

Table of Contents

State/Territory Name: Massachusetts

State Plan Amendment (SPA) #: 18-0015

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
JFK Federal Building, Government Center
Room 2275
Boston, Massachusetts 02203



Division of Medicaid and Children's Health Operations / Boston Regional Office

October 31, 2018

Marylou Sudders, Secretary
Executive Office of Health and Human Services
One Ashburton Place, Room 1109
Boston, Massachusetts 02108

Dear Secretary Sudders:

We are pleased to enclose a copy of approved Massachusetts State Plan Amendment (SPA) No. 18-015 submitted to CMS on September 28, 2018. This SPA was submitted to revise your approved Title XIX State plan to update the payment methodologies for the Children's Behavioral Health Initiative (CBHI). Massachusetts has established a *per diem* rate for Intensive Care Coordination and Family Support and Training services, and has increased the rates for In-Home Therapy.

This SPA was approved on October 31, 2018, effective August 1, 2018.

Enclosed are copies of the following State plan pages.

- Attachment 4.19-B, pages 2A-2, 2C and 2D.

If you have any questions regarding this matter you may contact Julie McCarthy at (617) 565-1244 or by e-mail at Julie.McCarthy@cms.hhs.gov.

Sincerely,

/s/

Richard R. McGreal

Enclosure/s

cc: Daniel Tsai, Assistant Secretary for MassHealth, Medicaid Director
Kaela Konefal, Federal Authority Policy Analyst/State Plan Coordinator

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

1 8 — 0 1 5

2. STATE

MA

3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)

TO: REGIONAL ADMINISTRATOR
CENTERS FOR MEDICARE & MEDICAID SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

08/01/18

5. TYPE OF PLAN MATERIAL (Check One)

NEW STATE PLAN

AMENDMENT TO BE CONSIDERED AS NEW PLAN

AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate transmittal for each amendment)

6. FEDERAL STATUTE/REGULATION CITATION

42 CFR Part 447

7. FEDERAL BUDGET IMPACT

a. FFY 2018 \$ 502,000

b. FFY 2019 \$ 3,004,000

8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment 4.19-B pages 2A-02, 2C, 2D

9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)

Attachment 4.19-B pages 2A-02, 2C, 2D

10. SUBJECT OF AMENDMENT

Children's Behavioral Health Initiative (CBHI) Rates

11. GOVERNOR'S REVIEW (Check One)

GOVERNOR'S OFFICE REPORTED NO COMMENT

COMMENTS OF GOVERNOR'S OFFICE ENCLOSED

NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED

Not required under 42 CFR 430.12(b)(2)(i)

12. SIGNATURE OF STATE AGENCY OFFICIAL

/s/

13. TYPED NAME

Marylou Sudders

14. TITLE

Secretary

15. DATE SUBMITTED

09/28/2018

16. RETURN TO

Kaela Konefal

State Plan Coordinator

Executive Office of Health and Human Services

Office of Medicaid

One Ashburton Place, 11th Floor

Boston, MA 02108

FOR REGIONAL OFFICE USE ONLY

17. DATE RECEIVED

09/28/2018

18. DATE APPROVED

10/31/2018

PLAN APPROVED - ONE COPY ATTACHED

19. EFFECTIVE DATE OF APPROVED MATERIAL

08/01/2018

20. SIGNATURE OF REGIONAL OFFICIAL

/s/

21. TYPED NAME

Richard R. McGreal

22. TITLE

Associate Regional Administrator, Division of Medicaid & Children's Health Operations, Boston, MA

23. REMARKS

SPA MA 18-015

State Plan under Title XIX of the Social Security Act
State: Massachusetts
Methods and Standards for Establishing Payment Rates – Other Types of Care

- XI. Case Management for individuals under age 21 with a serious emotional disturbance – This service is reimbursed using per diem rate. The rate methodology is based on a model budget that assumes program costs (direct and indirect) and maximum productivity time specific for the provision of each service. The data sources for program costs include cost reports and salary data from providers of these and other similar behavioral health services. . The model budget assumes a maximum productivity time for each service based on an estimated time available for the direct contacts by eligible direct care staff.

The fixed fee-for-service rates are effective for service provided on or after August 1, 2018. All rates are published on <http://www.mass.gov/eohhs/gov/laws-regs/hhs/community-health-care-providers-ambulatory-care.html#101cmr352>.

Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers.

State Plan Under Title XIX of the Social Security Act
State: Massachusetts
Methods and Standards for Establishing Payment Rates -- Other Types of Care

- t. Early and Periodic Screening, Diagnostic and Treatment services for individuals under 21 years of age, and treatment of conditions found.

The rate methodology used to create the following fee schedules for are based on a model budget that accounts for program costs (direct and indirect) and maximum productive time specific for the provision of each service. The data sources for program costs include cost reports and salary data from providers of these and other similar behavioral health services. Maximum productive time for each service was derived by assessing the time available for direct billable contacts by eligible direct care staff.

Mobile Crisis Intervention – The fee-for-service rates are effective for service provided on or after August 1, 2018. All rates are published on <http://www.mass.gov/eohhs/gov/laws-regs/hhs/community-health-care-providers-ambulatory-care.html#101cmr352>. Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers.

Behavioral Management Therapy – The fee-for-service rates are effective for service provided on or after August 1, 2018. All rates are published on <http://www.mass.gov/eohhs/gov/laws-regs/hhs/community-health-care-providers-ambulatory-care.html#101cmr352>. Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers.

Behavioral Management Monitoring - The fee-for-service rates are effective for service provided on or after August 1, 2018. All rates are published on <http://www.mass.gov/eohhs/gov/laws-regs/hhs/community-health-care-providers-ambulatory-care.html#101cmr352>. Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers.

In-Home Therapy –The fee-for-service rates are effective for service provided on or after August 1, 2018. All rates are published on <http://www.mass.gov/eohhs/gov/laws-regs/hhs/community-health-care-providers-ambulatory-care.html#101cmr352>. Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers.

Therapeutic training and support –The fee-for-service rates are effective for service provided on or after August 1, 2018. All rates are published on <http://www.mass.gov/eohhs/gov/laws-regs/hhs/community-health-care-providers-ambulatory-care.html#101cmr352>. Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers.

State Plan Under Title XIX of the Social Security Act
State: Massachusetts
Methods and Standards for Establishing Payment Rates -- Other Types of Care

Therapeutic Mentoring Services –The fee-for-service rates are effective for service provided on or after August 1, 2018. All rates are published on <http://www.mass.gov/eohhs/gov/laws-regs/hhs/community-health-care-providers-ambulatory-care.html#101cmr352>. Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers.

Family Support and Training Services - The current fee-for-service rates are effective for service provided on or after August 1, 2018. All rates are published on <http://www.mass.gov/eohhs/gov/laws-regs/hhs/community-health-care-providers-ambulatory-care.html#101cmr352>. Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers.

Applied Behavior Analyst Services - fee schedule established by the Executive Office of Health and Human Services. The fee-for-service rates were set as of October 1, 2015. These fixed rates are effective for services provided on or after October 1, 2015. All rates are published on www.mass.gov/eohhs/docs/eohhs/eohhs-regs/101-cmr-358.pdf. Effective October 1, 2016 those rates will be increased by 1.7% and can be found at the same web address as previously listed. Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers.