## **Table of Contents**

# State/Territory Name: California

## State Plan Amendment (SPA) #: 19-007

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services 90 Seventh Street, Suite 5-300 (5W) San Francisco, CA 94103-6706

### **Regional Operations Group**



June 10, 2019

Mari Cantwell Chief Deputy Director, Health Care Programs California Department of Health Care Services P.O. Box 997413, MS 0000 Sacramento, CA 95899-7413

Dear Ms. Cantwell:

Enclosed is an approved copy of California State Plan Amendment (SPA) 19-0007, which was submitted to the Centers for Medicare & Medicaid Services (CMS) on March 28, 2019. SPA 19-0007 adds licensed professional clinical counselors and associate professional clinical counselors as providers of Medi-Cal psychology services. SPA 19-0007 also updates the title of marriage and family therapist intern to associate marriage and family therapist in order to be consistent with the Board of Behavioral Sciences implementation of this change in title, as required by California Senate Bill 1478 (Leyva, Chapter 489, Statutes of 2016).

The effective date of this SPA is January 1, 2019. Enclosed are the following approved SPA pages that should be incorporated into your approved state plan:

- Limitations to Attachment 3.1-A, page 11a
- Limitations to Attachment 3.1-B, page 11a
- Supplement 6 to Attachment 4.19-B, page 2

If you have any questions, please contact Cheryl Young at 415-744-3568 or via email at <u>Cheryl.Young@cms.hhs.gov</u>.

Sincerely,

Richard C. Allen Director Centers for Medicaid and CHIP Services Regional Operations Group

Enclosures

Page 2 – Mari Cantwell, Chief Deputy Director

cc: Rene Mollow, DHCS Cynthia Smiley, DHCS Jim Elliott, DHCS Raquel Sanchez, DHCS Angeli Lee, DHCS Amanda Font, DHCS

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES	FORM APPROVE OMB No. 0938-01	
TRANSMITTAL AND NOTICE OF APPROVAL OF	1. TRANSMITTAL NUMBER 2. STATE	
STATE PLAN MATERIAL	<u>1 9 — 0 0 07</u> California	
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	3. PROGRAM IDENTIFICATION:	
	Title XIX of the Social Security Act (Medicaid)	
TO: REGIONAL ADMINISTRATOR	4. PROPOSED EFFECTIVE DATE	
CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	January 1, 2019	
5. TYPE OF PLAN MATERIAL (Check One)		
NEW STATE PLAN AMENDMENT TO BE CONS	IDERED AS NEW PLAN	
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AME	NDMENT (Separate transmittal for each amendment)	
6. FEDERAL STATUTE/REGULATION CITATION	7. FEDERAL BUDGET IMPACT	
SSA 1905 (a)(6), 42 CFR 440.60 <u>&amp; 42 CFR 447, Subpart F</u>	a. FFY 2019\$ 0 b. FFY 2020	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION	
Limitations on Attachment 3.1-A, page 11a	OR ATTACHMENT (If Applicable)	
Limitations on Attachment 3.1-B, page 11a	Limitations on Attachment 3.1-A, page 11a	
Supplement 6 to Attachment 4.19-B, page 2	Limitations on Attachment 3.1-B, page 11a	
	Supplement 6 to Attachment 4.19-B, page 2	
10. SUBJECT OF AMENDMENT		
Adding licensed professional clinical counselors and as	sociate professional clinical counselors to the list of	
providers who can provide psychology services. Updat	ing the title of marriage and family therapist intern to	
associate marriage and tamily therapist to be consister	t with the Board of Behavioral Sciences	
11. GOVERNOR'S REVIEW (Check One)		
GOVERNOR'S OFFICE REPORTED NO COMMENT	OTHER, AS SPECIFIED	
COMMENTS OF GOVERNOR'S OFFICE ENCLOSED		
NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL		
12, SIGNATURE OF STATE AGENCY OFFICIAL	6. RETURN TO	
	Department of Health Care Services	
	Attn: Director's Office	
	D. Box 997413, MS 0000	
State Medicaid Director	Sacramento, CA 95899-7413	
15. DATE SUBMITTED		
March 28, 2019		
17. DATE RECEIVED FOR REGIONAL OF		
March 28, 2019	8. DATE APPROVED	
PLAN APPROVED - ON	June 10, 2019 E COPY ATTACHED	
	0. SIGNATURE OF REGIONAL OFFICIAL	
January 1, 2019		
21. TYPED NAME	 2. TITLE	
Richard C. Allen	Director, Centers for Medicaid & CHIP Services,	
23. REMARKS	Regional Operations Group	
For Box 11 "Other, As Specified," Please note: The Gov Plan Amendment.	vernor's Office does not wish to review the State	

Box 6: CA approved CMS pen and ink change in informal responses send on 5/15/19.

Box 8 & 9: CA approved via email dated 5/31/19 CMS pen and ink change to add page number .

### STATE PLAN CHART

TYPE OF SERVICE	PROGRAM COVERAGE**	PRIOR AUTHORIZATION OR OTHER REQUIREMENTS*
6d.1 Psychology	Services of the following licensed and unlicensed practitioners may be furnished within their scope of practice in accordance with California state law. The licensed practitioners supervise and assume the professional liability of services furnished by the corresponding unlicensed practitioners.	Prior authorization is not required.
	<ul> <li>Licensed mental health practictioners</li> <li>Services of a Licensed Psychologist</li> <li>Services of a Licensed Clinical Social Worker</li> <li>Services of a Licensed Marriage and Family Therapist</li> <li>Services of a Licensed Professional Clinical Counselor</li> </ul>	
	<ul> <li>Unlicensed mental health practitioners         <ul> <li>Services of a Psychological Assistant</li> <li>Services of an Associate Clinical Social Worker</li> <li>Services of an Associate Marriage and Family Therapist</li> <li>Services of an Associate Professional Clinical Counselor</li> </ul> </li> </ul>	

\*\*Coverage is limited to medically necessary services.

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#### REIMBURSEMENT FOR INDIAN HEALTH SERVICES AND TRIBAL 638 HEALTH FACILITIES

- A. Below is a list of health professionals that may bill under the IHS all-inclusive rate:
  - Physician
  - Physician Assistant
  - Nurse Practitioner
  - Nurse Midwife
  - Registered Dental Hygienists
  - Registered Dental Hygienists in Extended Functions
  - Registered Dental Hygienists in Alternative Practice
  - Clinical Psychologist
  - Clinical Social Worker
  - Marriage and Family Therapist
  - Licensed Professional Clinical Counselor
  - Acupuncturist
  - Visiting Nurse if services are provided in the Tribal facilities
  - Under the Early and Periodic Screening, Diagnostic, and Treatment benefit (EPSDT), the services of Licensed Marriage, Family and Child Counselors are available as 'other health visit' to persons under 21 years of age, as a result of an EPSDT screening which identifies the need for a service which is necessary to correct or ameliorate a mental illness or condition.
- B. Comprehensive Perinatal Service Program providers who are licensed and/or certified practitioners who are able to render covered services in accordance with their scope of practice as identified in California statute. A September 17, 1985 HCFA letter allows these services as a physician or clinic service.
- C. In addition, below is a list of associates and interns that may provide Medi-Cal psychology services.
  - Associate Marriage and Family Therapists
  - Associate Professional Clinical Counselors
  - Associate Clinical Social Workers
  - Psychological Assistants

Associates and assistants must be under the supervision of a licensed mental health professional, in accordance with their scope of practice and applicable state laws.

- D. Except for the services specified under Item E below, the following other ambulatory services, but not limited to, provided by health professionals can be billed under the IHS all-inclusive rate.
  - Acupuncture
  - Medical and surgical services provided by a doctor of dental medicine or dental surgery, which if provided by a physician would be considered physician services
  - Physical Therapy
  - Occupational Therapy
  - Drug and Alcohol visits (Subject to Medi-Cal provider participation requirements)
  - Telemedicine and teledentistry (No additional live transmission costs will be reimbursed)
  - Optometry (Eyeglasses and other eye appliances are restricted to beneficiaries identified under Item E below)