Revision: HCFA-PM-87-4 (BERC) AL-10-010 March 1987 Supplement 2 to Attachment 3.1-A Page 6 Effective Date: 07/01/10 Geographic Limitations and Comparability The State elects to provide self-directed personal assistance services on a statewide basis. B. X The State elects to provide self-directed personal assistance services on a targeted geographic basis. Please describe: Ten counties in Alabama: Baldwin, Bibb, Escambia, Fayette, Greene, Hale, Lamar, Mobile, Pickens and Tuscaloosa Counties. C. The State elects to provide self-directed personal assistance services to all eligible populations. D. X The State elects to provide self-directed personal assistance services to targeted populations. Please describe: The targeted population are Medicaid-eligible beneficiaries from the Elderly and Disabled (E&D) Waiver who live in ten counties in Alabama: Baldwin, Bibb, Escambia, Fayette, Greene, Hale, Lamar, Mobile, Pickens and Tuscaloosa counties. The targeted population are Medicaid-eligible beneficiaries from the State of Alabama Independent Living (SAIL) Waiver who live in seven counties in West Alabama: Bibb, Fayette, Greene, Hale, Lamar, Pickens, and Tuscaloosa counties. To be eligible for Personal Choices, the individual must: Be currently enrolled in either the E&D or SAIL waiver and meet the medical and financial requirements for participation in those waivers • Reside in one of the counties served by the E&D or SAIL waivers. To be a participant in *Personal Choices*, the individual/representative must: Give informed consent to participate Be able to understand the rights, risks, and responsibilities of managing their own care or if unable to make decisions independently have a willing representative who understands the rights, risks and responsibilities of managing the care of the participant with a cash allowance Be willing to complete a Personal Support Plan with the help of a counselor. E. The State elects to provide self-directed personal assistance services to an unlimited number of participants.

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F. X The State elects to provide self-directed personal assistance services to 1,534 (insert number of) participants.

This number represents the approximate number of available slots in the E&D and SAIL waivers in the counties. This number will allow participation in Personal Choices by enrollees of both the EDW and the SAIL waivers. The number of participants enrolled is limited by the number of slots allocated to the counties.

viii. Assurances

- A. The State assures that there are traditional personal assistance services, comparable in amount, duration and scope, to self-directed personal assistance services.
- B. The State assures that there are necessary safeguards in place to protect the health and welfare of individuals provided services under this State Plan Option, and to assure financial accountability for funds expended for self-directed personal assistance services.
- C. The State assures that an evaluation will be performed of participants' need for self-directed personal assistance services for individuals who meet the following requirements:
 - i. Are entitled to medical assistance for personal care services under the Medicaid State Plan; or
 - ii. Are entitled to and are receiving home and community-based services under a Section 1915(c) waiver; or
 - iii. May require self-directed personal assistance services; or
 - iv. May be eligible for self-directed personal assistance services.
- D. The State assures that individuals are informed of all options for receiving self-directed and/or traditional State Plan personal care services or personal assistance services provided under a Section 1915(c) waiver, including information about self-direction opportunities that is sufficient to inform decision-making about the election of self-direction and provided on a timely basis to individuals or their representatives.
- E. The State assures that a support system will be provided to individuals that meets the following:
 - *i.* Appropriately assesses and counsels individuals prior to enrollment:
 - *ii.* Provides appropriate counseling, information, training and assistance to ensure that participants are able to manage their services and budgets;

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