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State/Territory Name: Oklahoma

State Plan Amendment (SPA) #: U/42/2237/EJ

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Children and Adults Health Programs Group

September 1, 2021

Mr. Drew L. Snyder
Executive Director
Office of the Governor, Division of Medicaid
550 High Street
Jackson, MS 39201

Dear Mr. Snyder:

Your title XXI Children's Health Insurance Program (CHIP) State Plan Amendment (SPA) number MS-20-0015-CHIP, submitted on July 22, 2020, with additional information received on September 1, 2021, has been approved. Through this SPA, Mississippi has demonstrated compliance with section 5022 of the Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act. This SPA has an effective date of July 22, 2020, with two exceptions described below.

Section 5022 of the SUPPORT Act added Section 2103(c)(5) to the Social Security Act (the Act) and requires child health and pregnancy related assistance to include coverage of services necessary to prevent, diagnose, and treat a broad range of behavioral health symptoms and disorders. Additionally, Section 2103(c)(5)(B) of the Act requires that these behavioral health services be delivered in a culturally and linguistically appropriate manner. Mississippi provided the necessary assurances and benefit descriptions to demonstrate that the state covers a range of behavioral health services in a culturally and linguistically appropriate manner.

This SPA also adds an Intensive Community Outreach and Recovery Team benefit, effective September 1, 2020. Additionally, effective December 14, 2020, the state's managed care contracts have been revised to specify that American Academy of Pediatrics Bright Futures' recommended behavioral health screening and assessments must be covered, and to add requirements related to plan facilitation of the use of validated screening and assessment tools.

Your Project Officer is Joshua Bougie. He is available to answer your questions concerning this amendment and other CHIP-related matters. His contact information is as follows:

Centers for Medicare & Medicaid Services
Center for Medicaid and CHIP Services
7500 Security Boulevard, Mail Stop S2-01-16
Baltimore, MD 21244-1850
Telephone: (410) 786-8117
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If you have additional questions, please contact Meg Barry, Division Director, Division of State Coverage Programs, at (410) 786-1536. We look forward to continuing to work with you and your staff.

Sincerely,

/Signed by Amy Lutzky/

Amy Lutzky
Deputy Director

TEMPLATE FOR CHILD HEALTH PLAN UNDER TITLE XXI OF THE SOCIAL SECURITY ACT
CHILDREN'S HEALTH INSURANCE PROGRAM

(Required under 4901 of the Balanced Budget Act of 1997 (New section 2101(b)))

State/Territory: Mississippi
(Name of State/Territory)

As a condition for receipt of Federal funds under Title XXI of the Social Security Act, (42 CFR, 457.40(b))

/s/
(Signature of Governor, or designee, of State/Territory, Date Signed)

submits the following Child Health Plan for the Children's Health Insurance Program and hereby agrees to administer the program in accordance with the provisions of the approved Child Health Plan, the requirements of Title XXI and XIX of the Act (as appropriate) and all applicable Federal regulations and other official issuances of the Department.

The following State officials are responsible for program administration and financial oversight (42 CFR 457.40(c)):

Name: Drew Snyder	Position/Title: Executive Director, MS Div. of Medicaid
Name: Margaret Culpepper	Position/Title: Deputy Administrator, Office of Eligibility
Name: Jennifer Wentworth	Position/Title: Deputy Administrator, Office of Finance

Disclosure Statement This information is being collected to pursuant to 42 U.S.C. 1397aa, which requires states to submit a State Child Health Plan in order to receive federal funding. This mandatory information collection will be used to demonstrate compliance with all requirements of title XXI of the Act and implementing regulations at 42 CFR part 457. According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid Office of Management and Budget (OMB) control number. The valid OMB control number for this information collection is 0938-1148 (CMS-10398 #34). Public burden for all of the collection of information requirements under this control number is estimated to average 80 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to CMS, 7500 Security Boulevard, Attn: Paperwork Reduction Act Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

- 1.4. Provide the effective (date costs begin to be incurred) and implementation (date services begin to be provided) dates for this SPA (42 CFR 457.65). A SPA may only have one effective date, but provisions within the SPA may have different implementation dates that must be after the effective date.

Original Plan

Effective Date: 07/22/2020

Implementation Date: 07/22/2020

SPA #20-0015-CHIP Purpose of SPA: to be in compliance with section 5022 of the SUPPORT Act in areas related to coverage of behavioral health screening, prevention and treatment services, strategies to facilitate use of appropriate screening and assessment tools and the requirement that these services be provided in a culturally and linguistically appropriate manner. This language was included in the CHIP contract Amendment #3 which was executed on 12/14/2020.

Proposed effective date: 07/22/2020

Proposed implementation date: 07/22/2020

Effective 9/1/2020 Intensive Community Outreach and Recovery Team (ICORT) (previously referred to as Intensive Outpatient Psychiatric (IOP)) is limited to two hundred seventy (270) days of service provision per calendar year. Prior authorization required.

1.4- TC

Tribal Consultation (Section 2107(e)(1)(C)) Describe the consultation process that occurred specifically for the development and submission of this State Plan Amendment, when it occurred and who was involved.

The Mississippi Band of Choctaw Indians (MBCI) was notified via e-mail on 07/07/2020 of the submission of SPA 20-0015-CHIP and was requested of approval of an expedited submission.

TN No: MS SPA 20-0015-CHIP

Approval Date

Effective Date 07/22/2020

2.3-TC

Tribal Consultation Requirements- (Sections 1902(a)(73) and 2107(e)(1)(C)); (ARRA #2, CHIPRA #3, issued May 28, 2009) Section 1902(a)(73) of the Social Security Act (the Act) requires a State in which one or more Indian Health Programs or Urban Indian Organizations furnish health care services to establish a process for the State Medicaid agency to seek advice on a regular, ongoing basis from designees of Indian health programs, whether operated by the Indian Health Service (IHS), Tribes or Tribal organizations under the Indian Self-Determination and Education Assistance Act (ISDEAA), or Urban Indian Organizations under the Indian Health Care Improvement Act (IHCIA). Section 2107(e)(1)(C) of the Act was also amended to apply these requirements to the Children's Health Insurance Program (CHIP). Consultation is required concerning Medicaid and CHIP matters having a direct impact on Indian health programs and Urban Indian organizations.

Describe the process the State uses to seek advice on a regular, ongoing basis from federally-recognized tribes, Indian Health Programs and Urban Indian Organizations on matters related to Medicaid and CHIP programs and for consultation on State Plan Amendments, waiver proposals, waiver extensions, waiver amendments, waiver renewals and proposals for demonstration projects prior to submission to CMS. Include information about the frequency, inclusiveness and process for seeking such advice.

The Mississippi Division of Medicaid consults with the tribe by notifying the Mississippi Band of Choctaw Indians (MBCI) designees, in writing, with a description of the proposed changes and direct impact, at least thirty (30) days prior to each submission by the State of any CHIP SPA that is likely to have a direct effect on Indians, Indian Health programs, or Urban Indian Organizations (I/T/U) by email. MCBI designees are the Choctaw Health Center's Deputy Director and the Director of Financial Services. Direct impact is defined as any CHIP program changes that are more restrictive for eligibility determinations, changes that reduce payment rates or payment methodologies to Indian Health Programs, Tribal Organizations, or Urban Indian Organization providers, reductions in covered services, changes in consultation policies, and CHIP proposals that may impact I/T/U providers. If no response is received from the tribe within thirty (30) days, the Mississippi Division of Medicaid will proceed with the submission to the Centers for Medicare and Medicaid Services (CMS).

If the Mississippi Division of Medicaid is not able to consult with the Tribe thirty (30) days prior to a submission, a copy of the proposed submission along with the reason for the urgency will be forwarded to the tribe designee. The Tribe may waive this notification time-frame requirement in writing via e-mail. If requested, a conference call with the MBCI designee and/or other tribal representatives will be held to review the submission and its impact on the tribe. The Mississippi Division of Medicaid will then confirm the discussion via email and request a response from the designee to ensure agreement on the submission. This documentation will be provided as part of the submission information to CMS.

The Choctaw Health Center's Deputy Director and the Director of Financial Services were notified by e-mail on July 7, 2020, of the proposed MS SPA 20-0015 - CHIP submission. Draft SPA pages were also submitted on July 7, 2020 with the notification letter. The Tribe had no comments and accepted an expedited submittal.

While not required, the Mississippi Division of Medicaid conducts quarterly meetings with the MBCI to discuss proposed Medicaid and CHIP program changes and other topics as permitted by schedules. MS SPA 20-0015 Behavioral Health was discussed at the June 17, 2020 quarterly meeting.

6.2-BH Behavioral Health Coverage Section 2103(c)(5) requires that states provide coverage to prevent, diagnose, and treat a broad range of mental health and substance use disorders in a culturally and linguistically appropriate manner for all CHIP enrollees, including pregnant women and unborn children.

Guidance: Please attach a copy of the state's periodicity schedule. For pregnancy-related coverage, please describe the recommendations being followed for those services.

6.2.1- BH Periodicity Schedule The state has adopted the following periodicity schedule for behavioral health screenings and assessments. Please specify any differences between any covered CHIP populations:

- State-developed schedule
- American Academy of Pediatrics/ Bright Futures
- Other Nationally recognized periodicity schedule (please specify: U.S. Preventive Service Task Force.)
- Other (please describe:)

6.3- BH Covered Benefits Please check off the behavioral health services that are provided to the state's CHIP populations, and provide a description of the amount, duration, and scope of each benefit. For each benefit, please also indicate whether the benefit is available for mental health and/or substance use disorders. If there are differences in benefits based on the population or type of condition being treated, please specify those differences.

If EPSDT is provided, as described at Section 6.2.22 and 6.2.22.1, the state should only check off the applicable benefits. It does not have to provide additional information regarding the amount, duration, and scope of each covered behavioral health benefit.

All benefits may exceed limits if deemed medically necessary.

Guidance: Please include a description of the services provided in addition to the behavioral health screenings and assessments described in the assurance below at 6.3.1.1-BH.

6.3.1- BH Behavioral health screenings and assessments. (Section 2103(c)(6)(A))

In addition to the required screenings covered as part of the assurance at section 6.3.1.1-BH, the state covers the following:

UHC and Molina only require Prior Authorization for out-of-network providers.

UHC covers:

Psychiatric Diagnostic Evaluations are limited to four (4) units per state fiscal year.

Psychological Diagnostic Evaluations are limited to sixteen (16) hours state fiscal year.

Mental Health Assessments are limited to four (4) units per state fiscal year.

Brief Emotional/Behavioral Health Assessment are limited to sixteen (16) per state fiscal year.

A Nursing Assessment is limited to one hundred forty-four (144) fifteen (15) minute units per state fiscal year.

Molina covers:

Psychosocial assessment is limited to four (4) assessments per calendar year.

Psychological evaluations are limited to four (4) hours per calendar year.

Psychiatric Diagnostic Evaluations and Office Visit, no limit

Mental Health Assessments are limited to four (4) units per state fiscal year.

Brief Emotional/Behavioral Health Assessment are limited to sixteen (12) per state fiscal year.

A Nursing Assessment is limited to one hundred forty-four (144) fifteen (15) minute units per state fiscal year.

Office Visit, no limit.

6.3.1.1- BH The state assures that all developmental and behavioral health recommendations outlined in the AAP Bright Futures periodicity schedule and United States Public Preventive Services Task Force (USPSTF) recommendations graded as A and B are covered as a part of the CHIP benefit package, as appropriate for the covered populations.

Guidance: Examples of facilitation efforts include requiring managed care organizations and their networks to use such tools in primary care practice, providing education, training, and technical resources, and covering the costs of administering or purchasing the tools.

6.3.1.2- BH The state assures that it will implement a strategy to facilitate the use of age-appropriate validated behavioral health screening tools in primary care settings. Please describe how the state will facilitate the use of validated screening tools.

Providers are required to perform behavior health screening according to age-

appropriate and validated screening -tools. Specifically, SPA 20-0013-CHIP requires UHC and Molina the use of USPSFT recommendations graded as A and B and under SPA 20-0015-CHIP also requires the use of the AAP Bright Futures for all developmental and behavioral health screenings specified in the March 2, 2020 SHO #20-001 letter. The CCOs are currently using the screening tool. This requirement will also be added to the CCO's contracts with the next planned Amendment. The CCOs must conduct provider education and training on screening tools, disseminate information on validated screening tools, and provide updates which are shared with providers as the updates are implemented by the appropriate entity. The CCOs will disseminate this information via provider manuals, provider newsletters and/or global updates.

6.3.2- BH Outpatient services (Sections 2110(a)(11) and 2110(a)(19))

Guidance: Psychosocial treatment includes services such as psychotherapy, group therapy, family therapy and other types of counseling services.

6.3.2.1- BH Psychosocial treatment
Provided for: Mental Health Substance Use Disorder

UHC and Molina cover within the CMHC:

Individual Psychotherapy is limited to fifty-two (52) sessions per calendar year when provided without an evaluation and management visit. Interactive complexity is covered with an individual psychotherapy session when medically necessary.

Family Psychotherapy is limited to twenty-four (24) sessions per calendar year.

Group Therapy/Multi-Family Group Therapy is limited to forty (40) sessions per calendar year. Interactive complexity is cover with group therapy sessions when medically necessary.

UHC and Molina cover outside of the CMHC:

Individual/Family/Group Therapy with no limit outside of CMHC, no prior authorization is required for participating providers.

Psychosocial Treatment

Outpatient Psychotherapeutic Services [Psychosocial Treatment] include initial assessment, and individual, family, group, and multi-family group therapies. Outpatient Psychotherapeutic Services are defined as intentional, face-to-face interactions (conversations or non-verbal encounters, such as play therapy) between a Mental Health Therapist, IDD Therapist or A/D Therapist (as appropriate to the population being served) and a person, family or group where a therapeutic relationship is established to help resolve symptoms of a mental and/or emotional disturbance.

6.3.2.2- BH Tobacco cessation

Provided for: Substance Use Disorder

UHC and Molina follow DOM's PDL with no further restrictions. All FDA approved medications are available.

UHC and Molina do not have any limits on tobacco cessation benefits including counseling and also refer to the Mississippi Tobacco Quitline for beneficiaries age 18 and older as a statewide initiative. For beneficiaries under age 18, referral is made to individual practitioners for tobacco cessation services, RAT program, and the SmokeFreeTeen program. Beneficiaries are also enrolled in CM as appropriate for tobacco cessation.

Tobacco cessation services

The Mississippi Tobacco Quitline is an evidence-based, tobacco cessation treatment program that has services available to residents of the state of Mississippi who are motivated to quit using tobacco products and 18 years of age and older. The program is available by the telephone and also in a web-based format to deliver counseling and nicotine replacement therapy (the patch and gum) at no cost to participants. All staff are Master's Level counselors who deliver effective behavior modification therapy. For beneficiaries under age 18, referral is made to individual practitioners for tobacco cessation services in addition to the following: Reject All Tobacco (RAT) program for kindergarten to 6th grade, and for teens (ages 13-17) the SmokeFreeTeen program (SmokeFree.gov).

Guidance: In order to provide a benefit package consistent with section 2103(c)(5) of the Act, MAT benefits are required for the treatment of opioid use disorders. However, if the state provides MAT for other SUD conditions, please include a description of those benefits below at section 6.3.2.3- BH.

6.3.2.3- BH Medication Assisted Treatment

Provided for: Substance Use Disorder

UHC and Molina cover with no limitations on outpatient psychotherapy/behavioral therapies available under MAT. Participation is not required in order to receive the medication component. All FDA approved medications are available. Limitations on buprenorphine are according to the PDL located at [Universal Preferred Drug List | Mississippi Division of Medicaid \(ms.gov\)](#).

Medication Assisted Treatment/Opioid Treatment Services

Opioid Treatment Services include medication assisted treatment, counseling, and recovery support for people with a diagnosis of opioid addiction. The clinical purpose of opioid treatment services is to support the person by utilizing methadone, and/or buprenorphine, including buprenorphine-naloxone formulations, naltrexone, and other medications approved by the federal Food and Drug Administration (FDA), while the person participates in a spectrum of counseling and other recovery support services that

are intended to assist the person with successful recovery from opioid addiction Service components include:

- 1) Assessments
- 2) Laboratory services
- 3) Physician services including Medication Evaluation and Management
- 4) Medication Administration
- 5) Therapy Services
- 6) Medical Services
- 7) Pharmacy Services

6.3.2.3.1- BH Opioid Use Disorder

6.3.2.3.2- BH Alcohol Use Disorder

6.3.2.3.3- BH Other

6.3.2.4- BH Peer Support
Provided for: Mental Health Substance Use Disorder

UHC and Molina cover:

Peer support is limited to two hundred (200) fifteen (15) minute units per calendar year.

Peer Support Services

Peer Support Services are non-clinical activities with a rehabilitation and resiliency/recovery focus that allow a person receiving mental health services and substance use services and their family members the opportunity to build skills for coping with and managing psychiatric symptoms, substance use issues and challenges associated with various disabilities while directing their own recovery. Natural resources are utilized to enhance community living skills, community integration, rehabilitation, resiliency and recovery. Peer Support is a helping relationship between peers and/or family members that is directed toward the achievement of specific goals defined by the person. Peer Support Services are provided by Certified Peer Support Specialist Professionals. A Certified Peer Support Specialist Professional is a person with significant life-altering experience, also referred to as lived experience, who has successfully completed peer support competencies-based training and testing.

6.3.2.5- BH Caregiver Support
Provided for: Mental Health Substance Use Disorder

6.3.2.6- BH Respite Care
Provided for: Mental Health Substance Use Disorder

6.3.2.7- BH Intensive in-home services
Provided for: Mental Health Substance Use Disorder

UHC and Molina covers:

PACT services are limited to sixteen hundred (1600) units (15 minute unit) per state calendar year and forty (40) units per day. Prior authorization required.

Program of Assertive Community Treatment (PACT) is an individual-centered, recovery-oriented mental health service delivery model for facilitating community living, psychological rehabilitation and recovery for persons who have the most severe and persistent mental illnesses, have severe symptoms and impairments, and have not benefited from traditional outpatient programs. The important characteristics of Programs of Assertive Community Treatment (PACT) are:

1. PACT serves individuals who may have gone without appropriate services. Consequently, the individual group is often over represented among the homeless and in jails and prisons, and has been unfairly thought to resist or avoid involvement in treatment.
2. PACT services are delivered by a group of multidisciplinary mental health staff who work as a team and provide the majority of the treatment, rehabilitation, and support services individuals need to achieve their goals. Many, if not all, staff share responsibility for addressing the needs of all individuals requiring frequent contact.
3. PACT services are individually tailored with each individual and address the preferences and identified goals of each individual. The approach with each individual emphasizes relationship building and active involvement in assisting individuals with severe and persistent mental illness to make improvements in functioning, to better manage symptoms, to achieve individual goals, and to maintain optimism.
4. The PACT team is mobile and delivers services in community locations to enable each individual to find and live in their own residence and find and maintain work in community jobs rather than expecting the individual to come to the program.
5. PACT services are delivered in an ongoing rather than time-limited framework to aid the process of recovery and ensure continuity of caregiver. Severe and persistent mental illnesses are episodic disorders and many individuals benefit from the availability of a longer-term treatment approach and continuity of care. This allows individuals opportunity to recompensate, consolidate gains, sometimes slip back, and then take the next steps forward until they achieve recovery.

PACT Admissions criteria includes:

PACT Teams serve individuals with severe and persistent mental illness as listed in the most current edition of the Diagnostic and Statistical Manual (DSM) of the American Psychiatric Association that seriously impair their functioning in community living. Priority is given to people with schizophrenia, other psychotic disorders (e.g., schizoaffective disorder), and bipolar disorder because these illnesses more often cause long-term psychiatric disability. Individuals with other psychiatric illnesses are eligible dependent on the level of the long-term disability. (Individuals with a primary diagnosis of a substance abuse disorder, intellectual disability or other Axis II disorders are not the intended individual group. Additionally, individuals with a chronically violent history may not be appropriate for this service.)

Individuals with significant functional impairments as demonstrated by at least one of the following conditions:

1. Significant difficulty consistently performing the range of practical daily living tasks required for basic adult functioning in the community (e.g., caring for personal business affairs; obtaining medical, legal, and housing services; recognizing and avoiding common dangers or hazards to self and possessions; meeting nutritional needs; maintaining personal hygiene) or persistent or recurrent difficulty performing daily living tasks except with significant support or assistance from others such as friends, family, or relatives.
2. Significant difficulty maintaining consistent employment at a self-sustaining level or significant difficulty consistently carrying out the homemaker role (e.g., household meal preparation, washing clothes, budgeting, or child-care tasks and responsibilities).
3. Significant difficulty maintaining a safe living situation (e.g., repeated evictions or loss of housing).

Individuals must have one or more of the following problems, which are indicators of continuous high-service needs (i.e., greater than eight hours per month):

1. High use of acute psychiatric hospitals (e.g., two [2] or more admissions per year) or psychiatric emergency services.
2. Intractable (i.e., persistent or very recurrent) severe major symptoms (e.g., affective, psychotic, suicidal).
3. Coexisting substance abuse disorder of significant duration (e.g., greater than six [6] months).
4. High risk or recent history of criminal justice involvement (e.g., arrest, incarceration).
5. Significant difficulty meeting basic survival needs, residing in substandard housing, homelessness, or in imminent risk of becoming homeless.
6. Residing in an inpatient or supervised community residence, but clinically assessed to be able to live in a more independent living situation if intensive services are provided, or requiring a residential or institutional placement if more intensive services are not available.
7. Difficulty effectively utilizing traditional office-based outpatient services

6.3.2.8- BH Intensive outpatient
Provided for: Mental Health Substance Use Disorder

UHC and Molina cover:

Effective 9/1/2020 Intensive Community Outreach and Recovery Team (ICORT) (previously referred to as Intensive Outpatient Psychiatric (IOP)) is limited to two hundred seventy (270) days of service provision per calendar year. Prior authorization required. ICORT is provided in the community setting.

ICORT is a recovery and resiliency oriented, intensive, community-based rehabilitation and outreach service for children and adults with a severe and persistent mental illness. It is a team-oriented approach to mental health rehabilitation intervention and supports necessary to assist people in achieving and maintaining rehabilitative, resiliency and recovery goals. ICORT services are provided primarily in natural settings and are delivered face-to-face with the person and their family/significant other as appropriate, to the primary well-being and benefit of the recipient. Intensive Community Outreach and Recovery assists in the setting and attaining of individually defined recovery/resiliency goals. ICORT primary treatment objective is to assist in keeping the people receiving the service in the community in which they live, avoiding placement in state-operated behavioral health service locations.

6.3.2.9- BH Psychosocial rehabilitation
Provided for: Mental Health Substance Use Disorder

UHC covers:

Psychosocial Rehabilitation Services are limited to five (5) hours per day, five (5) days a week.

Molina covers:

Psychosocial Rehabilitation Services are limited to five (5) hours per day, five (5) days a week. Prior authorization required.

Psychosocial Rehab

Psychosocial Rehabilitative Services (PSR) consists of a network of services designed to support and restore community functioning and well-being of adults with a serious and persistent mental illness. The purpose of the service is to promote recovery, resiliency, and empowerment of the person in his/her community. Service activities aim to improve reality orientation, social skills and adaptation, coping skills, effective management of time and resources, task completion, community and family integration, vocational and academic skills, and activities to incorporate the person into independent community living; as well as to alleviate psychiatric decompensation, confusion, anxiety, disorientation, distraction, preoccupation, isolation, withdrawal and feelings of low self-worth. PSR Psychosocial Rehabilitative Services must utilize systematic, curriculum-based interventions for recovery skills development for participants. The curriculum-

based interventions must be evidence-based or recognized best practices in the field of mental health as recognized by Substance Abuse and Mental Health Services Administration (SAMHSA).

Guidance: If the state considers day treatment and partial hospitalization to be the same benefit, please indicate that in the benefit description. If there are differences between these benefits, such as the staffing or intensity of the setting, please specify those in the description of the benefit's amount, duration, and scope.

6.3.3- BH Day Treatment

Provided for: Mental Health Substance Use Disorder

UHC and Molina covers:

Beneficiaries may participate in the program a maximum of five (5) hours per day, five (5) days per week. Prior authorization required.

Day Treatment

Day Treatment Services are the most intensive outpatient services available to children/youth with serious emotional disturbance. The services must provide an alternative to residential treatment or acute psychiatric hospitalization or serve as a transition from these services. Day Treatment Services are a behavioral intervention and strengths-based program, provided in the context of a therapeutic milieu, which provides primarily school-age children/adolescents with serious emotional disturbances the intensity of treatment necessary to enable them to live in the community. Day Treatment Services are based on behavior management principles and include, at a minimum, positive feedback, self-esteem building and social skills training. Additional components are determined by the needs of the participants at a particular service location and may include skills training in the areas of impulse control, anger management, problem solving, and/or conflict resolution.

6.3.3.1- BH Partial Hospitalization

Provided for: Mental Health Substance Use Disorder

UHC covers and Molina covers with prior authorization:

Acute Partial Hospitalization Services are limited to one hundred (100) days per calendar year.

Acute Partial Hospitalization Services provide medical supervision, nursing services, structured therapeutic activities and intensive psychotherapy (individual, family and/or group) to people who are experiencing a period of such acute distress that their ability to cope with normal life circumstances is severely impaired. Acute Partial Hospitalization Services are designed to provide an alternative to inpatient hospitalization for such people or to serve as a bridge from inpatient to outpatient treatment. Service content may vary based on need but must include close observation/supervision and intensive support with a focus on the reduction/elimination of acute symptoms. Acute Partial Hospitalization Services may be provided to children/youth with serious emotional disturbance or people with substance use disorders.

6.3.4- BH Inpatient services, including services furnished in a state-operated mental hospital and including residential or other 24-hour therapeutically planned structural services (Sections 2110(a)(10) and 2110(a)(18))

Provided for: Mental Health Substance Use Disorder

UHC and Molina cover:

No limitations, prior authorization required.

Guidance: If applicable, please clarify any differences within the residential treatment benefit (e.g. intensity of services, provider types, or settings in which the residential treatment services are provided).

6.3.4.1- BH Residential Treatment

Provided for: Mental Health Substance Use Disorder

UHC and Molina cover:

Psychiatric residential treatment facilities (PRTFs) are residential services for children under twenty-one (21). Prior authorization required.

Psychiatric Residential Treatment Facility

Psychiatric Residential Treatment Facility is defined as any non-hospital establishment with permanent facilities which provides a twenty-four (24) hour program of care by qualified therapists for children under the age of 21, with an average length of stay of 6 months. These services include, but are not limited to, duly licensed mental health professionals, psychiatric mental health nurse practitioners, psychiatrists, psychologists and licensed certified social workers, for emotionally disturbed children and adolescents referred to such facility by a court, local school district or by the Department of Human Service. These children are not in an acute phase of illness requiring the services of a psychiatric hospital, and are in need of such restorative treatment services. For purposes of this service, the term "serious emotionally disturbed" means a condition exhibiting one or more of the following characteristics over along period of time and to a marked degree, which adversely affects educational performance:

1. An inability to learn which cannot be explained by intellectual, sensory or health factors;
2. An inability to build or maintain satisfactory relationships with peers and teachers;
3. Inappropriate types of behavior or feelings under normal circumstances;
4. A general pervasive mood of unhappiness or depression; or
5. A tendency to develop physical symptoms or fears associated with personal or school problems.

6.3.4.2- BH Detoxification

Provided for: Substance Use Disorder

UHC and Molina cover:

No limitations. Prior authorization required. Ambulatory detox in the outpatient setting is provided if it does not require 24 hour medical observation but if so, it would be provided in an inpatient detox setting.

Detox

Detoxification is a set of interventions aimed at managing acute and intoxication and withdrawal. It denotes a clearing of toxins from the body of the patient who is acutely intoxicated and/or dependent on substances of abuse. Detoxification seeks to minimize the physical harm caused by the abuse of substances and is available in the acute, sub-acute and residential setting.

Guidance: Crisis intervention and stabilization could include services such as mobile crisis, or short term residential or other facility based services in order to avoid inpatient hospitalization.

6.3.5- BH Emergency services

Provided for: Mental Health Substance Use Disorder

UHC and Molina cover:

Emergency services are not limited and do not require prior authorization.

Emergency/Crisis Response Services

Emergency crisis services are available at all emergency rooms in the state for members on a walk in basis or if 911 and emergency transport is involved. Emergency/crisis response in the community mental health setting is defined as a time-limited intensive intervention, available twenty-four (24) hours a day, seven (7) days a week. Crisis response services allow for the assessment of the crisis and ability to activate a mobile crisis team. Trained crisis response staff provides crisis stabilization directed toward preventing hospitalization. Children or adults requiring crisis services are those who are experiencing a significant emotional/behavioral crisis. A crisis situation is defined as a situation in which an individual's mental health and/or behavioral health needs exceed the individual's resources, in the opinion of the mental health professional assessing the situation. Staff must be able to triage and make appropriate clinical decisions, including accessing the need for inpatient services or less restrictive alternatives. These services are available throughout the entire state and catchment areas.

6.3.5.1- BH Crisis Intervention and Stabilization

Provided for: Mental Health Substance Use Disorder

UHC and Molina covers:

Crisis Response Services are not limited. No prior authorization required.

Crisis Residential Services are limited to sixty (60) days per calendar year. Prior authorization required.

Crisis Response is an intensive therapeutic service which allows for the assessment of and intervention in a mental health crisis. Crisis Response Services are provided to children/youth who are experiencing a significant emotional/behavioral crisis in which the person's mental health and/or behavioral health needs exceed the person's resources (in the opinion of the mental health professional assessing the situation.) Trained Crisis Response personnel provide crisis stabilization directed toward preventing hospitalization. Employees triage and make appropriate clinical decisions, including assessing the need for inpatient services or less restrictive alternatives. Crisis Response Services facilitate and verify formal initial assessment and therapy appointments, when the crisis situation subsides, with the mental health provider of the person's choice (if the person is able to remain in the community) utilizing the "warm handoff" method. A "warm handoff" is an approach to care transitions in which health care providers directly link people with typical service providers, using face-to-face or phone transfer.

Crisis Residential Services are time-limited residential treatment services provided in a Crisis Residential Unit which provides psychiatric supervision, nursing services, structured therapeutic activities and intensive psychotherapy (individual, family and/or group) to people who are experiencing a period of acute psychiatric distress which severely impairs their ability to cope with normal life circumstances. Crisis Residential Services prevent civil commitment and/or longer term inpatient psychiatric hospitalization by addressing acute symptoms, distress and further decomposition. Crisis Residential Services content may vary based on each person's needs but must include close observation/supervision and intensive support with a focus on the reduction/elimination of acute symptoms.

6.3.6- BH Continuing care services
Provided for: Mental Health Substance Use Disorder

UHC and Molina covers:

Wraparound limited to one hundred (100) units (15 minute unit) per state calendar year and eight (8) units per day. No prior authorization required.

Wraparound

Wraparound facilitation is the creation and facilitation of a child and family team for the purpose of developing a single plan of care to address the needs of youth with complex mental health challenges and their families.

Activities include:

1. Engaging the family;
2. Assembling the child and family team;
3. Facilitating a child and family team meeting at a minimum every thirty (30) days;
4. Facilitating the creation of a plan of care, which includes a plan for anticipating, preventing and managing crisis, within the child and family team meeting;
5. Working with the team in identifying agency providers of services and other community resources to meet family and youth needs;

6. Making necessary referrals for youth;
7. Documenting and maintaining all information regarding the plan of care, including revisions and child and family team meetings;
8. Presenting plan of care for approval by the family and team;
9. Providing copies of the plan of care to the entire team including the youth and family parent(s)/legal guardian(s);
10. Monitoring the implementation of the plan of care and revising if necessary to achieve outcomes;
11. Maintaining communication between all child and family team members;
12. Monitoring the progress toward needs met and whether or not the referral behaviors are decreasing;
13. Leading the team to discuss and ensure the supports and services the youth and family are receiving continue to meet the caregiver and youth's needs;
14. Educating new team members about the wraparound process; and,
15. Maintaining team cohesiveness.

6.3.7- BH Care Coordination

Provided for: Mental Health Substance Use Disorder

UHC and Molina cover:

Community Support Services are limited to four hundred (400) fifteen (15) minute units per calendar year with no prior authorization.

Community Support Services are directed towards children, adolescents and families and will vary with respect to hours, type and intensity of services, depending on the changing needs of each person. The purpose/intent is to provide specific, measurable, and individualized services to each person served focusing on the person's ability to succeed in the community; to identify and access needed services; and, to show improvement in school, work, family, and community participation.

Community Support Services should be person-centered and focus on the person's recovery and ability to succeed in the community; to identify and access needed services; and, to show improvement in home, health, purpose and community.

6.3.7.1- BH Intensive wraparound

Provided for: Mental Health Substance Use Disorder

MYPAC is not covered by either UHC or Molina.

6.3.7.2- BH Care transition services

Provided for: Mental Health Substance Use Disorder

UHC and Molina cover:

Transition of Care program for CHIP members discharging for institutional or inpatient

settings.

Care Coordination/Transition of Care

Individuals with mental health and substance abuse disorders frequently rely on multiple organizations and treatment professionals to provide their health care. Additionally, a significant number of people with serious medical conditions also have behavioral health conditions.

Effectively coordinating care between these treatment professionals can lead to improved health outcomes, result in reduced healthcare costs, and benefit practitioners by enhancing networking with other professionals.

UHC and Molina provide a full array of care coordination services as well as a full transition of care program to their members ensuring the members are appropriately transitioned from any inpatient setting to the community to re-engage in life and work. This process begins with any hospital or residential setting notification of admission and the staff began to engage in discharge planning creating a transitional plan of care with the hospital staff, member, family, and outpatient professionals to ensure that there is a multi disciplinary team who is supporting the member.

6.3.8- BH Case Management Provided for: Mental Health Substance Use Disorder

UHC covers:

Targeted Case Management – no prior authorization but conducts outlier medical necessity review per member.

Molina covers:

Targeted Case Management are limited to two hundred sixty (260) fifteen (15) minute units per calendar year.

Targeted Case Management

Targeted Case Management is defined as services that provide information/referral and resource coordination to the member and/or his/her collaterals. Case Management Services are directed towards helping the member maintain his/her highest possible level of independent functioning. Case managers monitor the treatment plan and ensure team members complete tasks that are assigned to them, that follow up and follow through occur and help identify when the treatment team may need to review the treatment plan for updates if the established plan is not working.

Targeted case management may be provided face-to-face or via telephone and is not designed to be a mobile service, but there is no prohibition on services being provided in a location other than the community mental health center. Targeted case management must be included in the individual's treatment plan and the frequency of case

management services will be determined by the complexity of the case and the need of the beneficiary, but shall not occur less than once monthly.

6.3.9- BH Other

Provided for: Mental Health Substance Use Disorder

UHC covers and Molina covers with prior authorization:
Neonatal alcohol fetal syndrome treatment.

6.4- BH Assessment Tools

6.4.1- BH Please specify or describe all of the tool(s) required by the state and/or each managed care entity: United Healthcare utilizes all tools check except InterQual. Molina only utilizes InterQual. The Division of Medicaid does not require specific assessment tools to be used.

ASAM Criteria (American Society Addiction Medicine)
 Mental Health Substance Use Disorders

InterQual
 Mental Health Substance Use Disorders

Molina only utilizes this tool.

MCG Care Guidelines
 Mental Health Substance Use Disorders

CALOCUS/LOCUS (Child and Adolescent Level of Care Utilization System)
 Mental Health Substance Use Disorders

CASII (Child and Adolescent Service Intensity Instrument)
 Mental Health Substance Use Disorders

CANS (Child and Adolescent Needs and Strengths)
 Mental Health Substance Use Disorders

State-specific criteria (e.g. state law or policies) (please describe)
 Mental Health Substance Use Disorders

Plan-specific criteria (please describe)
 Mental Health Substance Use Disorders

Other (please describe)
 Mental Health Substance Use Disorders

United Healthcare also utilized ESPII.

- No specific criteria or tools are required
 - Mental Health
 - Substance Use Disorders

Guidance: Examples of facilitation efforts include requiring managed care organizations and their networks to use such tools to determine possible treatments or plans of care, providing education, training, and technical resources, and covering the costs of administering or purchasing the assessment tools.

6.4.2- BH Please describe the state's strategy to facilitate the use of validated assessment tools for the treatment of behavioral health conditions.

Providers are encouraged to use -validated assessment tools for the treatment of behavioral health conditions. The CCOs are responsible for conducting trainings and communications to providers to utilize - validated assessment tools. The CCOs are responsible for follow-up for compliance. The CCOs encourage use through education, bulletins and clinical reviews.

6.2.5- BH Covered Benefits The State assures the following related to the provision of behavioral health benefits in CHIP:

All behavioral health benefits are provided in a culturally and linguistically appropriate manner consistent with the requirements of section 2103(c)(6), regardless of delivery system.

The state will provide all behavioral health benefits consistent with 42 CFR 457.495 to ensure there are procedures in place to access covered services as well as appropriate and timely treatment and monitoring of children with chronic, complex or serious conditions.