

Table of Contents

State/Territory Name: Washington (WA)

State Plan Amendment (SPA) #: WA-23-0051

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
7500 Security Boulevard, Mail Stop S2-26-12
Baltimore, Maryland 21244-1850



Managed Care Group

March 7, 2024

Susan Birch, Director
Dr. Charissa Fotinos, Medicaid Director
Health Care Authority
Post Office Box 45502
Olympia, WA 98504-5010

Re: Washington State Plan Amendment (SPA) 23-0051

Dear Director Birch and Dr. Fotinos:

The Centers for Medicare & Medicaid Services (CMS) completed review of Washington's State Plan Amendment (SPA) Transmittal Number 23-0051 submitted on December 28, 2023. The purpose of this SPA is to incorporate updates that were made in previously approved SPA WA-23-0010 to the service names and practitioners related to rehabilitative services that are delivered using a managed care delivery system. In addition, SPA WA-23-0051 corrects page number references and adds practitioner types to align with practitioners that have been added to the Other Licensed Practitioners section of the State Plan since the Managed Care section was last updated.

We conducted our review of this amendment according to statutory requirements of Title XIX of the Social Security Act and implementing Federal regulations. This letter is to inform you that Washington's Medicaid SPA Transmittal Number 23-0051 is approved effective January 1, 2024.

If you have any questions regarding this amendment, please contact John Kivisaari at (312)-353-0508 or via email at john.kivisaari@cms.hhs.gov.

Sincerely,



Bill Brooks
Director
Division of Managed Care Operations

cc: Ann Myers, WA HCA
Cynthia Garraway, DMCO

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER 2 3 — 0 0 5 1 2. STATE WA

3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT XIX XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE
January 1, 2024

5. FEDERAL STATUTE/REGULATION CITATION
Sections 1932(a) of the Social Security Act


6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)
a. FFY 2024 \$ 0
b. FFY 2025 \$ 0

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT
Attachment 3.1-F Part 2 pages 20, 21, 22, 23, 24

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)
**Attachment 3.1-F Part 2 pages 20 (TN#20-0001),
21 (TN#20-0001)
22 (TN#20-0001)
23 (TN#20-0001)
24 (TN#20-0001)**


9. SUBJECT OF AMENDMENT
Managed Care Updates per Approved SPA WA 23-0010

10. GOVERNOR'S REVIEW (Check One)
 GOVERNOR'S OFFICE REPORTED NO COMMENT
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL
 OTHER, AS SPECIFIED: Exempt

11. SIGNATURE OF STATE AGENCY OFFICIAL

12. TYPED NAME
Susan E. Birch, MBA, BSN, RN
13. TITLE
Director and Acting Medicaid Director
14. DATE SUBMITTED
December 28, 2023

15. RETURN TO
State Plan Coordinator
POB 42716
Olympia, WA 98504-2716

FOR CMS USE ONLY
16. DATE RECEIVED 12/28/23 17. DATE APPROVED 3/7/24

PLAN APPROVED - ONE COPY ATTACHED
18. EFFECTIVE DATE OF APPROVED MATERIAL
January 1, 2024 19. SIGN 

20. TYPED NAME OF APPROVING OFFICIAL
Bill Brooks

21. TITLE OF APPROVING OFFICIAL
Director, Division of Managed Care Operations

22. REMARKS

State: Washington

APPLE HEALTH MANAGED CARE

In the first column of the chart below, enter the name of each State Plan-approved service delivered by the MCO. In the second – fourth column of the chart, enter a State Plan citation providing the Attachment number, Page number, and Item number, respectively.

Note: The Services in Section 1 below are provided in all counties of the state.

Section 1 – Apple Health Managed Care

State Plan-Approved Service Delivered by the MCO	Medicaid State Plan Citation		
	Attachment #	Page #	Item #
<i>Physician services including but not limited to: critical care, newborn care, neonatal intensive care, osteopathy, manipulative therapy, physical exams, physical care plan oversight, standby services, physician visits, inpatient services, outpatient services, bio-feedback training psychiatric services, optometry services, oral health exams and services, neurodevelopmental, performing and/or reading diagnostic tests, surgical services including bariatric surgery.</i>	3.1-A	17,18,18b, 9	5.a
<i>Anesthesia</i>	3.1-A	12, 27, 28, 28a	3.b, 10.i.E, 10.II. G, 10.III,
<i>Ambulatory surgery center</i>	3.1-A	26	9.b
<i>Applied behavior analysis</i>	3.1-A	21, 21a	6.d.(7)
<i>Hearing aids</i>	3.1-A	33	12.c
<i>Contraceptives</i>	3.1-A	1	4.c, .
<i>Collaborative Care Model</i>	3.1-A	21b	6.d.(8)
<i>Drugs – prescribed</i>	3.1-A	4,30,31,32,32a, 32b	12.a
<i>Drugs - over the counter</i>	3.1-A	32a, 32b	12.a
<i>Durable medical equipment</i>	3.1-A	23	7.c
<i>Early, elective induction (before 39 weeks)</i>	4.19-A Part 1	12	C
<i>Enteral and parenteral nutritional supplements and supplies, including prescribed infant formula</i>	3.1-A	23	7.c.
<i>Family planning</i>	3.1-A	1	4.c
<i>Fitting prosthetic & orthotic devices (medical appliances)</i>	3.1-A	23	7.c
<i>Genetic services other than prenatal diagnosis and genetic counseling including testing, counseling, and laboratory services.</i>	3.1-A	60	20.d
<i>Habilitative services – available to children and expansion-eligible adults only</i>	3.1-L	EHB7	ABP5

State: Washington

APPLE HEALTH MANAGED CARE

Home health	3.1-A	3, 15, 22, 23, 24	7, 4.b.5, 7,
Hospice	3.1-A	7, 59, 59a, 59b	18
Inpatient services	3.1-A	11	1
Laboratory, radiology, imaging	3.1-A	1, 12	3
Medical examinations, including wellness exams for adults & EPSDT for children; adult exams not in Plan	3.1-A (EPSDT)	14	4.b
Medication for Opioid Use Disorder (formerly known as Medication Assisted Treatment (MAT)	3.1-A	18.b	5.a (12)
Nutritional counseling	3.1-A	13.b, 23	
Nursing facility services	3.1-A	13, 13a – 13d	4.a
Outpatient mental health	3.1-A	18	5.a (8)
Pediatric concurrent care - see EPSDT hospice			
Pediatric palliative care - see EPSDT hospice			
Private duty nursing for children age 17 and younger	3.1-A	3, 25	
Renal failure treatment	3.1-A	26	9.a
Respiratory care	3.1-A	8, 61	22
Screening, brief intervention, & referral to treatment (SBIRT)	3.1-A	35, 36	13.c
Tobacco cessation counseling services for pregnant women	3.1-A	1, 16.d	4.d
Telemedicine	4.19-B	45	XX
Transplants	3.1-E	1 – 6	
Therapies – occupational, speech, physical	3.1-A	4, 29	11
Pharmacy – prescriptions	3.1-A	30 – 32b	12.a
Vision care	3.1-A	20	6.b
EPSDT services			
Oral health exams and services	3.1-A	14	4.b.1
Eye exams, refractions, eyeglasses	3.1-A	14	4.b.2
Hearing aids and other hearing devices	3.1-A	15	4.b.3
Outpatient mental health	3.1-A	18	5.a (8)
Outpatient physical therapy, occupational therapy, speech therapy	3.1-A	15	4.b.4
Home health	3.1-A	15	4.b.5
Hospice/palliative care	3.1-A	16	4.b.6
School-based health care	3.1-A	16	4.b.7

State: Washington

APPLE HEALTH MANAGED CARE

Rehabilitative services			
<i>Behavioral health care coordination and community integration</i>	3.1-A	43	13.d.1(b)ix
<i>Crisis intervention</i>	3.1-A	39	13.d.1(b)i
<i>Crisis stabilization</i>	3.1-A	39, 40	13.d.1(b)ii
<i>Intake evaluation, assessment, and screening for mental health</i>	3.1-A	40	13.d.1(b)iii
<i>Intake evaluation, assessment, and screening for substance use or problem gambling disorder</i>	3.1-A	40, 41	13.d.1(b)iv
<i>Medication for Opioid Use Disorder (formerly Medication Assisted Treatment (MAT)- the medication component of the treatment plan for treating an SUD, including prescribing or administering medication, except for methadone, in the SUD clinic setting</i>	3.1-A Supplement 4 to 3.1-A	18.b	5.a.(12)
<i>Medication management</i>	3.1-A	41	13.d. 1(b)v
<i>Medication monitoring</i>	3.1-A	41	13.d. 1(b)vi
<i>Mental health treatment interventions</i>	3.1-A	42	13.d.1(b)vii
<i>Peer support</i>	3.1-A	43	13.d. 1(b)viii
<i>Substance use disorder brief intervention</i>	3.1-A	44	13.d.1(b)x
<i>Substance use or problem gambling disorder treatment interventions</i>	3.1-A	45	13.d.1(b)xi
<i>Substance use disorder withdrawal management</i>	3.1-A	46	13.d.1(b)xii

State: Washington

APPLE HEALTH MANAGED CARE

Other practitioners			
<i>Advanced registered nurse practitioners, includes certified registered nurse anesthetists</i>	3.1-A	20	6.d
<i>Certified chemical dependency professionals & trainees</i>	3.1-A	20	6.d
<i>Chiropractors (for EPSDT only)</i>	3.1-A	20	6.d
<i>Counselors, social workers, others as described</i>	3.1-A	20	6.d
<i>Emergency medical services (EMS) providers</i>	3.1-A	21.c	6.d
<i>Lead behavior analyst therapists, licensed behavior analyst, licensed assistant behavior analysts, licensed certified behavior technicians</i>	3.1-A	21	6.d
<i>Licensed mental health practitioners: advanced social workers, independent clinical social workers, marriage & family therapists, mental health counselors, psychiatric advanced nurse practitioners, psychologists</i>	3.1-A	20	6.d
<i>Licensed non-nurse midwives</i>	3.1-A	20	6.d
<i>Naturopathic physicians (limited to physician-related primary care services)</i>	3.1-A	20	6.d
<i>Opticians</i>	3.1-A	20	6.d
<i>Optometrists</i>	3.1-A	20	6.d
<i>Pharmacists, pharmacy interns, pharmacy technicians</i>	3.1-A	20	6.d
<i>Physician assistants</i>	3.1-A	20	6.d
<i>Podiatrists</i>	3.1-A	20	6.d
<i>Psychologists</i>	3.1-A	20	6.d

APPLE HEALTH MANAGED CARE

This page intentionally left blank