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State/Territory Name: Colorado

State Plan Amendment (SPA) #: 17-0051

This file contains the following documents in the order listed:

1) Approval Letter

- 2) 179
- 3) Approved SPA Pages

TN: CO-17-0051 Approval Date: 01/24/2018 Effective Date: 10/01/2017

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services Denver Regional Office 1961 Stout Street, Room 08-148 Denver, CO 80294



REGION VIII - DENVER

January 24, 2018

Kim Bimestefer, Executive Director Department of Health Care Policy & Financing 303 East 17th Avenue, 7th Floor Denver, CO 80203

RE: Colorado #17-0051

Dear Ms. Bimestefer:

We have reviewed the proposed State Plan Amendment (SPA) submitted under transmittal number (TN) 17-0051. This Amendment clarifies the list of allowable outpatient substance abuse treatment providers.

Please be informed that this State Plan Amendment was approved January 24, 2018, with an effective date of October 1, 2017. We are enclosing the CMS-179 and the amended plan page(s).

If you have any questions concerning this amendment, please contact Curtis Volesky at (303) 844-7033.

Sincerely,

Richard C. Allen Associate Regional Administrator Division for Medicaid & Children's Health Operations

cc: Gretchen Hammer
John Bartholomew
David DeNovellis
Russell Ziegler

TRANSMITTAL AND NOTICE OF APPROVAL	1. TRANSMITTAL NUMBER:	2. STATE:
OF OTATE DI ANI STATEDIAL	17-0051	COLORADO
STATE PLAN MATERIAL	3. PROGRAM IDENTIFICATION:	
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE & MEDICAID SERVICES	4. PROPOSED EFFECTIVE DATE:	
DEPARTMENT OF HEALTH AND HUMAN SERVICES	October 1, 2017	
5. TYPE OF PLAN MATERIAL (Check One):		
NEW STATE PLAN AMENDMENT TO BE CONSIDERED AS A NEW PLAN X AMENDMENT		
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate transmittal for each amendment)		
6. FEDERAL STATUTE/REGULATION CITATION:	7. FEDERAL BUDGET IMPACT:	
42 CFR 440.130	a. FFY 2017-18: \$0.00 b. FFY 2018-19: \$0.00	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable):	
Supplement to Attachment 3.1-A - Limitations to Care and Services - 13.d Rehabilitative Services: Substance use	Supplement to Attachment 3.1-A – Limitations to Care and Services – 13.d Rehabilitative Services: Substance use	
Disorder Treatment Services - Pages 1-2 of 2	Services – 13.d Rehabilitative Son Disorder Treatment Services – F	
	(TN: 17-0002)	and any man
10. SUBJECT OF AMENDMENT:		
This State Plan Amendment clarifies the list of allowable outpatient substance abuse treatment providers.		
11. GOVERNOR'S REVIEW (Check One):		
GOVERNOR'S OFFICE REPORTED NO COMMENT X OTHER, AS SPECIFIED		
COMMENTS OF GOVERNOR'S OFFICE ENCLOSED Governor's letter dated 15 January 2015		
NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL		
12. SIGNATURE OF STATE AGENCY OFFICIAL:	16. RETURN TO:	į
	Colorado Department of Health	Care Policy and Financing
13. TYPED NAME:	1570 Grant Street Denver, CO 80203-1818	
Gretchen Hammer		
14. TITLE:	Attn: David DeNovellis	
Medicaid Director		
15. DATE SUBMITTED:		
Initial: December 18, 2017		
Update #1: January 19, 2018		
FOR REGIONAL OFFICE USE ONLY		
17. DATE RECEIVED December 18, 2017	18. DATE APPROVED	018
December 18, 2017 January 24, 2018 PLAN APPROVED – ONE COPY ATTACHED		
19. EFFECTIVE DATE OF APPROVED MATERIAL 20. SIGNA INC. ICIAL		
October 1, 2017		, sweet and state of the state
21. TYPED NAME	22. TITLE	
Richard C. Allen	ARA, DMCHO	
23. REMARKS		

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM

STATE OF COLORADO

Supplement to Attachment 3.1-A

LIMITATIONS TO CARE AND SERVICES

Item 13.d. Rehabilitative Services (continued)

Page 1 of 2

Substance Use Disorder Treatment Services

Outpatient substance abuse treatment services, unless otherwise specified, must be performed by a licensed health practitioner with a certification in addiction counseling or a licensed clinician. Services may also be performed under the supervision of a licensed health practitioner with a certification in addiction counseling or a licensed clinician in facilities that are licensed by the Office of Behavioral Health (OBH).

- 1. Licensed health practitioners include:
 - a. Advanced Practice Nurse (APN) pursuant to CRS 12-38-111.5.
 - b. Physician/Psychiatrist pursuant to CRS 12-36-101.
 - c. Physician assistant pursuant to CRS 12-36-106.
- 2. Licensed clinicians include:
 - a. Licensed Clinical Social Worker (LCSW) pursuant to CRS 12-43-404.
 - b. Licensed Professional Counselor (LPC) pursuant to CRS 12-43-603.
 - c. Licensed Marriage and Family Therapist (LMFT) pursuant to CRS 12-43-504.
 - d. Licensed Addiction Counselor (LAC) pursuant to CRS 12-43-804.
 - e. Psychologist, Psy.D/Ph.D pursuant to CRS 12-43-304.

3. Allowable services include:

- a. Substance use disorder assessment. An evaluation designed to determine the level of drug or alcohol abuse or dependence, and the comprehensive treatment needs of a client.
- b. Individual and family therapy. Therapeutic substance abuse counseling and treatment services with one client per session. Family therapy will be directly related to the client's treatment for substance use or dependence.
- c. Group therapy. Therapeutic substance abuse counseling and treatment services with more than one client
- d. Alcohol/drug screening counseling. Counseling services provide in conjunction with the collection of urine to test for the presence of alcohol or drugs.

TN: <u>17-0051</u> Approval Date: <u>January 24, 2018</u>
Supersedes TN: <u>17-0002</u> Effective Date: <u>October 1, 2017</u>

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT MEDICAL ASSISTANCE PROGRAM

STATE OF COLORADO

Supplement to Attachment 3.1-A

LIMITATIONS TO CARE AND SERVICES

Item 13.d. Rehabilitative Services (continued)

Page 2 of 2

- e. Social/ambulatory detoxification. Social/ambulatory detoxification services exclude room and board. Social/ambulatory detoxification includes the following services:
 - i. Physical assessment of detoxification progression.
 - ii. Evaluation of level of motivation for treatment.
 - iii. Safety assessment, including suicide ideation and other mental health issues.
 - iv. Provision of daily living needs.
- f. Medication Assisted Treatment (MAT). MAT consists of administration, management, and oversight of methadone or another approved controlled substance to an opiate dependent person for the purpose of decreasing or eliminating dependence on opiate substances. Administration, management and oversight of methadone or another approved controlled substance shall only be provided by:
 - i. Physicians;
 - ii. Physician Assistants; and
 - iii. Advance Practice Nurse.

TN: <u>17-0051</u> Approval Date: <u>January 24, 2018</u>
Supersedes TN: 17-0002 Effective Date: October 1, 2017