

13. D. Diagnostic, Screening, Treatment, Preventive and Rehabilitative Services (continued)  
Description of Services

(iii) Community Support - (adults) (CS)

North Carolina is revising the State Plan to facilitate phase out of the Community Support - Adults service, which will end effective July 1, 2010. Beginning January 1, 2010 through July 1, 2010, the state will continue to allow only the provision of the care coordination functions of this service (i.e., the 3<sup>rd</sup> and 4<sup>th</sup> bullets on Page 15a.2 and the 14<sup>th</sup> through 19<sup>th</sup> bullets on Page 15a.2a) in order to permit the state time to plan for and arrange alternate services for recipients.

Community Support Services consist of mental health and substance abuse community based, rehabilitation services and interventions necessary for an individual to achieve rehabilitative, sobriety, and recovery goals. This medically necessary service directly addresses the recipient's diagnostic and clinical needs that are evidenced by the presence of a diagnosable mental illness and/or substance related disorder (as defined by the DSM-IV-TR and its successors), with symptoms and effects documented in a comprehensive clinical assessment and the Person Centered Plan.

The services are designed to:

- Enhance skills to address the complex mental health and/or substance abuse symptoms of adults who have significant functional deficits in order to promote symptom reduction;
- Assist recipients in acquiring mental health and/or substance abuse recovery skills necessary for self management and to address successfully vocational, housing, and educational needs.
- Link recipients to, and coordinate, necessary services to promote clinical stability and to meet an individual's mental health/substance abuse treatment, social, and other treatment support needs;
- Monitor and evaluate the effectiveness of delivery of all services and supports identified in the Person Centered Plan.