

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
State/Territory: OREGON

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

LIMITATION ON SERVICES

13.d. Rehabilitative Mental Health Services

Mental health rehabilitative services include coordinated assessment, therapy, daily structure/support, consultation, medication management, skills training and interpretive services. The Addictions and Mental Health Division (the Division) may provide these services in various settings, including residential. Each contract or subcontract provider of rehabilitative services establishes a quality assurance system and a utilization review process. Each contract or subcontract provider, in conjunction with a representative quality assurance committee, writes a quality assurance plan to implement a continuous cycle of measurement, assessment and improvement of clinical outcomes based upon input from service providers, clients and families served, and client representatives.

The Division provides mental health rehabilitative services through approved Mental Health Organizations (MHOs), Community Mental Health Program (CMHPs) or through direct contracted providers. The MHO or CMHPs may provide services directly, or through subcontract providers, in a variety of settings. Providers must obtain a certificate of approval or license from the Division for the scope of services to be reimbursed.

Licensed Medical Practitioners (LMPs), defined below, provide ongoing medical oversight as appropriate.

A Licensed Medical Practitioners (LMP) means a person who meets the following minimum qualifications as documented by the Local Mental Health Authority (LMHA) or designee:

1. Holds at least one of the following educational degrees and valid licensure:
 - a. Physician licensed to practice in the State of Oregon;
 - b. Advanced Practice Nurses including Clinical Nurse Specialist and Certified Nurse Practitioner licensed to practice in the State of Oregon; or
 - c. Physician's Assistant licensed to practice in the State of Oregon.

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13.d. Rehabilitative Mental Health Services (Cont)

2. Whose training, experience and competence demonstrates the ability to conduct a comprehensive mental health assessment and provide medication management, including a practitioner of the healing arts, acting within the scope of his or her practice under State law, who is licensed by a recognized governing board in Oregon.

A "Clinical Supervisor" means a Qualified Mental Health Professional (QMHP) with at least two years of post graduate clinical experience in a mental health treatment setting who subscribes to a professional code of ethics. The clinical Supervisor, as documented by the LMHA, demonstrates the competency to oversee and evaluate the mental health treatment services provided by a QMHA or QMHP.

A "QMHP" means a Licensed Medical Practitioner or any other person meeting the following minimum qualifications as documented by the LMHA or designee:

1. Graduate degree in psychology;
2. Bachelors degree in nursing and licensed by the State of Oregon;
3. Graduate degree in social work;
4. Graduate degree in a behavioral science field;
5. Graduate degree in a recreational, art, or music therapy; or
6. Bachelor's degree in occupational therapy and licensed by the state of Oregon; and
7. Whose education and experience demonstrates the competencies to identify precipitating events; gather histories of mental and physical disabilities, alcohol and drug use, past mental health services and criminal justice contacts; assess family, social and work relationships; conduct a mental status examination; document a multi axial DSM diagnosis; write and supervise a treatment plan; conduct a comprehensive mental health assessment; and provide individual, family, and/or group therapy within the scope of their training.

A "QMHA" means a person delivering services under the direct supervision of a QMHP who meets the following minimum qualifications as documented by the LMHA or designee:

1. A bachelor's degree in a behavioral sciences field; or
2. A combination of at least three year's relevant work, education, training or experience; and

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13.d. Rehabilitative Mental Health Services (Cont)

3. Has the competencies necessary to:
 - a. Communicate effectively;
 - b. Understand mental health assessment, treatment and service terminology and to apply the concepts; and
 - c. Provide psychosocial skills development and to implement interventions prescribed on a treatment plan within their scope of practice.

A "Peer-Support" Specialist" means a person delivering services under the supervision of a QMHP who meets the following minimum qualifications as documented by the LMHA or designee:

- An Individual who has successfully completed training through a curriculum qualified by AMH and
1. Is a self-identified person currently or formerly receiving mental health services; or
 2. Is a self-identified person in recovery from a substance use disorder, who meets the abstinence requirements for recovering staff in alcohol and other drug treatment programs; or
 3. Is a family member of an individual who is a current or former recipient of addictions or mental health services.

A Mental Health Intern is defined as:

1. Meets qualifications for QMHA but does not have the necessary graduate degree in psychology, social work or in a Bachelor of Science field to meet the educational requirement of QMHP.
2. Currently enrolled in a graduate program, for at least a master's degree, for degrees for psychology, social work or in a Bachelor of Science field.
3. Has a collaborative educational agreement with the CMHP (provider) and the graduate program working within the scope of his/her practice and competencies identified by the policies and procedures for credentialing of clinical staff as established by provider.
4. Receives, at the minimum, weekly supervision, by a qualified clinical supervisor, employed by the provider of services.

Only LMPs, QMHPs, QMHAs, Peer Support Specialists or other persons whose education and experience meet the standards and qualifications established by the Addictions and Mental Health Division of DHS through administrative rule may deliver the mental health treatment services as specified by the Division.

TN 12-06
Supersedes TN 96-07

Approval Date

Effective Date 7/1/12

STATE OF OREGON

LIMITATION ON SERVICES

13.d. Rehabilitative Mental Health Services

Mental health rehabilitative services include coordinated assessment, therapy, daily structure/support, consultation, medication management, skills training and interpretive services. The Mental Health and Developmental Disability Services Division (the Division) may provide these services in various settings, including residential. Each contract or subcontract provider of rehabilitative services establishes a quality assurance system and a utilization review process. Each contract or subcontract provider, in conjunction with a representative quality assurance committee, writes a quality assurance plan to implement a continuous cycle of measurement, assessment and improvement of clinical outcomes based upon input from service providers, clients and families served, and client representatives.

The Division provides mental health rehabilitative services through approved Comprehensive Services Providers (CSPs) or Mental Health Organizations (MHOs). The CSPs or MHOs may provide services directly, or through subcontract providers, in a variety of settings. For CSP subcontract providers, the Division must grant a certificate of approval for the scope of services to be reimbursed.

Licensed Medical Practitioners (LMPs), defined below, provide ongoing medical oversight. LMPs document the medical necessity and appropriateness of services by approving comprehensive mental health assessments and individualized treatment plans at least annually.

Clinical Supervisors, defined below, provide documented clinical oversight, at least every three months, of the effectiveness of mental health treatment services delivered by Qualified Mental Health Associates (QMHA's) and by Qualified Mental Health Professionals (QMHPs).

An "LMP" means a person who meets the following minimum qualifications as documented by the Local Mental Health Authority (LMHA) or designee:

1. Holds at least one of the following educational degrees and valid licensures:
 - a. Physician licensed to practice in the State of Oregon;
 - b. Nurse Practitioner licensed to practice in the State of Oregon; or
 - c. Physician's Assistant licensed to practice in the State of Oregon; and

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2. Whose training, experience and competence demonstrates the ability to conduct a comprehensive mental health assessment and provide medication management.

A "Clinical Supervisor" means a QMHP with at least two years of post graduate clinical experience in a mental health treatment setting who subscribes to a professional code of ethics. The Clinical Supervisor, as documented by the LMHA, demonstrates the competency to oversee and evaluate the mental health treatment services provided by a QMHA or QMHP.

A "QMHP" means a Licensed Medical Practitioner or any other person meeting the following minimum qualifications as documented by the LMHA or designee:

1. Graduate degree in psychology;
2. Bachelors degree in nursing and licensed by the State of Oregon;
3. Graduate degree in social work;
4. Graduate degree in a behavioral science field;
5. Graduate degree in a recreational, art, or music therapy; or
6. Bachelor's degree in occupational therapy and licensed by the State of Oregon; and
7. Whose education and experience demonstrates the competencies to identify precipitating events; gather histories of mental and physical disabilities, alcohol and drug use, past mental health services and criminal justice contacts; assess family, social and work relationships; conduct a mental status examination; document a multiaxial DSM diagnosis; write and supervise a treatment plan; conduct a comprehensive mental health assessment; and provide individual, family, and/or group therapy within the scope of their training.

A "QMHA" means a person delivering services under the direct supervision of a QMHP who meets the following minimum qualifications as documented by the LMHA or designee:

1. A bachelor's degree in a behavioral sciences field; or
2. A combination of at least three year's relevant work, education, training or experience; and
3. Has the competencies necessary to:
 - a. Communicate effectively;
 - b. Understand mental health assessment, treatment and service terminology and to apply the concepts; and
 - c. Provide psychosocial skills development and to implement interventions prescribed on a treatment plan within their scope of practice.

Only LMPs, QMHPs, or QMHAs may deliver the mental health treatment services specified in the Division's Rehabilitative Services Payment Schedule.

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