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# State/Territory Name: Hawaii

# State Plan Amendment (SPA) #: 13-004c

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services San Francisco Regional Office 90 Seventh Street, Suite 5-300 (5W) San Francisco, CA 94103-6706



DIVISION OF MEDICAID & CHILDREN'S HEALTH OPERATIONS

DEC 1 6 2013

Patricia McManaman Director, Department of Human Services P.O. Box 339 Honolulu, HI 96809-0339

Dear Ms. McManaman:

Enclosed is an approved copy of Hawaii's State Plan Amendment (SPA) 13-004c, which was submitted to CMS as part of SPA 13-004 on July 12, 2013. Hawaii SPA 13-004c provides for coverage of substance abuse services that are furnished by Certified Substance Abuse Counselors and for Peer Support Services. The effective date of the SPA is October 5, 2013.

Enclosed is a copy of the new State Plan pages to be incorporated into Hawaii's approved State plan:

- Supplement to Attachment 3.1-A and 3.1-B, page 4.4a
- Attachment 4.19b, page 8.3a

If you have any questions, please contact Christy Bonstelle at (415)744-3522, or christy.bonstelle@cms.hhs.gov.

Sincerely,

/s/

Gloria Nagle, Ph.D., MPA Associate Regional Administrator Division of Medicaid & Children's Health Operations

cc: Kenny Fink, Med-QUEST Administrator Tom Duran, CMS Pacific Area Representative

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES			FORM APPROVED OMB NO. 0938-0193		
TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL	1. TRANSMITTA 13-004 C	AL NUMBER:	2. STATE HAWAII		
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)				
TO: REGIONAL ADMINISTRATOR		FFECTIVE DATE			
CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	October 1, 2013 October 5, 2013				
5. TYPE OF PLAN MATERIAL (Check One):					
NEW STATE PLAN AMENDMENT TO BE C			AMENDMENT		
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AME			ch amendment)		
DERAL STATUTE/REGULATION CITATION: C.F.R. 433-1457-435-310,-440-40, 440.60, and FFY 2014 AXXXXXX			XXXXXXX\$999,999]		
-440:130	FFY 2015		XXXXXXX \$999.999		
Section-1902					
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT: -Section-3-1-G			RSEDED PLAN SECTION		
Attachment-2-2-Ar-page-26-	OKATIACH	VENT (If Applicable	s);		
Attachment*2*5*A**page*-3**					
-Supplement-4-to-Attachment-2.6-A,page-1 Supplement-5-to-Attachment-2.6-A,page-1-					
Supplement SD* to Alveechnert *3 *6*Ay**page*4*			·		
Supplement to Attachment 3.1-A and 3.1-B, pages_2_					
and-3.2.b,-4-and-4.4a Attachment 4.19-B, pages************************************					
10. SUBJECT OF AMENDMENT:		<u></u>	*****		
The amendments to the State Plan pages felate to					
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the standard benefits package related to other pa services, and establishes payment rates for new t					
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#### 13d. Community Mental Health Rehabilitative Services (continued)

- Substance Abuse Treatment (SAT) services: SAT services furnished under 8. \$440.130(d) are provided by a qualified mental health professional to include but not limited to a licensed psychiatrist, licensed psychologist, licensed clinical social worker with experience in behavioral health, licensed advance practical nurse in behavioral health, licensed mental health counselor, or a licensed marriage and family therapist with experience with behavioral health or a substance abuse counselor certified by the State. SAT services shall be provided without limits on the number of visits when medically necessary; prior authorization is required, and monthly assessments are performed to ensure that services are medically necessary. SAT services are recommended by a physician or other licensed practitioner of the healing arts, within the scope of his or her practice under State law. The substance abuse provider assists an individual in achieving specific objectives of treatment or care for a substance use or mental health disorder through a face-to-face, one-to-one therapeutic relationship. Services are generally directed toward reducing psychosocial stress and teaching coping and problem-solving skills, using supportive and cognitive-behavioral approaches that restore a participant's best possible functional level.
- Feer support services: Peer support services may be provided by a peer 9. specialist certified by the State Department of Health, Adult Mental Health Division (AMHD) as part of their Hawaii certified peer specialist (HCPS) program or a program that meets the criteria established by the AMHD. Peer support services are provided without limits on the number of visits when medically necessary; prior authorization is required, and monthly assessments are performed to ensure that benefits are medically necessary. Peer support providers are self-identified consumers who are in recovery from mental illness and/or substance use disorders. Peer support providers meet the following minimum requirements for supervision, care coordination and training: 1) Supervision is provided by a mental health professional (as defined by the State); 2) Peer support services are coordinated within the context of a comprehensive, individualized plan of care that reflects the needs and preferences of the participant in achieving the specific, individualized goals that have measurable results and are specified in the service plan; 3) Training and Credentialing: Peer support providers must complete training and certification as defined by the State. The peer specialist must demonstrate the ability to support the recovery of others from mental illness and or substance use disorders. Peer support providers must complete ongoing continuing educational requirements.

#### Limitations (continued)

The covered services are available only to Medicaid eligible recipients with a written plan of care developed with the participation of a qualified mental health professional to include but not limited to a licensed psychiatrist, licensed psychologist, licensed clinical social worker with experience in behavioral health, licensed advance practical nurse in behavioral health, licensed mental health counselor, or a licensed marriage and family therapist with experience with behavioral health. Services provided must be medically necessary. Prior approval is required.

TN No. Supersedes	<u>13-004c</u>	Approval Date:	DEC	16	2012	Effective	Date:	10/05/2013
TN No.	NEW		DEC	τU	<b>4</b> 010			

ATTACHMENT 4.19-B

- d. Services provided by a certified substance abuse counselor are reimbursed at fifty per cent of the Medicaid reimbursement rate for a psychologist as specified in Attachment 4.19-B, page 1, item 1(d).
- e. Services provided by a certified peer specialist shall be reimbursed at \$15.19 per 15 minute unit intervals.

TN No. <u>13-004c</u> Supersedes Approval Date: DEC 16 2013 Effective Date: <u>10/05/2013</u> TN No. <u>NEW</u>