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# State/Territory Name: NE

# State Plan Amendment (SPA) #: 17-0015

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services 601 East 12th Street, Suite 355 Kansas City, Missouri 64106



November 28, 2017

Thomas "Rocky" Thompson, Interim Medicaid Director Department of Health & Human Services Division of Medicaid and Long-Term Care 301 Centennial Mall South, 5th Floor PO Box 95026 Lincoln, NE 68509-5026

Dear Mr. Thompson:

On October 16, 2017, the Centers for Medicare & Medicaid Services (CMS) received Nebraska's State Plan Amendment (SPA) transmittal #17-0015. This SPA is updating language regarding the Peer Support Professional staff. Specifically the amendment is removing language from the State Plan that licensed practitioners are able to furnish the service being provided by the Certified Peer Support Specialist plus provisionally licensed professionals acting as supervising practitioners, must also be certified peer support professionals.

SPA #17-0015 was approved November 22, 2017, with an effective date of October 1, 2017, as requested by the state. Enclosed is a copy of the CMS-179 summary form, as well as the approved pages for incorporation into the Nebraska State Plan.

If you have any questions regarding this amendment, please contact Karen Hatcher or Barbara Cotterman at (816) 426-5925.

Sincerely,

11/28/2017

James G. Scott Associate Regional Administrator for Medicaid and Children's Health Operations

Sign

Enclosure

cc: **DHHS** Nebraska Nancy Keller **Rosalind Sipe** 

EALTH CARE FINANCING ADMINISTRATION TRANSMITTAL AND NOTICE OF APPROVAL OF		FORM APPROVED OMB NO. 0938-0193
STATE PLAN MATERIAL	1. TRANSMITTAL NUMBER: 17-0015	2. STATE Nebraska
FOR: HEALTH CARE FINANCING ADMINISTRATION	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
FO: REGIONAL ADMINISTRATOR HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES 5. TYPE OF PLAN MATERIAL (Check One);	4. PROPOSED EFFECTIVE DATE October 1, 2017	
NEW STATE PLAN	CONSIDERED AS NEW PLAN	AMENDMENT
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMI		
6. FEDERAL STATUTE/REGULATION CITATION:	7. FEDERAL BUDGET IMPACT:	
42 CFR 440.130(d)	a, FFY 2018 \$0.	00
	b. FFY 2019 \$0.	00
B. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable):	
Att. 3.1-A, Item 4b, pgs 24j, and 24k		
Att 3.1-A, Item 13d, pgs 5d and 5e	Att. 3.1-A, Item 4b, pgs 24j and 24k Att. 3.1-A, Item 13d, pgs 5d and 5e	
Peer Support Professional 11. GOVERNOR'S REVIEW (Check One): GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	OTHER, AS SPE Governor has wai	
2. SIGNATURE OF STATE AGENCY OFFICIAL:	16. RETURN TO:	
13. TYPED NAME. Thomas "Rocky" Thompson	Nancy Keller Division of Medicaid & Long-Term Ca	are
4. TITLE:	<ul> <li>Nebraska Department of Health &amp; Human Services</li> <li>301 Centennial Mall South</li> <li>Lieuetre NE (2500)</li> </ul>	
Interim Director, Division of Medicaid and Long-Term Care	- Lincoln, NE 68509	
5. DATE SUBMITTED: October 16, 2017		
5. DATE SUBMITTED: October 16, 2017 FOR REGIONAL O	FFICE USE ONLY	
5. DATE SUBMITTED: October 16, 2017 FOR REGIONAL O		22, 2017
5. DATE SUBMITTED: October 16, 2017 FOR REGIONAL O	FFICE USE ONLY 18. DATE APPROVED: November	22, 2017
5. DATE SUBMITTED: October 16, 2017 FOR REGIONAL OF 7. DATE RECEIVED: October 16, 2017	FFICE USE ONLY 18. DATE APPROVED: November	

ATTACHMENT 3.1-A Item 4b, Page 24j Applies to both Categorically and Medically Needy

### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State: <u>Nebraska</u> LIMITATIONS- EARLY AND PERIODIC SCREENING AND DIAGNOSTIC AND TREATMENT OF CONDITIONS FOUND

Rehabilitative Services - 42 CFR 440.130(d)

(C) Providers:

Provider Qualifications: All Certified Peer Support Professionals must meet the following criteria:

- i. Be 19 years of age or older;
- ii. Have personal experience as an individual diagnosed with a mental health/substance use disorder; be a parent/caregiver of a child with a similar mental illness and/or substance use disorder; or is an adult with an on-going and/or personal experience with a family member with a similar mental illness and/or substance use disorder;
- iii. Be able to demonstrate personal transformation and resiliency by maintaining sobriety, refraining from illicit drug use, and/or not requiring an inpatient level of treatment within the last year;
- iv. Have a high school diploma or equivalent with a minimum of two years of experience working in the behavioral health field;
- v. Complete a state and/or national training program;
- vi. Obtain state and/or national certification as a Certified Peer Support Professional;
- vii. Maintain state and/or national certification by completing continuing education requirements as identified by the certifying organization; and
- viii. Pass a criminal background check and have no active registry on the abuse/neglect or sex offender registry.

(D) Supervision:

- i. Direct supervision is included in the state's scope of practice act for all supervising licensed providers.
- ii. The supervising practitioners assumes professional responsibility for the services provided by the Certified Peer Support Professional.
- iii. The licensed practitioner is able to furnish the service being provided by the Certified Peer Support Professionals.
- iv. The licensed practitioners will bill for the services provided by Certified Peer Support Professional.

TN No. <u>NE 17-0015</u> Supersedes TN No. <u>NE 16-0009</u>

Approval Date\_November 22, 2107

Effective Date October 1, 2017

ATTACHMENT 3.1-A Item 4b, Page 24k Applies to both Categorically and Medically Needy

#### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State: <u>Nebraska</u> LIMITATIONS- EARLY AND PERIODIC SCREENING AND DIAGNOSTIC AND TREATMENT OF CONDITIONS FOUND

Supervision is required at least twice per month for clinical consultation, and the supervisor must be available at all times for telephone consultation. Each supervisor is allowed no more than 6 Certified Peer Support Professionals at one time. Documentation of supervision must be clearly written in the case file. Supervision is not a billable service. The supervising practitioner is required to perform at least one face-to-face contact with the individual within 30 days of the Medicaid eligible client being assigned a Certified Peer Support Professionals and no less frequently than every 60 days thereafter for the purpose of monitoring the Medicaid eligible client's progress towards meeting goals and determining the effectiveness of the peer support interventions. These face-to-face contacts must be documented in the service record.

Supervising providers must be:

- i. Psychiatrist;
- ii. Licensed Psychologist;
- iii. Provisionally Licensed Psychologist;
- iv. Licensed Independent Mental Health Practitioner (LIMHP);
- v. Licensed Mental Health Practitioner (LMHP); Provisionally Licensed Mental Health Practitioner (PLMHP);
- vi. Licensed Alcohol and Drug Counselor (LADC) and the Provisionally Licensed Alcohol and Drug Counselor (PLADC) may supervise Certified Peer Support Professionals providing services to Medicaid eligible clients diagnosed with substance use disorder only.

Qualifications;

- Psychiatrist shall have a doctorate degree in Psychiatry and be practicing within their professional scope and in accordance with Nebraska Revised Statute (NRS) 38-2025.
- LIMHP shall have a Master's degree in psychology, social work, counseling, or marriage & family therapy, and be practicing within their professional scope in accordance with Nebraska Revised Statute (NRS) 38-2113.
- LADC shall have met the requirements for licensure as a provisional alcohol and drug counselor in addition to completion of 6,000 clinical work hours. They must also be practicing within their professional scope in accordance with Nebraska Revised Statute (NRS) 38-311.
- PLADC shall have met the requirements for licensure as a provisional alcohol and drug counselor also be practicing within their professional scope in accordance with Nebraska Revised Statute (NRS) 38-311.

Approval Date November 22, 2017

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### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State <u>Nebraska</u> LIMITATIONS – REHABILITATIVE SERVICES

The examples listed above are intended to illustrate services that may be provided under each Medicaid state plan subcomponent service, and are not intended to be prescriptive or limit the services received. Additional services beyond those provided as examples above are available to beneficiaries through the Medicaid state plan without limitation.

### (C) Providers:

Provider Qualifications: All Certified Peer Support Professionals must meet the following criteria:

- i. Be 19 years of age or older;
- ii. Have personal experience as an individual diagnosed with a mental health/substance use disorder;
- Be able to demonstrate personal transformation and resiliency by maintaining sobriety, refraining from illicit drug use, and/or not requiring an inpatient level of treatment within the last year;
- iv. Have a high school diploma or equivalent with a minimum of two years of experience working in the behavioral health field;
- v. Complete a state and/or national training program;
- vi. Obtain state and/or national certification as a Certified Peer Support Professional;
- vii. Maintain state and/or national certification by completing continuing education requirements as identified by the certifying organization; and
- viii. Pass a criminal background check and have no active registry on the abuse/neglect or sex offender registry.

(D) Supervision:

- i. Direct supervision is included in the state's scope of practice act for all supervising licensed providers.
- ii. The supervising practitioners assumes professional responsibility for the services provided by the Certified Peer Support Professionals.
- iii. The licensed practitioner is able to furnish the service being provided by the Certified Peer Support Professionals.
- iv. The licensed practitioners will bill for the services provided by Certified Peer Support Professionals.

Approval DateNovember 22,2017Effective Date\_October 1, 2017

### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State <u>Nebraska</u> LIMITATIONS – REHABILITATIVE SERVICES

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Supervising providers must be:

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- v. Licensed Mental Health Practitioner (LMHP); Provisionally Licensed Mental Health Practitioner (PLMHP);
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- LADC shall have met the requirements for licensure as a provisional alcohol and drug counselor in addition to completion of 6,000 clinical work hours. They must also be practicing within their professional scope in accordance with Nebraska Revised Statute (NRS) 38-311.
- PLADC shall have met the requirements for licensure as a provisional alcohol and drug counselor also be practicing within their professional scope in accordance with Nebraska Revised Statute (NRS) 38-311.

#### <u>Telehealth</u>:

Rehabilitative services are covered when provided via teleheaith technologies subject to the limitations as set forth in state regulations, as amended.

TN No. <u>NE 17-0015</u> Supersedes TN No. <u>NE 16-0009</u>

Approval DateNovember 22, 2017Effective Date\_October 1, 2017