

**Wyoming Family Planning Expansion Program
Pregnant By Choice
Section 1115 Waiver No. 11-W-000238/8**

**Demonstration Year Seven
Annual Report**

Table of Contents

Introduction	3
Executive Summary.....	3
Enrollment and Renewal	4
Service and Providers.....	5
Program Outreach Awareness and Notification	7
Program Evaluation, Transition Plan and Monitoring.....	8
Provide an Interim Evaluation of Goals and Progress.....	8
Annual Expenditures.....	8
Cost of Medicaid Funded Births	9
Activities for Next Year	11
Contraceptive Methods	11

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Demonstration Year Seven, Annual Report (October 2014 - September 2015)
FY 2015

Introduction

Wyoming Medicaid received approval of its 1115 Medicaid Waiver application, Pregnant by Choice: Wyoming's Family Planning Expansion Program, from the Centers for Medicare and Medicaid Services (CMS) on September 8, 2008. This five-year demonstration project was effective October 1, 2008, through September 30, 2013. Wyoming received approval from CMS to continue the demonstration through December 31, 2017. Although the demonstration was approved to begin October 1, 2008, Wyoming did not begin enrolling eligible women and program services did not begin until January 1, 2009.

Executive Summary

This program extends family planning options to women who would typically lose their Medicaid benefits two months postpartum. Eligibility criteria is as follows:

- Are between the ages of 19 and 44
- Were previously eligible for Medicaid due to pregnancy or a pregnancy-related service
- Are not eligible for another Medicaid program
- Do not have health insurance
- Have not had a medical procedure to prevent pregnancy
- Have a family income at or below 133 percent of the Federal poverty level
- Are U.S. citizens or qualified immigrants
- Are residents of Wyoming
- Are not pregnant

The overarching goals of the "Pregnant by Choice" initiative are to

- reduce the incidence of closely spaced pregnancies and
- decrease the number of unintended pregnancies, thereby
- achieving cost savings and
- reducing health risks to women and children

Enrollees are eligible to receive family planning services. The program covers contraception management services and certain additional medical diagnosis or treatment services that are provided within the context of a visit for contraception management services. Covered services are:

- Initial physical exam and health history, including client education and counseling related to reproductive health and family planning options, including a pap smear and testing for sexually transmitted diseases

Wyoming Family Planning Expansion Program
 Pregnant By Choice
 Demonstration Year Seven, Annual Report

- Annual follow up exam for reproductive health/family planning purposes, including a pap smear and testing for sexually transmitted diseases where indicated
- Brief and intermediate follow up office visits related to family planning
- Necessary family planning/reproductive health-related laboratory procedures and diagnostic tests
- Contraceptive management including drugs, devices and supplies
- Insertion, implantation or injection of contraceptive drugs or devices
- Removal of contraceptive devices
- Sterilization services and related laboratory services (when properly completed sterilization consent form has been submitted)
- Medications required as part of a procedure done for family planning purposes

Table 1: Timeline

Demonstration Year (DY)	Begin Date	End Date
DY 7	October 1, 2014	September 30, 2015

- *Significant Program Activities or Changes*
 - There were no significant program activities or changes.
- *Policy issues and Challenges*
 - There were no policy issues or challenges to report.

Enrollment and Renewal

Eligibility for the waiver has decreased significantly compared to one year ago. We expected some decreases due to the new MAGI rules implemented in 2014. The number of new enrollees during the quarter is much lower compared to the same quarter in DY6. The waiver continues to be budget neutral. In Table 2, we provide a summary of the enrollment figures throughout DY7, with annual figures representing unduplicated counts of enrollees.

Table 2: Enrollment Figures

DY 7: 2014	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Annual
	Population	Population	Population	Population	Total
# of Newly Enrolled	18	8	7	6	39
# of Total Enrollees¹	373	280	141	97	440
# of Participants	16	14	7	2	34

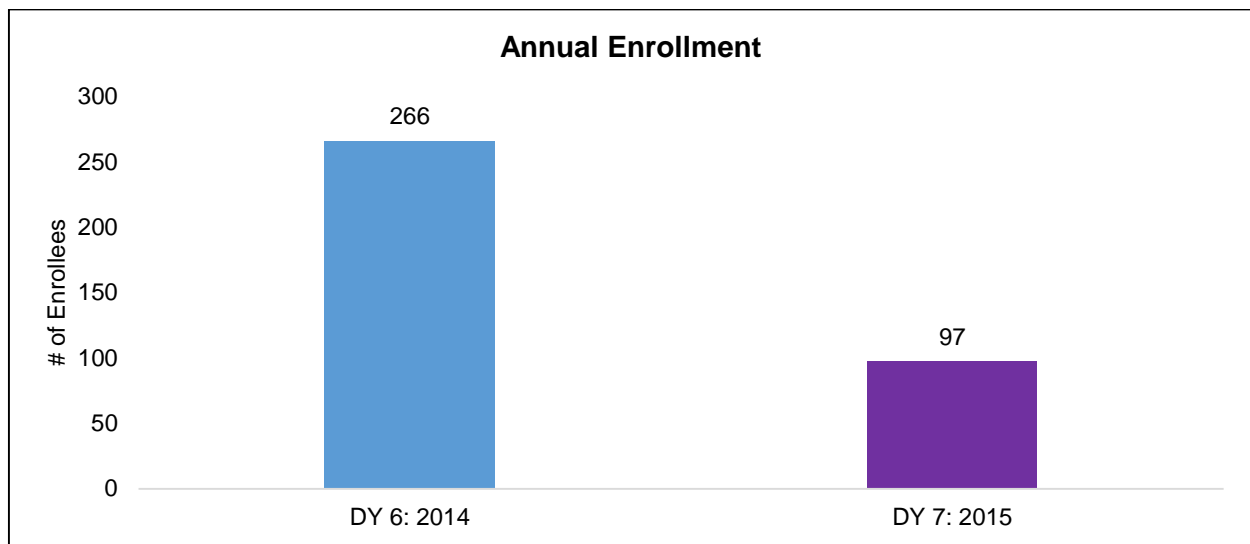
¹ Total Enrollees for each quarter are calculated using the total from the last month of each quarter (e.g., December for Q1, March for Q2, etc.). Total enrollees for the DY includes any unique member eligible in the months between October 2014 and September 2015.

Wyoming Family Planning Expansion Program
 Pregnant By Choice
 Demonstration Year Seven, Annual Report

DY 7: 2014	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Annual
	Population	Population	Population	Population	Total
# of Member Months	1,127	851	609	324	2,911

The FPW current eligibility stipulates that women must be pregnant and have received Medicaid benefits under the Pregnant Women program but will lose eligibility 60 days after giving birth. Many of the women that would have been enrolled are now in Medicaid. In Figure 1, we show a comparison of enrollment figures from September 2014 (DY 6) and September 2015 (DY 7).

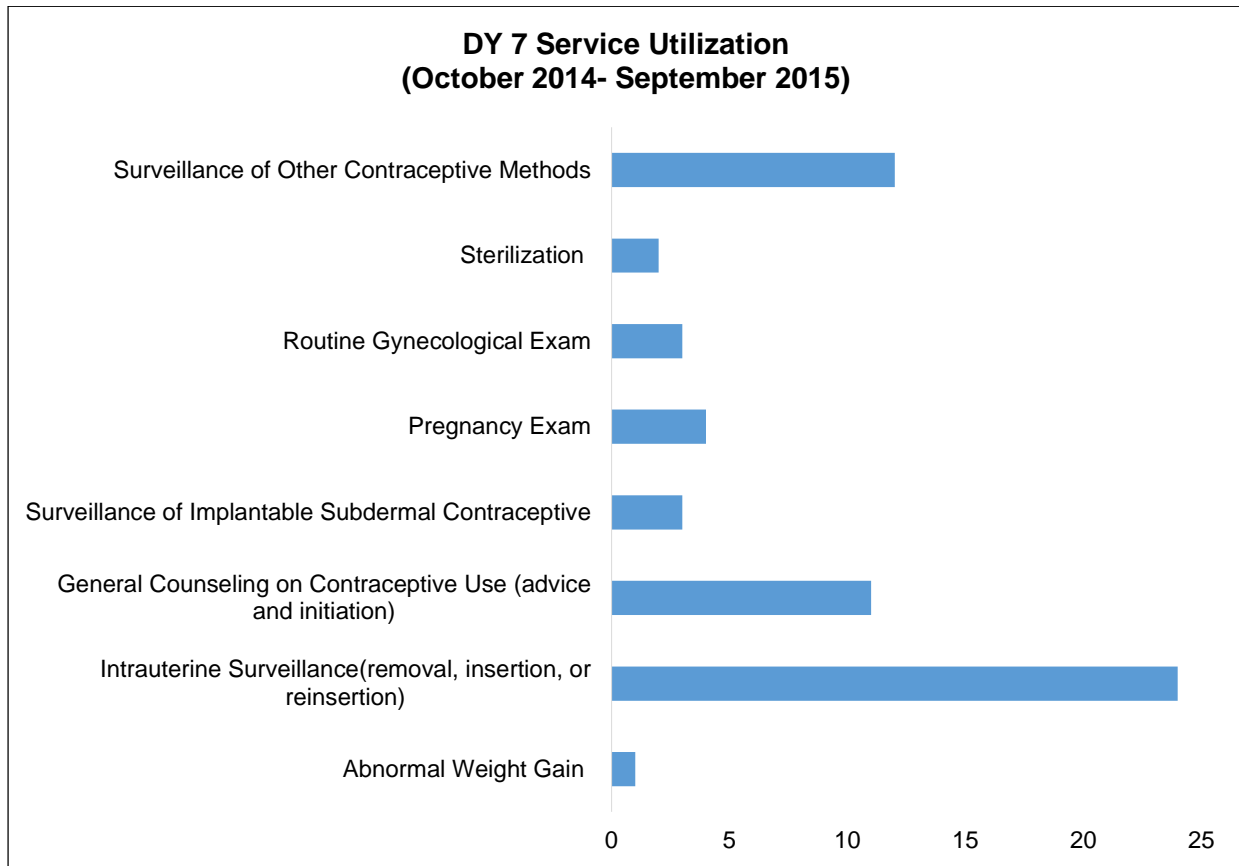
Figure 1: DY 6 & DY 7 Enrollment



Service and Providers

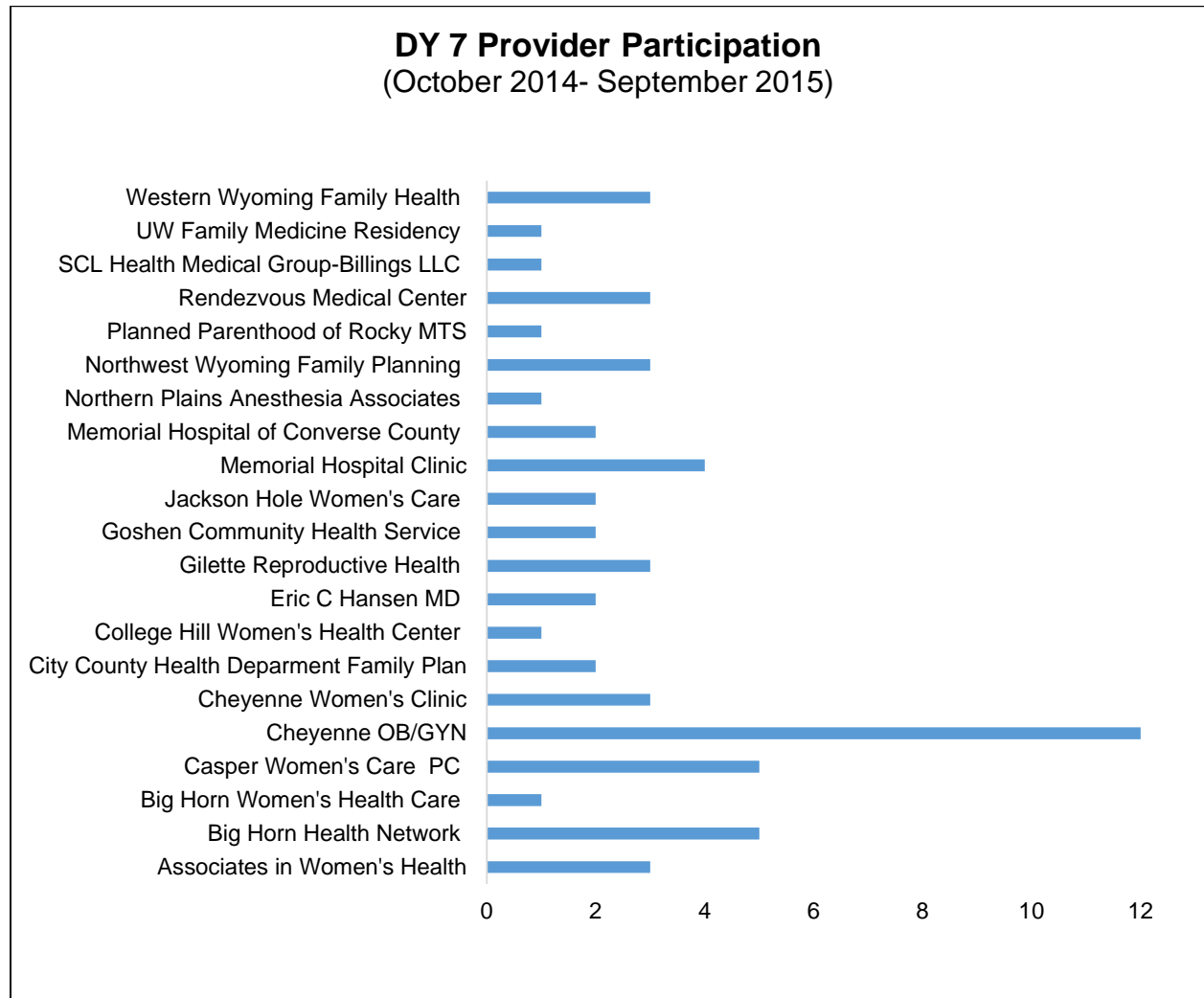
Service utilization has decreased which can be explained by the decrease in participation each quarter of this demonstration year. The monitoring and insertion of intrauterine device is a service that has been utilized each quarter this year, as well as office visit encounters linked with contraceptive counseling/monitoring. In Figure 2 on the following page, we show aggregated totals of service utilization for DY 7.

Figure 2: Service Utilization



- *Provider Participation*
 - Wyoming Medicaid has a “Provider Locator” link where clients are able to search for providers that accept Wyoming Medicaid. There are 25 Public Health clinics in Wyoming and all accept Medicaid. There is also 99 percent Medicaid participation among physicians in Wyoming. Access to physician services is not an issue. <https://wyequalitycare.acs-inc.com/wy/client/general/providerLocator.do>
 - Based on an analysis of claims data associated with the waiver, the number of providers who billed Wyoming Medicaid for family planning waiver services decreased from 11 providers in Q2 to 6 providers in Q3 and 2 providers in Q4. We do not see provider participation as a limitation to clients receiving family planning waiver services, rather we hypothesize that the enrollees are not seeking services in the first place. In Figure 3 on the following page, we provide a summary of the providers that participated during DY 7 and the number of claims paid to these providers.

Figure 3: Provider Participation



Program Outreach Awareness and Notification

- Outreach is somewhat limited due to the eligibility for the program. Within 60 days of giving birth, the Department of Family Services (DFS) will send women eligible for the Pregnant Women program a review form to determine if they are eligible for continued Medicaid benefits including the Pregnant by Choice Program. Clients are only eligible for the Family Planning Waiver program following their six weeks of eligibility on the maternity plan and must transition directly to the FPW with no lapse in eligibility. These are only the women that do not qualify for traditional Medicaid after the six weeks of maternity eligibility.
- It is the responsibility of the applicant to return the form to DFS for processing. If a mother allows her Medicaid benefits to lapse after the two month postpartum period she will not be eligible for the Pregnant by Choice program. Eligibility is determined annually.

Wyoming Family Planning Expansion Program
 Pregnant By Choice
 Demonstration Year Seven, Annual Report

- Targeted outreach is limited. Brochures are mailed to the Public Health Offices and physician offices that request them to display in their offices.

Program Evaluation, Transition Plan and Monitoring

- Navigant Consulting, the Independent Evaluator, prepared quarterly narrative report drafts for the four quarters of demonstration year seven.

Provide an Interim Evaluation of Goals and Progress

There are two primary goals of the Pregnant by Choice waiver, as outlined below.

Goal 1: Reduce the incidence of closely spaced pregnancies

Progress Update: An analysis of the incidence of closely spaced pregnancies requires the examination of two years of claims data after the completion of the demonstration year. This data is not yet available for analysis.

Goal 2: Decrease the number of unintended pregnancies

Progress Update: We will attempt to provide observations about the intendedness of pregnancies through review of the results of the Pregnancy Risk Assessment Monitoring System (PRAMS), a surveillance program conducted in collaboration with the Centers for Disease Control and Prevention (CDC). However, this information is not yet available for this demonstration year. From 2007 to 2011 the rate of unintended pregnancies decreased from 44.4 percent to 36.1 percent. We will also look for insights into this through the participant survey that will be released in calendar year 2016.

Annual Expenditures

In Table 3, we provide a summary of the data reported on the CMS-64 and CMS-37 reports with regard to the Pregnant by Choice waiver. Total annual expenditures are less than in previous years due to the lower number of enrollees.

Table 3: CMS Expenditures

	DY 7 October 2014 - September 2015			
	Service Expenditures as Reported on the CMS-64	Administrative Expenditures as Reported on the CMS 64	Total Expenditures as Reported on the CMS-64	Expenditures as Requested on the CMS 37
Quarter 1	\$6,764	\$1,344	\$8,108	\$21,654
Quarter 2	9,908	1,374	11,282	17,810
Quarter 3	4,567	1,384	5,951	14,141
Quarter 4	1,190	1,406	2,596	4,567
Total Annual Expenditures	\$22,429	\$5,508	\$27,937	\$58,172

Actual Number of Births to Demonstration Population

In Table 4, we summarize the quarterly births to enrollee counts. Births are counted for women who became pregnant while enrolled in the Pregnant by Choice waiver.

Table 4: Number of Births in DY 7

Demonstration Year, Quarter	Age Group	Number of Births to Women Enrolled in FPW	Number of Women Enrolled in FPW
DY 7, Q1	19-44	2	373
DY 7, Q2	19-44	2	280
DY 7, Q3	19-44	2	141
DY 7, Q4	19-44	2	97

Cost of Medicaid Funded Births

The tables that follow present the required evaluation calculations for the demonstration. These results show that the waiver continues to show a savings to the State.

Table 5: Fertility Rate of Women Enrolled in FPW Year Seven, (October 2014- September 2015)

Age Group	Number of Births to Women Enrolled in FPW	Number of Women Enrolled in FPW DY 7	Fertility Rate (Births/1,000 Women)
19 – 44	8	97	82

*Fertility Rate = Number of births to women enrolled in FPW ÷ Number of women enrolled in FPW*1000*

Table 6: Estimated Number of Births to Women Enrolled in FPW Year Seven in the Absence of FPW

Age Group	Baseline Fertility Rate (Births/1,000 Women)	Number of Women Enrolled in FPW DY 7	Number of Births that would have occurred in the absence of FPW
19 – 44	227	97	22

*Number of births that would have occurred = (227/1000)*Number of Women Enrolled in FPW*

Wyoming Family Planning Expansion Program
Pregnant By Choice
Demonstration Year Seven, Annual Report

Table 7: Number of Births Averted (BA) in FPW Year Seven

Age Group	Baseline Fertility Rate (Births/1,000 Women)	Fertility Rate of Women Enrolled in FPW DY 7	Number of Women Enrolled in FPW DY 7	Number of Births Averted
19 – 44	227	82	97	145

Number of Births Averted = Baseline Fertility Rate – FPW Fertility Rate

Table 8: Average Cost of a Birth (BC)

Demonstration Year	Prenatal, Delivery and Postpartum Care	Number of Medicaid Deliveries	Average Cost of a Delivery	Infant First Year Care	Number of Infants	Average Cost of First Year Infant Care	Average Cost of a Birth
	A	B	C=A/B	D	E	F=D/E	G=C+F
7	\$34,938,921	2,878	\$12,140	\$28,643,281	3,257	\$8,794	\$20,934

Table 9: Without Waiver Costs

Demonstration Year	Number of Births that would have occurred in the absence of FPW	Average Cost of a Birth	Without Waiver Costs
7	22	\$20,934	\$460,548

Without Waiver Costs = Number of births that would have occurred in the absence of the Waiver x average cost of a birth

Table 10: With Waiver Costs

Demonstration Year	Number of Births to Women Enrolled in FPW	Average Cost of a Birth	Cost of Waiver Services Provided	With Waiver Costs
7	8	\$20,934	\$22,429	\$189,901

With Waiver Costs = Number of births to women enrolled in FPW x average cost of a birth + cost of FPW services provided

Table 11: Annual Budget Limit

Demonstration Year	Number of Births Averted	Average Cost of a Birth	Budget Limit
7	145	\$20,934	\$3,035,430

Annual Budget Limit = Number of births averted (BA) x average cost of a birth (BC)

Table 12: Budget Neutrality

Demonstration Year	Budget Limit	Cost of FPW Services	Savings
7	\$3,035,430	\$22,249	\$3,013,181

Savings = Annual Budget Limit – Cost of FPW Services

Activities for Next Year

Navigant is working with the Department of Health to develop and distribute a survey of enrollees to inquire about primary care referrals and participation in the waiver. We anticipate distributing the survey and analyzing survey results prior to the close of DY 8.

Contraceptive Methods

In Table 13, we provide a summary of the types and number of contraceptive methods that could be identified through paid claims analysis. These figures will not provide counts for all enrollees who were using a long-term contraceptive method, such as an IUD, during the demonstration year.

Wyoming Family Planning Expansion Program
 Pregnant By Choice
 Demonstration Year Seven, Annual Report

Table 13: Contraceptive Methods

Wyoming Pregnancy By Choice - Contraceptive Methods²			
Demonstration Year 7 (October 2014 - September 2015)			
	Number of contraceptive methods dispensed	Number of Contraceptive Users	Data source
Male Condom	0	0	claims data
Female Condom	0	0	claims data
Sponge	0	0	claims data
Diaphragm	0	0	claims data
Contraceptive pills	2	1	claims data
Patch	0	0	claims data
Ring	2	1	claims data
Injectable	6	5	claims data
Implant	3	2	claims data
IUD	20	12	claims data
Emergency Contraception	0	0	claims data
Sterilization	1	1	claims data

² This table is not an exhaustive list of all of the program enrollees and their choice in contraceptive use. Since the data source is from claims data, this list exclusively represents enrollees requiring a service (creating a claim) over DY 7.