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State/Territory Name: Minnesota

State Plan Amendment (SPA) #: 19-0010

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
233 N. Michigan Avenue, Suite 600
Chicago, Illinois 60601-5519



Regional Operations Group

October 16, 2019

Thomas Moss, Interim Medicaid Director
Minnesota Department of Human Services
P.O. Box 64983
St. Paul, MN 55164-0983

Dear Mr. Moss:

Enclosed for your records is an approved copy of the following State Plan Amendment:

Transmittal #19-0010 --Proposes to cover limited treatment for substance use disorders based on a positive result of a Screening, Brief Intervention and Referral to Treatment and also allows providers to deliver services via telehealth.

--Effective Date: July 1, 2019

--Approval Date: October 15, 2019

If you have any additional questions, please have a member of your staff contact Sandra Porter at (312) 353-8310 or via e-mail at Sandra.Porter@cms.hhs.gov.

Sincerely,

/s/

Ruth A. Hughes
Deputy Director
Center for Medicaid and CHIP Services
Regional Operations Group

Enclosures

cc: Ann Berg, DHS

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: CENTER FOR MEDICARE & MEDICAID SERVICES	1. TRANSMITTAL NUMBER: 19-10 (inserted by CMS/sporter)	2. STATE Minnesota
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	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)
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TO: REGIONAL ADMINISTRATOR CENTER FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE July 1, 2019
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5. TYPE OF PLAN MATERIAL (<i>Check One</i>): <input type="checkbox"/> NEW STATE PLAN <input type="checkbox"/> AMENDMENT TO BE CONSIDERED AS NEW PLAN <input checked="" type="checkbox"/> AMENDMENT COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (<i>Separate Transmittal for each amendment</i>)

6. FEDERAL STATUTE/REGULATION CITATION: 42 C.F.R. § 440.130	7. FEDERAL BUDGET IMPACT: a. FFY '20: \$13,125 b. FFY '21: \$18,375
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8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT: Att. 3.1-A, p. 54q.3 and Supp. 6, p. 1 Att. 3.1-B, p. 53q.3 and Supp. 6, p. 1	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (<i>If Applicable</i>): Same
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10. SUBJECT OF AMENDMENT: Substance use disorder services based on SBIRT screen; telehealth
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11. GOVERNOR'S REVIEW (<i>Check One</i>): <input checked="" type="checkbox"/> GOVERNOR'S OFFICE REPORTED NO COMMENT <input type="checkbox"/> OTHER, AS SPECIFIED: <input type="checkbox"/> COMMENTS OF GOVERNOR'S OFFICE ENCLOSED <input type="checkbox"/> NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

12. SIGNATURE OF STATE AGENCY OFFICIAL: 	16. RETURN TO: Ann Berg Minnesota Department of Human Services 540 Cedar Street, PO Box 64983 St. Paul, MN 55164-0983
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13. TYPED NAME: Ann Berg	
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14. TITLE: Deputy Medicaid Director	
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15. DATE SUBMITTED: 9/27/2019	
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FOR REGIONAL OFFICE USE ONLY

17. DATE RECEIVED: September 27, 2019	18. DATE APPROVED: October 15, 2019
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PLAN APPROVED – ONE COPY ATTACHED

19. EFFECTIVE DATE OF APPROVED MATERIAL: July 1, 2019	20. SIGNATURE OF REGIONAL OFFICIAL: /s/
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21. TYPED NAME: Ruth A. Hughes	22. TITLE: Deputy Director
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23. REMARKS:	
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STATE: MINNESOTA
Effective: July 1, 2019
TN: 19-10
Approved: 10/15/19
Supersedes: 19-02

ATTACHMENT 3.1-A
Page 54q.3

13.d. Rehabilitative services. (continued)

Up to four hours of individual or group treatment, two hours of treatment coordination, and two hours of peer support services may be covered prior to the comprehensive assessment and treatment plan, based on a positive result of a Screening, Brief Intervention, and Referral to Treatment (SBIRT).

Provider Qualification and Training

The following personnel can provide substance use disorder services:

- 1) A licensed alcohol and drug counselor is qualified to provide the comprehensive assessment, individual and group therapy, medication assisted therapy, withdrawal management, and treatment coordination.
- 2) A counselor supervisor of licensed alcohol and drug counselors must have three years of work experience as a licensed drug and alcohol counselor and is qualified to provide the comprehensive assessment, individual and group therapy, medication assisted therapy, withdrawal management, and treatment coordination.
- 3) Licensed Social workers, licensed marriage and family therapists, and licensed professional counselors who have a master's degree, which included 120 hours of a specified course of study in addiction studies with 440 hours of post-degree supervised experience in the provision of alcohol and drug counseling. This provider is qualified to provide the comprehensive assessment, individual and group therapy, medication assisted therapy, withdrawal management, and treatment coordination.
- 4) Personnel providing substance use disorder services at programs licensed by American Indian tribal governments must be credentialed according to the standards set by the individual tribal governing body, and are qualified to provide the comprehensive assessment, individual and group therapy, medication assisted therapy, peer recovery support services, withdrawal management, and treatment coordination.

STATE: MINNESOTA
Effective: July 1, 2019
TN: 19-10
Approved: 10/15/19
Supersedes: 17-17 (16-02)

Supplement 6 to ATTACHMENT 3.1-A
Page 1

Medical assistance covers medically necessary services and consultations delivered via telemedicine when performed by a licensed health care provider, or a mental health practitioner working under the supervision of a mental health professional, a certified community health worker, or a provider qualified in accordance with par. 13(d) of Attachment 3.1-A to provide a comprehensive assessment for substance use disorder services, in the same manner as if the service or consultation was delivered in person. Coverage is limited to three telemedicine services per enrollee per calendar week, except that this limit does not apply to services necessary for the treatment and control of tuberculosis that are provided by a licensed health care provider and in a manner consistent with the recommendations and best practices specified by the Centers for Disease Control and Prevention and the Commissioner of the Minnesota Department of Health.

Telemedicine is the delivery of health care services while the patient is at an originating site and the health care provider is at a distant site. A communication between health care providers, or a health care provider and a patient that consists solely of a telephone conversation, e-mail, or facsimile does not constitute telemedicine services. Telemedicine may be provided by means of real-time two-way, interactive audio and visual communications, including the application of secure video conferencing, or store-and-forward technology. Providers utilizing telemedicine must comply with criteria established by the Department in order to demonstrate that a quality assurance process and established protocols for patient safety have been addressed before, during, and after a particular service is delivered via telemedicine.

STATE: MINNESOTA
Effective: July 1, 2019
TN: 19-10
Approved: 10/15/19
Supersedes: 19-02

ATTACHMENT 3.1-B
Page 53q.3

13.d. Rehabilitative services. (continued)

Up to four hours of individual or group treatment, two hours of treatment coordination, and two hours of peer support services may be covered prior to the comprehensive assessment and treatment plan, based on a positive result of a Screening, Brief Intervention, and Referral to Treatment (SBIRT).

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