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State/Territory Name: Kentucky

State Plan Amendment (SPA) #:13-022

This file contains the following documents in the order listed:

- 1) Approval Letter- Revised Technical Correction
- 2) Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
Atlanta Regional Office
61 Forsyth Street, Suite 4T20
Atlanta, Georgia 30303



DIVISION OF MEDICAID & CHILDREN'S HEALTH OPERATIONS

March 24, 2014

Lawrence Kissner, Commissioner
Department for Medicaid Services
275 East Main Street, 6WA
Frankfort, KY 40621-0001

Re: Technical Correction to Kentucky State Plan Amendment 13-022

Dear Mr. Kissner:

This is a technical correction to Kentucky SPA 13-022. This SPA was approved on December 30, 2013. Enclosed please find the revised SPA pages and Form 179 for KY SPA 13-022 that have been corrected to reflect the technical corrections.

If you have any questions, please contact Melanie Benning at 404-562-7414 or Melanie.Benning@cms.hhs.gov.

Sincerely,

//s//

Jackie Glaze
Associate Regional Administrator
Division of Medicaid & Children's Health Operations

Enclosures

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL	1. TRANSMITTAL NUMBER: 13-022	2. STATE Kentucky
	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
FOR: HEALTH CARE FINANCING ADMINISTRATION		4. PROPOSED EFFECTIVE DATE January 1, 2014
TO: REGIONAL ADMINISTRATOR HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES		

5. TYPE OF PLAN MATERIAL (Check One):

NEW STATE PLAN AMENDMENT TO BE CONSIDERED AS NEW PLAN AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)

6. FEDERAL STATUTE/REGULATION CITATION: Affordable Care Act	7. FEDERAL BUDGET IMPACT: a. FFY 2014 \$51.5M b. FFY 2015 \$68.6M
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT: Att. 3.1-A, Page 7.6.1 – 7.6.1-16 Att. 3.1-B, Page 31.5 – 31.5.16 Att. 4.19-B, Page 20.15	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable): Same

10. SUBJECT OF AMENDMENT:

The purpose of this State Plan Amendment is to revise the State Plan to include substance abuse treatment and expand mental health and to provide reimbursement for such services

11. GOVERNOR'S REVIEW (Check One):

GOVERNOR'S OFFICE REPORTED NO COMMENT OTHER, AS SPECIFIED: Review delegated to Commissioner, Department for Medicaid Services
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

12. SIGNATURE OF STATE AGENCY OFFICIAL:	16. RETURN TO: Department for Medicaid Services 275 East Main Street 6W-A Frankfort, Kentucky 40621
13. TYPED NAME: Lawrence Kissner	
14. TITLE: Commissioner, Department for Medicaid Services	
15. DATE SUBMITTED: 10/1/13	

FOR REGIONAL OFFICE USE ONLY

17. DATE RECEIVED: 10-02-13	18. DATE APPROVED: 12-30-13
PLAN APPROVED – ONE COPY ATTACHED	
19. EFFECTIVE DATE OF APPROVED MATERIAL: 01/01/14	20. SIGNATURE OF REGIONAL OFFICIAL: //s//
21. TYPED NAME: Jackie Glaze	22. TITLE: Associate Regional Administrator Division of Medicaid & Children Health Opns
23. REMARKS: Approved with the following changes as authorized state agency on emails dated 12/31/13 and 01/03/14 Block #7 changed to read FFY14 \$95M; FFY15 \$126.6M Block #8 changed to read: Atch 3.1-A pages 7.6.1, 7.6.1(a), 7.6.1(c) thru 7.6.1(iii); Atch 3.1-B pages 31.5, 31.5(a), 31.5(c) thru 31.5(iii) and Atch 4.19-B pages 20.15, 20.15(1)(a) thru 20.15(h); Block #9 changed to read: Atch 3.1-A pages 7.6.1, 7.6.1(a), 7.6.1(c), 7.6.1(d), 7.6.1(e) and 7.6.1(f) thru 7.6.1(iii)(new); Atch 3.1-B pages 31.5, 31.5(a), 31.5(c), 31.5(d), 31.5(e), 31.5(f) thru 31.5(iii)(new) and Atch 4.19-B pages 20.15, 20.15(1)(a) thru 20.15(1)(h)(new).	

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

Diagnostic, screening, preventive, and rehabilitative services are covered when provided by qualified providers, licensed in accordance with applicable state laws and regulations. Reimbursement for services under this authority will not be made when delivered in a long-term care environment as such services are reimbursable as a routine cost to the institution.

13a. Diagnostic Services

Diagnostic Services are described under other sections of this State Plan.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13b. Screening Services

Screening Services are described under other sections of this State Plan.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

Rehabilitative substance use and mental health services are medical or remedial services that have been recommended by a physician or other licensed practitioner of the healing arts within the scope of his practice, under Kentucky State Law and consistent with federal regulations at 42 CFR 440.130(d).

Each medical professional is given the choice of whether or not to participate in the Kentucky Medicaid Program. From those professionals who have chosen to participate, the recipient may choose the one from whom he wishes to receive his medical care.

When the Department makes payment for a covered service and the provider accepts the payment made by the Department in accordance with the Department's fee structure, the amounts paid shall be considered payment in full except any applicable co-payment; and no bill for the same service shall be sent to the recipient for any amount above the Medicaid allowed charges (with the exception of any applicable co-payments). The provider may bill the recipient for services not covered by Kentucky Medicaid; however, the provider must make the recipient aware of the non-covered services prior to rendering those services.

Providers of medical service attest by their signatures that the presented claims are valid and in good faith. Fraudulent claims are punishable by fine and /or imprisonment.

Diagnoses shall be recorded in the health record within three visits, in order to receive Medicaid payment. The exception is for crisis services.

A billable unit of service is the actual time spent face-to-face delivering an actual service. Time spent in traveling to and from an off-site visit shall not be billed.

1. Limitations on Amount, Duration or Scope of Services

Unless a diagnosis is made and documented in the medical record within three visits, the service will not be covered. The exception is for crisis services. An appropriate mental health or substance use disorder diagnosis is required for coverage, with the exception for crisis services.

Some rehabilitative services are furnished with limitations on amount, duration, or scope of service. The limitations of these services are indicated in the service description. If there is no limitation noted within the description of the service, there are no limits on the amount, duration or scope of the service. All services, including those without specific limitations, with the exception of crisis services, must meet medical necessity and must be provided in accordance with a documented diagnosis and plan of treatment.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

1. Limitations on Amount, Duration or Scope of Services (continued)

The following services will NOT be covered by Medicaid:

- (a) Services provided to residents of nursing facilities
- (b) Services provided to inmates of local, state or federal jails, detention centers or prisons
- (c) Services to those with developmental and intellectual disabilities, without documentation of an additional psychiatric diagnosis
- (d) Psychiatric or psychological testing for other agencies such as courts or schools, which does not result in the client receiving psychiatric intervention or therapy from the independent provider. If the testing results in behavioral health treatment, then the testing was medically necessary and would be covered. School services included in a child's Individual Education Plan (IEP) may be coverable under the Medicaid School-Based Services Program.
- (e) Consultation or educational services provided to Medicaid recipients or others
- (f) Collateral therapy for ages 21 and over
- (j) Consultation or third party contracts shall be outside the scope of covered benefits. Covered services require direct patient contact except collateral services for children under age twenty-one (21), when a part of the plan of care.
- (k) Telephone calls, emails, texts or other electronic contacts
- (l) Travel time
- (m) Field trips, recreational, social, and physical exercise activity groups

2. Eligible Recipients

Unless otherwise indicated within the description of each service, services for the treatment of substance use and/or mental health are available to all Medicaid beneficiaries who meet the medical necessity criteria for these services. Except where indicated, all services will apply to both children and adults.

3. Categories of Providers

Kentucky defines the following categories of providers:

- (a) Individual Practitioner: An individual practitioner who is licensed by the respective board in the Commonwealth of Kentucky or who is supervised by a licensed practitioner to render health services and/or bill Kentucky Medicaid.
- (b) Provider group: A group of more than one individually licensed practitioner who forms a business entity to render health services and bill Kentucky Medicaid.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

3. Categories of Providers (continued)

(c) Licensed organization: A business entity that employs licensed and non-licensed health professionals and is licensed to render health services and bill Kentucky Medicaid. This organization must also meet the following criteria:

- a. Be enrolled as a Medicaid provider in the Commonwealth of Kentucky;
- b. Demonstrate experience serving the population of individuals with behavioral health disorders relevant to the particular services provided;
- c. Have the administrative capacity to provide quality of services in accordance with state and federal requirements;
- d. Use a financial management system that provides documentation of services and costs;
- e. Demonstrate capacity to document and maintain individual case records in accordance with state and federal requirements.

4. Covered Services

Unless indicated within the description of services, all services listed below are eligible services for the treatment of both substance use, mental illness, and co-occurring conditions.

The following services, as defined by the Kentucky Department for Medicaid Services, are considered Medicaid rehabilitative mental health and substance use services:

- (a) Screening
- (b) Assessment
- (c) Psychological Testing
- (d) Crisis Intervention
- (e) Mobile crisis
- (f) Residential Crisis Stabilization
- (g) Day Treatment
- (h) Peer Support
- (i) Parent/Family Peer Support
- (j) Intensive Outpatient Program (IOP)
- (k) Individual Outpatient Therapy
- (l) Group Outpatient Therapy
- (m) Family Outpatient Therapy
- (n) Collateral Outpatient Therapy
- (o) Partial Hospitalization
- (p) Service Planning
- (q) Residential Services for Substance Use Disorders (Substance use only)

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

- (r) SBIRT – Screening, Brief Intervention and Referral to Treatment (Substance use only)
- (s) Medication Assisted Treatment (Substance use only)
- (t) Assertive Community Treatment (Mental health only)
- (u) Comprehensive Community Support Services (Mental health only)
- (v) Therapeutic Rehabilitation Program (TRP) (Mental health only)

(a) Screening

Screening shall be the determination of the likelihood that a person has a mental health, substance use, or co-occurring disorder. The purpose is not to establish the presence or specific type of such a disorder but to establish the need for an in-depth assessment.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT) Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(a) Screenings (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(b) Assessment

Assessment shall include gathering information and engaging in a process with the client that enables the provider to establish the presence or absence of a mental health and/or substance use disorder, determine the client's readiness for change, identify client strengths or problem areas that may affect the processes of treatment and recovery, and engage the client in the development of an appropriate treatment relationship. The purpose of an assessment is to establish (or rule out) the existence of a clinical disorder or service need and to work with the client to develop a treatment and service plan. This does not include psychological or psychiatric evaluations or assessments.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(b) Assessment (continued)

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(b) Assessment (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(c) Psychological Testing

Psychological testing for individuals with mental health, substance use, or co-occurring mental health and substance use disorders may include psychodiagnostic assessment of personality, psychopathology, emotionality, and/or intellectual abilities. Also includes interpretation and written report of testing results.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)

* Billed through supervisor

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(c) Psychological Testing (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
- Provider Groups
 - LP
 - LPP
- Licensed Organizations

(d) Crisis Intervention

Crisis Intervention shall be a therapeutic intervention provided for the purpose of immediately reducing or eliminating risk of physical or emotional harm to the client, or others. This service shall be provided as an immediate relief to the presenting problem or threat. It must be followed by non-crisis service referral as appropriate. It must be provided in a face-to-face, one-on-one encounter between the provider and the client.

Crisis intervention may include further service prevention planning such as lethal means reduction for suicide risk and substance use relapse prevention.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(d) Crisis Intervention (continued)

- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center*

* Billed through supervisor

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(d) Crisis Intervention (continued)

- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(e) Mobile Crisis

Mobile Crisis provides the same services as crisis intervention, except the location for the service is not in the office. Services are available 24 hours a day, seven (7) days a week, 365 days a year. This service is provided in duration of less than 24 hours and is not an overnight service. This service provides crisis response in home or community to provide an immediate evaluation, triage and access to acute behavioral health services including treatment and supports to effect symptom reduction, harm reduction or to safely transition persons in acute crises to appropriate least restrictive level of care.

Authorized Providers

The Mobile Crisis practitioners must be employed by a licensed organization that meets the criteria of a licensed organization and the following additional criteria:

- Capacity to employ required practitioners and coordinate service provision among the rendering practitioners
- Capacity to provide the full range of mobile crisis services on a 24/7/365 basis
- Access to a board-certified or board-eligible psychiatrist on a 24/7/365 basis

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(e) Mobile Crisis (continued)

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center*

Billing Providers

- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. **Covered Services (continued)**

(f) **Residential Crisis Stabilization**

Residential Crisis Stabilization services are provided in Crisis Stabilization Units. Crisis Stabilization Units are community-based, residential programs that offer an array of services including screening, assessment, treatment planning, individual, group, and family therapy, and peer support in order to stabilize a crisis and divert the individual from a higher level of care. It is not part of a hospital. They are used when individuals in a behavioral health emergency cannot be safely accommodated within the community, are not in need of hospitalization but need overnight care. The purpose is to stabilize the individual, provide treatment for acute withdrawal, when appropriate, and re-integrate them back into the community, or other appropriate treatment setting, in a timely fashion. These units provide a non-hospital residential setting and services 24-hours per day, seven days per week, 365 days a year. The estimated length of stay for children is three to five days. The estimated length of stay for adults is seven to 10 days. The component services of crisis stabilization units are screening, assessment, service planning, psychiatric services, individual therapy, family therapy, group therapy, and peer support.

Residential crisis stabilization does not include, and FFP is not available for, room and board services; educational, vocational and job training services; habilitation services; services to inmates in public institutions as defined in 42 CFR §435.1010; services to individuals residing in institutions for mental diseases as described in 42 CFR§435.1010; recreational and social activities; and services that must be covered elsewhere in the state Medicaid plan.

KY Medicaid will not pay for this service in a unit of more than 16 beds or multiple units operating as one unified facility with more than 16 aggregated beds.

Authorized Providers

The Residential Crisis Stabilization providers must be employed by a licensed organization that meets the criteria of a licensed organization and the following additional criteria:

- Capacity to employ practitioners and coordinate service provision among rendering providers
- Capacity to provide the full range of services included in the Residential Crisis Stabilization service definition
- Ability to provide Residential Crisis Stabilization services on a 24/7/365 basis
- Access to a board-certified or board-eligible psychiatrist on a 24/7/365 basis

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(f) Residential Crisis Stabilization (continued)

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. **Covered Services (continued)**

(g) **Day Treatment**

Day Treatment is a non-residential, intensive treatment program designed for children/youth under the age of 21 who have an emotional disability, neurobiological and/or substance use disorders and who are at high risk of out-of-home placement due to behavioral health issues. Intensive coordination/linkage with schools and or other child serving agencies is included.

Intensive coordination is needed in order to successfully transition youth recipients to a lower level of care. See below for basic components of the required linkage agreement between the provider and the local education authority that specifies the responsibility of the authority and the provider for:

- Appropriately licensed teachers and provisions for their professional development;
- Educational supports including classroom aides and textbooks;
- Educational facilities;
- Physical education and recreational therapies;
- Transportation; and
- Transition planning.

Day treatment services do not include services covered in a child's Individualized Education Plan (IEP).

Day treatment services shall be provided:

- In collaboration with the education services of the Local Education Authority (LEA) including those provided through IDEA and/or Section 504;
- On school days and during scheduled breaks;
- In coordination with the recipient's individual educational plan, if the recipient has an individual educational plan;
- With a linkage agreement to other behavioral health services with the LEA that specifies the responsibilities of the LEA and the day treatment provider.

Authorized Providers

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(g) Day Treatment (continued)

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(g) Day Treatment (continued)

- Physician
- Psychiatrist
- APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(h) Peer Support

Peer Support is emotional support that is provided by persons having a mental health, substance use, or co-occurring mental health and substance use disorder to others sharing a similar mental health, substance use, or co-occurring mental health and substance use disorder in order to bring about a desired social or personal change. It is an evidence based practice. Peer Support Services are structured and scheduled non-clinical but therapeutic activities with individual clients or groups provided by a self-identified consumer of mental health, substance use, or co-occurring mental health and substance use disorder services who has been trained and certified in accordance with state regulations. Services should promote socialization, recovery, self-advocacy, preservation and enhancement of community living skills for the client.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(h) Peer Support (continued)

Peer support services must incorporate the following core components:

- Supervision – Peer support specialists must be supervised regularly by a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center, including receiving face-to-face individual supervision no less than once a month.
- Care coordination - Peer support services must be coordinated within the context of a comprehensive, individualized treatment plan which is developed through a person centered planning process. The peer support services must be identified on each client's individual treatment plan, and must be designed to directly contribute to the participant's individualized goals, as specified in the plan.
- Training - Peer Support Specialists have a minimum educational requirement of a high school diploma or a General Educational Development (GED) certificate and must successfully complete training approved by DBHDID. Training includes a minimum 30 hour program based on a nationally-recognized curriculum. The curriculum includes modules on problem solving, creating a wellness recovery action plan, stages in the recovery process, effective listening skills, establishing recovery goals and using support groups to promote and sustain recovery. The peer must take and pass a test (both written and oral components) before being certified as a peer specialist. In addition, Peer Support Specialists must obtain at least 6 hours of related training or continuing education per year.

Authorized Providers

Peer Support – Peer support specialists must be employed by a licensed organization or provider group that meets the criteria of a licensed organization and the following additional criteria:

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(h) Peer Support (continued)

- Must employ qualified peer support specialists who are certified in accordance with Kentucky Administrative Regulation
- Must provide supervision by a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center for peer support specialists
- Capacity to provide on-going continuing education and technical assistance to peer support specialists
- Demonstrated experience serving the behavioral health population (mental health, substance use or co-occurring mental health and substance use disorders) and age range served (youth or adult peers or parent-to-parent)

Rendering Practitioners practicing as part of a provider group or licensed organization

- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(h) Peer Support (continued)

Billing Providers

- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(i) Parent/Family Peer Support

Parent/Family Peer Support is emotional support that is provided by parents or family members of children having a mental health, substance use, or co-occurring mental health and substance use disorder to parents or family members with a child sharing a similar mental health, substance use, or co-occurring mental health and substance use disorder in order to bring about a desired social or personal change. It is an evidence based practice. Peer Support Services are structured and scheduled non-clinical but therapeutic activities with individuals or groups provided by a self-identified parent /family member of a child/youth consumer of mental health, substance use, or co-occurring mental health and substance use disorder services who has been trained and certified in accordance with state regulations. Services should promote socialization, recovery, self-advocacy, preservation and enhancement of community living skills for the client.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(i) Parent/Family Peer Support (continued)

Peer support services must incorporate the following core components:

- Supervision – Peer support specialists must be supervised regularly by a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center, including receiving face-to-face individual supervision no less than once a month.
- Care coordination - Peer support services must be coordinated within the context of a comprehensive, individualized treatment plan which is developed through a person centered planning process. The peer support services must be identified on each client's individual treatment plan, and must be designed to directly contribute to the participant's individualized goals, as specified in the plan.
- Training - Peer Support Specialists have a minimum educational requirement of a high school diploma or a General Educational Development (GED) certificate and must successfully complete training approved by DBHDID. Training includes a minimum 30 hour program based on a nationally-recognized curriculum. The curriculum includes modules on problem solving, creating a wellness recovery action plan, stages in the recovery process, effective listening skills, establishing recovery goals and using support groups to promote and sustain recovery. The peer must take and pass a test (both written and oral components) before being certified as a peer specialist. In addition, Peer Support Specialists must obtain at least 6 hours of related training or continuing education per year.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(i) Parent/Family Peer Support (continued)

Authorized Providers

Peer Support – Peer support specialists must be employed by a licensed organization or provider group that meets the criteria of a licensed organization and the following additional criteria:

- Must employ qualified peer support specialists who are certified in accordance with Kentucky Administrative Regulation
- Must provide supervision by a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center for peer support specialists
- Capacity to provide on-going continuing education and technical assistance to peer support specialists
- Demonstrated experience serving the behavioral health population (mental health, substance use or co-occurring mental health and substance use disorders) and age range served (youth or adult peers or parent-to-parent)

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(i) Parent/Family Peer Support (continued)

Rendering Practitioners practicing as part of a provider group or licensed organization

- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Provider Group
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(j) Intensive Outpatient Program (IOP)

Intensive Outpatient Program is an alternative to inpatient hospitalization or partial hospitalization for mental health and/or substance use disorders. An intensive outpatient program must offer a multi-modal, multi-disciplinary structured outpatient treatment program that is significantly more intensive than individual, group, and family therapies.

IOP services must be provided at least three (3) hours per day and at least three (3) days per week.

Programming must include individual therapy, group therapy, and family therapy unless contraindicated, Crisis Intervention as it would occur in the setting where IOP is being provided, and psychoeducation (Psychoeducation is one component of outpatient therapy for mental health conditions. During psychoeducation, the client and/or their family is provided with knowledge about their diagnosis, the causes of that condition, and the reasons why a particular treatment might be effective for reducing their symptoms. Clients and their families gain empowerment to understand and accept the diagnosis and learn to cope with it in a successful manner).

All treatment plans must be individualized, focusing on stabilization and transition to a lesser level of care.

The State does not claim IOP that is located in a hospital as a rehabilitative service.

Authorized Providers

Intensive Outpatient Services - Practitioners must be employed by a provider group or licensed organization that meets the criteria of a provider group or licensed organization and the following additional criteria:

- Access to a board-certified or board-eligible psychiatrist for consultation
- Access to a psychiatrist, other physician or Advanced Practice Registered Nurse (APRN) for medication management
- Adequate staffing to assure a minimum recipient-to-staff ratio of four clients to one staff member
- Capacity to provide services utilizing a recognized intervention protocol based on Recovery Principles
- Capacity to employ required practitioners and coordinate service provision among rendering practitioners

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(j) Intensive Outpatient Program (IOP) (continued)

- Capacity to provide the full range of services included in the Intensive Outpatient service definition

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician

Billing Providers

- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(k) Individual Outpatient Therapy

Individual Therapy shall consist of a face-to-face therapeutic intervention provided in accordance with a recipient's identified treatment plan and is aimed at the deduction of adverse symptoms and improved functioning. Individual therapy must be provided as a one-on-one encounter between the provider and the client. Individual therapy services shall be limited to a maximum of three (3) hours per day, per client, but can be exceeded based on medical necessity.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a physician*

* Billed through supervisor

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(k) Individual Outpatient Therapy (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(l) Group Outpatient Therapy

Group therapy shall be therapeutic intervention provided to a group of unrelated persons. A group consists of no more than eight persons. It is usually for a limited time period (generally 1 to 1 ½ hours in duration). In group therapy, clients are involved with one another at a cognitive and emotional level. Group therapy focuses on psychological needs of the clients as evidenced in each client's plan of treatment. Group therapy centers on goals such as building and maintaining healthy relationships, personal goal setting, and the exercise of personal judgment. The group shall have a deliberate focus and must have a defined course of treatment. Individual notes must be written for each recipient within the group and be kept in that individual's medical record.

Services shall be limited to a maximum of three (3) hours of group therapy per day, per client, but can be exceeded based on medical necessity.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(I) Group Outpatient Therapy (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(m) Family Outpatient Therapy

Family Therapy shall consist of a face to face therapeutic intervention provided through scheduled therapeutic visits between the therapist and the recipient and one or more members of a recipient's family to address issues interfering with the relational functioning of the family and improve interpersonal relationships within the home environment.

The need for family therapy shall be so stated in the client's plan of treatment. Family therapy services shall be for the benefit of the client

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. **Rehabilitative Services**

A. **Treatment Services for Substance Use Disorders and Mental Health Disorders**

4. **Covered Services (continued)**

(m) **Family Outpatient Therapy (continued)**

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(n) Collateral Outpatient Therapy

Collateral services shall be limited to recipients under the age of twenty-one, who are clients of the rendering provider. A collateral service shall be a face-to-face encounter with a parent/caregiver, legal representative/guardian, school personnel or other person in a position of custodial control or supervision of the client, for the purpose of providing counseling or consultation on behalf of a client in accordance with an established plan of treatment. The parent or legal representative in a role of supervision of the client shall give written approval for this service. This written approval shall be kept in the recipient's medical record. This service is only reimbursable for a recipient under age 21.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(n) Collateral Outpatient Therapy (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(o) Partial Hospitalization

Partial Hospitalization is a short-term (average of four to six weeks), less than 24-hour, intensive treatment program for individuals experiencing significant impairment to daily functioning due to substance use disorders, mental health disorders, or co-occurring mental health and substance use disorders. Partial Hospitalization may be provided to adults or children. Admission criteria are based on an inability to adequately treat the client through community-based therapies or intensive outpatient services. The program will consist of individual, group, family therapies and medication management. Educational, vocational, or job training services that may be provided as part of Partial Hospitalization are not reimbursed by Medicaid. The program has an agreement with the local educational authority to come into the program to provide all educational components and instruction which are not Medicaid billable or reimbursable. Services in a Medicaid-eligible child's Individual Education Plan (IEP) are coverable under Medicaid.

Partial Hospitalization is typically provided for a lesser number hours per day and days per week than Day Treatment. Partial Hospitalization is typically focused on one primary presenting problem (i.e. Substance use, sexual reactivity, etc.). Day treatment is typically provided for more hours per day for more days per week, requires more treatment components and often lasts for a longer period of time (e.g., three months), compared to partial hospitalization. Day treatment may focus on resolving multiple mental health and/or substance use issues and is typically provided as an alternative to a school or other traditional day time setting for children.

Authorized Providers

Partial Hospitalization – Practitioners must be employed by a licensed organization that meets the criteria of a licensed organization and the following additional criteria:

- Programs must provide the following medical coverage: An Advanced Practice Registered Nurse (APRN), Physician Assistant (PA) or Physician available on site and a board-certified or board-eligible psychiatrist available for consultation
- Capacity to provide services utilizing a recognized intervention protocol based on Recovery Principles
- Capacity to employ required practitioners and coordinate service provision among rendering practitioners
- Capacity to provide the full range of services included in the Partial Hospitalization definition

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(o) Partial Hospitalization (continued)

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician

Billing Providers

- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(p) Service Planning

Service planning involves assisting the recipient in creating an individualized plan for services needed for maximum reduction of mental disability and restoration of a recipient to his best possible functional level. A person centered planning process is required. The plan is directed by the recipient and must include practitioners of the recipient's choosing. The providers include more than licensed professionals – it may include the recipient (and his guardian if applicable), care coordinator, other service providers, family members or other individuals that the recipient chooses.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(p) Service Planning (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(q) Residential Services for Substance Use Disorders (SUDS) TREATMENT FOR SUBSTANCE USE ONLY

Residential services for substance use disorders is residential treatment (24 hour/day) that may be short-term or long-term for the purposes of providing intensive treatment and skills building, in a structured and supportive environment, to assist individuals (children and adults) to obtain abstinence and enter into alcohol/drug addiction recovery. This service is provided in a 24 hour live-in facility that offers a planned and structured regimen of care that aims to treat persons with addictions or substance use disorders and assists them in making the necessary changes in their lives that will enable them to live drug or alcohol free lives. Individuals must have been assessed and meet criteria for approval of residential services, utilizing a nationally recognized assessment tool (c.g., American Society of Addiction Medicine (ASAM) as approved by the DBHDID.

Services should have more than eight (8), but less than or equal to 16 patient beds; be under the medical direction of a physician; and provide continuous nursing services.

Residential treatment services shall be based on individual need and may include:

- Screening
- Assessment
- Service Planning
- Individual Therapy
- Group Therapy
- Family Therapy
- Peer Support

Service provision must be in accordance with KY licensure for procedures and standards for persons and agencies operating nonmedical/non-hospital based alcohol and other drug abuse treatment programs and the individually credentialed personnel as outlined in the state law. (908 KAR 1:370)

There are two levels of residential treatment:

- Short term –length of stay-14-28 days
- Long term- length of stay 28- 90 days

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(q) Residential Services for Substance Use Disorders (SUDS) TREATMENT FOR SUBSTANCE USE ONLY (continued)

Short Term

Short-term services should have a duration of less than thirty (30) days, but can be exceeded based on medical necessity. 24 hour staff as required by licensing regulations. Planned Clinical program activities constituting at least 15 hours per week of structured professionally directed treatment services to stabilize and maintain a person's substance use disorder and to help him or her to develop and apply recovery skills.

Services may include:

- Screening
- Assessment
- Service Planning
- Individual Therapy
- Group Therapy
- Family Therapy
- Peer Support

Long Term

24 hour staff as required by licensing regulations

Planned clinical program activities constituting 40 hours per week of structured professionally directed treatment services to stabilize and maintain a person's substance use and or substance use and mental health disorder and to help him or her to develop and apply recovery skills

Services may include:

- Screening
- Assessment
- Service Planning
- Individual Therapy
- Group Therapy
- Family Therapy
- Peer Support

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(q) Residential Services for Substance Use Disorders (SUDS) TREATMENT FOR SUBSTANCE USE ONLY (continued)

Residential SUD treatment programs do not include, and FFP is not available for, room and board services; educational, vocational and job training services; habilitation services; services to inmates in public institutions as defined in 42 CFR §435.1010; services to individuals residing in institutions for mental diseases as described in 42 CFR§435.1010; recreational and social activities; and services that must be covered elsewhere in the state Medicaid plan. Services must be provided in a residential unit with 16 or fewer beds or, if provided within multiple units operating as on unified facility, 16 or fewer aggregated beds.

Authorized Providers

Residential Services for Substance Use Disorders (SUDS) – Practitioners must be employed by a licensed organization which meets the criteria of a licensed organization and the following additional criteria:

- Licensure as a non-medical/non-hospital based alcohol and other drug abuse treatment program in accordance with 908 KAR 1:370
- Capacity to employ required practitioners and coordinate service provision among rendering practitioners
- Capacity to provide the full range of services included in the service definition

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(q) Residential Services for Substance Use Disorders (SUDS) TREATMENT FOR SUBSTANCE USE ONLY (continued)

- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a physician
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Licenscd Organizations

(r) Screening, Brief Intervention, and Referral to Treatment (SBIRT) TREATMENT OF SUBSTANCE USE ONLY

SBIRT is an evidence-based early intervention approach that targets individuals with non-dependent substance use to provide effective strategies for intervention prior to the need for more extensive or specialized treatment. SBIRT consists of three major components:

Screening – Assessing an individual for risky substance use behaviors using standardized screening tools;

Brief Intervention – Engaging a patient showing risky substance use behaviors in a short conversation, providing feedback and advice; and

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

**(r) Screening, Brief Intervention, and Referral to Treatment (SBIRT)
TREATMENT OF SUBSTANCE USE ONLY (continued)**

Referral to Treatment – Provides a referral to additional mental health, substance use, or co-occurring mental health and substance use disorder services to patients who screen in need of additional services to address substance use. The Referral to Treatment is part of the Brief Intervention and thus to a behavioral health rehabilitative service.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

**(r) Screening, Brief Intervention, and Referral to Treatment (SBIRT)
TREATMENT OF SUBSTANCE USE ONLY (continued)**

- LPCC
- LMFT
- Physician
- Psychiatrist
- APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(s) Medication Assisted Treatment (MAT) TREATMENT FOR SUBSTANCE USE ONLY

Any opioid addiction treatment that includes a U.S. Food and Drug Administration (FDA) approved medication for the detoxification or maintenance treatment of opioid addiction (e.g., methadone, levo-alpha acetyl methadol [LAAM], buprenorphine, buprenorphinenaloxone, naltrexone) along with counseling and other supports, including urine drug screen. Services may be provided in an Opioid Treatment Program (OTP), a medication unit affiliated with an OTP, or, with the exception of Methadone, a physician's office or other community based setting including the recipient's home/residence, homeless shelter, school (only if not an IEP covered service), or other community setting where the recipient may wish/need to receive a service. Providers are instructed through regulations that the confidentiality of the client must be maintained in any setting where a service may occur. MAT increases the likelihood for cessation of illicit opioid use or of prescription opioid abuse. MATs are non-residential and must comply with all state laws.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(s) **Medication Assisted Treatment (MAT) TREATMENT FOR SUBSTANCE USE ONLY (continued)**

Opioid Treatment Program or “OTP” means a substance abuse program using approved controlled substances and offering a range of treatment procedures and services for the rehabilitation of persons dependent on opium, morphine, heroin or any derivative or synthetic drug of that group. A “medication unit affiliated with an OTP” means a Medication Station or Dosing Location that obtains its drug supply from the main program site and retains all records (except dosing, urine screens) at the main location. Main program means the location of the MAT program where all administrative and medical information related to the narcotic treatment program is retained for the purpose of on-site reviews by federal agencies or the state narcotic authority or state opioid treatment authority designee. Service components include:

- Individual and Group therapy
- Dosing
- Medication
- Assessment and
- Urine Drug screens

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization – must obtain specific certification to deliver this service

- Physician
- Psychiatrist

Billing Providers

- Individual Practitioners
 - Physician
 - Psychiatrist
- Provider Groups
 - Physician
 - Psychiatrist
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(t) Assertive Community Treatment (ACT) TREATMENT OF MENTAL HEALTH

Assertive community treatment (ACT) is an evidence-based psychiatric rehabilitation practice which provides a comprehensive approach to service delivery for consumers with serious mental illnesses. ACT uses a multidisciplinary team of professionals including psychiatrists, nurses, case managers, therapists and peer support specialists. Component services include assessment, treatment planning, case management, psychiatric services (including evaluation diagnosis and treatment of mental health and/or substance use disorders, case consultation, prescribing, and medication management delivered by a licensed professional), medication management including administration, individual and group therapy, peer support, mobile crisis intervention, mental health consultation, family support and basic living skills. Mental health consultation involves brief, collateral interactions with other treating professionals who may have information for the purposes of treatment planning and service delivery. Family support involves the ACT team working with the recipient's natural support systems to improve family relations in order to reduce conflict and increase recipient autonomy and independent functioning. Basic living skills are rehabilitative services focused on teaching activities of daily living (i.e., taking medications, housekeeping, meal preparation, hygiene, interacting with neighbors) necessary to maintain independent functioning and community living. Psychiatric services as a component of the ACT service includes evaluation, diagnosis and treatment of mental health and or substance use disorders, case consultation, prescribing and medication management delivered by a licensed professional (i.e. psychiatrist, APRN)

Authorized Providers

Assertive Community Treatment (ACT) – Team members must be employed by a licensed organization that meets the criteria of a licensed organization and the following additional criteria:

- Must employ one or more teams led by one of the rendering practitioners listed below and including, at a minimum, four full time equivalents including a nurse and the rendering practitioners listed below.
- Adequate staffing to assure a caseload size no greater than 10 participants per team member
- Capacity to coordinate service provision among team members
- Capacity to provide the full range of services included in the ACT service definition

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(t) Assertive Community Treatment (ACT) TREATMENT OF MENTAL HEALTH (continued)

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT) Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a MD
- Registered Nurse (RN)
- Licensed Practical Nurse (LPN)
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(u) Comprehensive Community Support Services TREATMENT OF MENTAL HEALTH ONLY

Comprehensive Community Support Services covers activities necessary to allow individuals with mental illnesses to live with maximum independence in the community. Activities are intended to assure successful community living through utilization of skills training as identified in the individual service plan. Skills training is designed to reduce mental disability and restore the recipient to his best possible functional level. Comprehensive community support services consists of using a variety of psychiatric rehabilitation techniques to improve daily living skills (hygiene, meal preparation, medication adherence), self-monitoring of symptoms and side effects, emotional regulation skills, crisis coping skills and developing and enhancing interpersonal skills.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Physician Assistant (PA) working under the supervision of a Physician*
- Advanced Practice Registered Nurse (APRN)

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(u) Comprehensive Community Support Services TREATMENT OF MENTAL HEALTH ONLY (continued)

- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center*

* Billed through supervisor

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(v) Therapeutic Rehabilitation Program TREATMENT OF MENTAL HEALTH

A Therapeutic Rehabilitation Program is a rehabilitative service for adults with serious mental illnesses and children with serious emotional disabilities designed to maximize reduction of mental disability and restoration of the recipient's best possible functional level. Services shall be designed for the reduction in disabilities related to social, personal, and daily living skills, as well as the restoration of these skills. The recipient establishes his own rehabilitation goals within the person centered service plan. Component services are delivered using a variety of psychiatric rehabilitation techniques and focus on improving daily living skills (hygiene, meal preparation, and medication adherence), self-monitoring of symptoms and side effects, emotional regulation skills, crisis coping skills and interpersonal skills. Services may be delivered individually or in a group.

Authorized Providers

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(v) Therapeutic Rehabilitation Program TREATMENT OF MENTAL HEALTH (continued)

- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center*

* Billed through supervisor

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

5. Community Mental Health Centers (CMHC)

CMHCs provide a comprehensive range of coordinated mental health and substance use rehabilitation services. Reimbursement is available for all rehabilitation services described above under covered services subject to the following:

1. Medicaid will reimburse for community mental health center rehabilitation services when provided to persons diagnosed with a mental health disorder or substance use or co-occurring disorder when provided by qualified mental health professionals listed below. Service limitations applicable to other provider types are also applicable to CMHCs.
2. Professionals qualified to provide mental health or substance use rehabilitation services in the CMHCs include:
 - Licensed Psychologist (LP)
 - Licensed Psychological Practitioner (LPP)
 - Licensed Clinical Social Worker (LCSW)
 - A psychiatric social worker with a master's degree from an accredited school
 - Licensed Professional Clinical Counselor (LPCC)
 - Licensed Marriage and Family Therapist (LMFT)
 - Psychiatrist
 - Physician
 - A psychiatric nurse licensed in the state of Kentucky with one of the following combination of education and experience:
 - i. Master of Science in Nursing with a specialty in psychiatric or mental health nursing. No experience required.
 - ii. Bachelor of Science in Nursing and 1 year of experience in a mental health setting.
 - iii. A graduate of a three-year educational program with 2 years of experience in a mental health setting.
 - iv. A graduate of a two-year educational program (Associate degree) with 3 years of experience in a mental health setting.
 - A professional equivalent, through education in a mental health field and experience in a mental health setting, qualified to provide mental health services. Professional equivalents may include practitioners obtaining experience to qualify for licensure in their behavioral health profession or individuals with a bachelor's degree or greater, with experience in behavioral health. Education and experience are as follows:
 - i. Bachelor's degree and 3 years of full-time supervised experience.
 - ii. Master's degree and 6 months of full-time supervised experience.
 - ii. Doctoral degree. No experience.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

5. Community Mental Health Centers (CMHC) (continued)

- The following professionals may provide services with appropriate supervision:
 - i. A mental health associate with a minimum of a Bachelors degree in psychology, sociology, social work, or human services under supervision of one of the above professionals;
 - ii. A licensed psychological associate working under the supervision of a licensed psychologist;
 - iii. A licensed professional counselor associate working under the supervision of a licensed professional clinical counselor;
 - iv. A certified social worker, Master Level working under the supervision of a licensed clinical social worker;
 - v. A marriage and family therapy associate working under the supervision of a licensed marriage and family therapist;
 - vi. A physician assistant working under the supervision of a physician;
 - vii. A peer support specialist who meets the qualifications in 908 KAR 2:220, has completed required training, and who is working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a regional community mental health center;
 - viii. A certified alcohol and drug counselor (CADC) working under the supervision of a CADC who has at least two (2) years of post-certificate experience and who provides supervision to not more than twelve (12) applicants in an individual or group setting at any one (1) time, and whose certificate is currently in good standing with the (CADC) board;
 - ix. A community support associate who is working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a regional community mental health center, or professional equivalent.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers

Qualified providers are approved practitioners, licensed or certified under state law, operating within the scope of their licensures (or under the appropriate supervision).

1. APRN – KRS 314.042 states that an applicant for licensure to practice as an advanced practice registered nurse shall:
 - (a) File with the board a written application for licensure and submit evidence, verified by oath, that the applicant has completed an approved organized post basic program of study and clinical experience; has fulfilled the requirements of KRS 214.615(1); is certified by a nationally established organization or agency recognized by the board to certify registered nurses for advanced practice registered nursing; and is able to understandably speak and write the English language and to read the English language with comprehension.
 - (b) The board may issue a license to practice advanced practice registered nursing to an applicant who holds a current active registered nurse license issued by the board or holds the privilege to practice as a registered nurse in this state and meets the qualifications of subsection (1) of this section. An advanced practice registered nurse shall be:
 - i. Designated by the board as a certified nurse anesthetist, certified nurse midwife, certified nurse practitioner, or clinical nurse specialist; and
 - ii. Certified in a least one (1) population focus.
 - (c) An advanced practice registered nurse shall maintain a current active registered nurse license issued by the board or hold the privilege to practice as a registered nurse in this state and maintain current certification by the appropriate national organization or agency recognized by the board.
 - (d) Before an advanced practice registered nurse engages in the prescribing or dispensing of nonscheduled legend drugs as authorized by KRS 314.011(8), the advanced practice registered nurse shall enter into a written "Collaborative Agreement for the Advanced Practice Registered Nurse's Prescriptive Authority for Nonscheduled Legend Drugs" (CAPA-NS) with a physician that defines the scope of the prescriptive authority for nonscheduled legend drugs.
 - (e) Before an advanced practice registered nurse engages in the prescribing of Schedules II through V controlled substances as authorized by KRS 314.011(8), the advanced practice registered nurse shall enter into a written "Collaborative Agreement for the Advanced Practice Registered Nurse's Prescriptive Authority for Controlled Substances" (CAPA-CS) with a physician that defines the scope of the prescriptive authority for controlled substances.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

2. Certified Social Worker, Master Level – KRS 335.08 states the board shall issue a license as “certified social worker” to an applicant who meets the following requirements:
 - (a) Is at least eighteen years of age;
 - (b) Is a person of good moral character;
 - (c) Has received a master’s degree or doctorate degree in social work from an educational institution approved by the board;
 - (d) Has passed an examination prepared by the board;
 - (e) Has not, within the preceding three months failed to pass an examination given by the board;
 - (f) A Certified Social Worker, Master Level may engage in the practice of clinical social work by contracting, in writing, with a licensed behavioral health professional who meets the requirements of the respective KY Board of Licensure for supervision of the Certified Social Worker, Masters Level. The supervising licensed behavioral health professional shall assume responsibility for and supervise the MFTA’s practice.

3. Licensed Clinical Social Worker (LCSW) – KRS 335.100 states that the LCSW must:
 - (a) Have received a master's degree or doctoral degree in social work from an educational institution approved by the board;
 - (b) Have had a minimum of two (2) years of full time post-master's experience, consisting of at least thirty (30) hours per week, or three (3) years of part time, consisting of at least twenty (20) hours per week, post-master's degree experience acceptable to the board in the use of specialty methods and measures to be employed in clinical social work practice, the experience having been acquired under appropriate supervision as established by the board by promulgation of an administrative regulation;
 - (c) Have paid to the board an examination fee established by the board by promulgation of an administrative regulation;
 - (d) Have passed an examination prepared by the board for this purpose; and
 - (e) Have not, within the preceding three (3) months, failed to pass an examination given by the board;

4. Licensed Marriage and Family Therapist (LMFT) – KRS 335.330 states the LMFT has
 - (a) Completed a master's or doctoral degree program in marriage and family therapy, from a regionally-accredited educational institution, or a master's, post-master's, or doctoral program approved by the Commission on Accreditation for Marriage

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

and Family Therapy Education or any of its successor organizations, or an equivalent course of study as defined by the board by promulgation of administrative regulations.

- i The degree or equivalent course of study shall contain specific coursework on psychopathology and the Diagnostic and Statistical Manual; and
 - ii In determining equivalency, the board shall use the criteria for marriage and family therapy education and clinical training approved by the United States Department of Education;
- (b) Completed each of the following:
- i At least two (2) years' experience in the practice of marriage and family therapy, acceptable to the board and subsequent to being granted a master's degree; and
 - ii A minimum of two hundred (200) hours of clinical supervision acceptable to the board and subsequent to being granted a master's degree; and
- (c) Passed a written examination prescribed by the board by promulgation of administrative regulations.

5. Marriage and Family Therapist Associate (LMFTA) – KRS 335.332 states the LMFTA has
- (a) Completed a master's or doctoral degree program in marriage and family therapy, from a regionally-accredited educational institution, or a master's, post-master's, or doctoral program approved by the Commission on Accreditation for Marriage and Family Therapy Education or any of its successor organizations, or an equivalent course of study as defined by the board by promulgation of administrative regulations.
 - i The degree or equivalent course of study shall contain specific coursework on psychopathology and the Diagnostic and Statistical Manual; and
 - ii In determining equivalency, the board shall use the criteria for marriage and family therapy education and clinical training approved by the United States Department of Education;
 - (b) A MFTA shall engage in the practice of marriage and family therapy while receiving qualifying experience by contracting, in writing, with a licensed behavioral health professional who meets the requirements of the respective KY Board of Licensure for supervision of the MFTA. The supervising licensed behavioral health professional shall assume responsibility for and supervise the MFTA's practice.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

6. Licensed Professional Clinical Counselor – KRS 335.525 states that the board shall issue a "professional clinical counselor" license to an applicant who:
- (a) Has paid the application fee and the appropriate examination fee to the board;
 - (b) Is of good moral character;
 - (c) Has received a master's, specialist, or doctoral degree in counseling or a related field from a regionally accredited institution;
 - (d) Has completed a minimum of sixty (60) graduate semester hours in the following:
 - i The helping relationship, including counseling theory and practice;
 - ii Human growth and development;
 - iii Lifestyle and career development;
 - iv Group dynamics, process, counseling, and consulting;
 - v Assessment, appraisal, and testing of individuals;
 - vi Social and cultural foundations, including multicultural issues;
 - vii Principles of etiology, diagnosis, treatment planning, and prevention of mental and emotional disorders and dysfunctional behavior;
 - viii Research and evaluation; and
 - ix Professional orientation and ethics;
 - (e) Has completed a minimum of four thousand (4,000) hours of experience in the practice of counseling, all of which must have been obtained since obtaining the master's degree and must be under approved supervision and shall include but not be limited to a minimum of one thousand six hundred (1,600) hours of direct counseling with individuals, couples, families, or groups and a minimum of one hundred (100) hours of individual, face-to-face clinical supervision with an approved supervisor. Each applicant is encouraged to include as part of the total hours of experience a minimum of ten (10) hours of direct counseling with individuals in a jail or corrections setting. All applicants shall complete an organized practicum or internship consisting of at least four hundred (400) hours; and
 - (f) Has achieved passing scores on all portions of the examinations required by the board.
7. Licensed Professional Counselor Associate – KRS 335.525 states that the board shall issue a "professional clinical counselor" license to an applicant who:
- (a) Has completed all requirements under paragraphs (a) to (d) as outlined under Licensed Professional Counselor above;
 - (b) Has not met the requirements of paragraphs (e) or (f) as outlined under Licensed Professional Counselor above; and

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

- (c) Has obtained a board-approved supervisor of record.
 - (d) A licensed professional counselor associate shall maintain ongoing supervision with a licensed behavioral health professional who meets the requirements of the respective KY Board of Licensure for supervision of the Licensed Professional Counselor Associate. The supervising licensed behavioral health professional shall assume responsibility for and supervise the MFTA's practice.
8. Licensed Psychological Associate – KRS 319.064 states a licensed psychological associate shall:
- (a) Have received a master's degree in psychology from a regionally accredited educational institution.
 - (b) Have passed an examination procedure in psychology.
 - (c) A licensed psychological associate shall not practice independently, except under the employment and supervision of any board-approved licensed psychologist.
9. Licensed Psychological Practitioner – KRS 319.053 states a person holding a credential as a certified psychologist or as a licensed psychological associate may apply for a license to perform certain functions within the practice of psychology without supervision and use the title of "licensed psychological practitioner" when all of the following conditions are met:
- (a) Submission of three letters of endorsement to the board to sit for the examination:
 - i one of the letters shall be from the applicant's current board approved supervisor of record and shall include a statement describing the scope of practice demonstrated in the clinical experience of the applicant; and
 - ii Two letters shall be from licensed mental health professionals who are acceptable to the board and who are familiar with the clinical work of the applicant.
 - (b) Documentation of at least sixty semester hours of graduate study in psychology or a related field or its equivalent acceptable to the board; and
 - (c) Completion, after credentialing by the board as a certified psychologist, psychological associate, or licensed psychological associate, of the equivalent of five full-time years of professional experience under the supervision of a board-approved licensed psychologist.
 - (d) An applicant for licensure shall be required by the board to pass the national objective examination known as the EPPP, with an equal to or exceeding the score required for the passage for a licensed psychologist candidate at the doctoral level at the time the examination is taken.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

(e) The board shall require an applicant for licensure under this section to pass an examination of psychological practice, ethical principles and the law.

10. Licensed Psychologist – Per KRS 319.050, a licensed psychologist shall pass an examination in psychology and fulfill all requirements for supervised experience.

(a) The psychologist shall:

i Have received a doctoral degree in psychology that is acceptable to the board from a regionally accredited educational institution; provided, however, the board may grant a license to an individual otherwise qualified under this chapter who has received a doctoral degree in psychology that is acceptable to the board from an educational institution outside the United States, if the educational institution would otherwise be accredited by a regional accrediting body if located in the United States;

ii Have passed the national EPPP examination at the doctoral level; and

iii Have had at least two (2) years of supervised professional experience satisfactory to the board, one (1) year of which shall be an internship.

(b) Upon acceptance of the application to sit for the examination in psychology, the applicant may practice psychology under the supervision of a licensed psychologist under conditions of supervision and temporary licensure established by the board. The board shall establish a grace period not to exceed sixty (60) days to allow for the employment and supervision of the applicant by an agency from the time the applicant's degree requirements are completed to the submission of the complete application. During this period of supervision, the applicant for licensure may not supervise certified psychologists, licensed psychological associates, other applicants for licensure, or temporarily licensed persons, nor shall he engage in an independent practice, except under the employment of his supervising psychologist. Upon certification to the board of completion of the two (2) years of supervision satisfactory to the board, the applicant shall be examined on psychological practice, ethical principles, and the law.

(c) Licensed psychologists may function independently without supervision. Licensed psychologists who have the designation "health service provider" may retain that designation and may employ and supervise certified psychologists and licensed psychological associates. Licensed psychologists who have the designation "health service provider" may supervise no more than a total of six (6) certified psychologists, licensed psychological associates, or applicants for licensure at one (1) time.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

11. Physician – KRS 311.571 states that any applicant who is a graduate of a medical or osteopathic school shall be eligible for a regular license to practice medicine in the Commonwealth if they:
 - (a) Are able to understandably speak, read, and write the English language;
 - (b) Has graduated from an accredited college or university or has satisfactorily completed a collegiate course of study necessary for entry into an approved medical or osteopathic school or college;
 - (c) Has graduated from a prescribed course of instruction in a medical or osteopathic school or college situated in the United States or Canada and approved by the board;
 - (d) Has satisfactorily completed a prescribed course of postgraduate training of a duration to be established by the board in an administrative regulation; and
 - (e) Has successfully completed an examination prescribed by the board;
12. Physician Assistant – Has graduated from a physician assistant or surgeon assistant program accredited by the Accreditation Review Commission on Education for Physician Assistants or its predecessor or successor agencies and has passed the certifying examination administered by the National Commission on Certification of Physician Assistants or its predecessor or successor agencies; or (b) Possesses a current physician assistant certificate issued by the board prior to July 15, 2002;
13. Psychiatrist – Licensed under the laws of Kentucky to practice medicine or osteopathy, or a medical officer of the government of the United States while engaged in the performance of official duties, who is certified or eligible to apply for certification by the American Board of Psychiatry and Neurology, Inc.
14. KY Credentialed Peer Support Specialist – Kentucky regulation states that an applicant shall:
 - (a) Complete and submit an application for training to DBHDID;
 - (b) Complete the DBHDID peer specialist training program;
 - (c) Successfully complete the DBHDID peer specialist examination;
 - (d) Complete and maintain documentation of a minimum of six (6) hours of job related training or education in each subsequent year of employment; and
 - (e) Deliver services working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center, including regularly scheduled face-to-face supervision.

15. Certified Alcohol and Drug Counselor (CADC): KAR 309.083 states that shall:
- (a) Be at least eighteen (18) years of age;
 - (b) Have obtained a baccalaureate degree;
 - (c) Have completed six thousand (6,000) hours of board-approved experience working with alcohol or drug dependent persons, three hundred (300) hours of which shall have been under the direct supervision of a certified alcohol and drug counselor who has at least two (2) years of post-certification experience; (4) Have completed at least two hundred seventy (270) classroom hours of board-approved curriculum;
 - (d) Have passed a written examination that has been approved by the International Certification Reciprocity Consortium on Alcoholism and Drug Abuse and an oral examination approved by the board;
 - (e) Have signed an agreement to abide by the standards of practice and code of ethics approved by the board;
 - (f) Have completed at least six (6) hours of ethics training and two (2) hours of training in the transmission, control, treatment, and prevention of the human immunodeficiency virus;
 - (g) Have submitted two (2) letters of reference from certified alcohol and drug counselors; and
 - (h) Be supervised by a certified alcohol and drug counselor who has at least two (2) years of post-certificate experience and who provides supervision to not more than twelve (12) applicants in an individual or group setting at any one (1) time, and whose certificate is currently in good standing with the (CADC) board.
 - (e) Work under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a regional community mental health center or a professional equivalent.

State: Kentucky

13. Other diagnostic, screening, preventive and rehabilitative services, i.e., other than those provided elsewhere in this plan.

Diagnostic, screening, preventive, and rehabilitative services are covered when provided by qualified providers, licensed in accordance with applicable state laws and regulations. Reimbursement for services under this authority will not be made when delivered in a long-term care environment as such services are reimbursable as a routine cost to the institution.

13a. Diagnostic Services

Diagnostic Services are described under other sections of this State Plan.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13b. Screening Services

Screening Services are described under other sections of this State Plan.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

Rehabilitative substance use and mental health services are medical or remedial services that have been recommended by a physician or other licensed practitioner of the healing arts within the scope of his practice, under Kentucky State Law and consistent with federal regulations at 42 CFR 440.130(d).

Each medical professional is given the choice of whether or not to participate in the Kentucky Medicaid Program. From those professionals who have chosen to participate, the recipient may choose the one from whom he wishes to receive his medical care.

When the Department makes payment for a covered service and the provider accepts the payment made by the Department in accordance with the Department's fee structure, the amounts paid shall be considered payment in full except any applicable co-payment; and no bill for the same service shall be sent to the recipient for any amount above the Medicaid allowed charges (with the exception of any applicable co-payments). The provider may bill the recipient for services not covered by Kentucky Medicaid; however, the provider must make the recipient aware of the non-covered services prior to rendering those services.

Providers of medical service attest by their signatures that the presented claims are valid and in good faith. Fraudulent claims are punishable by fine and /or imprisonment.

Diagnoses shall be recorded in the health record within three visits, in order to receive Medicaid payment. The exception is for crisis services.

A billable unit of service is the actual time spent face-to-face delivering an actual service. Time spent in traveling to and from an off-site visit shall not be billed.

1. Limitations on Amount, Duration or Scope of Services

Unless a diagnosis is made and documented in the medical record within three visits, the service will not be covered. The exception is for crisis services. An appropriate mental health or substance use disorder diagnosis is required for coverage, with the exception for crisis services.

Some rehabilitative services are furnished with limitations on amount, duration, or scope of service. The limitations of these services are indicated in the service description. If there is no limitation noted within the description of the service, there are no limits on the amount, duration or scope of the service. All services, including those without specific limitations, with the exception of crisis services, must meet medical necessity and must be provided in accordance with a documented diagnosis and plan of treatment.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

1. Limitations on Amount, Duration or Scope of Services (continued)

The following services will NOT be covered by Medicaid:

- (a) Services provided to residents of nursing facilities
- (b) Services provided to inmates of local, state or federal jails, detention centers or prisons
- (c) Services to those with developmental and intellectual disabilities, without documentation of an additional psychiatric diagnosis
- (d) Psychiatric or psychological testing for other agencies such as courts or schools, which does not result in the client receiving psychiatric intervention or therapy from the independent provider. If the testing results in behavioral health treatment, then the testing was medically necessary and would be covered. School services included in a child's Individual Education Plan (IEP) may be coverable under the Medicaid School-Based Services Program.
- (e) Consultation or educational services provided to Medicaid recipients or others
- (f) Collateral therapy for ages 21 and over
- (j) Consultation or third party contracts shall be outside the scope of covered benefits. Covered services require direct patient contact except collateral services for children under age twenty-one (21), when a part of the plan of care.
- (k) Telephone calls, emails, texts or other electronic contacts
- (l) Travel time
- (m) Field trips, recreational, social, and physical exercise activity groups

2. Eligible Recipients

Unless otherwise indicated within the description of each service, services for the treatment of substance use and/or mental health are available to all Medicaid beneficiaries who meet the medical necessity criteria for these services. Except where indicated, all services will apply to both children and adults.

3. Categories of Providers

Kentucky defines the following categories of providers:

- (a) Individual Practitioner: An individual practitioner who is licensed by the respective board in the Commonwealth of Kentucky or who is supervised by a licensed practitioner to render health services and/or bill Kentucky Medicaid.
- (b) Provider group: A group of more than one individually licensed practitioner who forms a business entity to render health services and bill Kentucky Medicaid.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

3. Categories of Providers (continued)

- (c) Licensed organization: A business entity that employs licensed and non-licensed health professionals and is licensed to render health services and bill Kentucky Medicaid. This organization must also meet the following criteria:
- a. Be enrolled as a Medicaid provider in the Commonwealth of Kentucky;
 - b. Demonstrate experience serving the population of individuals with behavioral health disorders relevant to the particular services provided;
 - c. Have the administrative capacity to provide quality of services in accordance with state and federal requirements;
 - d. Use a financial management system that provides documentation of services and costs;
 - e. Demonstrate capacity to document and maintain individual case records in accordance with state and federal requirements.

4. Covered Services

Unless indicated within the description of services, all services listed below are eligible services for the treatment of both substance use, mental illness, and co-occurring conditions.

The following services, as defined by the Kentucky Department for Medicaid Services, are considered Medicaid rehabilitative mental health and substance use services:

- (a) Screening
- (b) Assessment
- (c) Psychological Testing
- (d) Crisis Intervention
- (e) Mobile crisis
- (f) Residential Crisis Stabilization
- (g) Day Treatment
- (h) Peer Support
- (i) Parent/Family Peer Support
- (j) Intensive Outpatient Program (IOP)
- (k) Individual Outpatient Therapy
- (l) Group Outpatient Therapy
- (m) Family Outpatient Therapy
- (n) Collateral Outpatient Therapy
- (o) Partial Hospitalization
- (p) Service Planning
- (q) Residential Services for Substance Use Disorders (Substance use only)

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

- (r) SBIRT – Screening, Brief Intervention and Referral to Treatment (Substance use only)
- (s) Medication Assisted Treatment (Substance use only)
- (t) Assertive Community Treatment (Mental health only)
- (u) Comprehensive Community Support Services (Mental health only)
- (v) Therapeutic Rehabilitation Program (TRP) (Mental health only)

(a) Screening

Screening shall be the determination of the likelihood that a person has a mental health, substance use, or co-occurring disorder. The purpose is not to establish the presence or specific type of such a disorder but to establish the need for an in-depth assessment.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT) Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(a) Screenings (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(b) Assessment

Assessment shall include gathering information and engaging in a process with the client that enables the provider to establish the presence or absence of a mental health and/or substance use disorder, determine the client's readiness for change, identify client strengths or problem areas that may affect the processes of treatment and recovery, and engage the client in the development of an appropriate treatment relationship. The purpose of an assessment is to establish (or rule out) the existence of a clinical disorder or service need and to work with the client to develop a treatment and service plan. This does not include psychological or psychiatric evaluations or assessments.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(b) Assessment (continued)

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(b) Assessment (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(c) Psychological Testing

Psychological testing for individuals with mental health, substance use, or co-occurring mental health and substance use disorders may include psychodiagnostic assessment of personality, psychopathology, emotionality, and/or intellectual abilities. Also includes interpretation and written report of testing results.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(c) Psychological Testing (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
- Provider Groups
 - LP
 - LPP
- Licensed Organizations

(d) Crisis Intervention

Crisis Intervention shall be a therapeutic intervention provided for the purpose of immediately reducing or eliminating risk of physical or emotional harm to the client, or others. This service shall be provided as an immediate relief to the presenting problem or threat. It must be followed by non-crisis service referral as appropriate. It must be provided in a face-to-face, one-on-one encounter between the provider and the client.

Crisis intervention may include further service prevention planning such as lethal means reduction for suicide risk and substance use relapse prevention.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(d) Crisis Intervention (continued)

- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center*

* Billed through supervisor

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(d) Crisis Intervention (continued)

- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(e) Mobile Crisis

Mobile Crisis provides the same services as crisis intervention, except the location for the service is not in the office. Services are available 24 hours a day, seven (7) days a week, 365 days a year. This service is provided in duration of less than 24 hours and is not an overnight service. This service provides crisis response in home or community to provide an immediate evaluation, triage and access to acute behavioral health services including treatment and supports to effect symptom reduction, harm reduction or to safely transition persons in acute crises to appropriate least restrictive level of care.

Authorized Providers

The Mobile Crisis practitioners must be employed by a licensed organization that meets the criteria of a licensed organization and the following additional criteria:

- Capacity to employ required practitioners and coordinate service provision among the rendering practitioners
- Capacity to provide the full range of mobile crisis services on a 24/7/365 basis
- Access to a board-certified or board-eligible psychiatrist on a 24/7/365 basis

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(e) Mobile Crisis (continued)

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center*

Billing Providers

- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(f) Residential Crisis Stabilization

Residential Crisis Stabilization services are provided in Crisis Stabilization Units. Crisis Stabilization Units are community-based, residential programs that offer an array of services including screening, assessment, treatment planning, individual, group, and family therapy, and peer support in order to stabilize a crisis and divert the individual from a higher level of care. It is not part of a hospital. They are used when individuals in a behavioral health emergency cannot be safely accommodated within the community, are not in need of hospitalization but need overnight care. The purpose is to stabilize the individual, provide treatment for acute withdrawal, when appropriate, and re-integrate them back into the community, or other appropriate treatment setting, in a timely fashion. These units provide a non-hospital residential setting and services 24-hours per day, seven days per week, 365 days a year. The estimated length of stay for children is three to five days. The estimated length of stay for adults is seven to 10 days. The component services of crisis stabilization units are screening, assessment, service planning, psychiatric services, individual therapy, family therapy, group therapy, and peer support.

Residential crisis stabilization does not include, and FFP is not available for, room and board services; educational, vocational and job training services; habilitation services; services to inmates in public institutions as defined in 42 CFR §435.1010; services to individuals residing in institutions for mental diseases as described in 42 CFR§435.1010; recreational and social activities; and services that must be covered elsewhere in the state Medicaid plan.

KY Medicaid will not pay for this service in a unit of more than 16 beds or multiple units operating as one unified facility with more than 16 aggregated beds.

Authorized Providers

The Residential Crisis Stabilization providers must be employed by a licensed organization that meets the criteria of a licensed organization and the following additional criteria:

- Capacity to employ practitioners and coordinate service provision among rendering providers
- Capacity to provide the full range of services included in the Residential Crisis Stabilization service definition
- Ability to provide Residential Crisis Stabilization services on a 24/7/365 basis
- Access to a board-certified or board-eligible psychiatrist on a 24/7/365 basis

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(f) Residential Crisis Stabilization (continued)

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(g) Day Treatment

Day Treatment is a non-residential, intensive treatment program designed for children/youth under the age of 21 who have an emotional disability, neurobiological and/or substance use disorders and who are at high risk of out-of-home placement due to behavioral health issues. Intensive coordination/linkage with schools and or other child serving agencies is included.

Intensive coordination is needed in order to successfully transition youth recipients to a lower level of care. See below for basic components of the required linkage agreement between the provider and the local education authority that specifies the responsibility of the authority and the provider for:

- Appropriately licensed teachers and provisions for their professional development;
- Educational supports including classroom aides and textbooks;
- Educational facilities;
- Physical education and recreational therapies;
- Transportation; and
- Transition planning.

Day treatment services do not include services covered in a child's Individualized Education Plan (IEP).

Day treatment services shall be provided:

- In collaboration with the education services of the Local Education Authority (LEA) including those provided through IDEA and/or Section 504;
- On school days and during scheduled breaks;
- In coordination with the recipient's individual educational plan, if the recipient has an individual educational plan;
- With a linkage agreement to other behavioral health services with the LEA that specifies the responsibilities of the LEA and the day treatment provider.

Authorized Providers

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(g) Day Treatment (continued)

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT

TN No. 13-022

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State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. **Rehabilitative Services**

A. **Treatment Services for Substance Use Disorders and Mental Health Disorders**

4. **Covered Services (continued)**

(g) **Day Treatment (continued)**

- Physician
- Psychiatrist
- APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(h) **Peer Support**

Peer Support is emotional support that is provided by persons having a mental health, substance use, or co-occurring mental health and substance use disorder to others sharing a similar mental health, substance use, or co-occurring mental health and substance use disorder in order to bring about a desired social or personal change. It is an evidence based practice. Peer Support Services are structured and scheduled non-clinical but therapeutic activities with individual clients or groups provided by a self-identified consumer of mental health, substance use, or co-occurring mental health and substance use disorder services who has been trained and certified in accordance with state regulations. Services should promote socialization, recovery, self-advocacy, preservation and enhancement of community living skills for the client.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(h) Peer Support (continued)

Peer support services must incorporate the following core components:

- Supervision – Peer support specialists must be supervised regularly by a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center, including receiving face-to-face individual supervision no less than once a month.
- Care coordination - Peer support services must be coordinated within the context of a comprehensive, individualized treatment plan which is developed through a person centered planning process. The peer support services must be identified on each client's individual treatment plan, and must be designed to directly contribute to the participant's individualized goals, as specified in the plan.
- Training - Peer Support Specialists have a minimum educational requirement of a high school diploma or a General Educational Development (GED) certificate and must successfully complete training approved by DBHDID. Training includes a minimum 30 hour program based on a nationally-recognized curriculum. The curriculum includes modules on problem solving, creating a wellness recovery action plan, stages in the recovery process, effective listening skills, establishing recovery goals and using support groups to promote and sustain recovery. The peer must take and pass a test (both written and oral components) before being certified as a peer specialist. In addition, Peer Support Specialists must obtain at least 6 hours of related training or continuing education per year.

Authorized Providers

Peer Support – Peer support specialists must be employed by a licensed organization or provider group that meets the criteria of a licensed organization and the following additional criteria:

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(h) Peer Support (continued)

- Must employ qualified peer support specialists who are certified in accordance with Kentucky Administrative Regulation
- Must provide supervision by a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center for peer support specialists
- Capacity to provide on-going continuing education and technical assistance to peer support specialists
- Demonstrated experience serving the behavioral health population (mental health, substance use or co-occurring mental health and substance use disorders) and age range served (youth or adult peers or parent-to-parent)

Rendering Practitioners practicing as part of a provider group or licensed organization

- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(h) Peer Support (continued)

Billing Providers

- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(i) Parent/Family Peer Support

Parent/Family Peer Support is emotional support that is provided by parents or family members of children having a mental health, substance use, or co-occurring mental health and substance use disorder to parents or family members with a child sharing a similar mental health, substance use, or co-occurring mental health and substance use disorder in order to bring about a desired social or personal change. It is an evidence based practice. Peer Support Services are structured and scheduled non-clinical but therapeutic activities with individuals or groups provided by a self-identified parent /family member of a child/youth consumer of mental health, substance use, or co-occurring mental health and substance use disorder services who has been trained and certified in accordance with state regulations. Services should promote socialization, recovery, self-advocacy, preservation and enhancement of community living skills for the client.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(i) Parent/Family Peer Support (continued)

Peer support services must incorporate the following core components:

- Supervision – Peer support specialists must be supervised regularly by a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center, including receiving face-to-face individual supervision no less than once a month.
- Care coordination - Peer support services must be coordinated within the context of a comprehensive, individualized treatment plan which is developed through a person centered planning process. The peer support services must be identified on each client's individual treatment plan, and must be designed to directly contribute to the participant's individualized goals, as specified in the plan.
- Training - Peer Support Specialists have a minimum educational requirement of a high school diploma or a General Educational Development (GED) certificate and must successfully complete training approved by DBHDID. Training includes a minimum 30 hour program based on a nationally-recognized curriculum. The curriculum includes modules on problem solving, creating a wellness recovery action plan, stages in the recovery process, effective listening skills, establishing recovery goals and using support groups to promote and sustain recovery. The peer must take and pass a test (both written and oral components) before being certified as a peer specialist. In addition, Peer Support Specialists must obtain at least 6 hours of related training or continuing education per year.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(i) Parent/Family Peer Support (continued)

Authorized Providers

Peer Support – Peer support specialists must be employed by a licensed organization or provider group that meets the criteria of a licensed organization and the following additional criteria:

- Must employ qualified peer support specialists who are certified in accordance with Kentucky Administrative Regulation
- Must provide supervision by a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center for peer support specialists
- Capacity to provide on-going continuing education and technical assistance to peer support specialists
- Demonstrated experience serving the behavioral health population (mental health, substance use or co-occurring mental health and substance use disorders) and age range served (youth or adult peers or parent-to-parent)

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(i) Parent/Family Peer Support (continued)

Rendering Practitioners practicing as part of a provider group or licensed organization

- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Provider Group
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(j) Intensive Outpatient Program (IOP)

Intensive Outpatient Program is an alternative to inpatient hospitalization or partial hospitalization for mental health and/or substance use disorders. An intensive outpatient program must offer a multi-modal, multi-disciplinary structured outpatient treatment program that is significantly more intensive than individual, group, and family therapies.

IOP services must be provided at least three (3) hours per day and at least three (3) days per week.

Programming must include individual therapy, group therapy, and family therapy unless contraindicated, Crisis Intervention as it would occur in the setting where IOP is being provided, and psychoeducation (Psychoeducation is one component of outpatient therapy for mental health conditions. During psychoeducation, the client and/or their family is provided with knowledge about their diagnosis, the causes of that condition, and the reasons why a particular treatment might be effective for reducing their symptoms. Clients and their families gain empowerment to understand and accept the diagnosis and learn to cope with it in a successful manner).

All treatment plans must be individualized, focusing on stabilization and transition to a lesser level of care.

The State does not claim IOP that is located in a hospital as a rehabilitative service.

Authorized Providers

Intensive Outpatient Services - Practitioners must be employed by a provider group or licensed organization that meets the criteria of a provider group or licensed organization and the following additional criteria:

- Access to a board-certified or board-eligible psychiatrist for consultation
- Access to a psychiatrist, other physician or Advanced Practice Registered Nurse (APRN) for medication management
- Adequate staffing to assure a minimum recipient-to-staff ratio of four clients to one staff member
- Capacity to provide services utilizing a recognized intervention protocol based on Recovery Principles
- Capacity to employ required practitioners and coordinate service provision among rendering practitioners

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(j) Intensive Outpatient Program (IOP) (continued)

- Capacity to provide the full range of services included in the Intensive Outpatient service definition

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician

Billing Providers

- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(k) Individual Outpatient Therapy

Individual Therapy shall consist of a face-to-face therapeutic intervention provided in accordance with a recipient's identified treatment plan and is aimed at the deduction of adverse symptoms and improved functioning. Individual therapy must be provided as a one-on-one encounter between the provider and the client. Individual therapy services shall be limited to a maximum of three (3) hours per day, per client, but can be exceeded based on medical necessity.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a physician*

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(k) Individual Outpatient Therapy (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. **Covered Services (continued)**

(I) **Group Outpatient Therapy**

Group therapy shall be therapeutic intervention provided to a group of unrelated persons. A group consists of no more than eight persons. It is usually for a limited time period (generally 1 to 1 ½ hours in duration). In group therapy, clients are involved with one another at a cognitive and emotional level. Group therapy focuses on psychological needs of the clients as evidenced in each client's plan of treatment. Group therapy centers on goals such as building and maintaining healthy relationships, personal goal setting, and the exercise of personal judgment. The group shall have a deliberate focus and must have a defined course of treatment. Individual notes must be written for each recipient within the group and be kept in that individual's medical record.

Services shall be limited to a maximum of three (3) hours of group therapy per day, per client, but can be exceeded based on medical necessity.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(I) Group Outpatient Therapy (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(m) Family Outpatient Therapy

Family Therapy shall consist of a face to face therapeutic intervention provided through scheduled therapeutic visits between the therapist and the recipient and one or more members of a recipient’s family to address issues interfering with the relational functioning of the family and improve interpersonal relationships within the home environment.

The need for family therapy shall be so stated in the client’s plan of treatment. Family therapy services shall be for the benefit of the client

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(m) Family Outpatient Therapy (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(n) Collateral Outpatient Therapy

Collateral services shall be limited to recipients under the age of twenty-one, who are clients of the rendering provider. A collateral service shall be a face-to-face encounter with a parent/caregiver, legal representative/guardian, school personnel or other person in a position of custodial control or supervision of the client, for the purpose of providing counseling or consultation on behalf of a client in accordance with an established plan of treatment. The parent or legal representative in a role of supervision of the client shall give written approval for this service. This written approval shall be kept in the recipient's medical record. This service is only reimbursable for a recipient under age 21.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(n) Collateral Outpatient Therapy (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(o) Partial Hospitalization

Partial Hospitalization is a short-term (average of four to six weeks), less than 24-hour, intensive treatment program for individuals experiencing significant impairment to daily functioning due to substance use disorders, mental health disorders, or co-occurring mental health and substance use disorders. Partial Hospitalization may be provided to adults or children. Admission criteria are based on an inability to adequately treat the client through community-based therapies or intensive outpatient services. The program will consist of individual, group, family therapies and medication management. Educational, vocational, or job training services that may be provided as part of Partial Hospitalization are not reimbursed by Medicaid. The program has an agreement with the local educational authority to come into the program to provide all educational components and instruction which are not Medicaid billable or reimbursable. Services in a Medicaid-eligible child's Individual Education Plan (IEP) are coverable under Medicaid.

Partial Hospitalization is typically provided for a lesser number hours per day and days per week than Day Treatment. Partial Hospitalization is typically focused on one primary presenting problem (i.e. Substance use, sexual reactivity, etc.). Day treatment is typically provided for more hours per day for more days per week, requires more treatment components and often lasts for a longer period of time (E.g., three months), compared to partial hospitalization. Day treatment may focus on resolving multiple mental health and/or substance use issues and is typically provided as an alternative to a school or other traditional day time setting for children.

Authorized Providers

Partial Hospitalization – Practitioners must be employed by a licensed organization that meets the criteria of a licensed organization and the following additional criteria:

- Programs must provide the following medical coverage: An Advanced Practice Registered Nurse (APRN), Physician Assistant (PA) or Physician available on site and a board-certified or board-eligible psychiatrist available for consultation
- Capacity to provide services utilizing a recognized intervention protocol based on Recovery Principles
- Capacity to employ required practitioners and coordinate service provision among rendering practitioners
- Capacity to provide the full range of services included in the Partial Hospitalization definition

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(o) Partial Hospitalization (continued)

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician

Billing Providers

- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(p) Service Planning

Service planning involves assisting the recipient in creating an individualized plan for services needed for maximum reduction of mental disability and restoration of a recipient to his best possible functional level. A person centered planning process is required. The plan is directed by the recipient and must include practitioners of the recipient's choosing. The providers include more than licensed professionals – it may include the recipient (and his guardian if applicable), care coordinator, other service providers, family members or other individuals that the recipient chooses.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(p) Service Planning (continued)

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(q) Residential Services for Substance Use Disorders (SUDS) TREATMENT FOR SUBSTANCE USE ONLY

Residential services for substance use disorders is residential treatment (24 hour/day) that may be short-term or long-term for the purposes of providing intensive treatment and skills building, in a structured and supportive environment, to assist individuals (children and adults) to obtain abstinence and enter into alcohol/drug addiction recovery. This service is provided in a 24 hour live- in facility that offers a planned and structured regimen of care that aims to treat persons with addictions or substance use disorders and assists them in making the necessary changes in their lives that will enable them to live drug or alcohol free lives. Individuals must have been assessed and meet criteria for approval of residential services, utilizing a nationally recognized assessment tool (e.g., American Society of Addiction Medicine (ASAM) as approved by the DBHDID.

Services should have more than eight (8), but less than or equal to 16 patient beds; be under the medical direction of a physician; and provide continuous nursing services.

Residential treatment services shall be based on individual need and may include:

- Screening
- Assessment
- Service Planning
- Individual Therapy
- Group Therapy
- Family Therapy
- Peer Support

Service provision must be in accordance with KY licensure for procedures and standards for persons and agencies operating nonmedical/non-hospital based alcohol and others drug abuse treatment programs and the individually credentialed personnel as outlined in the state law. (908 KAR 1:370)

There are two levels of residential treatment:

- Short term –length of stay-14-28 days
- Long term- length of stay 28- 90 days

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(q) Residential Services for Substance Use Disorders (SUDS) TREATMENT FOR SUBSTANCE USE ONLY (continued)

Short Term

Short-term services should have a duration of less than thirty (30) days, but can be exceeded based on medical necessity. 24 hour staff as required by licensing regulations. Planned Clinical program activities constituting at least 15 hours per week of structured professionally directed treatment services to stabilize and maintain a person's substance use disorder and to help him or her to develop and apply recovery skills.

Services may include:

- Screening
- Assessment
- Service Planning
- Individual Therapy
- Group Therapy
- Family Therapy
- Peer Support

Long Term

24 hour staff as required by licensing regulations

Planned clinical program activities constituting 40 hours per week of structured professionally directed treatment services to stabilize and maintain a person's substance use and or substance use and mental health disorder and to help him or her to develop and apply recovery skills

Services may include:

- Screening
- Assessment
- Service Planning
- Individual Therapy
- Group Therapy
- Family Therapy
- Peer Support

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(q) Residential Services for Substance Use Disorders (SUDS) TREATMENT FOR SUBSTANCE USE ONLY (continued)

Residential SUD treatment programs do not include, and FFP is not available for, room and board services; educational, vocational and job training services; habilitation services; services to inmates in public institutions as defined in 42 CFR §435.1010; services to individuals residing in institutions for mental diseases as described in 42 CFR§435.1010; recreational and social activities; and services that must be covered elsewhere in the state Medicaid plan. Services must be provided in a residential unit with 16 or fewer beds or, if provided within multiple units operating as on unified facility, 16 or fewer aggregated beds.

Authorized Providers

Residential Services for Substance Use Disorders (SUDS) – Practitioners must be employed by a licensed organization which meets the criteria of a licensed organization and the following additional criteria:

- Licensure as a non-medical/non-hospital based alcohol and other drug abuse treatment program in accordance with 908 KAR 1:370
- Capacity to employ required practitioners and coordinate service provision among rendering practitioners
- Capacity to provide the full range of services included in the service definition

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(q) Residential Services for Substance Use Disorders (SUDS) TREATMENT FOR SUBSTANCE USE ONLY (continued)

- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a physician
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Licensed Organizations

(r) Screening, Brief Intervention, and Referral to Treatment (SBIRT) TREATMENT OF SUBSTANCE USE ONLY

SBIRT is an evidence-based early intervention approach that targets individuals with non-dependent substance use to provide effective strategies for intervention prior to the need for more extensive or specialized treatment. SBIRT consists of three major components:

Screening – Assessing an individual for risky substance use behaviors using standardized screening tools;

Brief Intervention – Engaging a patient showing risky substance use behaviors in a short conversation, providing feedback and advice; and

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

**(r) Screening, Brief Intervention, and Referral to Treatment (SBIRT)
TREATMENT OF SUBSTANCE USE ONLY (continued)**

Referral to Treatment – Provides a referral to additional mental health, substance use, or co-occurring mental health and substance use disorder services to patients who screen in need of additional services to address substance use. The Referral to Treatment is part of the Brief Intervention and thus to a behavioral health rehabilitative service.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

* Billed through supervisor

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

**(r) Screening, Brief Intervention, and Referral to Treatment (SBIRT)
TREATMENT OF SUBSTANCE USE ONLY (continued)**

- LPCC
- LMFT
- Physician
- Psychiatrist
- APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

(s) Medication Assisted Treatment (MAT) TREATMENT FOR SUBSTANCE USE ONLY

Any opioid addiction treatment that includes a U.S. Food and Drug Administration (FDA) approved medication for the detoxification or maintenance treatment of opioid addiction (e.g., methadone, levo-alpha acetyl methadol [LAAM], buprenorphine, buprenorphinenaloxone, naltrexone) along with counseling and other supports, including urine drug screen. Services may be provided in an Opioid Treatment Program (OTP), a medication unit affiliated with an OTP, or, with the exception of Methadone, a physician's office or other community based setting including the recipient's home/residence, homeless shelter, school (only if not an IEP covered service), or other community setting where the recipient may wish/need to receive a service. Providers are instructed through regulations that the confidentiality of the client must be maintained in any setting where a service may occur. MAT increases the likelihood for cessation of illicit opioid use or of prescription opioid abuse. MATs are non-residential and must comply with all state laws.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(s) Medication Assisted Treatment (MAT) TREATMENT FOR SUBSTANCE USE ONLY (continued)

Opioid Treatment Program or “OTP” means a substance abuse program using approved controlled substances and offering a range of treatment procedures and services for the rehabilitation of persons dependent on opium, morphine, heroin or any derivative or synthetic drug of that group. A “medication unit affiliated with an OTP” means a Medication Station or Dosing Location that obtains its drug supply from the main program site and retains all records (except dosing, urine screens) at the main location. Main program means the location of the MAT program where all administrative and medical information related to the narcotic treatment program is retained for the purpose of on-site reviews by federal agencies or the state narcotic authority or state opioid treatment authority designee. Service components include:

- Individual and Group therapy
- Dosing
- Medication
- Assessment and
- Urine Drug screens

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization – must obtain specific certification to deliver this service

- Physician
- Psychiatrist

Billing Providers

- Individual Practitioners
 - Physician
 - Psychiatrist
- Provider Groups
 - Physician
 - Psychiatrist
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(t) Assertive Community Treatment (ACT) TREATMENT OF MENTAL HEALTH

Assertive community treatment (ACT) is an evidence-based psychiatric rehabilitation practice which provides a comprehensive approach to service delivery for consumers with serious mental illnesses. ACT uses a multidisciplinary team of professionals including psychiatrists, nurses, case managers, therapists and peer support specialists. Component services include assessment, treatment planning, case management, psychiatric services (including evaluation diagnosis and treatment of mental health and/or substance use disorders, case consultation, prescribing, and medication management delivered by a licensed professional), medication management including administration, individual and group therapy, peer support, mobile crisis intervention, mental health consultation, family support and basic living skills. Mental health consultation involves brief, collateral interactions with other treating professionals who may have information for the purposes of treatment planning and service delivery. Family support involves the ACT team working with the recipient's natural support systems to improve family relations in order to reduce conflict and increase recipient autonomy and independent functioning. Basic living skills are rehabilitative services focused on teaching activities of daily living (i.e., taking medications, housekeeping, meal preparation, hygiene, interacting with neighbors) necessary to maintain independent functioning and community living. Psychiatric services as a component of the ACT service includes evaluation, diagnosis and treatment of mental health and or substance use disorders, case consultation, prescribing and medication management delivered by a licensed professional (i.e. psychiatrist, APRN)

Authorized Providers

Assertive Community Treatment (ACT) – Team members must be employed by a licensed organization that meets the criteria of a licensed organization and the following additional criteria:

- Must employ one or more teams led by one of the rendering practitioners listed below and including, at a minimum, four full time equivalents including a nurse and the rendering practitioners listed below.
- Adequate staffing to assure a caseload size no greater than 10 participants per team member
- Capacity to coordinate service provision among team members
- Capacity to provide the full range of services included in the ACT service definition

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(t) Assertive Community Treatment (ACT) TREATMENT OF MENTAL HEALTH (continued)

Rendering Practitioners practicing as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC
- Licensed Marriage and Family Therapist (LMFT) Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a MD
- Registered Nurse (RN)
- Licensed Practical Nurse (LPN)
- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center

Billing Providers

- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(u) Comprehensive Community Support Services TREATMENT OF MENTAL HEALTH ONLY

Comprehensive Community Support Services covers activities necessary to allow individuals with mental illnesses to live with maximum independence in the community. Activities are intended to assure successful community living through utilization of skills training as identified in the individual service plan. Skills training is designed to reduce mental disability and restore the recipient to his best possible functional level. Comprehensive community support services consists of using a variety of psychiatric rehabilitation techniques to improve daily living skills (hygiene, meal preparation, medication adherence), self-monitoring of symptoms and side effects, emotional regulation skills, crisis coping skills and developing and enhancing interpersonal skills.

Authorized Providers:

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Physician Assistant (PA) working under the supervision of a Physician*
- Advanced Practice Registered Nurse (APRN)

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(u) Comprehensive Community Support Services TREATMENT OF MENTAL HEALTH ONLY (continued)

- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center*

* Billed through supervisor

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(v) **Therapeutic Rehabilitation Program TREATMENT OF MENTAL HEALTH**

A Therapeutic Rehabilitation Program is a rehabilitative service for adults with serious mental illnesses and children with serious emotional disabilities designed to maximize reduction of mental disability and restoration of the recipient's best possible functional level. Services shall be designed for the reduction in disabilities related to social, personal, and daily living skills, as well as the restoration of these skills. The recipient establishes his own rehabilitation goals within the person centered service plan. Component services are delivered using a variety of psychiatric rehabilitation techniques and focus on improving daily living skills (hygiene, meal preparation, and medication adherence), self-monitoring of symptoms and side effects, emotional regulation skills, crisis coping skills and interpersonal skills. Services may be delivered individually or in a group.

Authorized Providers

Rendering Practitioners practicing as an individual practitioner, a provider group, or as part of a licensed organization

- Licensed Psychologist (LP)
- Licensed Psychological Associate (LPA) working under the supervision of a LP*
- Licensed Psychological Practitioner (LPP)
- Licensed Clinical Social Worker (LCSW)
- Certified Social Worker, Master Level (CSW) working under the supervision of a LCSW*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Professional Counselor Associate (LPCA) working under the supervision of a LPCC*
- Licensed Marriage and Family Therapist (LMFT)
- Marriage and Family Therapist Associate (MFTA) working under the supervision of a LMFT*
- Physician
- Psychiatrist
- Advanced Practice Registered Nurse (APRN)
- Physician Assistant (PA) working under the supervision of a Physician*

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

4. Covered Services (continued)

(v) Therapeutic Rehabilitation Program TREATMENT OF MENTAL HEALTH (continued)

- Peer Support Specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center*

* Billed through supervisor

Billing Providers

- Individual Practitioners
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Provider Groups
 - LP
 - LPP
 - LCSW
 - LPCC
 - LMFT
 - Physician
 - Psychiatrist
 - APRN
- Licensed Organizations

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

5. Community Mental Health Centers (CMHC)

CMHCs provide a comprehensive range of coordinated mental health and substance use rehabilitation services. Reimbursement is available for all rehabilitation services described above under covered services subject to the following:

1. Medicaid will reimburse for community mental health center rehabilitation services when provided to persons diagnosed with a mental health disorder or substance use or co-occurring disorder when provided by qualified mental health professionals listed below. Service limitations applicable to other provider types are also applicable to CMHCs.
2. Professionals qualified to provide mental health or substance use rehabilitation services in the CMHCs include:
 - Licensed Psychologist (LP)
 - Licensed Psychological Practitioner (LPP)
 - Licensed Clinical Social Worker (LCSW)
 - A psychiatric social worker with a master's degree from an accredited school
 - Licensed Professional Clinical Counselor (LPCC)
 - Licensed Marriage and Family Therapist (LMFT)
 - Psychiatrist
 - Physician
 - A psychiatric nurse licensed in the state of Kentucky with one of the following combination of education and experience:
 - i. Master of Science in Nursing with a specialty in psychiatric or mental health nursing. No experience required.
 - ii. Bachelor of Science in Nursing and 1 year of experience in a mental health setting.
 - iii. A graduate of a three-year educational program with 2 years of experience in a mental health setting.
 - iv. A graduate of a two-year educational program (Associate degree) with 3 years of experience in a mental health setting.
 - A professional equivalent, through education in a mental health field and experience in a mental health setting, qualified to provide mental health services. Professional equivalents may include practitioners obtaining experience to qualify for licensure in their behavioral health profession or individuals with a bachelor's degree or greater, with experience in behavioral health. Education and experience are as follows:
 - i. Bachelor's degree and 3 years of full-time supervised experience.
 - ii. Master's degree and 6 months of full-time supervised experience.
 - ii. Doctoral degree. No experience.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

5. Community Mental Health Centers (CMHC) (continued)

- The following professionals may provide services with appropriate supervision:
 - i. A mental health associate with a minimum of a Bachelors degree in psychology, sociology, social work, or human services under supervision of one of the above professionals;
 - ii. A licensed psychological associate working under the supervision of a licensed psychologist;
 - iii. A licensed professional counselor associate working under the supervision of a licensed professional clinical counselor;
 - iv. A certified social worker, Master Level working under the supervision of a licensed clinical social worker;
 - v. A marriage and family therapy associate working under the supervision of a licensed marriage and family therapist;
 - vi. A physician assistant working under the supervision of a physician;
 - vii. A peer support specialist who meets the qualifications in 908 KAR 2:220, has completed required training, and who is working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a regional community mental health center;
 - viii. A certified alcohol and drug counselor (CADC) working under the supervision of a CADC who has at least two (2) years of post-certificate experience and who provides supervision to not more than twelve (12) applicants in an individual or group setting at any one (1) time, and whose certificate is currently in good standing with the (CADC) board;
 - ix. A community support associate who is working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a regional community mental health center, or professional equivalent.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers

Qualified providers are approved practitioners, licensed or certified under state law, operating within the scope of their licensures (or under the appropriate supervision).

1. APRN – KRS 314.042 states that an applicant for licensure to practice as an advanced practice registered nurse shall:
 - (a) File with the board a written application for licensure and submit evidence, verified by oath, that the applicant has completed an approved organized post basic program of study and clinical experience; has fulfilled the requirements of KRS 214.615(1); is certified by a nationally established organization or agency recognized by the board to certify registered nurses for advanced practice registered nursing; and is able to understandably speak and write the English language and to read the English language with comprehension.
 - (b) The board may issue a license to practice advanced practice registered nursing to an applicant who holds a current active registered nurse license issued by the board or holds the privilege to practice as a registered nurse in this state and meets the qualifications of subsection (1) of this section. An advanced practice registered nurse shall be:
 - i. Designated by the board as a certified nurse anesthetist, certified nurse midwife, certified nurse practitioner, or clinical nurse specialist; and
 - ii. Certified in a least one (1) population focus.
 - (c) An advanced practice registered nurse shall maintain a current active registered nurse license issued by the board or hold the privilege to practice as a registered nurse in this state and maintain current certification by the appropriate national organization or agency recognized by the board.
 - (d) Before an advanced practice registered nurse engages in the prescribing or dispensing of nonscheduled legend drugs as authorized by KRS 314.011(8), the advanced practice registered nurse shall enter into a written "Collaborative Agreement for the Advanced Practice Registered Nurse's Prescriptive Authority for Nonscheduled Legend Drugs" (CAPA-NS) with a physician that defines the scope of the prescriptive authority for nonscheduled legend drugs.
 - (e) Before an advanced practice registered nurse engages in the prescribing of Schedules II through V controlled substances as authorized by KRS 314.011(8), the advanced practice registered nurse shall enter into a written "Collaborative Agreement for the Advanced Practice Registered Nurse's Prescriptive Authority for Controlled Substances" (CAPA-CS) with a physician that defines the scope of the prescriptive authority for controlled substances.

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

2. Certified Social Worker, Master Level – KRS 335.08 states the board shall issue a license as “certified social worker” to an applicant who meets the following requirements:
 - (a) Is at least eighteen years of age;
 - (b) Is a person of good moral character;
 - (c) Has received a master’s degree or doctorate degree in social work from an educational institution approved by the board;
 - (d) Has passed an examination prepared by the board;
 - (e) Has not, within the preceding three months failed to pass an examination given by the board;
 - (f) A Certified Social Worker, Master Level may engage in the practice of clinical social work by contracting, in writing, with a licensed behavioral health professional who meets the requirements of the respective KY Board of Licensure for supervision of the Certified Social Worker, Masters Level. The supervising licensed behavioral health professional shall assume responsibility for and supervise the MFTA’s practice.

3. Licensed Clinical Social Worker (LCSW) – KRS 335.100 states that the LCSW must:
 - (a) Have received a master's degree or doctoral degree in social work from an educational institution approved by the board;
 - (b) Have had a minimum of two (2) years of full time post-master's experience, consisting of at least thirty (30) hours per week, or three (3) years of part time, consisting of at least twenty (20) hours per week, post-master's degree experience acceptable to the board in the use of specialty methods and measures to be employed in clinical social work practice, the experience having been acquired under appropriate supervision as established by the board by promulgation of an administrative regulation;
 - (c) Have paid to the board an examination fee established by the board by promulgation of an administrative regulation;
 - (d) Have passed an examination prepared by the board for this purpose; and
 - (e) Have not, within the preceding three (3) months, failed to pass an examination given by the board;

4. Licensed Marriage and Family Therapist (LMFT) – KRS 335.330 states the LMFT has
 - (a) Completed a master's or doctoral degree program in marriage and family therapy, from a regionally-accredited educational institution, or a master's, post-master's, or doctoral program approved by the Commission on Accreditation for Marriage

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

and Family Therapy Education or any of its successor organizations, or an equivalent course of study as defined by the board by promulgation of administrative regulations.

i The degree or equivalent course of study shall contain specific coursework on psychopathology and the Diagnostic and Statistical Manual; and

ii In determining equivalency, the board shall use the criteria for marriage and family therapy education and clinical training approved by the United States Department of Education;

(b) Completed each of the following:

i At least two (2) years' experience in the practice of marriage and family therapy, acceptable to the board and subsequent to being granted a master's degree; and

ii A minimum of two hundred (200) hours of clinical supervision acceptable to the board and subsequent to being granted a master's degree; and

(c) Passed a written examination prescribed by the board by promulgation of administrative regulations.

5. Marriage and Family Therapist Associate (LMFTA) – KRS 335.332 states the LMFTA has

(a) Completed a master's or doctoral degree program in marriage and family therapy, from a regionally-accredited educational institution, or a master's, post-master's, or doctoral program approved by the Commission on Accreditation for Marriage and Family Therapy Education or any of its successor organizations, or an equivalent course of study as defined by the board by promulgation of administrative regulations.

i The degree or equivalent course of study shall contain specific coursework on psychopathology and the Diagnostic and Statistical Manual; and

ii In determining equivalency, the board shall use the criteria for marriage and family therapy education and clinical training approved by the United States Department of Education;

(b) A MFTA shall engage in the practice of marriage and family therapy while receiving qualifying experience by contracting, in writing, with a licensed behavioral health professional who meets the requirements of the respective KY Board of Licensure for supervision of the MFTA. The supervising licensed behavioral health professional shall assume responsibility for and supervise the MFTA's practice.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

6. Licensed Professional Clinical Counselor – KRS 335.525 states that the board shall issue a "professional clinical counselor" license to an applicant who:

- (a) Has paid the application fee and the appropriate examination fee to the board;
- (b) Is of good moral character;
- (c) Has received a master's, specialist, or doctoral degree in counseling or a related field from a regionally accredited institution;
- (d) Has completed a minimum of sixty (60) graduate semester hours in the following:
 - i The helping relationship, including counseling theory and practice;
 - ii Human growth and development;
 - iii Lifestyle and career development;
 - iv Group dynamics, process, counseling, and consulting;
 - v Assessment, appraisal, and testing of individuals;
 - vi Social and cultural foundations, including multicultural issues;
 - vii Principles of etiology, diagnosis, treatment planning, and prevention of mental and emotional disorders and dysfunctional behavior;
 - viii Research and evaluation; and
 - ix Professional orientation and ethics;
- (e) Has completed a minimum of four thousand (4,000) hours of experience in the practice of counseling, all of which must have been obtained since obtaining the master's degree and must be under approved supervision and shall include but not be limited to a minimum of one thousand six hundred (1,600) hours of direct counseling with individuals, couples, families, or groups and a minimum of one hundred (100) hours of individual, face-to-face clinical supervision with an approved supervisor. Each applicant is encouraged to include as part of the total hours of experience a minimum of ten (10) hours of direct counseling with individuals in a jail or corrections setting. All applicants shall complete an organized practicum or internship consisting of at least four hundred (400) hours; and
- (f) Has achieved passing scores on all portions of the examinations required by the board.

7. Licensed Professional Counselor Associate – KRS 335.525 states that the board shall issue a "professional clinical counselor" license to an applicant who:

- (a) Has completed all requirements under paragraphs (a) to (d) as outlined under Licensed Professional Counselor above;
- (b) Has not met the requirements of paragraphs (e) or (f) as outlined under Licensed Professional Counselor above; and

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

- (c) Has obtained a board-approved supervisor of record.
 - (d) A licensed professional counselor associate shall maintain ongoing supervision with a licensed behavioral health professional who meets the requirements of the respective KY Board of Licensure for supervision of the Licensed Professional Counselor Associate. The supervising licensed behavioral health professional shall assume responsibility for and supervise the MFTA's practice. .
8. Licensed Psychological Associate – KRS 319.064 states a licensed psychological associate shall:
- (a) Have received a master's degree in psychology from a regionally accredited educational institution.
 - (b) Have passed an examination procedure in psychology.
 - (c) A licensed psychological associate shall not practice independently, except under the employment and supervision of any board-approved licensed psychologist.
9. Licensed Psychological Practitioner – KRS 319.053 states a person holding a credential as a certified psychologist or as a licensed psychological associate may apply for a license to perform certain functions within the practice of psychology without supervision and use the title of "licensed psychological practitioner" when all of the following conditions are met:
- (a) Submission of three letters of endorsement to the board to sit for the examination:
 - i one of the letters shall be from the applicant's current board approved supervisor of record and shall include a statement describing the scope of practice demonstrated in the clinical experience of the applicant; and
 - ii Two letters shall be from licensed mental health professionals who are acceptable to the board and who are familiar with the clinical work of the applicant.
 - (b) Documentation of at least sixty semester hours of graduate study in psychology or a related field or its equivalent acceptable to the board; and
 - (c) Completion, after credentialing by the board as a certified psychologist, psychological associate, or licensed psychological associate, of the equivalent of five full-time years of professional experience under the supervision of a board-approved licensed psychologist.
 - (d) An applicant for licensure shall be required by the board to pass the national objective examination known as the EPPP, with an equal to or exceeding the score required for the passage for a licensed psychologist candidate at the doctoral level at the time the examination is taken.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

(e) The board shall require an applicant for licensure under this section to pass an examination of psychological practice, ethical principles and the law.

10. Licensed Psychologist – Per KRS 319.050, a licensed psychologist shall pass an examination in psychology and fulfill all requirements for supervised experience.

(a) The psychologist shall:

i Have received a doctoral degree in psychology that is acceptable to the board from a regionally accredited educational institution; provided, however, the board may grant a license to an individual otherwise qualified under this chapter who has received a doctoral degree in psychology that is acceptable to the board from an educational institution outside the United States, if the educational institution would otherwise be accredited by a regional accrediting body if located in the United States;

ii Have passed the national EPPP examination at the doctoral level; and

iii Have had at least two (2) years of supervised professional experience satisfactory to the board, one (1) year of which shall be an internship.

(b) Upon acceptance of the application to sit for the examination in psychology, the applicant may practice psychology under the supervision of a licensed psychologist under conditions of supervision and temporary licensure established by the board. The board shall establish a grace period not to exceed sixty (60) days to allow for the employment and supervision of the applicant by an agency from the time the applicant's degree requirements are completed to the submission of the complete application. During this period of supervision, the applicant for licensure may not supervise certified psychologists, licensed psychological associates, other applicants for licensure, or temporarily licensed persons, nor shall he engage in an independent practice, except under the employment of his supervising psychologist. Upon certification to the board of completion of the two (2) years of supervision satisfactory to the board, the applicant shall be examined on psychological practice, ethical principles, and the law.

(c) Licensed psychologists may function independently without supervision. Licensed psychologists who have the designation "health service provider" may retain that designation and may employ and supervise certified psychologists and licensed psychological associates. Licensed psychologists who have the designation "health service provider" may supervise no more than a total of six (6) certified psychologists, licensed psychological associates, or applicants for licensure at one (1) time.

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

11. Physician – KRS 311.571 states that any applicant who is a graduate of a medical or osteopathic school shall be eligible for a regular license to practice medicine in the Commonwealth if they:
 - (a) Are able to understandably speak, read, and write the English language;
 - (b) Has graduated from an accredited college or university or has satisfactorily completed a collegiate course of study necessary for entry into an approved medical or osteopathic school or college;
 - (c) Has graduated from a prescribed course of instruction in a medical or osteopathic school or college situated in the United States or Canada and approved by the board;
 - (d) Has satisfactorily completed a prescribed course of postgraduate training of a duration to be established by the board in an administrative regulation; and
 - (e) Has successfully completed an examination prescribed by the board;
12. Physician Assistant – Has graduated from a physician assistant or surgeon assistant program accredited by the Accreditation Review Commission on Education for Physician Assistants or its predecessor or successor agencies and has passed the certifying examination administered by the National Commission on Certification of Physician Assistants or its predecessor or successor agencies; or (b) Possesses a current physician assistant certificate issued by the board prior to July 15, 2002;
13. Psychiatrist – Licensed under the laws of Kentucky to practice medicine or osteopathy, or a medical officer of the government of the United States while engaged in the performance of official duties, who is certified or eligible to apply for certification by the American Board of Psychiatry and Neurology, Inc.
14. KY Credentialed Peer Support Specialist – Kentucky regulation states that an applicant shall:
 - (a) Complete and submit an application for training to DBHDID;
 - (b) Complete the DBHDID peer specialist training program;
 - (c) Successfully complete the DBHDID peer specialist examination;
 - (d) Complete and maintain documentation of a minimum of six (6) hours of job related training or education in each subsequent year of employment; and
 - (e) Deliver services working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a hospital or forensic psychiatric facility licensed by the Commonwealth or a psychiatric unit of a general hospital or a private agency or company engaged in the provision of mental health services

State: Kentucky

13. Other diagnostic, screening, preventive and, rehabilitative services, i.e., other than those provided elsewhere in this plan.

13d. Rehabilitative Services

A. Treatment Services for Substance Use Disorders and Mental Health Disorders

6. Qualifications of Providers (continued)

or a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a hospital or forensic facility licensed by the Commonwealth, a psychiatric unit of a general hospital, a private agency or company engaged in providing mental health services, or a regional community mental health center, including regularly scheduled face-to-face supervision.

15. Certified Alcohol and Drug Counselor (CADC): KAR 309.083 states that shall:

- (a) Be at least eighteen (18) years of age;
- (b) Have obtained a baccalaureate degree;
- (c) Have completed six thousand (6,000) hours of board-approved experience working with alcohol or drug dependent persons, three hundred (300) hours of which shall have been under the direct supervision of a certified alcohol and drug counselor who has at least two (2) years of post-certification experience; (4) Have completed at least two hundred seventy (270) classroom hours of board-approved curriculum;
- (d) Have passed a written examination that has been approved by the International Certification Reciprocity Consortium on Alcoholism and Drug Abuse and an oral examination approved by the board;
- (e) Have signed an agreement to abide by the standards of practice and code of ethics approved by the board;
- (f) Have completed at least six (6) hours of ethics training and two (2) hours of training in the transmission, control, treatment, and prevention of the human immunodeficiency virus;
- (g) Have submitted two (2) letters of reference from certified alcohol and drug counselors; and
- (h) Be supervised by a certified alcohol and drug counselor who has at least two (2) years of post-certificate experience and who provides supervision to not more than twelve (12) applicants in an individual or group setting at any one (1) time, and whose certificate is currently in good standing with the (CADC) board.
- (e) Work under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed by a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a regional community mental health center or a professional equivalent.

XVI. Other diagnostic, screening, preventive and rehabilitative services.

Other diagnostic, screening, preventive and rehabilitative services provided by licensed community mental health centers, and other mental health and substance use providers shall be reimbursed as outlined below:

1. Community Mental Health Centers (CMHCs) are paid CMHC-specific cost-based rates per service based on the type of practitioner rendering the service. For the period beginning January 1, 2014, the rates are those in existence for the practitioners in CY 2013. Separate rates are set for the following practitioners:
 - Licensed Psychologist (LP)
 - Licensed Psychological Practitioner (LPP)
 - Licensed Clinical Social Worker (LCSW)
 - A psychiatric social worker with a master's degree from an accredited school
 - Licensed Professional Clinical Counselor (LPCC)
 - Licensed Marriage and Family Therapist (LMFT)
 - Psychiatrist
 - Physician
 - A psychiatric nurse licensed in the state of Kentucky with one of the following combination of education and experience:
 - i. Master of Science in Nursing with a specialty in psychiatric or mental health nursing. No experience required.
 - ii. Bachelor of Science in Nursing and 1 year of experience in a mental health setting.
 - iii. A graduate of a three-year educational program with 2 years of experience in a mental health setting.
 - iv. A graduate of a two-year educational program (Associate degree) with 3 years of experience in a mental health setting.
 - A professional equivalent, through education in a mental health field and experience in a mental health setting, qualified to provide mental health services.
 - The following professionals under the appropriate supervision:
 - i. A mental health associate with a minimum of a Bachelors degree in psychology, sociology, social work, or human services under supervision of one of the above professionals;
 - ii. A licensed psychological associate working under the supervision of a licensed psychologist;
 - iii. A licensed professional counselor associate working under the supervision of a licensed professional clinical counselor;
 - iv. A certified social worker, Master Level working under the supervision of a licensed clinical social worker;
 - v. A marriage and family therapy associate working under the supervision of a licensed marriage and family therapist;

XVI. Other diagnostic, screening, preventive and rehabilitative services.

- vi. A physician assistant working under the supervision of a physician;
- vii. A peer support specialist working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a regional community mental health center;
- vii. A certified alcohol and drug counselor (CADC) working under the supervision of a CADC who has at least two (2) years of post-certificate experience and who provides supervision to not more than twelve (12) applicants in an individual or group setting at any one (1) time, and whose certificate is currently in good standing with the (CADC) board;
- ix. A community support associate who is working under the supervision of a physician, a psychiatrist, a LP, a LPP, a LPA working under the supervision of a LP, a LCSW, a CSW with three (3) years of inpatient or outpatient clinical experience in psychiatric social work and currently employed a regional community mental health center; a LMFT with three (3) years of inpatient or outpatient clinical experience in psychiatric mental health practice and currently employed by a regional community mental health center, or professional equivalent.

Reimbursement for services provided in CMHCs will end on December 31, 2014.

XVI. Other diagnostic, screening, preventive and rehabilitative services.

B. All other mental health and substance use providers

The reimbursement described below is applicable to the following mental health and substance use disorder services.

- Screening
- Assessment
- Psychological Testing
- Crisis Intervention
- Residential Crisis Stabilization
- Day Treatment
- Peer Support
- Parent/Family Peer Support
- Individual Outpatient Therapy
- Group Outpatient Therapy
- Family Outpatient Therapy
- Collateral Outpatient Therapy
- Partial Hospitalization
- Service Planning
- SBIRT – Screening, Brief Intervention and Referral to Treatment (Substance use only)
- Medication Assisted Treatment (Substance use only)
- Comprehensive Community Support Services (Mental health & Co-occurring only)
- Therapeutic Rehabilitation Program (TRP) (Mental health only)

Reimbursement for the services listed above are based on the Kentucky specific Medicaid fee schedule, which can be found at <http://chfs.ky.gov/dms/fee.htm> and is effective beginning on January 1, 2014. The Medicaid fee schedule is based on the following methodology:

1. Physician Base Fee is calculated based on the following (in descending order of applicability):
 - (a) If a current Kentucky-specific Medicare rate exists for the service, physicians will be reimbursed at 75% of the current Kentucky-specific Medicare rate, as published by CMS on an annual basis, using 15 minute increments. This is calculated using the following methodology:
 - i The Mental Health and Substance Abuse rates start with the current standard Kentucky specific Non-Facility Medicare rate for a 60 minute service.
 - ii The 60 minute elapsed time rate is converted to a 15 minute rate to correspond to the Kentucky Medicaid reimbursement methodology of 15 minute units for traditional Medicaid and Mental Health providers.
 - iii The Kentucky Medicaid rate for physicians/psychiatrists is 75% of the current Kentucky-specific Medicare rate.

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XVI. Other diagnostic, screening, preventive and rehabilitative services.

B. All other mental health and substance use providers

- (b) If a current Kentucky-specific Medicare rate does not exist, physicians will be reimbursed for the service based on the state's payment rates for similar services in other Kentucky Medicaid reimbursement programs (with similar degrees of complexity). Kentucky has developed, based on Resource Based Relative Value Scale weighting where possible, and absent RBRVS metrics, a weighted average based comparison of charges, so that a service that Medicare has not priced generates a Medicaid rate to a physician that is "similar" to a rate for either a similar RVRBS metric or a similar percent of charges metric.
- (c) If a current Kentucky-specific Medicare rate does not exist and the service is not similar to other Kentucky Medicaid reimbursed services, physicians will be reimbursed for the service based on the state's payment rates for similar services in other Kentucky programs that are not Medicaid reimbursed (i.e., funded only through State General Funds).

XVI. Other diagnostic, screening, preventive and rehabilitative services.

2. Other practitioners providing the service (listed in a, b, c, d, and e below) will be reimbursed based on a step down methodology calculated as a percentage of the physician rate (75% of the current Kentucky-specific Medicare rate, or the established Medicaid rate if a current Kentucky-specific Medicare rate does not exist). The step down includes:
 - (a) 85% - Advanced Practice Registered Nurse (APRN), Licensed Psychologist (LP)
 - (b) 80% - Licensed Professional Clinical Counselor (LPCC), Licensed Clinical Social Worker (LCSW), Licensed Psychological Practitioner (LPP), Licensed Marriage and Family Therapist (LMFT)
 - (c) 70% - Licensed Psychological Associate (LPA) working under the supervision of a LP if the LP is the billing provider for the service, Licensed Marriage and Family Therapist Associate (LMFTA) working under the supervision of a LMFT if the LMFT is the billing provider for the service, Licensed Professional Clinical Counselor Associate (LPCA) working under the supervision of a LPCC if the LPCC is the billing provider for the service, Certified Social Worker, Masters Level (CSW) working under the supervision of a LCSW if the LCSW is the billing provider for the service, Physician Assistant (PA) working under the supervision of a physician if the physician is the billing provider for the service
 - (d) 50% - Professional equivalents (only at CMHCs), Bachelors-level providers
 - (e) 40% - Other non-bachelors-level providers

Partial hospitalization will be reimbursed a rate of \$194.10 per day. In order to be reimbursed this rate, at least one service must be provided during the period. This rate will be adjusted upward annually by the same percentage as the current Kentucky-specific Medicare rate adjustment at the beginning of each calendar year.

1. Kentucky has developed a method for allocating the portion of the rate related to each of the bundled services for purposes of proper reporting on the CMS-64.
2. The partial hospitalization rate is based on rates currently set for state plan services. The rates for each service are multiplied by the anticipated service frequency per day. Additionally, these rates do not include costs related to room and board or any other unallowable facility costs.

XVI. Other diagnostic, screening, preventive and rehabilitative services.

3. Per 42 CFR 431.107, each provider or organization furnishing these services shall keep any records necessary to disclose the extent of services the provider furnishes to beneficiaries and, on request, furnish the Kentucky Department for Medicaid Services any information maintained and any information regarding payments claimed by the provider for furnishing services under the plan. These records include documentation that at a minimum includes the following: date of service; name of recipient; Medicaid identification number; name of provider agency and person providing the service; nature, extent or units of service; and the place of service." Kentucky will review the data in order to develop and revise as necessary, economic and efficient rates, and will explain how the data was used to develop the rates.

Residential Services for Substance Use Disorders will be reimbursed a rate of \$230 per day. In order to be reimbursed this rate, at least one service must be provided during the period. This rate will be adjusted upward annually by the same percentage as the current Kentucky-specific Medicare rate adjustment at the beginning of each calendar year. This per diem was calculated by using Kentucky's EPSDT rate for similar facility services.

1. Kentucky has developed a method for allocating the portion of the rate related to each of the bundled services for purposes of proper reporting on the CMS-64.
2. The residential services for substance use disorders rate is based on rates currently set for state plan services - Kentucky's EPSDT rate for similar services. The rates for each service are multiplied by the anticipated service frequency per day. Additionally, these rates do not include costs related to room and board or any other unallowable facility costs.
3. Per 42 CFR 431.107, each providers or organization furnishing these services shall keep any records necessary to disclose the extent of services the provider furnishes to beneficiaries and, on request, furnish the Kentucky Department for Medicaid Services any information maintained and any information regarding payments claimed by the provider for furnishing services under the plan. These records include documentation that at a minimum includes the following: date of service; name of recipient; Medicaid identification number; name of provider agency and person providing the service; nature, extent or units of service; and the place of service." Kentucky will review the data in order to develop and revise as necessary, economic and efficient rates, and will explain how the data was used to develop the rates.

XVI. Other diagnostic, screening, preventive and rehabilitative services.

Residential Services for Substance Use Disorders will be reimbursed a rate of \$230 per day. In order to be reimbursed this rate, at least one service must be provided during the period. This rate will be adjusted upward annually by the same percentage as the current Kentucky-specific Medicare rate adjustment at the beginning of each calendar year. This per diem was calculated by using Kentucky's EPSDT rate for similar facility services.

1. Kentucky has developed a method for allocating the portion of the rate related to each of the bundled services for purposes of proper reporting on the CMS-64.
2. The residential services for substance use disorders rate is based on rates currently set for state plan services - Kentucky's EPSDT rate for similar facility services. The rates for each service are multiplied by the anticipated service frequency per day. Additionally, these rates do not include costs related to room and board or any other unallowable facility costs.
3. Per 42 CFR 431.107, each providers or organization furnishing these services shall keep any records necessary to disclose the extent of services the provider furnishes to beneficiaries and, on request, furnish the Kentucky Department for Medicaid Services any information maintained and any information regarding payments claimed by the provider for furnishing services under the plan. These records include documentation that at a minimum includes the following: date of service; name of recipient; Medicaid identification number; name of provider agency and person providing the service; nature, extent or units of service; and the place of service." Kentucky will review the data in order to develop and revise as necessary, economic and efficient rates, and will explain how the data was used to develop the rates.

XVI. Other diagnostic, screening, preventive and rehabilitative services.

Intensive outpatient program will be reimbursed a rate of \$58.26 per day. In order to be reimbursed this rate, at least one service must be provided during the period. This rate will be adjusted upward annually by the same percentage as the current Kentucky-specific Medicare rate adjustment at the beginning of each calendar year. This per diem was calculated by using Kentucky's existing rate for rehabilitative children in the custody of or at risk of being in the custody of the state or for children under the supervision of the state and converting it to a per diem for the same service.

1. Kentucky has developed a method for allocating the portion of the rate related to each of the bundled services for purposes of proper reporting on the CMS-64.
2. The intensive outpatient program rate is based on rates currently set for state plan services. The rates for each service are multiplied by the anticipated service frequency per day. Additionally, these rates do not include costs related to room and board or any other unallowable facility costs.
3. Per 42 CFR 431.107, each providers or organization furnishing these services shall keep any records necessary to disclose the extent of services the provider furnishes to beneficiaries and, on request, furnish the Kentucky Department for Medicaid Services any information maintained and any information regarding payments claimed by the provider for furnishing services under the plan. These records include documentation that at a minimum includes the following: date of service; name of recipient; Medicaid identification number; name of provider agency and person providing the service; nature, extent or units of service; and the place of service." Kentucky will review the data in order to develop and revise as necessary, economic and efficient rates, and will explain how the data was used to develop the rates.

XVI. Other diagnostic, screening, preventive and rehabilitative services.

Assertive Community Treatment will be reimbursed a rate of \$750 per month for a four (4) person team, and \$1,000 per month for a ten (10) person team. In order to be reimbursed this rate, at least one service must be provided during the period. These rates will be adjusted upward annually by the same percentage as the current Kentucky-specific Medicare rate adjustment at the beginning of each calendar year.

1. Kentucky has developed a method for allocating the portion of the rate related to each of the bundled services for purposes of proper reporting on the CMS-64.
2. The ACT rate is based on rates currently set for state plan services. The rates for each service are multiplied by the anticipated service frequency per day. Additionally, these rates do not include costs related to room and board or any other unallowable facility costs.
3. Per 42 CFR 431.107, each providers or organization furnishing these services shall keep any records necessary to disclose the extent of services the provider furnishes to beneficiaries and, on request, furnish the Kentucky Department for Medicaid Services any information maintained and any information regarding payments claimed by the provider for furnishing services under the plan. These records include documentation that at a minimum includes the following: date of service; name of recipient; Medicaid identification number; name of provider agency and person providing the service; nature, extent or units of service; and the place of service.” Kentucky will review the data in order to develop and revise as necessary, economic and efficient rates, and will explain how the data was used to develop the rates.