Table of Contents

State/Territory Name: Oklahoma

State Plan Amendment (SPA) #: 13-0013

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form
- 3) Approved SPA Pages



DIVISION OF MEDICAID & CHILDREN'S HEALTH - REGION VI

December 1, 2015

Dr. Garth Splinter State Medicaid Director Oklahoma Health Care Authority 4345 North Lincoln Blvd. Oklahoma City, OK

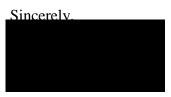
Our Reference: SPA OK 13-13

Dear Dr. Splinter:

We have reviewed the State's proposed amendment to the Oklahoma State Plan submitted under Transmittal Number 13-13, dated September 19, 2013. This state plan amendment revises qualifications for behavioral health rehabilitation specialists and behavior health case managers.

Based on the information submitted, we have approved the amendment for incorporation into the official Oklahoma State Plan with an effective date change of July 1, 2013. A copy of the CMS- 179 and approved plan page are enclosed with this letter.

If you have questions, please contact Suzette Seng at (214) 767-6478.



Bill Brooks Associate Regional Administrator

Cc: Tywanda Cox

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES		FORM APPROVED OMB No. 0938-0193
TRANSMITTAL AND NOTICE OF APPROVAL	1. TRANSMITTAL NUMBER	2. STATE
OF	1 3 - 1 3	Oklahoma
STATE PLAN MATERIAL FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	3. PROGRAM IDENTIFICATION: TITLE SECURITY ACT (MEDICAID)	XIX OF THE SOCIAL
TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE July 1, 2013	
5. TYPE OF PLAN MATERIAL (Check One)	odly 1, 2010	
NEW STATE PLAN AMENDMENT TO BE C	ONSIDERED AS A NEW PLAN	AMENDMENT
6. FEDERAL STATUTE/REGULATION CITATION	7. FEDERAL BUDGET IMPACT	
Social Security Act § 1902(a)(30)(A)	a. FFY 2015 <u>\$0.00</u> b. FFY <u>2016</u> <u>\$0.00</u>	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT	9. PAGE NUMBER OF THE SUPERSEI OR ATTACHMENT (If Applicable)	DED PLAN SECTION
Attachment 3.1-A, Page 6a-1.3a;	Attachment 3.1-A, Page 6a-1.3	
Attachment 3.1-A, Page 6a-1.3b; Supplement 1 to Attachment 3.1-A, Page 1e;	Attachment 3.1-A, Page 6a-1.3 Supplement 1 to Attachment 3.	
Supplement 1 to Attachment 3.1-A, Page 16, Supplement 1 to Attachment 3.1-A, Page 1f;	Supplement 1 to Attachment 3.	-
Supplement 1 to Attachment 3.1-A, Page 1g; Attachment 3.1-A, Page 6a-1.8	Supplement 1 to Attachment 3. Attachment 3.1-A, Page 6a-1.8	.1-A, Page 1g, TN 12-03;
10. SUBJECT OF AMENDMENT		
Revise qualifications for Behavioral Health Rehabilita	tion Specialists and Behavioral He	ealth Case Managers
11. GOVERNOR'S REVIEW (Check One)		
GOVERNOR'S OFFICE REPORTED NO COMMENT	X OTHER, AS SPECIFIED	
COMMENTS OF GOVERNOR'S OFFICE ENCLOSED	The Governor does not rev	view State
NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	r lan materiali	
12.	16. RETURN TO	
13. TYPED NAME	Oklahoma Health Care Autho	ority
Joel Nico Gomez	Attn: Tywanda Cox	
14. TITLE	 4345 N. Lincoln Blvd. Oklahoma City, OK 73105 	
Chief Executive Officer 15. DATE SUBMITTED	· · · · · · · · · · · · · · · · · · ·	
September 19, 2013		
	onal Office Use Only	
17. DATE RECEIVED 19 September, 2013	18. DATE APPROVED 01 December, 2015	
• • • • • • • • • • • • • • • • • • •	D - ONE COPY ATTACHED	
19. EFFECTIVE DATE OF APPROVED MATERIAL	20. SIG OFFIC	IAL
1 July, 2013 21. TYPED NAME	22. TITLE	
	Associate Regional Administra	
Bill Brooks 23. REMARKS	Division of Medicaid and Childre	en's Health
c: Tywanda Cox Nico Gomez		
FORM CMS-179 (07/92)		

AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED CATEGORICALLY NEEDY

13.d Rehabilitative Services (continued)

13.d.1. Outpatient Behavioral Health Services (continued)

C. Covered Services (continued)

Individual Provider Qualifications Rehabilitative Services

	Rehabilitative Services		
Type of Service	Individual Provider Type	Qualifications	
Behavioral health assessment,	Behavioral Health Practitioners	Level 1	
behavioral health service plan		(A) Psychiatrists - Allopathic or	
development, individual, family,		Osteopathic physicians with a	
group treatment		current license and board	
		certification in psychiatry or board	
		eligible in the state in which	
		services are provided, or	
		(B) Advanced Practice Registered	
		Nurse (APRN) - Registered nurse	
		with current licensure and	
		certification of recognition from	
		the board of nursing in the state in	
		which services are provided and	
		certified in a psychiatric mental	
		health specialty; or (C) Clinical Psychologists - A clinical	
		psychologist who is duly licensed	
		to practice by the State Board of	
		Examiners of Psychologists; or	
		(D) Current resident in psychiatry;	
		or	
		(E) Physician Assistants (PA) - An	
		Individual licensed in good	
		standing in Oklahoma and has	
		received specific training for and	
		is experienced in performing	
		mental health therapeutic,	
		diagnostic, or counseling	
		functions	
		Level 2:	
		(A) Licensed, Master's Prepared	
		 Practitioners with a Master's 	
		degree and fully licensed to	
		practice in the state in which	
		services are provided, as	
		determined by one of the	
		licensing boards listed below:	
		(1) Clinical Social Workers;	
		(2) Professional Counselors;	
		(3) Marriage & Family	
		Therapists;	
		(4) Behavioral Practitioners; or	
		(5) Alcohol or Drug Counselor;	

Revised 07-01-13

TN#_<u>13-13</u> Supersedes TN# <u>10-32</u> Approval Date <u>12/01/2015</u>

Effective Date _7/1/2013

AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED CATEGORICALLY NEEDY

13.d Rehabilitative Services (continued)

13.d.1. Outpatient Behavioral Health Services (continued)

C. Covered Services (continued)

Type of Service	Individual Provider Type	Qualifications
Behavioral health assessment, behavioral health service plan development, individual, family, group treatment (cont.)	Behavioral Health Practitioners (cont.)	 (B) Licensure Candidates - An individual with a Master's degree or higher, actively and regularly receiving board approved clinical supervision, and extended supervision by a fully licensed clinician if board's supervision requirement is met by one of the licensing boards listed in Level 1 (C) or Level 2 (A) above, or (C) Psychological Clinicians – Professionals with a Master's degree or higher with certification to provide behavioral health services.
Psychosocial Rehabilitation Services, individual and group	 BHP Certified Alcohol and Drug Counselor (CADC) Behavioral Health Rehabilitation Specialist (BHRS) Certified Behavioral Case Manager II (CM II) 	 See description above for BHP See description in Supplement 1 to Attachment 3.1- A, Page 1e for CM II BHRS must have: (1) Current certification as a Behavioral Health Case Manager II (CM II) from ODMHSAS (2) BHRS designations made between July 1, 2010 through June 30, 2013 will be recognized until June 30, 2014.
Crisis Intervention Services	BHP	See description above for BHP
Psychological Testing / Assessment	 BHP Psychometrists, Psychological technician of a psychologist 	Certified psychometrist, psychological technician of a psychologist, or LBHP. Psychological technicians must have a bachelor degree and be actively involved in a Master level program that has already trained the applicant specifically to provide the service under the direct supervision of the psychologist under which the tech is working.
Medication Training and Support	 Registered Nurse Physician Assistant Advanced Registered Nurse Practitioner 	Licensed RN Licensed PA Licensed APRN
Alcohol and drug assessment, Alcohol and drug treatment plan development	• BHP	See description above for BHP

Individual Provider Qualifications Rehabilitative Services (continued)

Revised 07-01-13

Effective Date _7/1/2013

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

CASE MANAGEMENT SERVICES (continued)

Target Group: Chronically and/or severely mentally ill age 18 years and older or children who are at imminent risk of out-of home placement due to psychiatric or substance abuse reasons.

Qualifications of providers:

Case managers performing the service must be:

- 1. Licensed Behavioral Health Professional (LBHP) as described on Attachment 3.1-A Page 1a-6.11;
- 2. Currently Certified Alcohol and Drug Counselor (CADC); or
- 3. Currently certified as a Behavioral Health Case Manager through the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS). In order to obtain certification as a case manager, individuals must meet the following requirements:
 - a. Case Manager II meets the following:
 - i. Qualifications.
 - I. A bachelor's or master's degree in a behavioral health related field, earned from a regionally accredited college or university recognized by the United States Department of Education or a bachelor's or master's degree in education; or
 - II. Current licensure as a registered nurse in the State of Oklahoma with experience in behavioral health care; or
 - III. A Bachelor's or master's degree in a non-behavioral health related field and current certification from the United States Psychiatric Rehabilitation Association (USPRA).
 - IV. A bachelor's or master's degree in any field and proof of active progression toward obtaining a clinical licensure Master's or Doctoral degree from a regionally accredited college or university recognized by USDE.
 - ii. Training Requirements.
 - I. Behavioral health case management web-based training as specified by ODMHSAS,
 - II. Individuals who have not received a certificate in children's psychiatric rehabilitation from the US Psychiatric Rehabilitation Association (USPRA) must complete the behavioral health rehabilitation web-based training as specified by ODMHAS,
 - III. Complete one day of face-to-face behavioral health case management training, and
 - IV. Individuals not certified as Psychiatric Rehabilitation Practitioners (CPRP) must complete two days of face-to-face behavioral health rehabilitation training.
 - iii. Exam
 - I. Successful completion of web-based competency exams for behavioral health rehabilitation and behavioral health case management is required in order to be certified.
 - II. CPRP applicants for certification need only successfully complete the web-based competency exam for behavioral health case management.
 - iv. Case Manager II certifications issued on or before June 30, 2013 will continue to be recognized until June 30, 2014.
- b. Case Manager I meets the following:
 - i. Has a high school diploma and:
 - I. 60 college credit hours; or
 - II. 36 total months of experience working with persons who have a mental illness and/or substance abuse issues (documentation of experience must be on file with ODMHSAS).
 - ii. Complete two days of case management training as specified by ODMHSAS.
 - iii. Successful completion of web-based competency exam for behavioral health case management.

TN#_ <u>13-13</u>	Approval Date_ <u>12/01/2015</u>
Supersedes TN# <u>12-03</u>	

Revised 07-01-13

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

CASE MANAGEMENT SERVICES (continued)

Target Group: Chronically and/or severely mentally ill age 18 years and older or children who are at imminent risk of out-of home placement due to psychiatric or substance abuse reasons.

- c. Wraparound Facilitator Case Manager LBHP, CADC or CM II and has the following:
 - i. Successful completion of the ODMHSS training for wraparound facilitation within six months of employment; and
 - ii. Participate in ongoing coaching provided by ODMHSAS and employing agency; and
 - iii. Successfully complete wraparound credentialing process within nine months of beginning process; and
 - iv. Direct supervision or immediate access and a minimum of one hour weekly clinical consultation with a Qualified Mental Health Professional, as required by ODMHSAS.
- d. Intensive Case Manager LBHP, CADC or CM II and has the following:
 - i. A minimum of two years behavioral health case management experience, crisis intervention experience, and
 - ii. Must have attended the ODMHSAS intensive case management training.

Freedom of Choice:

The State assures that the provision of case management services will not restrict an individual's free choice of providers in violation of Section 1902(a)(23) of the Act.

- Eligible recipients will have free choice of any qualified Medicaid provider within the specified geographic area identified in this plan.
- Eligible recipients will have free choice of the providers of other medical care under the plan.

Freedom of Choice Exception:

X Target group consists of eligible individuals with developmental disabilities or with chronic mental illness. Providers are limited to providers of case management services capable of ensuring that individuals with developmental disabilities or with chronic mental illness receive needed services.

Revised 07-01-13

Page 1g

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

CASE MANAGEMENT SERVICES (continued)

Target Group: Chronically and/or severely mentally ill age 18 years and older or children who are at imminent risk of out-of home placement due to psychiatric or substance abuse reasons.

Access to Services (42 CFR 441.18(a)(2), 42 CFR 441.18(a)(3), 42 CFR 441.18(a)(6)):

The State assures the following:

- Case management (including targeted case management) services will not be used to restrict an individual's access to other services under the plan.
- Individuals will not be compelled to receive case management services, condition receipt of case management (or targeted case management) services on the receipt of other Medicaid services, or condition receipt of other Medicaid services on receipt of case management (or targeted case management) services; and
- Providers of case management services do not exercise the agency's authority to authorize or deny the provision of other services under the plan.

Payment (42 CFR 441.18(a)(4)):

• Payment for case management or targeted case management services under the plan does not duplicate payments made to public agencies or private entities under other program authorities for this same purpose.

Limitations:

- Case Management does not include the following:
 - Activities not consistent with the definition of case management services under Section 6052 of the Deficit Reduction Act (DRA); the direct delivery of an underlying medical, educational, social, or other service to which an eligible individual has been referred. (2001 SMD)
 - o Activities integral to the administration of foster care programs. (2001 SMD); and
 - Activities for which third parties are liable to pay. (2001 SMD)
- The State assures that individuals meeting provider qualifications under the plan to provide case management as well as other direct medical, educational, social or other services for which an eligible individual has been referred will not provide both case management and direct services to the same individual.

Revised 07-01-2013

TN#<u>13-13</u> Supersedes TN# <u>12-03</u> Approval Date <u>12/01/2015</u>

Effective Date _7/1/2013

AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED CATEGORICALLY NEEDY

13.d Rehabilitative Services (continued)

13.d.1. Outpatient Behavioral Health Services (continued)

PACT Provider Type and Qualifications

Individual Provider Type	Qualifications
Behavioral Health	BHRS must have:
Rehabilitation Specialist	(1) Current certification as a Behavioral Health Case Manager II (CM II) from
(BHRS)	ODMHSAS .
	(2) BHRS designations made between July 1, 2010 and June 30, 2013 will be recognized until June 30, 2014, at which point individuals must meet qualifications in (1) above.
Registered Nurse or Physician Assistant	Medication Training and Support must be provided by a licensed registered nurse, or a physician assistant as a direct service under the supervision of a physician.

Revised 07-01-2013

TN#_<u>13-13</u> Supersedes TN# <u>10-32</u>