-content/uploads/2021/08/NIMRC Medical-Respite-Literature-Review.pdf

¹⁸ Bailey, A., De La Huerga, R. and Gartland, E. (July 6, 2021). *More Housing Vouchers Needed to Help People with Disabilities Afford Stable Homes in the Community*. Center on Budget and Policy Priorities. https://www.cbpp.org/sites/default/files/7-6-21hous.pdf

¹⁹ Keene, D. E., Henry, M., Gormley, C., & Ndumele, C. (2018). 'Then I Found Housing and Everything Changed': Transitions to Rent-Assisted Housing and Diabetes Self-Management. *Cityscape (Washington, D.C.)*, 20(2), 107–118. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6690624/pdf/nihms-1032057.pdf



- A mental health or substance use need, which is defined as one or more of the following criteria:
 - A mental health need, where there is a need for improvement, stabilization, or prevention of deterioration of functioning (including ability to live independently without support) resulting from the presence of an SMI; and/or
 - A substance use need, where an assessment using the American Society of Addiction Medicine (ASAM) criteria indicates that the individual meets at least an ASAM level 1.0, indicating the need for outpatient SUD treatment.
- Assistance with one or more activities of daily living (ADLs), instrumental activities of daily living (IADLs), or other daily life skills, resulting from the presence of an acquired brain injury.
- Assessed to have a need for assistance, demonstrated by the need for assistance with two or more ADLs; or hands-on assistance with one or more ADLs.
- Assessed to have a complex physical health need, where there is a need for improvement, stabilization, or prevention of deterioration of functioning (including the ability to live independently without support), resulting from the presence of a continuing, progressive, or indefinite physical condition, development or cognitive disability, or an emotional medical condition.
- Assessed to have measurable delays in cognitive development and significant observable and measurable delays in at least two of the following areas of adaptive behavior: communication, social/emotional development, motor development, or daily living skills.

Vermont already has the ability to institute an enrollment cap and waitlist for the Supportive Housing Assistance Pilot and requests to extend this flexibility, including the ability to prioritize individuals seeking these benefits, to this new Pilot tier.

As required under the HRSN framework, the State will ensure that all individuals assessed to need medical respite or rent/temporary housing are engaged in a person-centered planning process to identify their needs and strategies and interventions for meeting those needs. Recognizing that individuals may need additional supports to maintain stable housing upon discharge from medical respite or the conclusion of six months' rent/temporary housing, individuals will also have the option to access pre-tenancy, tenancy sustaining, and community transition services under the Supporting Housing Assistance Pilot if determined to be clinically appropriate. Additionally, with this demonstration amendment, Vermont is seeking to shift authority for the community transition services benefit to be under the HRSN framework upon the launch of the medical respite and rent/temporary housing benefits.

B. Building HRSN Infrastructure

Vermont requests expenditure authority for \$10.4 million for investments in HRSN infrastructure to support capacity building among community-based organizations, social services providers, and other community partners that will enhance their ability to successfully deliver medical respite, rent/temporary housing, and community transition services to eligible Medicaid enrollees. These organizations are typically under-resourced and would benefit from infrastructure investments that will enable them to work with health care partners to identify Medicaid enrollees in need of medical respite and rent/temporary housing services and to deliver them effectively.



Eligible providers may use HRSN infrastructure funding for the following activities, among others:

- Improvements in technology, such as developing and implementing functionalities to facilitate
 data sharing, tracking referrals, updating accounting and billing systems, and monitoring and
 reporting data.
- Funds to support outreach, education, and stakeholder convening, which may include development of outreach and education materials for eligible Medicaid enrollees, soliciting stakeholder input, and forming partnerships with health care providers.
- Investments to promote workforce development, including recruiting, hiring, and onboarding staff to deliver housing services and providing trainings on relevant topics (e.g., cultural competency).
- Funds to support development of business or operational practices, such as procurement and planning, development of policies and workflows (e.g., referral management, quality improvement, member navigation).

Vermont also seeks HRSN infrastructure funding to support state capacity to enable delivery of housing services under Medicaid. Vermont may use funds to provide technical assistance to community organizations (e.g., trainings on Medicaid processes and policies), offer capacity building grants to providers, and develop strong partnerships with participating organizations, among others.

C. Adding a New Benefit to the Developmental Disabilities Services Program

Vermont is seeking to expand the benefit package for the Developmental Disabilities Services program to include an environmental and assistive adaptations service. The service will cover physical adaptations, devices, or technology necessary to ensure the health and safety of the individual and/or to enable greater independence.

3. Advancing Payment and Delivery Reforms

A. Ability to Implement Medicaid Hospital Global Payments

Vermont is a national leader in health care payment and delivery reform. The State, in partnership with CMS, has successfully implemented complex, multi-payer reforms, such as the State's current integrated health services and advanced primary care program, Blueprint for Health, and the Vermont All-Payer Accountable Care Organization Model (VTAPM).

To continue the State's trajectory towards health care payment and delivery reform, Vermont is pursuing participation in CMS's States Advancing All-Payer Health Equity Approaches and Development (AHEAD) Model. Hospitals participating in the AHEAD Model will be reimbursed for services rendered to Medicare fee-for-service enrollees through fixed prospective global budgets. The AHEAD Model will also require that Vermont develop a parallel global budget methodology for Medicaid payments to participating hospitals. To do so, Vermont requests the ability to institute Medicaid hospital global payments without being required to reconcile the payments against actual fee-for-service utilization. Under the VTAPM, Vermont has been able to approximate unreconciled global payments for Medicaid services for hospitals via the State's accountable care organization (ACO) for ACO-attributed Medicaid members. Under AHEAD, Vermont would like to make similar fixed global budget payments directly to hospitals, or through a third-party administrative services organization procured by the State, and needs expenditure authority to do so. The State seeks this flexibility to continue advancing its payment and delivery system transformation goals.



Section III. Eligibility, Benefits, Delivery System, and Cost-Sharing Eligibility

The State is not proposing any changes to Vermont Medicaid eligibility requirements for State Plan populations. Vermont is requesting the following clarifications to eligibility for expansion groups under the demonstration:

- CRT expansion group eligibility criteria: Individuals not eligible for Medicaid with severe and persistent mental illness who have incomes <u>above Medicaid limits</u>.
- SUD CIT expansion group eligibility criteria: Individuals with a diagnosis of a SUD with incomes above Medicaid limits up to and including 225% FPL.

Benefits

The State is proposing to modify covered benefits as follows:

- Provide Medicaid coverage of room and board for Medicaid enrollees' treatment in residential mental health and SUD treatment facilities, excluding IMDs, if determined to be medically appropriate.
- Add up to six months of medical respite and up to six months of rent/temporary housing as Supportive Housing Assistance Pilot benefits for eligible Medicaid enrollees.
- Add an environmental and assistive adaptations benefit to the Developmental Disabilities Services program benefit package.

Delivery System

Under the Global Commitment demonstration, DVHA is authorized to act as a public, non-risk-bearing PIHP. The State is not proposing any changes to the Medicaid delivery system with this amendment.

Cost-Sharing

The State is not proposing any changes to cost-sharing under the Vermont Medicaid program.

Section IV. Requested Waiver and Expenditure Authorities

In addition to the approved demonstration authorities, Vermont is requesting the new and amended expenditure authorities outlined in Table 3 below. To the extent that CMS advises the State that additional authorities are necessary to implement the programmatic vision and operational details described in this amendment, the State is requesting such waiver or expenditure authority, as applicable. Vermont's negotiations with the federal government, as well as State legislative and budget changes, could lead to refinements in these lists as we work with CMS to move these requests forward.

Table 3. Expenditure Authority Requests

Expenditure Authority	Use for Authority
New Requests	
1. Room and board in	Expenditures to cover room and board for Medicaid enrollees
residential treatment	receiving medically necessary treatment at residential mental health
settings	and SUD facilities, excluding IMDs.



Expenditure Authority	Use for Authority
2. HRSN services offered	Expenditures for HRSN services offered under the Supportive
under Supportive Housing	Housing Assistance Pilot that are not otherwise covered—
Assistance Pilot	specifically, medical respite, rent/temporary housing, and community transition services—to qualifying individuals. The State will institute annual enrollment limits for this Pilot program and may maintain a waiting list.
3. HRSN infrastructure funding	Expenditures to permit the State to receive Medicaid matching funds for allowable infrastructure expenditures related to HRSN services.
4. Enhanced dental benefits	Expenditures to cover enhanced dental benefits for Medicaid enrolled individuals with severe and persistent mental illness as defined by Vermont rule and policy.
5. Medicaid hospital global payments	Expenditures to enable the State to make unreconciled Medicaid hospital global payments to hospitals and other participating providers.
Amended Requests (amended t	ext is <u>underlined</u>)
6. Mental Health CRT Services	Expenditures for mental health CRT services, as defined by Vermont rule and policy, provided through a program to individuals not eligible for Medicaid with severe and persistent mental illness who have incomes above Medicaid limits.
7. SUD CIT Group	Individuals with a diagnosis of a SUD with incomes <u>above Medicaid</u> <u>limits</u> up to and including 225% FPL. Individuals in this population are not eligible for full State Plan benefits.

Section V. Demonstration Financing and Budget Neutrality Expected Enrollment

Table 4 provides historical data on Member Months and estimated person counts for the Global Commitment 1115 demonstration populations from DY15 (CY2020) – DY20 (CY2024). Since 2024 is not complete, DY20 is a projection based on Vermont's June 2022 CMS-approved special terms and conditions (STCs) and may not reflect actual enrollment once 2024 data are complete. Member Months increased from DY 15 through the combined period of DY17 and DY18 due to the COVID-19 pandemic and suspension of redeterminations during the public health emergency period. Person counts are estimated based on an average enrollment period of ten months per member.

Table 4. Historical Member Months and Person Counts

Medicaid Expenditure Group		Historical Member Months and Person Counts						
		DY15	DY16	DY17	DY18	DY19	DY20 ¹	
		Jan - Dec 2020	Jan - Dec 2021	Jan - Jun 2022	Jul - Dec 2022	Jan - Dec 2023	Jan - Dec 2024	
	Member Months	79,935	79,738	39,101	38,226	88,873	77,596	



		Historical Member Months and Person Counts						
NA - di i d F	- dia	DY15	DY16	DY17	DY18	DY19	DY20 ¹	
Medicaid Expenditure Group		Jan - Dec	Jan - Dec	Jan - Jun	Jul - Dec	Jan - Dec	Jan - Dec	
		2020	2021	2022	2022	2023	2024	
ABD - Non- Medicare - Adult	Person Count	7,994	7,974	3,910	3,823	8,887	7,760	
ABD - Non- Medicare -	Member Months	19,982	19,037	9,026	8,739	22,314	23,485	
Child	Person Count	1,998	1,904	903	874	2,231	2,349	
ABD - Dual	Member Months	259,965	265,553	133,548	136,650	274,281	267,177	
ABD - Dual	Person Count	25,997	26,555	13,355	13,665	27,428	26,718	
Non ABD - Non-Medicare	Member Months	111,956	153,446	101,522	112,369	204,771	101,384	
- Adult	Person Count	11,196	15,345	10,152	11,237	20,477	10,138	
Non ABD - Non-Medicare	Member Months	713,975	744,876	375,258	378,139	732,572	696,098	
- Child	Person Count	71,398	74,488	37,526	37,814	73,257	69,610	
Total Medicaid	Member Months	1,185,813	1,262,650	658,455	674,123	1,322,811	1,165,741	
Population	Person Count	118,581	126,265	65,846	67,412	132,281	116,574	
Hypothetical Po	pulations							
New Adult	Member Months	720,942	856,556	443,332	454,502	873,307	630,845	
New Adult	Person Count	72,094	85,656	44,333	45,450	87,331	63,084	
SUD IMD ABD	Member Months	106	71	48	51	136	69	
300 IIVID ABD	Person Count	11	7	5	5	14	7	
SUD IMD ABD	Member Months	136	121	69	70	146	118	
Dual	Person Count	14	12	7	7	15	12	
SUD IMD Non-	Member Months	161	145	171	121	190	143	
ABD	Person Count	16	15	17	12	19	14	



		Historical Member Months and Person Counts						
Medicaid Expenditure Group		DY15	DY16	DY17	DY18	DY19	DY20 ¹	
		Jan - Dec	Jan - Dec	Jan - Jun	Jul - Dec	Jan - Dec	Jan - Dec	
	1	2020	2021	2022	2022	2023	2024	
SUD IMD New	Member Months	1,366	1,191	691	623	1,555	1,163	
Adult	Person Count	137	119	69	62	156	116	
SMI IMD ABD	Member Months	68	66	76	55	127	64	
SIVII IIVID ABD	Person Count	7	7	8	6	13	6	
SMI IMD ABD	Member Months	7	26	30	10	28	25	
Dual	Person Count	1	3	3	1	3	3	
SMI IMD Non-	Member Months	24	24	34	20	173	24	
ABD	Person Count	2	2	3	2	17	2	
SMI IMD New	Member Months	253	256	214	174	350	250	
Adult	Person Count	25	26	21	17	35	25	
SUD CIT	Member Months							
30D CII	Person Count	I						
Maternal Health and	Member Months	1			114	343	388	
Treatment	Person Count	-			11	34	39	
CDT	Member Months	I			1,213	2,437	1,304	
CRT	Person Count	-			121	244	130	
VT Global Rx	Member Months	119,707	117,683	57,177	55,178	108,990	110,371	
v i Global Kx	Person Count	11,971	11,768	5,718	5,518	10,899	11,037	
Moderate	Member Months	1,991	1,697	852	731	1,391	2,157	
Needs	Person Count	199	170	85	73	139	216	



Medicaid Expenditure Group		Historical Member Months and Person Counts						
		DY15	DY16	DY17	DY18	DY19	DY20 ¹	
		Jan - Dec 2020	Jan - Dec 2021	Jan - Jun 2022	Jul - Dec 2022	Jan - Dec 2023	Jan - Dec 2024	
Total Hypothetical	Member Months	723,063	858,456	444,665	512,862	989,173	746,919	
Population	Person Count	72,306	85,846	44,467	51,286	98,917	74,692	
Total Other	Member Months	121,698	119,380	58,029	0	0	0	
Population ²	Person Count	12,170	11,938	5,803	0	0	0	

¹DY20 projected member months and person counts are based on the June 2022 budget neutrality projections approved by CMS.

Table 5 provides the estimated enrollment for DY21 through DY23. Projected member months are identical to those in the June 2022 CMS-approved projection.

Table 5. Projected Member Months and Person Counts

_		Projected Member Months				
Medicaid Exp	enditure Group	DY21	DY22	DY23		
		Jan - Dec 2025	Jan - Dec 2026	Jan - Dec 2027		
ABD - Non-	Member Months	76,877	76,165	75,459		
Medicare - Adult	Person Count	7,688	7,616	7,546		
ABD - Non-	Member Months	23,412	23,339	23,266		
Medicare - Child	Person Count	2,341	2,334	2,327		
ABD - Dual	Member Months	269,080	270,995	272,925		
ABD - Duai	Person Count	26,908	27,100	27,292		
Non ABD - Non-	Member Months	100,840	100,298	99,760		
Medicare - Adult	Person Count	10,084	10,030	9,976		
Non ABD - Non-	Member Months	694,537	692,979	691,424		
Medicare - Child	Person Count	69,454	69,298	69,142		
Total Medicaid	Member Months	1,164,745	1,163,776	1,162,835		
Population	Person Count	116,475	116,378	116,283		
Hypothetical Popu	ılations					
Navy Advilt	Member Months	625,846	620,887	615,967		
New Adult	Person Count	62,585	62,089	61,597		
SLID IMD ARD	Member Months	68	68	67		
SUD IMD ABD	Person Count	7	7	7		

² The "Other Population" for DY15-DY17 includes the VPharm and Moderate Needs groups that are now considered a hypothetical population in DY18 – DY23.



		Projected Member Months				
Medicaid Expe	enditure Group	DY21	DY22	DY23		
		Jan - Dec 2025	Jan - Dec 2026	Jan - Dec 2027		
SUD IMD ABD	Member Months	117	115	114		
Dual	Person Count	12	12	11		
SUD IMD Non-	Member Months	142	141	140		
ABD	Person Count	14	14	14		
SUD IMD New	Member Months	1,154	1,145	1,135		
Adult	Person Count	115	114	114		
CANLINAD ADD	Member Months	64	63	62		
SMI IMD ABD	Person Count	6	6	6		
SMI IMD ABD	Member Months	25	25	25		
Dual	Person Count	3	2	2		
SMI IMD Non-	Member Months	23	23	23		
ABD	Person Count	2	2	2		
SMI IMD New	Member Months	248	246	244		
Adult	Person Count	25	25	24		
CLID CIT	Member Months	11,223	11,223	11,223		
SUD CIT	Person Count	1,122	1,122	1,122		
Maternal Health	Member Months	393	398	403		
and Treatment	Person Count	39	40	40		
CDT	Member Months	1,343	1,383	1,425		
CRT	Person Count	134	138	142		
VT Global Rx	Member Months	108,593	106,843	105,122		
VI Global KX	Person Count	10,859	10,684	10,512		
NA - doubte Na - de	Member Months	2,192	2,227	2,263		
Moderate Needs	Person Count	219	223	226		
Total	Member Months	751,430	744,788	738,215		
Hypothetical Population	Person Count	75,143	74,479	73,821		

Projected Expenditures

Table 6 provides historical data on the total expenditures for the Global Commitment 1115 demonstration services and populations from DY15 to DY20. The total expenditures of the Global Commitment 1115 demonstration are reported in millions and reconcile to the CMS-64 reports that are submitted to CMS on a quarterly basis for federal claiming. Since 2024 is not yet complete, DY20 is the projection from the June 2022 CMS-approved STCs.



		Н	istorical Expen	ditures (million	s)	
	DY15	DY16	DY17	DY18	DY19	DY20 ³
Historical Expenditures	Jan - Dec 2020	Jan - Dec 2021	Jan - Jun 2022	Jul - Dec 2022	Jan - Dec 2023	Jan - Dec 2024
ABD - Non- Medicare - Adult	\$177.9	\$183.5	\$94.8	\$95.3	\$217.9	\$202.2
ABD - Non- Medicare - Child	\$55.4	\$57.1	\$26.5	\$20.4	\$61.1	\$65.8
ABD - Dual	\$476.2	\$491.3	\$254.5	\$283.8	\$616.4	\$604.1
Non ABD - Non- Medicare - Adult	\$70.0	\$72.2	\$48.2	\$56.5	\$100.1	\$88.8
Non ABD - Non- Medicare - Child	\$334.4	\$345.0	\$205.1	\$173.7	\$385.8	\$459.9
Investments	\$114.9	\$105.9	\$52.4	\$73.4	\$111.4	\$185.9
MDAAP	\$0.0	\$0.0	\$0.0	\$0.0	\$0.0	\$6.6
Community Transition Services	\$0.0	\$0.0	\$0.0	\$0.0	\$0.0	\$0.0
Hypothetical Expend	litures					
New Adult	\$368.2	\$368.2	\$236.6	\$222.9	\$445.8	\$399.7
SUD IMD ABD	\$0.4	\$0.4	\$0.1	\$0.2	\$0.5	\$0.2
SUD IMD ABD Dual	\$0.4	\$0.4	\$0.2	\$0.2	\$0.5	\$0.2
SUD IMD Non-ABD	\$0.5	\$0.5	\$0.3	\$0.4	\$0.7	\$0.4
SUD IMD New Adult	\$4.3	\$4.3	\$1.7	\$2.1	\$4.9	\$4.0
SMI IMD ABD	\$1.7	\$1.7	\$3.0	\$1.6	\$5.2	\$3.9
SMI IMD ABD Dual	\$0.2	\$0.2	\$0.6	\$0.5	\$1.2	\$1.0
SMI IMD Non-ABD	\$0.7	\$0.7	\$1.0	\$0.7	\$1.6	\$0.9
SMI IMD New Adult	\$5.3	\$5.3	\$8.6	\$5.5	\$13.1	\$11.3
Maternal Health and Treatment Services	\$0.0	\$0.0	\$0.0	\$1.2	\$3.2	\$3.9
CRT	\$0.0	\$0.0	\$0.0	\$4.7	\$11.5	\$7.2
VT Global Rx	\$3.5	\$3.6	\$2.6	\$5.7	\$12.6	\$9.9
Moderate Needs	\$0.7	\$0.7	\$0.4	\$0.4	\$0.9	\$1.9
Supportive Housing Assistance Pilot	\$0.0	\$0.0	\$0.0	\$0.0	\$0.0	\$0.0
Marketplace Subsidy	\$5.9	\$6.0	\$2.1	\$2.0	\$4.6	\$7.5
Total Expenditures	\$1,620.3	\$1,647.0	\$938.4	\$951.1	\$1,998.9	\$2,065.2

³ DY20 projected expenditures are based on the per member per month projections in the June 2022 STCs approved by CMS.



The projected expenditures include the impact from the new programs for which the State is requesting expenditure authority under the 1115 demonstration amendment. Table 7 provides the projected expenditures for DY21 to DY23. Projected expenditures include the following program changes:

- HRSN infrastructure expenditures are based on the needs of community-based organizations, social services providers, and other community partners, and will be no greater than 15% of total HRSN spending.
- HRSN expenditures include the following:
 - HRSN community transition services reflect an increase to the total member months as a result of the State intending to expand enrollment in the Supportive Housing Assistance Pilot.
 - o HRSN rental assistance reflect \$20 million of expenditures per DY starting with DY22.
 - HRSN medical respite reflects an assumed 90-day coverage period for eligible members.
- Room and board for residential treatment reflects non-IMD-related expenditures.

Vermont believes these projections accurately reflect ongoing efforts to ensure adequate access to health coverage while also controlling health care costs statewide. Vermont will continue to work with CMS on these projections to ensure they align adequately to the approved programs and meet the goals of budget neutrality.

Table 7. Projected Expenditures

	Projected Expenditures (millions)		
	DY21	DY22	DY23
With Waiver Expenditures	Jan - Dec 2025	Jan - Dec 2026	Jan - Dec 2027
ABD - Non-Medicare - Adult	\$209.8	\$217.6	\$225.7
ABD - Non-Medicare - Child	\$67.4	\$69.1	\$70.8
ABD - Dual	\$631.3	\$659.8	\$689.5
Non ABD - Non-Medicare - Adult	\$93.9	\$99.3	\$105.0
Non ABD - Non-Medicare - Child	\$485.4	\$512.4	\$540.9
Investments	\$185.9	\$185.9	\$185.9
MDAAP	\$6.6	\$1.7	\$0.0
Community Transition Services	\$3.6	\$0.0	\$0.0
Hypothetical Expenditures			
New Adult	\$427.5	\$447.5	\$468.3
SUD IMD ABD	\$0.3	\$0.3	\$0.3
SUD IMD ABD Dual	\$0.23	\$0.3	\$0.3
SUD IMD Non-ABD	\$0.5	\$0.5	\$0.5
SUD IMD New Adult	\$4.2	\$4.4	\$4.6
SMI IMD ABD	\$3.5	\$3.7	\$3.8
SMI IMD ABD Dual	\$0.9	\$1.0	\$1.0
SMI IMD Non-ABD	\$0.9	\$0.9	\$0.9
SMI IMD New Adult	\$10.1	\$10.6	\$11.1



	Proj	ected Expenditures (mill	ions)
	DY21	DY22	DY23
With Waiver Expenditures	Jan - Dec 2025	Jan - Dec 2026	Jan - Dec 2027
Maternal Health and Treatment Services	\$4.0	\$4.1	\$4.2
SUD CIT	\$8.5	\$8.9	\$9.3
CRT	\$7.7	\$8.3	\$9.0
VT Global Rx	\$9.7	\$9.5	\$9.4
Moderate Needs	\$2.1	\$2.2	\$2.3
Supportive Housing Assistance Pilot ⁴	\$8.6	\$9.0	\$9.4
Marketplace Subsidy	\$7.9	\$8.3	\$8.7
HRSN Infrastructure	\$5.2	\$5.2	\$0.0
HRSN	\$0.0	\$34.3	\$35.0
Room and Board for Residential Treatment	\$10.1	\$12.4	\$15.3
Total Expenditures	\$2,195.8	\$2,316.9	\$2,411.3

⁴The Supportive Housing Assistance Pilot row reflects expenditures for current program benefits, with the exception of community transition services for DY22 and DY23. Expenditures for the new rent/temporary housing and medical respite benefits, in addition to DY22 and DY23 expenditures for community transition services, are included in the HRSN row.

Section VI. Evaluation Design

Table 8 below provides new hypotheses to evaluate the amendment and its achievement of the following goals and objectives:

- Implement innovative care models across the continuum that produce value;
- Strengthen care coordination and population health management capabilities to encompass the full spectrum of health-related services and supports;
- · Accelerate payment reform; and
- Address Vermonters' HRSN to improve health outcomes and promote whole-person health.

These hypotheses and plan are subject to change and will be further defined as Vermont works with CMS to develop an evaluation design consistent with the STCs and CMS policy. Evaluation of these initiatives will be added to Global Commitment evaluation design and incorporated into the full evaluation.



Table 8. Proposed New Evaluation Hypotheses

Goal/Objective	Research Question	New Hypotheses	Variables	Analytical Methods	Data Sources
Implement	Will the amendment	The amendment will	Analyze the number	Pre-post analyses;	Medicaid
innovative care	result in innovative	result in improved	or percentage of	qualitative analysis to	Management
models across the continuum that produce value	care models across the continuum that produce value?	access to comprehensive care for individuals who have co-occurring mental health and SUDs.	Medicaid enrollees receiving treatment in residential mental health and SUD treatment facilities before and after the demonstration amendment.	inform interpretation of quantitative findings	Information System (MMIS); interviews with providers and provider organizations
Strengthen care coordination and population health management capabilities to encompass the full spectrum of health-related services and supports	Will the amendment strengthen care coordination and population health management capabilities to encompass the full spectrum of health-related services and supports?	The amendment will result in more integrated care coordination. The amendment will increase Medicaid providers' ability to participate in the Vermont Health Information Exchange (VHIE).	Analyze the percentage of patients with unplanned readmissions or admissions for preventable conditions. Analyze the number of Medicaid providers connected to the VHIE before and after the demonstration amendment.	Interrupted time- series; qualitative analysis to inform interpretation of quantitative findings Pre-post analyses; qualitative analysis to inform interpretation of quantitative findings	MMIS; interviews with providers and provider organizations VHIE data; interviews with providers and provider organizations



Goal/Objective	Research Question	New Hypotheses	Variables	Analytical Methods	Data Sources
Accelerate payment reform	Will the amendment accelerate payment innovation?	The amendment will result in new value-based payments for hospitals.	Analyze the percentage of hospitals that are subject to Medicaid hospital global payments.	Descriptive analysis; pre-post analyses	Program documents and data
			Analyze the percentage of hospital payments that are Medicaid hospital global payments.	Descriptive analysis; pre-post analyses	MMIS; program documents and data
Address Vermonters' HRSN to improve health outcomes and promote whole person health	Will the amendment address Vermonter's HRSN to improve health outcomes and promote whole person health?	The amendment will result in improved health outcomes for individuals who have a history of homelessness (including people who are currently or formerly homeless) or are at-risk of homelessness.	Analyze HEDIS rates (health and well-being) for individuals receiving medical respite or rent/temporary housing.	Interrupted time- series; comparative interrupted time series analyses; qualitative analysis to inform interpretation of quantitative findings	Program documents and data; interviews with providers and members; MMIS

Section VII. Compliance with Public Notice Process

Vermont's compliance with the public notice process is described below and supporting documentation is provided in Appendix B.

1. Start and end dates of the state's public comment period.

The State's public comment period was from Wednesday, March 20, 2024, to Friday, April 19, 2024.

Certification that the state provided public notice of the application, along with a link to the state's website and a notice in the state's Administrative Record or newspaper of widest circulation 30 days prior to submitting the application to CMS.

Vermont certifies that it provided public notice of the application on the State's Medicaid website (https://humanservices.vermont.gov/about-us/medicaid-administration/global-commitment-health-1115-waiver/1115-waiver-documents) beginning on March 20, 2024. The public notice period was highlighted on the State Medicaid website's homepage (https://dvha.vermont.gov/). Additionally, Vermont certifies that it provided notice of the proposed demonstration amendment in the Global Commitment Register, the State's administrative record, at https://humanservices.vermont.gov/about-us/medicaid-administration/global-commitment-register/proposed-policies/2024-proposed on March 20, 2024.

Vermont certifies that it provided notice in the *Burlington Free Press* on March 22, 2024. Copies of the notices that appeared on the State's Medicaid website, in the Global Commitment Register, and in the newspaper are included in Section VIII.

3. Certification that the state convened at least two public hearings, of which one hearing included teleconferencing and/or web capability, 20 days prior to submitting the application to CMS, including dates and a brief description of the hearings conducted.

Vermont certifies that it convened two public hearings at least twenty days prior to submitting the demonstration amendment application to CMS. Specifically, Vermont held the following hearings:

- In-Person Hearing Friday, April 5, from 9 9:30 a.m. ET, in Charlotte, Vermont. Ashley Berliner, DVHA's Director of Medicaid Policy convened this public hearing. Individuals could access this public hearing in-person. There were no attendees at this hearing.
- In-Person and Virtual Hearing Wednesday, April 10, from 9:30 10 a.m. ET, in Waterbury, VT. Ashley Berliner, DVHA's Director of Medicaid Policy provided an overview of the demonstration amendment. Individuals could access this public hearing by teleconference, webinar, and in-person.

In addition to the two public hearings, DVHA provided an overview of the Global Commitment demonstration amendment application during the March 25, 2024, Medicaid and Exchange Advisory Committee (MEAC) meeting. MEAC meetings are open to the public.



The slide deck used for the public hearings and the MEAC meeting can be found on the following website:

https://humanservices.vermont.gov/sites/ahsnew/files/documents/1115%20amendment%20for%20MEAC%203.25.24.pdf

4. Certification that the state used an electronic mailing list or similar mechanism to notify the public. (If not an electronic mailing list, please describe the mechanism that was used.)

Vermont certifies that it used an electronic mailing list to provide notice of the proposed demonstration amendment to the public. Specifically, on March 20, 2024, Vermont provided notice through the Global Commitment Register listserv, which is the State's master listserv of Medicaid stakeholders.

5. Comments received by the state during the 30-day public notice period.

Vermont received seven public comments via email during the public notice period, as well as comments during the April 10 public hearing and March 25 Medicaid and Exchange Advisory Committee meeting.

6. Summary of the state's responses to submitted comments, and whether or how the state incorporated them into the final application.

Appendix A includes a document summarizing and responding to the comments received. The State did not make any changes to the application based on the comments received, but will consider them as part of future program planning as described in Appendix A. In addition, Vermont has included all emailed public comments received in Appendix C.

7. Certification that the state conducted tribal consultation in accordance with the consultation process outlined in the state's approved Medicaid State Plan, or at least 60 days prior to submitting this demonstration application if the demonstration has or would have a direct effect on Indians, tribes, on Indian health programs, or on urban Indian health organizations, including dates and method of consultation.

Vermont does not have any federally recognized tribes.



Section VIII. Public Notice

Full Public Notice

State of Vermont Agency of Human Services 280 State Drive, Center Building Waterbury, VT 05671-1000

GCR 24-028 PROPOSED

Global Commitment to Health Demonstration Amendment: Public Notice

Policy Summary:

Vermont's Agency of Human Services (AHS) is providing public notice of its intent to amend its Medicaid Section 1115 Demonstration, <u>Vermont Global Commitment to Health</u> (Global Commitment) to address the mental health, substance use, and housing crises in the State, in addition to enabling an innovative new payment methodology. The State is soliciting public comment on these requests before submitting its amendment application to the federal Centers for Medicare & Medicaid Services (CMS).

Program Description and Demonstration Amendment Goals and Objectives

The Global Commitment demonstration has served as the cornerstone of Vermont's Medicaid transformation efforts for almost 20 years. With nearly the entirety of Vermont's Medicaid program falling under the purview of the demonstration, it has played a pivotal role in broadening access to health care coverage, strengthening the State's public health and health-related services infrastructure, and driving reforms in health care payment and delivery. Vermont's vision for the amendment is to continue to promote the current goals and objectives of the Global Commitment demonstration:

- 1. Advance the State toward population-wide comprehensive coverage;
- 2. Implement innovative care models across the continuum that produce value;
- 3. Engage Vermonters in transforming their health;
- 4. Strengthen care coordination and population health management capabilities to encompass the full spectrum of health-related services and supports; and
- 5. Accelerate payment reform.

The amendment aims to advance the State's efforts to achieve these goals and objectives, with a specific focus on Goals/Objectives 2, 4, and 5. Additionally, Vermont seeks to achieve one additional goal/objective: addressing Vermonters' health-related social needs (HRSN) to improve health outcomes and promote whole-person health.

Proposed Demonstration Requests

- 1. Expand Access to Care for Vermonters with Mental Health Conditions and Substance Use Disorder
 - a. Transition CRT and Mental Health Under 22 Benefits to the Medicaid State Plan. The Global Commitment demonstration authorizes the Community Rehabilitation and



Treatment (CRT) and Mental Health Under 22 programs, which offer rehabilitative mental health benefits to individuals with serious mental illness (SMI) and serious emotional disturbance (SED). Given their importance to Vermonters with SMI and SED, Vermont intends to establish CRT and Mental Health Under 22 program benefits as entitlements under the State Plan for individuals enrolled in Medicaid. Vermont requests to phase out authority for CRT and Mental Health Under 22 benefits authorized under the 1115 demonstration as of December 31, 2024; the corresponding State Plan benefits will be effective on January 1, 2025. The CRT and Mental Health Under 22 programs will no longer be "special programs" under the 1115 demonstration with one exception: Vermont will continue to use the 1115 demonstration to authorize the provision of CRT benefits to adults with SMI who have incomes above Medicaid limits (i.e., the CRT expansion group). With this transition, Vermont will cover the vast majority of CRT and Mental Health Under 22 benefits under Section 1905(a) authority, primarily under the rehabilitative services option or targeted case management. Vermont will use state funds to cover certain home and community-based services that are not coverable under Section 1905(a) of the Social Security Act and will no longer offer services that have not been utilized in recent years (i.e., respite for the CRT population and environmental safety devices for both populations). Vermont intends to continue to cover the CRT enhanced dental benefit under the Global Commitment demonstration.

- b. Cover the Totality of Costs for Residential Treatment. Current federal rules prohibit Medicaid from covering room and board for stays at residential facilities, except for stays at institutions for mental diseases (IMDs) for individuals ages 65 and over and stays at psychiatric residential treatment facilities and inpatient settings for youth under age 21. Vermont requests for Medicaid to cover room and board for the duration of medically necessary treatment at residential mental health and SUD facilities, excluding IMDs.
- Closing the Coverage Gap for Substance Use Disorder Community Intervention and Treatment (SUD CIT) Expansion Group. Vermont intends to launch the SUD CIT expansion group in July 2025. The SUD CIT program will allow individuals with incomes above Medicaid limits diagnosed with SUD to access an array of SUD benefits. Today, the Global Commitment demonstration authorizes eligibility for the SUD CIT expansion group for individuals with a SUD whose income is above 133% of the federal poverty level (FPL) up to and including 225% FPL. In creating the SUD CIT expansion group, the State intended for all Vermonters with incomes above Medicaid limits up to and including 225% FPL to have access to this important program. Vermont's income limit for Medicaid for its aged, blind, and disabled (MABD) population is capped at the medically needy income level (MNIL), meaning that there is an eligibility gap for some individuals with incomes from roughly 100% to 133% FPL (i.e., individuals who fall into the medically needy eligibility group). Vermont is seeking to implement a technical correction to modify eligibility for the SUD CIT expansion group so that an individual is eligible when their income is above the applicable Medicaid limit (MNIL for MABD, 133% FPL for other eligibility groups) up to and including 225% FPL.

2. Providing Housing and Other Supports to Promote Whole-Person Health



- a. Coverage of Medical Respite and Rent/Temporary Housing Under the Supportive Housing Assistance Pilot. Vermont seeks to create a new benefit tier under the Supportive Housing Assistance Pilot to offer up to six months of medical respite and rent/temporary housing, as clinically indicated. To be eligible for this tier, an individual must be a Medicaid enrollee aged 18 and over receiving full State Plan benefits who has a history of homelessness (including if they are currently or formerly homeless) or is atrisk of homelessness and meets other needs-based criteria. Vermont already has the ability to institute an enrollment cap and waitlist for the Supportive Housing Assistance Pilot and requests to extend this flexibility, including the ability to prioritize individuals seeking these benefits, to this new Pilot tier.
- b. HRSN Infrastructure. Vermont requests \$10.4 million in federal Medicaid matching funds for investments in HRSN infrastructure to support capacity building among community-based organizations, social services providers, and other community partners that will enhance their ability to successfully deliver medical respite, rent/temporary housing, and community transition services to eligible Medicaid enrollees. Funding will also be used to support statewide infrastructure capacity to enable delivery of housing services under Medicaid.
- c. Adding a New Benefit to the Developmental Disabilities Services Program. Vermont is seeking to expand the benefit package for the Developmental Disabilities Services program to include an environmental and assistive adaptation service, defined as physical adaptations, services, or technology necessary to ensure health and safety of the individual or to enable greater independence.

3. Advancing Payment and Delivery Reforms

a. Ability to Implement Hospital Global Payments. Vermont is pursuing participation in CMS's States Advancing All-Payer Health Equity Approaches and Development (AHEAD) Model. Hospitals participating in the AHEAD Model will be reimbursed for services rendered to Medicare fee-for-service enrollees through fixed prospective global budgets. The AHEAD Model will also require that Vermont develop a parallel global budget methodology for Medicaid payments to participating hospitals. To do so, Vermont requests the ability to institute Medicaid hospital global payments without being required to reconcile the payments against actual utilization. Under the VTAPM, Vermont has been able to approximate unreconciled global payments for Medicaid services for hospitals via the State's accountable care organization (ACO) for ACO-attributed Medicaid members. Under AHEAD, Vermont would like to make similar fixed global budget payments directly to hospitals, or through a third-party administrative services organization procured by the State, and needs expenditure authority to do so.

Eligibility, Benefits, Delivery System, and Cost-Sharing Eligibility and Benefits

Under the demonstration amendment, Vermont is proposing clarifications and updates to Medicaid eligibility and benefits. The State is not proposing any changes to Vermont Medicaid eligibility requirements for State Plan populations but is requesting the following clarifications to eligibility for expansion groups under the demonstration:



- CRT expansion group eligibility criteria: Individuals not eligible for Medicaid with severe and
 persistent mental illness who have incomes <u>above Medicaid limits</u>.
- SUD CIT expansion group eligibility criteria: Individuals with a diagnosis of a SUD with incomes above Medicaid limits up to and including 225% FPL.

Delivery System

The State is not requesting any changes to the Vermont Medicaid delivery system.

Cost-Sharing

The State is not proposing any changes to cost sharing under the Vermont Medicaid program.

Demonstration Projected Enrollment and Expenditures

Expected Enrollment

Table 1 provides historical data on Member Months and estimated Person Counts for Global Commitment demonstration populations from DY15 to DY20. The "Other Population" for DY15-DY17 includes the VPharm and Moderate Needs groups that are now considered a hypothetical population in DY18 – DY23.

Table 1. Historical Member Months and Person Counts

			Historical N	Member Moi	nths and Pei	son Counts	
		DY15 Jan - Dec 2020	DY16 Jan - Dec 2021	DY17 Jan – Jun 2022	DY18 Jul – Dec 2022	DY19 Jan – Dec 2023	DY20 Jan – Dec 2024
Total Medicaid	Member months	1,185,813	1,262,650	658,455	674,123	1,322,811	1,165,741
Medicaid Population	Person count	118,581	126,265	65,846	67,412	132,281	116,574
Total	Member months	723,063	858,456	444,665	512,862	989,173	746,919
Hypothetical Population	Person count	72,306	85,846	44,467	51,286	98,917	74,692
Total Other	Member months	121,698	119,380	58,029	0	0	0
Population	Person count	12,170	11,938	5,803	0	0	0

Table 2 provides estimated enrollment for the remaining years of the demonstration period (January 1, 2025, to December 31, 2027).

Table 2. Projected Member Months and Person Counts

Tubic 2. Trojecteu	Michigel Michigane	1 Croon Counts		
		Projected Me	mber Months and P	erson Counts
		DY21	DY22	DY23
		Jan – Dec 2025	Jan – Dec 2026	Jan – Dec 2027
Total Medicaid	Member months	1,164,745	1,163,776	1,162,835
Population	Person count	116,475	116,378	116,283
	Member months	751,430	744,788	738,215



Total Hypothetical Population	Person count	75,143	74,479	73,821
Total Other	Member months	0	0	0
Population	Person count	0	0	0

Projected Expenditures

Table 3 provides historical data on the total expenditures for the Global Commitment 1115 demonstration services and populations from DY15 to DY20.

Table 3. Historical Expenditures

	•	Historical Expenditures (millions)				
Historical Expenditures	DY15 Jan - Dec 2020	DY16 Jan - Dec 2021	DY17 Jan – Jun 2022	DY18 Jul – Dec 2022	DY19 Jan – Dec 2023	DY20 Jan – Dec 2024
Total Expenditures	\$1,620.3	\$1,647.0	\$938.4	\$951.1	\$1,998.9	\$2,065.2

Table 4 provides the projected expenditures for 1115 demonstration expenditures from DY21 to DY 23.

Table 4. Projected Expenditures

	Proj	Projected Expenditures (millions)		
	DY21 DY22 DY23			
With Waiver	Jan – Dec 2025	Jan – Dec 2026	Jan – Dec 2027	
Expenditures				
Total Expenditures	\$2,189.7	\$2,311.3	\$2,406.3	

Demonstration Waiver and Expenditure Authorities

In addition to the approved demonstration authorities, Vermont is requesting the new and amended expenditure authorities outlined in Table 5 below. To the extent that CMS advises the State that additional authorities are necessary to implement the programmatic vision and operational details described in this amendment, the State is requesting such waiver or expenditure authority.

Table 5. Expenditure Authority Requests

Expenditure Authority	Use for Authority
New Requests	
Room and board in residential settings	Expenditures to cover room and board for medically necessary treatment for Medicaid enrollees receiving treatment at residential mental health and SUD facilities, excluding IMDs.
2. HRSN services offered under Supportive Housing Assistance Pilot	Expenditures for HRSN services offered under the Supportive Housing Assistance Pilot that are not otherwise covered—specifically, medical respite, rent/temporary housing, and community transition services—to qualifying individuals. The State will institute annual enrollment limits for this pilot program and may maintain a waiting list.
3. HRSN infrastructure funding	Expenditures to permit the State to receive Medicaid matching funds for allowable infrastructure expenditures related to HRSN services.



Expenditure Authority	Use for Authority
New Requests	
4. Enhanced dental benefits	Expenditures to cover enhanced dental benefits for Medicaid enrolled
	individuals with severe and persistent mental illness as defined by
	Vermont rule and policy.
Medicaid global payments	Expenditures to enable the State to make unreconciled Medicaid
	global payments to hospitals and other participating providers.
Amended Requests (amended t	text is <u>underlined</u>)
6. Mental Health CRT	Expenditures for mental health CRT services, as defined by Vermont
Services	rule and policy, provided through a program to individuals not
	eligible for Medicaid with severe and persistent mental illness who
	have incomes above Medicaid limits.
7. SUD CIT Group	Individuals with a diagnosis of a SUD with incomes above Medicaid
	<u>limits</u> up to and including 225% FPL. Individuals in this population
	are not eligible for full State Plan benefits.

Evaluation Design

Table 6 below provides a preliminary plan to evaluate the demonstration and its achievement of the demonstration's proposed goals and objectives. These hypotheses and plan are subject to change and will be further defined as Vermont works with CMS to develop an evaluation design consistent with the STCs and CMS policy. Evaluation of these initiatives will be added to Global Commitment evaluation design and incorporated into the full evaluation.

Table 6. Proposed New Evaluation Hypotheses

Goal/Objective	Hypotheses	Variables
Implement innovative care models across the continuum that produce value	The amendment will result in improved access to comprehensive care for individuals who have co-occurring mental health and SUDs.	Analyze the number or percentage of Medicaid enrollees receiving treatment in residential mental health and SUD treatment facilities before and after the demonstration amendment.
Strengthen care coordination and population health management capabilities to encompass the full spectrum of health-related services and supports	The amendment will result in more integrated care coordination. The amendment will increase Medicaid providers' ability to participate in the Vermont Health Information Exchange (VHIE).	Analyze the percentage of patients with unplanned readmissions or admissions for preventable conditions. Analyze the number of Medicaid providers connected to the VHIE before and after the demonstration amendment.
Accelerate payment reform	The amendment will result in new value-based payments for hospitals.	Analyze the percentage of hospitals that are subject to Medicaid hospital global payments.



Goal/Objective	Hypotheses	Variables
		Analyze the percentage of
		hospital payments that are
		Medicaid hospital global
		payments.
Address Vermonters' HRSN to	The amendment will result in	Analyze HEDIS rates (health
improve health outcomes and	improved health outcomes for	and well-being) for individuals
promote whole person care	individuals who have a history	receiving medical respite OR
	of homelessness (including	rent/temporary housing.
	people who are currently or	
	formerly homeless) or are at-risk	
	of homelessness.	

Effective Date:

January 1, 2025

Authority/Legal Basis:

Global Commitment to Health Waiver

Population Affected:

Vermont's entire Medicaid population – including both State Plan and expansion groups – falls under the purview of the Global Commitment demonstration.

Fiscal Impact:

No impact. The Global Commitment demonstration must be budget neutral.

Public Comment Period:

The 30-day public comment period for the Global Commitment demonstration amendment is from Wednesday, March 20, 2024, to Friday, April 19, 2024. All comments must be received no later than 11:59 PM (Eastern Time) on Friday, April 19, 2024.

The full draft of the Global Commitment demonstration amendment application can be found at: https://humanservices.vermont.gov/about-us/medicaid-administration/global-commitment-health-1115-waiver/1115-waiver-documents. A hard copy of the Global Commitment demonstration amendment application amendment application can be obtained by sending a written request to the postal or email address listed below. All information regarding the Global Commitment demonstration amendment application can be found on the AHS will update this website through the public comment and application process. To be added to the Global Commitment Register email list, send an email to AHS.MedicaidPolicy@vermont.gov.

Written comments may be sent to the following address; please indicate "1115 Amendment Public Comment" in the written message:

Medicaid Policy Unit 280 State Drive, NOB 1 South Waterbury, VT 05671-1010



Comments may also be emailed to <u>AHS.MedicaidPolicy@vermont.gov</u>. Please indicate "1115 Amendment Public Comment" in the subject line of the email message.

AHS will host two public hearings to solicit stakeholder comments.

First Public Hearing (In-Person Only)

Friday, April 5 from 9:00 – 9:30 AM ET Charlotte Library 115 Ferry Rd Charlotte, VT 05445

Second Public Hearing (Virtual and In-Person)

Wednesday, April 10 from 9:30 – 10:00 AM ET

Virtual Meeting Details

Call in: +1 802-552-8456,,53132956# Phone Conference ID: 531 329 56# Video Conference: https://bit.ly/48FwCFL

Meeting ID: 298 196 082 421

Passcode: kYR68M

In-Person Meeting Details

Please note that a form of identification is required to enter the building. For individuals requiring accommodations, please send requests to <u>AHS.MedicaidPolicy@vermont.gov</u> no later than one week in advance of the hearing and AHS will work to meet these needs.

Waterbury State Office Complex Room: Oak 280 State Drive Waterbury, VT 05676

Upon submission to CMS, a copy of the Global Commitment demonstration amendment, including a summary of comments received during this State public comment period, will be published at the following internet address:

 $\underline{\text{https://humanservices.vermont.gov/sites/ahsnew/files/documents/VT\%20Waiver\%20Amendment}_3.20_F\\INAL.pdf$

Interested parties will also have the opportunity to officially comment on the Global Commitment demonstration amendment application during the federal public comment period; the submitted application will be available for comment on the CMS website at:

https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/83391

Abbreviated Public Notice

Burlington Free Press

Govt Public Notices

Originally published at burlingtonfreepress.com on 03/22/2024

Global Commitment to Health Demonstration Amendment: Abbreviated Public Notice - March 20, 2024

Vermont's Agency of Human Services (AHS) is providing public notice of its intent to amend its Medicaid Section 1115 Demonstration, Vermont Global Commitment to Health (Global Commitment) to address the mental health, substance use, and housing crises in the State, in addition to enabling an innovative new payment methodology. The State is soliciting public comment on these requests before submitting its amendment application to the federal Centers for Medicare & Medicaid Services (CMS).

Through an amendment to the Global Commitment demonstration, Vermont intends to expand access to care for Vermonters with mental health conditions and substance use disorders (SUD), provide new housing supports to promote whole-person care, and advance payment and delivery system reforms by instituting Medicaid hospital global payments. Specifically, the State is seeking new authority to:

Transition Community Rehabilitation and Treatment (CRT) and Mental Health Under 22 benefits to the Medicaid State Plan;

Cover room and board for the duration of Medicaid enrollees' medically necessary treatment at residential mental health and SUD facilities, excluding institutions for mental diseases (IMDs);

Expand eligibility for the SUD Community Intervention and Treatment (CIT) Group so that all Vermonters with SUD with incomes above Medicaid income limits up to and including 225% of the federal poverty level (FPL) are eligible:

Provide new medical respite and rent/transitional housing benefits for eligible individuals as part of the Supportive Housing Assistance Pilot;

Receive federal Medicaid matching funds for investments in infrastructure to support capacity building among community-based organizations, social services providers, and other community partners to enhance their ability to deliver health-related social needs (HRSN) services, in addition to supporting statewide capacity to enable delivery of housing services under Medicaid;

Add an environmental and assistive adaptations benefit, defined as physical adaptations, services, or technology necessary to ensure health and safety of the individual or to enable greater independence, to the Developmental Disabilities Services benefit package; and

Instituting Medicaid hospital global payments.



A copy of the proposed Global Commitment demonstration amendment application and a detailed public notice with more information about the amendment request are available on the AHS website at https://humanservices.vermont.gov/about-us/medicaid-administration/global-commitment-health-1115-waiver/1115-waiver-documents.

The 30-day public comment period for the Global Commitment demonstration amendment is from Wednesday, March 20, 2024, to Friday, April 19, 2024. All comments must be received no later than 11:59 PM (Eastern Time) on Friday, April 19, 2024.

Written comments may be sent to the following address; please indicate 1115 Amendment Public Comment in the written message:

Medicaid Policy Unit 280 State Drive, NOB 1 South Waterbury, VT 05671-1010

Comments may also be emailed to AHS.MedicaidPolicy@vermont.gov. Please indicate 1115 Amendment Public Comment in the subject line of the email message.

AHS will host the following public hearings to solicit stakeholder comments:

First Public Hearing (In-Person Only) Friday, April 5 from 9:00*9:30 AM ET Charlotte Library 115 Ferry Rd Charlotte, VT 05445

Second Public Hearing (Virtual and In-Person) Wednesday, April 10 from 9:30*10:00 AM ET

Virtual Meeting Details

Call in: +1 802-552-8456,,53132956#
Phone Conference ID: 531 329 56#
Video Conference: https://bit.ly/48FwCFL

Meeting ID: 298 196 082 421

Passcode: kYR68M

In-Person Meeting Details Waterbury State Office Complex

Room: Oak 280 State Drive Waterbury, VT 05676 Publication Dates L00000000



Appendix A. Responses to Public Comments

From Wednesday, March 20, 2024, to Friday, April 19, 2024, Vermont received seven public comments via email on the Global Commitment demonstration amendment application. In addition, Vermont received comments on the application during the April 10, 2024, public hearing and March 25, 2024, Medicaid and Exchange Advisory Committee meeting. This appendix summarizes key themes of the public comments received and provides the State's responses. The State appreciates the valuable and thoughtful comments submitted and is committed to continuing an open and collaborative process to continue to strengthen Vermont's Medicaid program and improve health for all Vermonters.

Goals of Global Commitment Demonstration Amendment

1. **Comment:** Several commenters agreed with the overall vision and goals of the Global Commitment demonstration amendment and urged the State to work with CMS to obtain approval of Vermont's requests as soon as possible.

Response: Vermont thanks commenters for their support and looks forward to collaborating with CMS on these important initiatives to strengthen Vermont's Medicaid program.

Expand Access to Care for Vermonters with Mental Health Conditions and SUD

 Comment: One commenter requested additional information about the SUD CIT expansion group and sought clarification on how this waiver amendment relates to opioid use disorder (OUD) services.

Response: As part of the July 2022 Global Commitment Demonstration renewal, Vermont received CMS approval to provide a select set of SUD benefits to individuals with incomes above Medicaid limits diagnosed with SUD, also referred to as the SUD CIT expansion group. Individuals eligible for the SUD CIT expansion group include individuals with an OUD. SUD CIT benefits include case management, recovery supports, psychoeducation, peer supports, residential treatment, withdrawal management, counseling, and skilled therapy services. Outside of the SUD CIT program, individuals with an OUD—regardless of whether their income is below or above Medicaid limits—have access to Vermont's Hub and Spoke system of care for opioid treatment. Vermont is currently in the implementation planning phase for the SUD CIT expansion group and plans to launch the program in July 2025.

Vermont is requesting a technical change to the eligibility criteria for the SUD CIT expansion group. Currently, the demonstration authorizes eligibility for the SUD CIT expansion group for individuals with a SUD whose income is above 133% of the FPL, up to and including 225% FPL. Vermont is seeking to modify eligibility for the SUD CIT expansion group so that an individual is eligible when their income is above the applicable Medicaid limit (MNIL for MABD, 133% FPL for other eligibility groups) to eliminate the gap in coverage. This change will correct an unintended coverage gap for the MABD group, but will not otherwise impact the design of the program.

Providing Housing and Other Supports to Promote Whole-Person Health

1. *Comment:* Several commenters expressed support for providing medical respite and rent/temporary housing under the Supportive Housing Assistance Pilot.



Response: Vermont appreciates the commenters' feedback. Vermont recognizes the housing crisis unfolding in the State and is eager to pursue the new opportunities offered by CMS to leverage Medicaid to provide housing supports to improve health.

2. *Comment:* Seven commenters indicated that eligibility for the Supportive Housing Assistance Pilot should be expanded to include individuals served by the Developmental Disabilities Services program to enable access to pre-tenancy, tenancy sustaining, and community transition services.

Response: Vermont appreciates the commenters' feedback. The State would like to clarify that it expects that many individuals served by the Developmental Disabilities Services program will be eligible for the Supportive Housing Assistance Pilot upon its launch (planned for January 2025) based on the current eligibility criteria. To be eligible for this program, Medicaid enrollees ages 18 and older eligible for full Medicaid State Plan benefits must meet at least one needs-based criteria **and** at least one risk factor. Needs-based criteria include having a need for assistance, demonstrated by the need for assistance with two or more activities of daily living (ADLs) or hands-on assistance with one or more ADLs. Risk factors include at risk of or having a history of homelessness, history of frequent or lengthy stays in an institutional or residential setting, history of frequent emergency department visits and/or hospitalizations, among others.

3. *Comment:* Six commenters recommended expanding the benefit package for the Developmental Disabilities Services program to include technology for monitoring and supporting to enable greater independence; residential habilitation services (e.g., homemaker services); consultative nutritional services; rehabilitative behavioral health therapy services; and individual-directed goods and services.

Response: Vermont appreciates the commenters' recommendations and will consider this feedback as the State continues to implement broader reforms to the Developmental Disabilities Services Program.

4. *Comment:* Six commenters indicated that transportation provided to individuals served by the Developmental Disabilities Services program is insufficient to meet their needs due to staffing shortages, inaccessibility of public transportation, and ineligibility for special services transportation.

Response: Vermont recognizes there are gaps in the availability of transportation and will continue to identify ways to expand access to transportation.

5. *Comment:* Six commenters requested Vermont to expand eligibility for benefits counseling services through HireAbility Vermont to include all individuals with I/DD who are eligible for Medicaid HCBS.

Response: Vermont appreciates the commenters' suggestion. The Department of Disabilities, Aging and Independent Living (DAIL) will work with HireAbility Vermont to identify ways to strengthen supports available to individuals with significant needs.

6. *Comment:* Seven commenters indicated that they believe the 2014 HCBS Settings Rule requires Vermont to offer additional housing options for individuals with I/DD.



Response: Vermont affirms that it is complying with the HCBS Settings Rule. The State provides a range of housing options for individuals with I/DD, such as group living, in-home family supports, shared living, staffed living, and supervised living. Since the rule was promulgated in 2014, the State has partnered with CMS and providers to bring Vermont into compliance through systematically assessing settings serving individuals receiving Medicaid-funded HCBS, issuing guidance on implementation of the HCBS Final Rule, remediating non-compliant settings, and conducting ongoing monitoring and quality assurance processes, among other activities.

Advancing Payment and Delivery Reforms

1. *Comment:* One commenter sought clarification on how this proposed amendment to the Global Commitment demonstration relates to Vermont's potential participation in the AHEAD model.

Response: States participating in the AHEAD model are required to implement Medicaid hospital global budgets. To prepare for potential participation in the AHEAD model, Vermont is requesting the ability to institute Medicaid hospital global payments without being required to reconcile the payments against actual fee-for-service utilization.



Appendix B. Documentation of Compliance with Public Notice Process Stakeholder Email

Global Commitment Register Email Listserv

From: AHS - Medicaid Policy < AHS. Medicaid Policy@vermont.gov> Sent: Wednesday, March 20, 2024 4:21 PM To: ahs.globalcommitmentregister@list.vermont.gov Subject: [GCR] Proposed Policy 24-028: Global Commitment to Health Demonstration Renewal: Public Notice [EXTERNAL] Please do not reply, click links, or open attachments unless you recognize the source of this message and know the content is safe. Hello, Global Commitment Register (GCR) Proposed Policy 24-028: Global Commitment to Health Demonstration Amendment Request: Public Notice is open for public comment through April 19, 2024. Vermont's Agency of Human Services (AHS) is providing public notice of its intent to seek an amendment of its Medicaid Section 1115 Demonstration Waiver, Vermont Global Commitment to Health. The State is soliciting public comment before submitting its amendment request to the Centers for Medicare and Medicaid Services. The GCR is a database of policy changes to and clarifications of existing Medicaid policy under Vermont's 1115 Global Commitment to Health waiver. The Global Commitment Register is available here. [NOTE: You have received this email because you are on an email distribution list for changes to Agency of Human Services (AHS) health care policies. If you no longer wish to receive email notifications for changes to AHS health care policies, such as administrative rule, Medicaid State Plan or the Global Commitment waiver, or if you would like someone added to this list, please email AHS.MedicaidPolicy@vermont.gov.] Sincerely, Medicaid Policy Unit

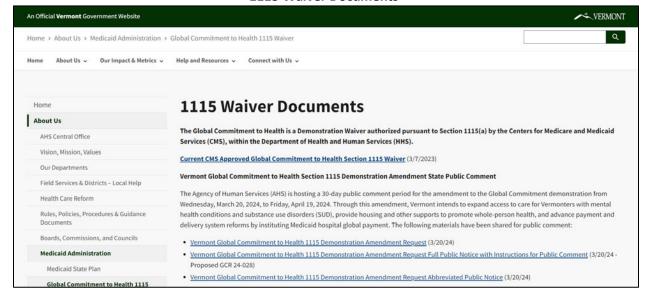
Website Updates

DVHA Homepage

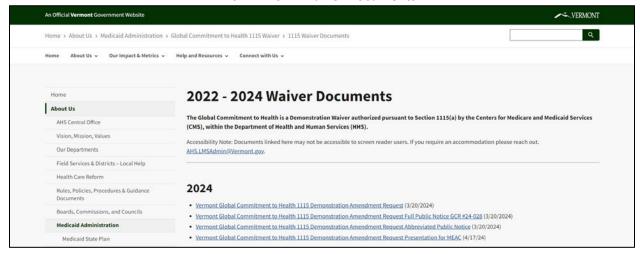




1115 Waiver Documents



2022 - 2024 Waiver Documents

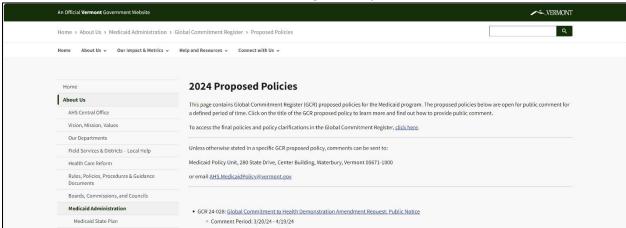


DVHA Public Notice News





Global Commitment Register Proposed Policies



Appendix C. Letters of Public Comment

From:
To: AHS - Medicaid Policy

Subject: 1115 Amendment Public Comment

Date: Saturday, April 20, 2024 10:20:13 AM

You don't often get email from

EXTERNAL SENDER: Do not open attachments or click on links unless you recognize and trust the sender.

I am writing to advocate for the creation of peer housing for adults with Intellectual and Developmental Disabilities (I/DD) who qualify for the Developmental Services (DS) -Home and Community Based Services (HCBS) waiver, so that there are choices for housing as required in the Federal CMS Settings Rules of 2014.

*Providing Housing and Other Supports to Promote Whole-Person Health:

- Individuals served by the Developmental Disabilities Services Division need to be included as part of the Supportive Housing Assistance Pilot program, specifically for pre-tenancy support, tenancy sustaining services and community transition services to Medicaid enrollees with significant clinical needs and other risk factors.
- Inclusion of technology for monitoring, supporting, and enabling more independence for individuals with I/DD and specifically for those individuals residing in service-supported housing. Included in this technology would be funding for Sensory Rooms in service-supported peerresidences.
- 3. Although transportation funding is currently incorporated in the waiver, it does not meet the varied needs of adults with I/DD to access and participate in community, recreation, employment, and social events. It is difficult to access transportation funding given staffing shortages, ineligibility for special services transportation or inaccessibility of public transportation.
- 4. Inclusion of residential habilitation services menu (i.e. Homemaker services, etc.)
- Consultative Nutritional Services
- 6. Expansion of other support services to include Rehabilitative Behavioral Health Therapy Services like Art Therapy, Music Therapy and Neurobiofeedback.
- 7. Inclusion of Individual-Directed Goods and Services to acquire items that increase independence or substitute for human help and linked to goal in individual's person-centered individual support agreement (ISA).
- 8. Expansion of the eligibility definition for Benefits Counseling Services through State Vocational Rehabilitation (HireAbilityVT) to include all individuals with I/DD who are eligible to receive Medicaid-funded home and community based services

We have	
. Service supported ho	using
with services such as technology, transportation, and other support services would give option of living in a community with access to recreation, employment, and social events.	the

Sincerely,

Sent from Gmail Mobile

From:
To: AHS - Medicaid Policy

Subject: 1115 Amendment Public Comment Date: 1115 Amendment Public Comment Friday, April 19, 2024 1:04:38 PM

Attachments: 4-19-24 1115 Amendment Public Comment.pdf

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Learn why this is important

EXTERNAL SENDER: Do not open attachments or click on links unless you recognize and trust the sender.

To Whom it May Concern:

Please accept my written public comment attached on

on the

Global Commitment to Health Demonstration Amendment. Thank you!

1115	Amendment Public Comment
	, 4/19/24 for the

I have an	i de la companya de	
	A requirement of the	
Federal CMS HCBS Settings Rule is for individuals to h	ave choices in where they want to live and	
	Although	
the description of proposed changes is quite general,	we believe for the state to be compliant	
with the CMS Settings Rule to meet the needs of adul	ts with I/DD to be more independent, it	
will require some expansion of the benefits package t	o enable greater independence	

- Many individuals served by the Developmental Disabilities Services Division that access services via the HCBS Waiver, have significant clinical needs and other risk factors. As the service-supported housing models expand in the state, included as part of the **Supportive Housing Assistance Pilot Program**, specifically for pre-tenancy support, tenancy sustaining services, community transition services and rental subsidies tied to units. I've been told there is no way to bill for these services today within the DS Waiver for those served by DDSD and I've also been told DDSD recipients are not eligible for this program. DDSD clients must be included as this is a significant need for them, too.
- We support the need for inclusion and funding of the use of technology for monitoring, supporting and enabling more independence for individuals with I/DD, while assisting support staff in tasks requiring documentation. Included with this technology would be funding for Sensory Rooms and specific lighting in residences to meet the needs of all individuals regardless of where they reside to support their self-regulation (i.e. behavioral, managing anxiety, etc.) while also minimizing the need for staff response and intervention when the individual begins to become dysregulated. An assessment of how technology can support sensory defensiveness responses primarily for those on the Autism Spectrum but may also apply to other diagnoses, will help to identify technology options depending on the DDSD client's needs.
- Despite transportation funding being incorporated in the HCBS waiver today, the ability for a client to access that service is highly lacking and limiting and they become isolated when they don't have the availability to drive themselves places. The opportunity is to expand and have some flexibility in how the transportation benefit can be accessed and utilized along with a process for accountability to provide receipts. Taxis and Uber's are too pricey for clients to get to and from work when they live a few miles away and a bike is weather dependent as another option to have transportation to employment. Things to consider in addressing this huge need is how can DA/SSA clients have access to transportation when needed when there is no public transportation option available to them, there is no staff to transport them given the current staffing crisis, and the client's family / support provider aren't eligible for clients to use SSTA services. The current transportation services as defined does NOT meet the needs of adults with I/DD to

- family / support provider aren't eligible for clients to use SSTA services. The current transportation services as defined does NOT meet the needs of adults with I/DD to access and participate in their community (ie. recreation, employment and social events, etc.) as required by the HCBS Settings Rule.
- As other states waivers provide, it would be helpful to include some residential habilitation services menu benefits where the necessary supports to move towards independent living could be addressed by the HCBS waiver. For example, services could include a "Homemaker" to support cooking and cleaning.
- For those with very specific dietary needs to help manage their medical problems, the Consultative Nutritional Services would be a good option to include.
- It would be helpful to expand other support services to include **Rehabilitative Behavioral Health Services** like art therapy, music therapy, tutoring, specialized behavior supports and neurofeedback. Although there are some "Other support services" today in the DS Waiver, they are very difficult to access but could assist many clients with their behavioral management and anxiety management. Families are often paying privately for these services because their adults son/daughter require them to support their regulation and mental health stability. Given the limited resources of many adults with I/DD, it would be helpful if the DS HCBS waiver could contribute funding to cover these expenses because often times without these services, there are more trips to the ED and lengthier hospitalizations. An ounce of prevention could go a long way to offset costs still being paid by Medicaid but from a different funding bucket.
- There should be some Individual-Directed Goods and Services funding to help meet support items that would increase independence or substitute for human assistance and be connected to the individual's ISA goals. This would also cover essential needs that are not currently covered by the waiver.
- Expand the eligibility definition for Benefits Counseling Services through HireAbilityVT to include all individuals with Intellectual/Developmental Disabilities who are eligible to receive Medicaid-funded Home and Community Based Services and allow for access to DA/SSA employment programs even when they may not be employed when they transition from high school or move into Vermont from out of state. For adults with I/DD, stable, supported employment goes a long way to improve their quality of life and to feel valued within their community.



From:
To:
AHS - Medicaid Policy
Subject:
1115 Amendment Public Com

Subject: 1115 Amendment Public Comment Date: Friday, April 19, 2024 12:21:03 PM

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EXTERNAL SENDER: Do not open attachments or click on links unless you recognize and trust the sender.

Hello,

we submit the following for public comment on the Global Commitment Waiver Amendment.

Please support peer housing for adults with Intellectual and Developmental Disabilities (I/DD) who qualify for the Developmental Services (DS) Home and Community-Based Services (HCBS) waiver, so that there are choices for housing for people

nd - perhaps most importantly -- as required in the Federal CMS Settings Rules of 2014.

part of the Developmental Disabilities Housing Initiative (DDHI), the Vermont parent-run advocacy group in early 2022. Since that time, we have been working tirelessly with other Vermont families of adults with I/DD to create stable, Service Supported Housing options for adults with significant support needs who qualify for Medicaid Home and Community-based Services (HCBS) waiver.

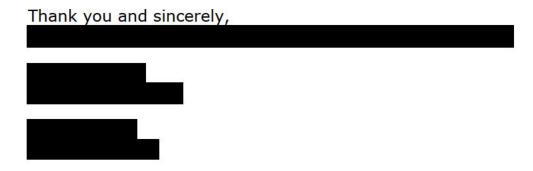
It is our understanding that Medicaid rules require Vermont to provide adults with I/DD with true housing choices.

Along with other members of the DDHI, we believe it is time to act to bring about long-awaited, expanded living options for adult children with I/DD. The expansion of the use of HCBS funding can help pay for many aspects of Service Supported housing that this population of Vermonters so desperately needs.

*Providing Housing and Other Supports to Promote Whole-Person Health:

Individuals served by the Developmental Disabilities Services Division need to be included as part of the Supportive Housing Assistance Pilot program,

specifically for pre-tenancy support, tenancy sustaining services and community transition services to Medicaid enrollees with significant clinical needs and other risk factors.



From:
To: AHS - Medicaid Policy

Subject: Fw: 1115 Amendment Public Comment Date: Thursday, April 18, 2024 6:54:01 PM

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Learn why this is important

EXTERNAL SENDER: Do not open attachments or click on links unless you recognize and trust the sender.

We submit the following public comment on the Global Commitment Waiver Amendment. We are part of a parent group advocating for the creation of peer housing for adults with Intellectual and Developmental Disabilities (I/DD) who qualify for the Developmental Services (DS) -Home and Community Based Services (HCBS) waiver, so that there are choices for housing as required in the Federal CMS Settings Rules of 2014.

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- 7. Inclusion of Individual-Directed Goods and Services to acquire items that increase independence or substitute for human help and linked to goal in individual's person-centered individual support agreement (ISA).

8. Expansion of the eligibility definition for Benefits Counseling Services through State Vocational Rehabilitation (HireAbilityVT) to include all individuals with I/DD who are eligible to receive Medicaid-funded home and community based services.

Thank you.

From:
To:
AHS - Medicaid Policy
Subject:
"1115 Amendment Public Co

Subject: "1115 Amendment Public Comment"

Date: Thursday, April 18, 2024 5:53:46 PM

1230		
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EXTE	RNAL SENDER: Do not open a	ttachments or click on links unless you recognize
and tru	ust the sender.	
		hose with Developmental Disabilities will include the resently provided to others receiving Medicaid
	funding.	we are askiing the state to create new
choices	s for housing	
		· ·
×.		
We wo	uld appreciate it if you can make	the changes to support creating peer residences
		pports they will need to live their lives in health and
safety.		
Thanks	S	

- *Providing Housing and Other Supports to Promote Whole-Person Health:
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From:

Sent: Saturday, April 13, 2024 3:59 PM

To: AHS - Medicaid Policy < AHS. MedicaidPolicy@vermont.gov >

Subject: 1115 Amendment Public Comment

EXTERNAL SENDER: Do not open attachments or click on links unless you recognize and trust the sender.

The Developmental Disabilities Housing Initiative (DDHI) submits the following for public comment on the Global Commitment Waiver Amendment.

Our parent group is advocating for the creation of peer housing for adults with Intellectual and Developmental Disabilities (I/DD) who qualify for the Developmental Services (DS) -Home and Community Based Services (HCBS) waiver, so that there are choices for housing as required in the Federal CMS Settings Rules of 2014.

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- 8. Expansion of the eligibility definition for Benefits Counseling Services through State Vocational Rehabilitation (HireAbilityVT) to include all individuals with I/DD who are eligible to receive Medicaid-funded home and community based services.

Thank you.

, on behalf of Developmental Disabilities Housing Initiative (DDHI)

From:

Sent: Thursday, April 18, 2024 1:25 PM

To: AHS - Medicaid Policy < AHS. MedicaidPolicy@vermont.gov >

Subject: 1115 Amendment Public Comment

EXTERNAL SENDER: Do not open attachments or click on links unless you recognize and trust the sender.

As a member of the Developmental Disabilities Housing Initiative (DDHI) I submit the following for public comment on the Global Commitment Waiver Amendment.

DDHI is advocating for the creation of peer housing for adults with Intellectual and Developmental Disabilities (I/DD) who qualify for the Developmental Services (DS) - Home and Community Based Services (HCBS) waiver, so that there are CHOICES for housing as required in the Federal CMS Settings Rules of 2014.

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Sincerely,