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State/Territory Name: Maryland

State Plan Amendment (SPA) #: 18-0008

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services 801 Market Street Suite 9400 Philadelphia, Pennsylvania 19107-3143



Region III/Division of Medicaid and Children's Health Operations

SWIFT #081420184086

October 17, 2018

Dennis Schrader, Medicaid Director Maryland Department of Health 201 West Preston Street Baltimore, Maryland 21201

Dear Mr. Schrader:

Enclosed is a copy of the approved State Plan Amendment (SPA), Transmittal Number 18-0008. This SPA increases Behavioral Health, Health Home rates following Governor Hogan's approval for a 3.5 percent rate increase for the Maryland Medical Assistance, for dates of service beginning July 1, 2018. This represents an estimated \$196,472 increase in total funds (50 percent general funds, \$98,236, and 50 percent \$98,236 federal funds).

The effective date for this amendment is July 1, 2018. The CMS 179 form and the Approved State Plan pages are attached.

If you have questions about this SPA, please contact Ms. Talbatha Myatt of my staff at 215-861-4259.

Sincerely,

/s/

Francis T. McCullough Associate Regional Administrator

Enclosures

CMS-10434 OMB 0938-1188

Package Information

Package ID MD2018MS0011O

Program Name Migrated_HH.MD HHS

SPA ID MD-18-0008

Version Number 2

Submitted By Katia Fortune

Package Disposition



Priority Code P2

Submission Type Official

State MD

Region Philadelphia, PA

Package Status Approved

Submission Date 8/20/2018

Approval Date 10/16/2018 2:59 PM EDT

Approval Notice

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services

7500 Security Boulevard, Mail Stop S2-14-26

Baltimore, Maryland 21244-1850



Date: 10/16/2018

Head of Agency: Robert Neall

Title/Dept: Secretary of Health

Address 1: 201 West Preston Street

Address 2: City: Baltimore State: MD Zip: 21201

MACPro Package ID: MD2018MS0011O

SPA ID: MD-18-0008

Subject

MD 18-0008 Behavioral Health Home Rate Increase

Dear Robert Neall

This is an informal communication that will be followed with an official communication to the State's Medicaid Director.

The Centers for Medicare and Medicaid Services (CMS) is pleased to inform you that we are recommending approval for your request for

Behavioral Health Home Rate Increase SPA

Reviewable Unit	Effective Date
Health Homes Intro	7/1/2018
Health Homes Geographic Limitations	7/1/2018
Health Homes Population and Enrollment Criteria	7/1/2018
Health Homes Providers	7/1/2018
Health Homes Service Delivery Systems	7/1/2018
Health Homes Payment Methodologies	7/1/2018
Health Homes Services	7/1/2018
Health Homes Monitoring, Quality Measurement and Evaluation	7/1/2018

Increased Geographic Coverage	Increase in Conditions Covered
○Yes	○ Yes
● No	● No

This SPA increases Behavioral Health, Health Home rates following Governor Hogan's approval for a 3.5 percent rate increase for the Maryland Medical Assistance, for dates of service beginning July 1, 2018. This represents an estimated \$196,472 increase in total funds (50 percent general funds, \$98,236, and 50 percent \$98,236 federal funds).

Sincerely,

Alissa DeBoy

Mrs.

Approval Documentation

Name	Date Created

8	IV	ledicaid State Plan Print Vi	GW	
lame		Date Created		
	No it	tems available		

MEDICAID | Medicaid State Plan | Health Homes | MD2018MS0011O | MD-18-0008 | Migrated_HH.MD HHS

Package Header

Package ID MD2018MS0011O

Submission Type Official

Approval Date 10/16/2018

Superseded SPA ID N/A

SPA ID MD-18-0008

Initial Submission Date 8/20/2018

Effective Date N/A

State Information

State/Territory Name: Maryland

Medicaid Agency Name: Maryland Department of Health, Office

of Health Care Financing

Submission Component

State Plan Amendment

Medicaid

○ CHIP

MEDICAID | Medicaid State Plan | Health Homes | MD2018MS00110 | MD-18-0008 | Migrated_HH.MD HHS

Package Header

Package ID MD2018MS0011O

Submission Type Official

Initial Submission Date 8/20/2018

Approval Date 10/16/2018

Effective Date N/A

SPA ID MD-18-0008

Superseded SPA ID N/A

SPA ID and Effective Date

SPA ID MD-18-0008

Reviewable Unit	Proposed Effective Date	Superseded SPA ID
Health Homes Intro	7/1/2018	16-0001
Health Homes Geographic Limitations	7/1/2018	16-0001
Health Homes Population and Enrollment Criteria	7/1/2018	16-0001
Health Homes Providers	7/1/2018	16-0001
Health Homes Service Delivery Systems	7/1/2018	16-0001
Health Homes Payment Methodologies	7/1/2018	16-0001
Health Homes Services	7/1/2018	16-0001
Health Homes Monitoring, Quality Measurement and Evaluation	7/1/2018	16-0001

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Package Header

Package ID MD2018MS0011O

SPA ID MD-18-0008

Submission Type Official

Superseded SPA ID N/A

Initial Submission Date 8/20/2018

Approval Date 10/16/2018

Effective Date N/A

Executive Summary

Summary Description Including This SPA updates the reimbursement for Maryland Medical Assistance Behavioral Health, Health Home program. In Goals and Objectives accordance with Governor Hogan's rate increase for Maryland Medical Assistance, this proposal would increase the rates

for Behavioral Health, Health Home program by 3.5 percent for dates of service beginning July 1, 2018. This represents an estimated \$196,472 increase in total funds (50 percent general funds, \$98,236, and 50 percent \$98,236 federal funds).

Federal Budget Impact and Statute/Regulation Citation

Federal Budget Impact

	Federal Fiscal Year	Amount
First	2018	\$24559
Second	2019	\$98236

Federal Statute / Regulation Citation

MEDICAID | Medicaid State Plan | Health Homes | MD2018MS0011O | MD-18-0008 | Migrated_HH.MD HHS

Package Header

Package ID MD2018MS0011O

Submission Type Official Initial Submis

Approval Date 10/16/2018

Superseded SPA ID N/A

Governor's Office Review

O No comment

O Comments received

O No response within 45 days

Other

SPA ID MD-18-0008

Initial Submission Date 8/20/2018

Effective Date N/A

Describe Rebecca Frechard, LCPC

Director, Medicaid Behavioral Health

Division

Office of Health Services

Access Package Header Package ID MD2018M500110 SPAID MD-18-0008 Submission Type Official Initial Submission Date 920/2018 Approval Date 10/16/2018 Effective Date N/A Super John John John John John John John John	MEDICAID Modicaid State Plan Heal	blic Comment	19 Migratod UU MD UUC	
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Submission - Tribal Input

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	Indian Organizations	no comments (see attached document)
		Even though not required, the stat has solicited advice from Indian Health Programs and/or Urban Indian Organizations prior to submission of this SPA
		 The state has not solicited advice from Indian Health Programs and/ Urban Indian Organizations prior t submission of this SPA
All Urban Indian Organizations		
Date of solicitation/consultation:	Method of solicitation/consultation:	
8/7/2018	email	
tates are not required to consult with Indian tribal governments, but if such co onsultation below:	nsultation was conducted voluntarily, pro	vide information about such
All Indian Tribes		
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Benefits Service delivery Other issue	
☐ Service delivery	
☐ Other issue	

Submission - Other Comment

MEDICAID | Medicaid State Plan | Health Homes | MD2018MS00110 | MD-18-0008 | Migrated_HH.MD HHS

Package Header

Package ID MD2018MS0011O

Submission Type Official

Approval Date 10/16/2018

Superseded SPA ID N/A

SPA ID MD-18-0008

Initial Submission Date 8/20/2018

Effective Date N/A

SAMHSA Consultation

Name of Health Homes Program

Migrated_HH.MD HHS

The State provides assurance that it has consulted and coordinated with the Substance Abuse and Mental Health Services Administration (SAMHSA) in addressing issues regarding the prevention and treatment of mental illness and substance abuse among eligible individuals with chronic conditions.

Date of consultation	
1/3/2013	
2/15/2013	

Health Homes Intro

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Package Header

Package ID MD2018MS00110

SPA ID MD-18-0008

Submission Type Official

Initial Submission Date 8/20/2018

Approval Date 10/16/2018

Effective Date 7/1/2018

Superseded SPA ID 16-0001

User-Entered

Program Authority

1945 of the Social Security Act

The state elects to implement the Health Homes state plan option under Section 1945 of the Social Security Act.

Name of Health Homes Program

Migrated_HH.MD HHS

Executive Summary

Provide an executive summary of this Health Homes program including the goals and objectives of the program, the population, providers, services and service delivery model used

Health Homes for individuals with chronic conditions augments the State's broader efforts to integrate somatic and behavioral health services, as well as aim to improve health outcomes and reduce avoidable hospital encounters. The program targets populations with behavioral health needs who are at high risk for additional chronic conditions, offering them enhanced care coordination and support services from providers with whom they regularly receive care. Health Homes are designed to enhance person-centered care, empowering participants to manage and prevent chronic conditions in order to improve health outcomes, while reducing avoidable hospital encounters. Several provider types are eligible to enroll as Health Homes, including psychiatric rehabilitation programs, mobile treatment service providers, and opioid treatment programs. Health Homes serve individuals who experience serious persistent mental illness (SPMI), serious emotional disturbance (SED), and those with opioid substance use disorders determined to be at risk for additional chronic conditions. Health Homes will receive a flat per member, per month payment to provide these services, as well as a one-time payment for each individual's initial intake

General Assurances

☐ The state provides assurance that eligible individuals will be given a free choice of Health Homes providers.
The states provides assurance that it will not prevent individuals who are dually eligible for Medicare and Medicaid from receiving Health Homes services.
The state provides assurance that hospitals participating under the state plan or a waiver of such plan will be instructed to establish procedures for referring eligible individuals with chronic conditions who seek or need treatment in a hospital emergency department to designated Health Homes providers.
The state provides assurance that FMAP for Health Homes services shall be 90% for the first eight fiscal quarters from the effective date of the SPA. After the first eight quarters, expenditures will be claimed at the regular matching rate.
The state provides assurance that it will have the systems in place so that only one 8-quarter period of enhanced FMAP for each health homes enrollee will be claimed.
The state provides assurance that there will be no duplication of services and payment for similar services provided under other Medicaid authorities.

Health Homes Geographic Limitations

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Superseded SPA ID 16-0001

User-Entered

• Health Homes services will be available statewide

- O Health Homes services will be limited to the following geographic areas
- O Health Homes services will be provided in a geographic phased-in approach

Health Homes Population and Enrollment Criteria

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Package ID MD2018MS0011O Submission Type Official **Approval Date** 10/16/2018 Superseded SPA ID 16-0001

Initial Submission Date 8/20/2018 Effective Date 7/1/2018

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User-Entered

Categories of Individuals and Populations Provided Health Homes Services

The state will make Health Homes services available to the following categories of Medicaid participants

Categorically Needy (Mandatory and Options for Coverage) Eligibility Groups	
Medically Needy Eligibility Groups	Mandatory Medically Needy
	Medically Needy Pregnant Women
	Medically Needy Children under Age 18
	Optional Medically Needy (select the groups included in the population)
	Families and Adults
	Medically Needy Children Age 18 through 20
	Medically Needy Parents and Other Caretaker Relatives
	Aged, Blind and Disabled
	Medically Needy Aged, Blind or Disabled
	Medically Needy Blind or Disabled Individuals Eligible in 1973

Health Homes Population and Enrollment Criteria

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Population Criteria

The state elects to offer Health Homes services to individuals with
☐ Two or more chronic conditions
One chronic condition and the risk of developing another

One serious and persistent mental health condition

_ Mental	Health	Condition	

Specify the conditions included

Substance Use Disorder

Asthma Diabetes

Heart Disease

BMI over 25

Other (specify)

Name	Description
Opioid Substance Use Disorder	Opioid Substance Use Disorder

SPA ID MD-18-0008

Initial Submission Date 8/20/2018

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Specify the criteria for at risk of developing another chronic condition

Eligibility criteria based on opioid substance use disorder:

- 1. The consumer has been diagnosed with an opioid substance use disorder.
- 2. The consumer must be engaged in opioid maintenance therapy.
- 3. The consumer is determined to be at risk for additional chronic conditions due to current tobacco, alcohol, or other non-opioid substance use, or a history of tobacco, alcohol, or other non-opioid substance dependence.

Specify the criteria for a serious and persistent mental health condition

Eligibility criteria based on SPMI or SED:

- 1. The consumer has been diagnosed with SPMI or SED, meeting all relevant medical necessity criteria to receive psychiatric rehabilitation program (PRP) services or mobile treatment services (MTS).
- 2. The individual must be engaged in services with a PRP or MTS provider.
- 1. The consumer is not currently receiving either of the following services, considered duplicative of Health Home services:
- a. 1915(i) waiver services
- b. Targeted Mental Health Case Management

Health Homes Population and Enrollment Criteria

MEDICAID | Medicaid State Plan | Health Homes | MD2018MS00110 | MD-18-0008 | Migrated_HH.MD HHS

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Enrollment of Participants

Participation in a Health Homes is voluntary. Indicate the method the state will use to enroll eligible Medicaid individuals into a Health Home

- Opt-In to Health Homes provider
- Referral and assignment to Health Homes provider with opt-out
- Other (describe)

Describe the process used

Health Homes may enroll an eligible individual to whom they provide PRP, MT, or OTP services, contingent upon participant consent, and in the case of OTP participants, the presence of an identified qualifying risk factor. Health Homes may enroll participants only after they have been enrolled for the provider's applicable PRP, MT, or OTP services, ensuring that all relevant medical necessity criteria has been met to confirm the qualifying diagnosis. Enrollment is complete upon submission of the participant's online eMedicaid intake. Consent will authorize sharing of information between identified service providers, the State, applicable Managed Care Organizations (MCOs) and Administrative Service Organizations (ASOs) for the purpose of improved care coordination and program evaluation. The Health Home will notify other treatment providers (e.g., primary care providers) of the participant's goals and the types of Health Home services the participant is receiving and encourage participation in care coordination efforts.

The State uses claims data to identify potentially-eligible consumers who could benefit from Health Home services. This includes individuals with a qualifying diagnosis who experience frequent emergency department usage, hospitalization, or increases in level of care. MCOs and the ASO may assist the State in the identification, outreach, and referral of potential participants among their own consumers. Upon obtaining consumer consent, the State, MCO, or ASO will refer individuals to a Health Home near their residence, at which point the Health Home may outreach to the consumer directly. The State engages additional referral sources to familiarize them with the Health Home's purpose and referral protocols, as well as alert them to opportunities for continued collaboration with Health Home providers. This may include hospitals and emergency departments, public agencies, and school-based health centers.

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User-Entered

Types of Health Homes Providers

Designated Providers

☐ Teams of Health Care Professionals

Health Teams

Indicate the Health Homes Designated Providers the state includes in it program and the provider qualifications and standards
Physicians
Clinical Practices or Clinical Group Practices
Rural Health Clinics
Community Health Centers
Community Mental Health Centers
☐ Home Health Agencies
Case Management Agencies
Community/Behavioral Health Agencies
Describe the Provider Qualifications and Standards
Health Homes must be licensed by the Department of Health and Mental Hygiene as a Psychiatric Rehabilitation Program (PRP), a Mobile Treatment Services (MTS) provider or an Opioid Treatment Program (OTP). In addition, providers must:
1) Be enrolled as a Maryland Medicaid Provider; 2) Be accredited by, or in the process of gaining accreditation from, an approved accrediting body offering a Health Home accreditation product. 3) For those agencies working with minors, demonstrate a minimum of 3 years of experience serving children and youth.
Federally Qualified Health Centers (FQHC)
Other (Specify)

SPA ID MD-18-0008

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Effective Date 7/1/2018

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Provider Infrastructure

Describe the infrastructure of provider arrangements for Health Home Services

All Health Homes must maintain staff in the ratios specified below whose time is exclusively dedicated to the planning and delivery of Health Home services.

1) Health Home Director: .5 FTE per 125 Health Home enrollees. Health Homes with less than 125 enrollees may employ 1 FTE individual to serve as both the Nurse Care Manager and Health Home Director, provided that individual is licensed and legally authorized to practice as a registered nurse. Health Homes requiring a Director at a level more than .5 FTE may choose to designate a lead Health Home Director and subsequent additional key management staff to fulfill the Director staffing requirement.

2) Health Home Care Manager: .5 full-time equivalent (FTE) per 125 Health Home enrollees. Among providers with more than 1 FTE Care Manager, the initial 1FTE care manager role must be filled by a nurse, while subsequent staff in this role may be physicians' assistants.

3) Physician or Nurse Practitioner Consultant: 1.5 hours per Health Home enrollee per 12 month period

4) Administrative Support Staff: The State estimates that Administrative Support Staff of approximately .25 FTE per 125 Health Home enrollees will be necessary to effectively implement the Health Home. However, because providers utilize a wide range of care management tools that may lessen the burden of administrative tasks, Health Homes may use their discretion in determining the staffing levels necessary to fulfill the administrative activities of the Health Home.

The staffing ratios specified as "per 125 Health Home enrollees" act as a minimum, requiring providers with less than 125 enrollees to maintain this level regardless of their enrollment. Smaller Health Homes may form a consortium to share Health Home staff and thus costs, although participants will be served at their own provider's location. Creation of such consortiums is contingent upon geographic proximity and State approval of an application addendum detailing the planned collaboration.

Although the aforementioned staffing must be dedicated exclusively to Health Home activities, qualified staff members within the PRP, MT or OTP—such as licensed counselors or nurses—may provide Health Home services as well. It is expected that all staff members, not only those dedicated exclusively to the Health Home, will be fully informed of the goals of the Health Home and collaborate to serve participants.

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Supports for Health Homes Providers

Describe the methods by which the state will support providers of Health Homes services in addressing the following components

- 1. Provide quality-driven, cost-effective, culturally appropriate, and person- and family- centered Health Homes services
- 2. Coordinate and provide access to high quality health care services informed by evidence-based clinical practice guidelines
- 3. Coordinate and provide access to preventive and health promotion services, including prevention of mental illness and substance use disorders
- 4. Coordinate and provide access to mental health and substance abuse services
- 5. Coordinate and provide access to comprehensive care management, care coordination, and transitional care across settings. Transitional care includes appropriate follow-up from inpatient to other settings, such as participation in discharge planning and facilitating transfer from a pediatric to an adult
- 6. Coordinate and provide access to chronic disease management, including self-management support to individuals and their families
- 7. Coordinate and provide access to individual and family supports, including referral to community, social support, and recovery services
- 8. Coordinate and provide access to long-term care supports and services
- 9. Develop a person-centered care plan for each individual that coordinates and integrates all of his or her clinical and non-clinical health-care related needs
- 10. Demonstrate a capacity to use health information technology to link services, facilitate communication among team members and between the health team and individual and family caregivers, and provide feedback to practices, as feasible and appropriate
- 11. Establish a continuous quality improvement program, and collect and report on data that permits an evaluation of increased coordination of care and chronic disease management on individual-level clinical outcomes, experience of care outcomes, and quality of care outcomes at the population level

Description

To encourage ongoing information-sharing and problem-solving between Health Homes, the Department offers educational opportunities such as webinars and regional meetings. Additionally, regular communication and feedback between the State and individual Health Homes facilitates a collaborative and responsive working relationship. The Maryland Department of Health closely monitors Health Home providers to ensure their services meet Maryland's Health Home standards as well as CMS' Health Home core functional requirements stated above. Oversight activities may include medical chart and care management record review, site audits, and team composition analysis. The State performs outreach to providers and agencies that may collaborate with Health Homes for the benefit of patients, informing them of the Health Home objectives and role in order to foster these linkages.

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Other Health Homes Provider Standards

The state's requirements and expectations for Health Homes providers are as follows

A Health Home serves as the central point for directing person-centered care with the goal of improving patient outcomes while reducing avoidable health care costs. While providers are afforded a degree of flexibility in the design and implementation of their Health Homes, they must meet certain requirements in addition to those delineated above. These standards are detailed below.

Initial Provider Qualifications

- 1. Health Home providers must be enrolled in the MD Medicaid program as a PRP,OTP, or Mobile Treatment provider and agree to comply with all Medicaid program requirements.
- 2. Health Home providers must have, or demonstrate their intention to pursue, accreditation from an approved body offering a Health Home accreditation product.
- 3. Health Home providers must directly provide, or subcontract for the provision of, Health Home services. The Health Home provider remains responsible for all Health Home program requirements, including services performed by the subcontractor.
- 4. Health Homes providing PRP or MT services to minors must demonstrate a minimum of 3 years of experience providing services to children and youth.
- 5. Health Homes must ensure a minimum of one Health Home director and one Care Manager are in place before beginning service provision, and must reach all required staffing levels within 30 days of beginning service provision.
- 6. Health Homes must provide services to all Health Home enrollees, with each individual's care under the direction of a dedicated care manager accountable for ensuring access to medical and behavioral health care services and community social supports as defined in the participant's care plan.
- 7. Providers must complete an application to the State demonstrating their ability to perform each of the CMS Health Home core functional components (refer to section Support for Providers). Providers must propose a set of systems and protocols, including:
- a, processes used to perform these functions:
- b. processes and timeframes used to assure service delivery takes place in the described manner; and
- c. descriptions of multifaceted Health Home service interventions that will be provided to promote patient engagement, participation in their plan of care, and that ensures patients appropriate access to the continuum of physical and behavioral health care and social services.
- 8. Health Homes must participate in federal and state-required evaluation activities including documentation of Health Home service delivery as well as clients' health outcomes and social indicators in the eMedicaid online portal.
- 9. Providers must maintain compliance with all of the terms and conditions as a Health Home provider or will be discontinued as a provider of Health Home services. In the event of any recovery of funds resulting from a provider termination, the FMAP portion of funds recovered will be returned to CMS in accordance with standard protocols.
- 10. Providers that wish to disenroll as a Health Home must notify the State of their intent with at least 30 days notice prior to discontinuing services. They must inform Health Home participants that they will no longer provide Health Home services, and that these may be obtained elsewhere if the participants wish to

Ongoing Provider Qualifications

Following enrollment, Health Home providers must also:

- 1. Enroll with Chesapeake Regional Information System for our Patients (CRISP) to receive hospital encounter alerts and access pharmacy data;
- 2. Convene and document internal Health Home staff meetings every 6 months, at minimum, to plan and implement goals and objectives of practice transformation.
- 3. Complete a program assessment process every six months confirming that the Health Home meets all staffing and regulatory requirements, and demonstrating a quality improvement plan to address gaps and opportunities for improvement; and
- 4. Obtain accreditation from an approved accrediting body offering a Health Home accreditation product within 18 months of initiating the accreditation process, or demonstrate significant progress towards this goal.

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Health Homes Service Delivery Systems

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Package ID MD2018MS0011O **SPA ID** MD-18-0008 **Submission Type** Official Initial Submission Date 8/20/2018 **Approval Date** 10/16/2018 Effective Date 7/1/2018 Superseded SPA ID 16-0001 User-Entered Identify the service delivery system(s) that will be used for individuals receiving Health Homes services Fee for Service Risk Based Managed Care Other Service Delivery System

Health Homes Payment Methodologies

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Payment Methodology

The State's Health Homes	payment methodology will	contain the following features

Fee for Service

Indiv	/idual	Rates	Dar	San	iici

Fee for Service Rates based on

Severity of each individual's chroni	C
conditions	

Capabilities of the team of health care professionals, designated provider, or health team

Other

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Describe below

Health Homes may receive a one-time reimbursement for the completion of each participants' initial intake and assessment necessary for enrollment into the Health Home. The payment will be the same as the rate paid for monthly services on a per-member basis.

The monthly rate is contingent upon the Health Home meeting the requirements set forth in the Health Home applications, as determined by the State of Maryland, including the provision of a minimum of two services in the month. The Health Homes are not paying any monies to other providers. There is only one exchange of payment and that is from the State to the Health Home providers. Health Home providers must document services and outcomes within the participant's file and in eMedicaid. These documents are accessible to the Department and the Department's designees through eMedicaid and are auditable.

Rates are reviewed annually. Health Home participants may only be enrolled in one Health Home at a time. If participant is enrolled in a Health Home, Maryland's system automatically blocks the participant from being enrolled in another Health Home.

Health Homes will be paid a monthly rate based on the employment costs of required Health Home staff, using salary and additional employment cost estimates for each of the required positions and their respective ratios. Payment is contingent upon the Health Home meeting the requirements set forth in the Health Home applications, as determined by the State of Maryland. Failure to meet such requirements is ground for payment sanctions or revocation of Health Home status.

The Department does not pay for

Per Member, Per Month Rates Comprehensive Methodology Included in the Plan ☐ Incentive Payment Reimbursement **Describe any variations in** There are no variations in payment. payment based on provider qualifications, individual care needs, or the intensity of the services provided PCCM (description included in Service Delivery section) Risk Based Managed Care (description included in Service Delivery section) Alternative models of payment, other than Fee for Service or PMPM payments (describe below) separate billing for services which are included as part of another service. At the end of each month, Health Homes will ensure that all Health Home services and outcomes have been reported into eMedicaid. The provider will then submit a bill within 30 days for all participants that received the minimum Health Home service requirement in the preceding month. The provider may begin billing for a Health Home participant when the intake portion of that individual's eMedicaid file has been completed with the necessary demographics, qualifying diagnoses baseline data, and consent form. The initial intake process itself qualifies as a Health Home service. The ongoing criteria for receiving a monthly payment is:

- 1. The individual is identified in the State's Medicaid Management Information System (MMIS) as Medicaid-eligible and authorized to receive PRP, MT, or OTP services;
- 2. The individual was enrolled as a Health Home member with the Health Home provider in the month for which the provider is submitting a bill for Health Home services: and
- 3. The individual has received a minimum of two Health Home services in the previous month, which are documented in the eMedicaid system. The agency's fee schedule (rate) was last updated on July 1, 2018 and is effective for services provided on or after that date. Effective July 1, 2018 the Health Home rate will be increased 3.5% bringing the rate to \$100.85.

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Agency Rates

Describe the rates used

- OFFS Rates included in plan
- Ocomprehensive methodology included in plan
- The agency rates are set as of the following date and are effective for services provided on or after that date

Effective Date

Jul 1, 2018

Website where rates are displayed

health.maryland.gov/providerinfo

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Rate Development

Provide a comprehensive description in the SPA of the manner in which rates were set

- 1. In the SPA please provide the cost data and assumptions that were used to develop each of the rates
- 2. Please identify the reimbursable unit(s) of service
- 3. Please describe the minimum level of activities that the state agency requires for providers to receive payment per the defined unit
- 4. Please describe the state's standards and process required for service documentation, and
- 5. Please describe in the SPA the procedures for reviewing and rebasing the rates, including
 - the frequency with which the state will review the rates, and
 - the factors that will be reviewed by the state in order to understand if the rates are economic and efficient and sufficient to ensure quality services.

Comprehensive Description Behavioral Health rates are typically reviewed and updated for inflation annually. This program was added to that annual review process in FY 2017.

> Effective July 1, 2016 the Health Home rate will be increased 2% bringing the rate to \$100.85. This change is being submitted to CMS through a separate process, with public notice being published June 10th. MD then increased the rate by 3.5% in 2018. There is no tiered payment for this service. All Health Homes receive the same monthly rate if they perform the minimum number of services for that individual.

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Assurances

	it will ensure non-duplication of payment for services similar to Health Homes services that are offered/covered under a as 1915(c) waivers or targeted case management.
duplication of payment will be	Recipients of specified waiver services and mental health case management that may be duplicative of Health Home services will not be eligible to enroll in a Health Home. In addition to offering guidance to providers regarding this restriction, the State may periodically examine recipient files to ensure that Health Home participants are not receiving similar services through other Medicaid-funded programs.
The state has developed payment	methodologies and rates that are consistent with section 1902(a)(30)(A).
The State provides assurance that above.	all governmental and private providers are reimbursed according to the same rate schedule, unless otherwise described
The State provides assurance that section 1902(a)(32).	it shall reimburse providers directly, except when there are employment or contractual arrangements consistent with

Optional Supporting Material Upload

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No ite	ms available

Health Homes Services

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Service Definitions

Provide the state's definitions of the following Health Homes services and the specific activities performed under each service

Comprehensive Care Management

Definition

Health Home staff collaborate to provide comprehensive care management services with active patient and family participation. The Health Home coordinates primary and behavioral health care and social services to address the whole-person needs of patients at the individual and population levels. This includes the

- a. Initial assessment: The Health Home conducts, or provides a referral to the PCP for, a comprehensive biopsychosocial assessment, if no such assessment has been performed by a licensed physician or nurse practitioner in the preceding 6-month period.
- b. Development of Care plan: Using the initial assessment and PCP records as available, the Health Home team works with the participant to develop an ITP including goals and timeframes, community networks and supports, and optimal clinical outcomes.
- c. Delineation of roles: The Health Home assigns each team member clear roles and responsibilities. Participant ITPs identify the various providers and specialists within and outside the Health Home involved in the consumer's care.
- d. Monitoring and reassessment: The Health Home monitors individual health status and progress towards ITP goals, documenting changes and adjusting care plans as needed, twice annually minimally.
- e. Outcomes and Reporting: The Health Home uses the eMedicaid portal and other available HIT tools possibly including EHR, to review and report quality metrics, assessment and survey results, and service utilization in order to evaluate client satisfaction, health status, service delivery, and costs.
- f. Population-based Care Management: Providers monitor population health status and service use to determine adherence to or variance from treatment guidelines. The Health Home identifies and prioritizes and population-wide needs and trends, then implement appropriate population-wide treatment guidelines

Describe how Health Information Technology will be used to link this service in a comprehensive approach across the care continuum

All Health Homes have access to the State's online eMedicaid portal, allowing providers to report and review participant intake, assessment, assigned staff, ITP, clinical baselines and data relating to chronic conditions, as well as Health Home services provided, such as referrals made and health promotion activities completed. eMedicaid generates reports of the aforementioned data at a participant or provider level. Additional access to hospital encounter and pharmacy data through the Chesapeake Regional Information System for Our Patients (CRISP) Electronic Notification System will enable Health Homes to gain a more comprehensive understanding to their participants' care and health status.

Scope of service

Physician's Assistants

The service can be provided by the following provider types	
Behavioral Health Professionals or Specialists	Description
	Opioid Treatment Program Clinical Supervisors, Licensed Mental Health Professionals, and PRP Rehabilitation Specialists and PRP Direct Support Staff may participate in development of the participant's ITP, as well as ongoing monitoring and reassessment. Clinical Supervisors may also play a role in population-based care management tasks.
Nurse Practitioner	
Nurse Care Coordinators	Description
	Nurse Care Coordinators may participate in development of the participant's ITP, as well as ongoing monitoring and reassessment. Nurse Care Coordinators may also play a role in population-based care management tasks.
Nurses	Description
	Nurses may participate in development of the participant's ITP, as well as ongoing monitoring and reassessment. Nurse Practitioners may perform the initial biopsychosocial assessment of a new Health Home participant, as well as play in role in population-based care management.
Medical Specialists	
Physicians	Description
	Physicians may perform the initial biopsychosocial assessment of a new Health Home participant, as well as participate in development and ongoing monitoring and reassessment of the ITP goals. Physicians may also play a role in population-based care management tasks.

Description

	Physicians' Assistants may participate in development of the participant's ITP, as well as ongoing monitoring and reassessment.
Pharmacists	
Social Workers	Description
	Social Workers may participate in development of the participant's ITP, as well as ongoing monitoring and reassessment.
Doctors of Chiropractic	
Licensed Complementary and alternative Medicine Practitioners	
Dieticians	
Nutritionists	
Other (specify)	
Provider Type	Description
Health Home Director	The Health Home Director may participate in development of the participant's ITP, as well as ongoing monitoring and reassessment. They may also take part in population-based care management activities.
Care Coordination	
Care coordination includes implementation of the consumer-centered ITP throug and support. Specific activities include: appointment scheduling, referrals and foll communication with other providers and supports. Health Homes serving childre involved agencies such as DSS. The Health Home provider assigns each enrollee a Care Manager who will be respected treatment plan in partnership with the individual and family, as appropriate. At the population level, the Health Home provider develops policies and procedure health providers, as well as agencies and community-based organizations; and for responsibilities of each in order to ensure timely communication, use of evidence all members of the Health Home team. The Health Home ensures that all regular primary care or other appropriate provider. In addition, members of the Health Home with regard to the population.	ow-up monitoring, tracking of appropriate screenings and EPDST needs, and in place particular emphasis on coordination with school officials, PCPs, and consible for coordinating the individuals' care and ensuring implementation of the sto facilitate collaboration between primary care, specialist, and behavioral or children, school-based providers. Such policies will clearly define the roles and chased referrals, follow-up consultations, and regular case review meetings with screenings and immunizations are conducted through coordination with the
Describe how Health Information Technology will be used to link this service	e in a comprehensive approach across the care continuum
The eMedicaid online portal allows Health Homes to report and review referrals r family supports. Access to CRISP hospital encounter alerts will facilitate prompt d capabilities, claims data may ultimately populate fields in the eMedicaid system, a received, and identify opportunities for improved care coordination.	nade to outside providers, social and community resources, and individual and scharge planning and follow-up. As the State continues to develop eMedicaid's
Scope of service	
The service can be provided by the following provider types	
Behavioral Health Professionals or Specialists	Description
	Appropriate behavioral health professionals or specialists- including Addictions Counselors, OTP Clinical Supervisors, PRP Rehabilitation Specialists, and PRP Direct Support Staff- may provide care coordination services.
Nurse Practitioner	
Nurse Care Coordinators	Description
	Nurse Care Coordinators may provide care coordination services.
Nurses	Nurse Care Coordinators may provide care coordination services. Description
Nurses	• • • • • • • • • • • • • • • • • • • •
Nurses Medical Specialists	Description
	Description
☐ Medical Specialists	Description Nurses may provide care coordination services.
☐ Medical Specialists	Description Nurses may provide care coordination services. Description Physicians may provide care coordination services. Description
Medical Specialists Physicians Physician's Assistants	Description Nurses may provide care coordination services. Description Physicians may provide care coordination services.
Medical Specialists Physicians Physician's Assistants Pharmacists	Description Nurses may provide care coordination services. Description Physicians may provide care coordination services. Description Nurse Care Coordinators may provide care coordination services.
Medical Specialists Physicians Physician's Assistants	Description Nurses may provide care coordination services. Description Physicians may provide care coordination services. Description

Licensed Complementary and alternative Medicine Practitioners	
Dieticians	
Nutritionists	
Other (specify)	
Provider Type	Description
Administrative Support Staff	Administrative Support Staff may provide care coordination services in the form of appointment scheduling and tracking.
Health Promotion	
Definition	
for monitoring and management of chronic and other somatic health condition an individual's condition(s), development of a self-management goals, medicate	olementation of their care plan and place a strong emphasis on skills development ns. Health promotion services will include health education and coaching specific to tion review and education, and promotion of healthy lifestyle interventions. Such prevention or cessation, improved nutrition, obesity prevention and reduction, and
Health Homes working with children will emphasize these preventive health in include identifying conditions for which the child may be at risk due to family, these areas.	nitiatives, while actively involving parents and families in the process. This will physical, or social factors, and working with the patient and caregivers to address
	rioritize particular areas of need with regard to health promotion; research bests; evaluate the effectiveness of the interventions; and modify them accordingly.
Describe how Health Information Technology will be used to link this serv	vice in a comprehensive approach across the care continuum
Health Home providers will use the eMedicaid portal to document, review, and updates to clinical outcomes may be reported in tandem with the related healt regarding physical activity in the eMedicaid portal, the Health Home would not	
Scope of service	
The service can be provided by the following provider types	
Behavioral Health Professionals or Specialists	Description
	As appropriate, the following providers may perform or assist with health promotion services: Addictions Counselors, PRP Rehabilitation Specialists, Licensed Mental Health Professionals, OTP Clinical Supervisors and PRP Direct Support Staff.
☐ Nurse Practitioner	
Nurse Care Coordinators	Description
	Nurse Care Coordinators may perform health promotion services.
Nurses	Description
	Nurses may perform health promotion services.
Medical Specialists	
Physicians	Description
	Physicians may perform health promotion services.
Physician's Assistants	Description
	Physicians' Assistants may perform health promotion services.
Pharmacists	
Social Workers	Description
Social Workers	As appropriate, Social Workers may perform health promotion services.
Doctors of Chiropractic	
Licensed Complementary and alternative Medicine Practitioners	
Dieticians	
Nutritionists	
Other (specify)	
Comprehensive Transitional Care from Inpatient to Other Se	ettings (including appropriate follow-up)
Definition	
Health Homes provide services designed to streamline plans of care, reduce h	ospital admissions, ease the transition to long-term services and supports,

interrupt patterns of frequent hospital emergency department use, and ensure timely and proper follow up care. The Health Home increases consumers' and

family members' ability to manage care and live safely in the community, shifting the use of reactive care and treatment to proactive health promotion and selfmanagement.

Transitional care services vary by age of participants, and may include transitions to or from residential care facilities. Among transitional-age youth, services address the needs of participants and families as the individuals approach a shift into adult services and programs.

To accomplish these functions, providers establish a clear protocol for responding to CRISP alerts or notification from any other inpatient facility to facilitate collaboration in treatment, discharge, and safe transitional care. Care Managers will follow up with consumers within two business days post-discharge discharge via home visit, phone call, or scheduling an on-site appointment.

Describe how Health Information Technology will be used to link this service in a comprehensive approach across the care continuum

All Health Homes are required to enroll with CRISP in order to receive alerts of hospital admissions, discharges, or transfer among their Health Home patient panel. Real-time access to this information will allow Health Home providers to provide prompt coordination and follow-up care. This ability will be augmented by real-time access to pharmacy data that may aid in medication reconciliation.

Scope of service

The service can be provided by the following provider types	
Behavioral Health Professionals or Specialists	Description
	As appropriate, the following providers may deliver or assist in the delivery of comprehensive transitional care services: OTP Clinical Supervisors, Addictions Counselors, Licensed Mental Health Professionals, PRP Rehabilitation Specialists, PRP Direct Support Staff.
☐ Nurse Practitioner	
Nurse Care Coordinators	Description
	Nurse Care Managers may provide comprehensive transitional care services.
Nurses	Description
	Nurses may provide comprehensive transitional care services.
☐ Medical Specialists	
Physicians	Description
	Physicians may provide comprehensive transitional care services.
Physician's Assistants	Description
	Physicians' Assistants may provide comprehensive transitional care services.
☐ Pharmacists	
Social Workers	Description
	Social Workers may provide comprehensive transitional care services.
Doctors of Chiropractic	
Licensed Complementary and alternative Medicine Practitioners	
Dieticians	
Nutritionists	
Other (specify)	
Provider Type	Description
Health Home Directors	Health Home Directors may provide comprehensive transitional care services.

Individual and Family Support (which includes authorized representatives)

Definition

Services include advocating for individuals and families; assisting with medication and treatment adherence; identifying resources for individuals and families to support them in attaining their highest level of health and functioning, including transportation to medically-necessary services; improving health literacy; increasing the ability to self-manage care; facilitating participation in the ongoing revision of care/treatment plan; and providing information as appropriate on advance directives and health care power of attorney. Health Homes connect participants with peer support services, many of which will be offered on-site, as well as referring participants to support groups and self-care programs as appropriate.

At the population level, services include: collecting and analyzing individual and family needs data; developing individual and family support materials and groups regarding the areas listed above; soliciting community organizations to provide group support to the population; and providing training and technical assistance as needed regarding the special needs of and effective interventions for the population.

The Health Home provider will ensure that all communication and information shared with the enrollee, the enrollee's family and caregivers, as appropriate, is language, literacy and culturally appropriate.

Describe how Health Information Technology will be used to link this service in a comprehensive approach across the care continuum

Nurses

Medicaid State Plan Print View The eMedicaid tool allows Health Home providers to document, review, and report individual and family support services delivered, including referrals to outside groups or programs. Using real-time pharmacy data, Health Home providers are better able to assist individuals in obtaining and adhering to prescription medications. Scope of service The service can be provided by the following provider types Behavioral Health Professionals or Specialists Description As appropriate, the following providers may deliver or assist in the delivery of individual and family support services: OTP Clinical Supervisors, Addictions Counselors, Licensed Mental Health Professionals, PRP Rehabilitation Specialists, and PRP Direct Support Staff. Nurse Practitioner Nurse Care Coordinators Description Nurse Care Coordinators may provide individual and family support services. Nurses Description Nurses may provide individual and family support services. Medical Specialists Physicians Description Physicians may provide individual and family support services. Physician's Assistants Physicians' Assistants may provide individual and family support services. Pharmacists Social Workers Description Social Workers may provide individual and family support services. Doctors of Chiropractic Licensed Complementary and alternative Medicine Practitioners Dieticians Nutritionists Other (specify) **Referral to Community and Social Support Services** The Health Home will identify available community-based resources and actively manage appropriate referrals, access to care, and engagement with other community, social, and school-based supports. Specific services will include: providing assistance for accessing Medical Assistance, disability benefits, subsidized or supported housing, personal needs support, peer or family support, and legal services, as appropriate. The Health Home will assist in coordinating these services and following up with consumers post service engagement. At the population level, the Health Home team will: develop and monitor cooperative agreements with community and social support agencies that establish collaboration, follow-up, and reporting standards; recruit agencies to enter into those collaborative agreements; and provide training and technical assistance as needed regarding the special needs of and effective interventions for the population. Describe how Health Information Technology will be used to link this service in a comprehensive approach across the care continuum Using the eMedicaid online portal, Health Home providers may document, report, and review referrals to community-based resources. Scope of service The service can be provided by the following provider types Behavioral Health Professionals or Specialists Description The following providers may provide referrals to community and social support services: OTP Clinical Supervisors, Addictions Counselors, Licensed Mental Health Professionals, PRP Rehabilitation Specialists, and PRP Direct Support Staff. Nurse Practitioner Nurse Care Coordinators Description Nurse Care Coordinators may provide referrals to community and social

support services.

Nurses may provide referrals to community and social support services.

Description

Medicaid State Plan Print View

Medical Specialists		
Physicians	Description	
	Physicians may provide referrals to community and social support services.	
Physician's Assistants	Description	
	Physicians' Assistants may provide referrals to community and social support services.	
Pharmacists		
Social Workers	Description	
	Social Workers may provide referrals to community and social support services.	
☐ Doctors of Chiropractic		
Licensed Complementary and alternative Medicine Practitioners		
Dieticians		
Nutritionists		
Other (specify)		
Provider Type	Description	
Health Home Director	The Health Home Director may provide referrals to community and social support services.	

Health Homes Services

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Health Homes Patient Flow

Describe the patient flow through the state's Health Homes system. Submit with the state plan amendment flow-charts of the typical process a Health Homes individual would encounter

Referral & Enrollment

Potential Health Home participants may be informed of and referred to a Health Home in their region by a variety of sources. Upon engaging with a potential participant, the Health Home enrolls the individual in the appropriate PRP, MT, or OTP services for which they are eligible, and in the case of OTP patients, identify the qualifying risk factors that place them at risk for additional chronic conditions. The Health Home then explains the data-sharing elements of the program and obtain consent from the participant. Finally, the provider creates an entry and intake for the participant in the eMedicaid system, effectively enrolling them in the Health Home.

Participation

While participating in the Health Home, an individual will receive a minimum of two Health Home services per month, to be documented in the eMedicaid portal. A Care Manager will monitor their care and health status, and the Health Home team will assist with the provision of Health Home services as necessary. The Health Home will periodically reassess participants, and in doing so determine whether Health Home services are necessary.

Discharge from the Health Home will primarily result from incidents such as relocation, incarceration, or loss of eligibility. In such cases, the Health Home provider will follow discharge protocol appropriate to the circumstances. In such cases where an individual 's PRP, MT, or OTP services cease due to stabilization or reaching age 18, they may remain in the Health Home for six months, during which the Health Home provider will emphasize support their transition to the appropriate level of care. Discharge planning may include the development of a discharge plan with referrals to the appropriate services and providers which will continue the individual's care and support. The Health Home provider will report in eMedicaid the discharge of a participant, as well as note the completion of discharge planning.

Name	Date Created	
Health Home Participant Flow Chart (MACPRO upload)	7/27/2018 1:33 PM EDT	PDF

Health Homes Monitoring, Quality Measurement and Evaluation

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Monitoring

Describe the state's methodology for calculating cost saving (and report cost savings annually in Quality Measure Report). Include savings that result from improved coordination of care and chronic disease management achieved through the Health Homes Program, including data sources and measurement specifications, as well as any savings associated with dual eligibles, and if Medicare data was available to the state to utilize in arriving at its cost-savings estimates

Using claims data, the State tracks avoidable hospital readmissions by calculating ambulatory care sensitive conditions (ACSC) readmissions per 1000 enrollees. To calculate this rate: (# of readmissions with a primary diagnosis consisting of an Agency of Healthcare Research and Quality (AHRQ) ICD-9 code for ambulatory care sensitive conditions/member months) x 12,000.

To measure cost savings generated by Chronic Health Homes, the State may compare the costs per member per month for participants by Health Home provider and by condition to costs for comparison groups of OTP, MT, and PRP participants enrolled with non-Health Home providers. The State may also compare overall costs between the groups for emergency room utilization, hospitalizations, nursing facility admissions, and pharmacy utilization. In this assessment, the State may review each Chronic Health Home independently for its overall costs and the allocation of its funds amongst services provided to inform future implementation and process modifications.

Describe how the state will use health information technology in providing Health Homes services and to improve service delivery and coordination across the care continuum (including the use of wireless patient technology to improve coordination and management of care and patient adherence to recommendations made by their provider)

- 1.eMedicaid Portal: eMedicaid is a web-based portal accessible to all networks, allowing Health Home providers to record and review of services delivered as well as clinical and social outcomes related to the individuals' chronic conditions. The portal is secure, with Health Homes' access limited to access the records of their own current enrollees. The State uses eMedicaid reports to track enrollment, compliance, and outcomes at the provider and population levels.
- 2.Chesapeake Regional Information System for our Patients (CRISP): All Health Home providers must enroll with CRISP's Electronic Notification System to receive hospital encounter alerts. This entails an initial upload of the Health Home's patient panel with all necessary demographic information, followed by monthly panel updates, as well as the set up of a direct message inbox and/or an interface with the provider's EHR to receive alerts.
- 3.Pharmacy Data: CRISP will additionally provide pharmacy data to Health Homes, including all Schedule II-V through the State's Prescription Drug Monitoring Program (PDMP), as well as any prescription drug within the Surescripts network.
- 4. Electronic Health Records (EHR) and Clinical Management Systems: Qualification as a Health Home provider is in part dependent upon the ability to report detailed performance metrics, measure improvement in care coordination, and gauge clinical outcomes on a provider level. Providers who do not currently use a robust EHR or clinical management system may determine that such a tool is necessary to meet the reporting and care coordination requirements of the Health Home program, as well as to improve their overall care capabilities.

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Quality Measi	urement and	l Evaluatior
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The state provides assurance that all Health Homes providers report to the state on all applicable quality measures as a condition of receiving payment from the state
The state provides assurance that it will identify measureable goals for its Health Homes model and intervention and also identify quality measures related to each goal to measure its success in achieving the goals
The state provides assurance that it will report to CMS information submitted by Health Homes providers to inform evaluations, as well as Reports to Congress as described in Section 2703(b) of the Affordable Care Act and as described by CMS
The state provides assurance that it will track avoidable hospital readmissions and report annually in the Quality Measures report

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