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## Table of Contents

**State/Territory Name:** Utah

**State Plan Amendment (SPA) #:** UT-13-003

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES  
Centers for Medicare & Medicaid Services  
1600 Broadway, Suite 700  
Denver, CO 80202-4967



**Region VIII**

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March 21, 2013

W. David Patton, Ph.D.  
Utah Department of Health  
288 North 1460 West  
PO Box 143102  
Salt Lake City, UT 84114

RE: Utah #13-003

Dear Dr. Patton:

We have reviewed the proposed State Plan Amendment (SPA) submitted under transmittal number (TN) 13-004. This SPA is amending the Medicaid State Plan to include rehabilitative mental health services, rehabilitative substance use disorder services, rehabilitative mental health and substance use disorder services for individuals eligible for Medicaid under EPSDT, and peer support services, in one section, whereas currently they are in four separate sections of the State Plan.

Please be informed that this State Plan Amendment was approved today with an effective date of January 1, 2013. We are enclosing the CMS-179 and the amended plan page(s).

If you have any questions concerning this amendment, please contact Laurie Jensen at (303) 844-7126.

Sincerely,

/s/

Richard C. Allen  
Associate Regional Administrator  
Division for Medicaid and Children's Health

CC: Michael Hales, Medicaid Director, UT  
Craig Devashrayee, UT

**TRANSMITTAL AND NOTICE OF APPROVAL OF  
STATE PLAN MATERIAL  
FOR: HEALTH CARE FINANCING ADMINISTRATION**

1. TRANSMITTAL NUMBER:  
13-003-UT

2. STATE:  
Utah

3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)

4. PROPOSED EFFECTIVE DATE  
January 1, 2013

TO: REGIONAL ADMINISTRATOR  
HEALTHCARE FINANCING ADMINISTRATION  
DEPARTMENT OF HEALTH AND HUMAN SERVICES

5. TYPE OF PLAN MATERIAL (Check One)

NEW STATE PLAN       AMENDMENT TO BE CONSIDERED AS NEW PLAN       AMENDMENT  
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)

6. FEDERAL STATUTE/REGULATION CITATION:  
42 CFR 440.130

7. FEDERAL BUDGET IMPACT [REDACTED] 1/24/13  
a. FFY 2013 \$0  
b. FFY 2014 \$0

8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:  
  
Pages 1, 2, 2a, 2b, 2c, 2d, 2e, 2f, 2g, and 2h of Attachment #13 within ATTACHMENTS 3.1-A and 3.1-B.  
  
Removes Pages 4, 4a, 8, and 8a of Attachment #13 within ATTACHMENTS 3.1-A and 3.1-B  
  
Removes Pages 7, 8, and 8a through 8g of Attachment #4b within ATTACHMENTS 3.1-A and 3.1-B  
  
Removes Page 9 and Page 29d of ATTACHMENT 4.19-B

9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)  
  
Pages 1, 2 and 2a of Attachment #13 within ATTACHMENTS 3.1-A and 3.1-B  
  
Page 25 of ATTACHMENT 4.19-B

10. SUBJECT OF AMENDMENT: Rehabilitative Mental Health Services

11. GOVERNOR'S REVIEW (Check One):  
 GOVERNOR'S OFFICE REPORTED NO COMMENT  
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED  
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED:

12. SIGNATURE OF STATE AGENCY OFFICIAL:  
[REDACTED]

13. TYPED NAME: W. David Patton, Ph.D.

14. TITLE: Executive Director, Utah Department of Health

15. DATE SUBMITTED: January 31, 2013

16. RETURN TO:  
  
Craig Devashrayee, Manager  
Technical Writing Unit  
Utah Department of Health  
PO Box 143102  
Salt Lake City, UT 84114-3102

17. DATE RECEIVED: 1/31/13

18. DATE APPROVED: 3/21/13

19. EFFECTIVE DATE OF APPROVED MATERIAL: 1/1/13

20. [REDACTED] OFFICIAL:  
ARA, ONCA#

REHABILITATIVE SERVICES

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LIMITATIONS

Rehabilitative Mental Health Services

Rehabilitative mental health and substance use disorder services (hereinafter referred to as mental health services) are medically necessary services designed to promote the patient's mental health and restore the patient to the highest possible level of functioning. Services must be provided to or directed exclusively toward the treatment of the Medicaid individual.

Services and required supervision are provided in accordance with State law governing the applicable profession and in accordance with the profession's administrative rules as set forth by the Utah Department of Commerce and found at the Department of Administrative Services, Division of Administrative Rules: [www.Rules.utah.gov/publicat/code.htm](http://www.Rules.utah.gov/publicat/code.htm).

Services do not include room and board; services to residents of institutions for mental diseases; services covered elsewhere in the State Medicaid plan; educational, vocational and job training services; recreational and social activities; habilitation services and services provided to inmates of public institutions

Psychiatric Diagnostic Evaluation

Psychiatric diagnostic evaluations are conducted face-to-face with the patient for the purpose of identifying the patient's need for mental health services. In accordance with the HCPCS/Current Procedural Terminology (CPT) definition for psychiatric diagnostic evaluations, the evaluation is an integrated biopsychosocial assessment, and includes history, mental status and recommendations. Psychiatric diagnostic evaluation with medical services is an integrated biopsychosocial and medical assessment, including history, mental status, other physical examination elements as indicated, and recommendations. The evaluation may include communication with family or other sources, prescription of medications, and review and ordering of laboratory or other diagnostic studies. In certain circumstances one or more other informants (family members, guardians, or significant others) may be seen in lieu of the patient. The service includes assessments and reassessments if required. The service is coded in accordance with CPT coding for psychiatric diagnostic evaluation. If it is determined mental health services are medically necessary, a provider qualified to perform this service is responsible for the development of an individualized treatment plan. The qualified provider is also responsible to conduct reassessments/treatment plan reviews with the patient as clinically indicated to ensure the patient's treatment plan is current and accurately reflects the patient's rehabilitative goals and needed mental health services.

Qualified providers are (1) licensed mental health therapists under State law: physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy; psychologists qualified to engage in the practice of mental health therapy; certified psychology residents qualifying to engage in the practice of mental health therapy; clinical social workers, certified social workers and certified social worker interns, advanced practice registered nurses (APRNs) licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency), marriage and family therapists; associate marriage and family therapists; clinical mental health counselors; and associate clinical mental health counselors; (2) individuals working within

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REHABILITATIVE SERVICES

LIMITATIONS (Continued)

Rehabilitative Mental Health Services

the scope of their certificate or license in accordance with State law: licensed APRNs formally working toward psychiatric mental health nursing specialty certification through enrollment in a specialized mental health education program or through completion of post-education clinical hours; and licensed APRN interns formally working toward psychiatric mental health specialty certification and accruing the required clinical hours for the specialty nursing certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency), and (3) individuals exempted from licensure as a mental health therapist in accordance with State law: students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision

When evaluations are conducted for the purpose of determining need for medication prescription only, these evaluations may be conducted by licensed physicians and surgeons or osteopathic physicians regardless of specialty; licensed APRNs and licensed APRN interns regardless of specialty when practicing within the scope of their practice act and competency, (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); and other practitioners licensed under State law when acting within the scope of their practice, most commonly a physician assistant when practicing under the delegation of services agreement required by the profession's practice act

Mental Health Assessment – Participating as part of a multi-disciplinary team, qualified providers of this service assist in the psychiatric diagnostic evaluation process defined under Psychiatric Diagnostic Evaluation by face-to-face contacts with the patient to (1) gather psychosocial information including information on the patient's strengths, weaknesses and needs, and historical, social, functional, psychiatric, or other information; and (2) assist the patient to identify treatment goals. The provider assists in the psychiatric diagnostic reassessment/treatment plan review process specified under Psychiatric Diagnostic Evaluation by gathering updated psychosocial information and updated information on treatment goals and by assisting the patient to identify additional treatment goals. Information also may be collected through in-person or telephonic interviews with family/guardians or other sources as necessary. The information obtained is provided to the qualified provider identified on page 1 or on page 2 above who will perform the psychiatric diagnostic evaluation assessment or reassessment

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## REHABILITATIVE SERVICES

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### LIMITATIONS (Continued)

#### Rehabilitative Mental Health Services

Qualified providers are: licensed social service workers; licensed substance use disorder counselors, licensed registered nurses, licensed practical nurses, individuals working toward licensure as a social service worker under supervision of a licensed mental health therapist in accordance with State law; and registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training, in a recognized school approved by the State's licensing division and individuals enrolled in a qualified substance use disorder education program, exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law.

Although these providers may perform this service, under State law only individuals qualified to conduct psychiatric diagnostic evaluations may diagnose mental health disorders and prescribe rehabilitative mental health services

#### Psychological Testing

Psychological testing is performed face-to-face with the patient using standardized psychological tests appropriate to the patient's needs, with interpretation and report. Psychological testing is coded in accordance with the CPT coding for psychological testing.

Qualified providers are: licensed physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy, licensed psychologists, certified psychology residents qualifying to engage in the practice of mental health therapy, and individuals exempted from licensure in accordance with State law psychology students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision.

#### Psychotherapy

In accordance with the CPT definition for psychotherapy, psychotherapy is the treatment of mental illness and behavioral disturbances in which the provider through definitive therapeutic communication, attempts to alleviate emotional disturbance, reverse or change maladaptive patterns of behavior and encourage personality growth and development so that the patient may be restored to his or her best possible functional level. Psychotherapy includes ongoing assessment and adjustment of psychotherapeutic interventions, and may include involvement of family and includes psychotherapy with patient and/or family member, family psychotherapy with patient present, family psychotherapy without patient present, group psychotherapy and multiple-family group psychotherapy. Psychotherapy services are coded in accordance with CPT coding for psychotherapy services.

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REHABILITATIVE SERVICES

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LIMITATIONS (Continued)

Rehabilitative Mental Health Services

Individual Psychotherapy

Individual psychotherapy means face-to-face interventions with the patient and/or family member, and is coded in accordance with CPT coding for psychotherapy with patient and/or family member.

Family Psychotherapy with Patient Present

Family therapy with patient present means face-to-face interventions with family members and the identified patient with the goal of treating the patient's condition and improving the interaction between the patient and family members so that the patient and family may be restored to their best possible functional level. Family psychotherapy is coded in accordance with CPT coding for family psychotherapy with patient present.

Family Psychotherapy without Patient Present

Family therapy without patient present means face-to-face interventions with family members without the identified patient present with the goal of treating the patient's condition and improving the interaction between the patient and family members so that the patient and family may be restored to their best possible functional level. Family psychotherapy without patient present is performed in accordance with the CPT definition of psychotherapy and is coded in accordance with CPT coding for family psychotherapy without patient present.

Group Psychotherapy

Group psychotherapy means face-to-face interventions with two or more patients in a group setting where through interpersonal exchanges patients may be restored to their best possible functional level. Group psychotherapy is performed in accordance with the CPT definition of psychotherapy and is coded in accordance with CPT coding for group psychotherapy or multiple-family group psychotherapy.

Qualified providers of all psychotherapy services are: (1) licensed mental health therapists under State law; physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy; psychologists qualified to engage in the practice of mental health therapy; certified psychology residents qualifying to engage in the practice of mental health therapy; clinical social workers; certified social workers and certified social worker interns; advanced practice registered nurses (APRNs) licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); marriage and family therapists, associate marriage and family therapists, clinical mental health counselors; and associate clinical mental health counselors; (2) individuals working within the scope of their certificate or license in accordance with State law; licensed APRNs formally working toward psychiatric mental health nursing specialty certification through enrollment in a specialized mental health education program or through completion of post-education clinical hours; and licensed APRN interns formally working toward psychiatric mental health

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REHABILITATIVE SERVICES

LIMITATIONS (Continued)

Rehabilitative Mental Health Services

specialty certification and accruing the required clinical hours for the specialty nursing certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); and (3) individuals exempted from licensure as a mental health therapist in accordance with State law: students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county, or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision

Psychotherapy for Crisis

In accordance with the CPT definition for psychotherapy for crisis, this is a face-to-face service with the patient and/or family and includes an urgent assessment and history of a crisis state and disposition, psychotherapy to minimize the potential for psychological trauma, and mobilization of resources to defuse the crisis and restore safety, and implementation of psychotherapeutic interventions to minimize the potential for psychological trauma. The presenting problem is typically life threatening or complex and requires immediate attention to a patient in high distress. Providers may use CPT coding for this service if the crisis and interventions qualify for this coding. Qualified providers are the same as those who may perform psychotherapy services.

Psychotherapy with Evaluation and Management Services

Psychotherapy with evaluation and management services means psychotherapy with the patient and/or family member when performed with an evaluation and management service on the same day by the same provider. The psychotherapy service is coded in accordance with CPT coding for psychotherapy with patient and/or family member and the evaluation and management service is performed and coded in accordance with the CPT definitions and coding for evaluation and management services

Qualified providers are licensed physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy; licensed APRNs with psychiatric mental health nursing specialty certification; licensed APRNs formally working toward psychiatric mental health nursing specialty certification through enrollment in a specialized mental health education program or through completion of post-education clinical hours and licensed APRN interns formally working toward psychiatric mental health specialty certification and accruing the required clinical hours for the specialty nursing certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency)

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REHABILITATIVE SERVICES

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LIMITATIONS (Continued)

Rehabilitative Mental Health Services

Pharmacologic Management

Pharmacologic management is provided face-to-face to a patient and/or family to address the patient's health issues and is provided and coded in accordance with the CPT definitions and coding for evaluation and management services.

Qualified providers are: licensed physicians and surgeons or osteopathic physicians regardless of specialty, licensed APRNs and licensed APRN interns regardless of specialty when practicing within the scope of their practice act and competency (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); and other practitioners licensed under State law who can perform the activities defined above when acting within the scope of his/her license, most commonly a licensed physician assistant when practicing under the delegation of services agreement required by their practice act.

Nurse Medication Management

Nurse medication management is provided face-to-face to a patient and/or family and includes reviewing/monitoring the patient's health issues, medication(s) and medication regimen, providing information, and administering medications as appropriate. The review of the patient's medications and medication regimen includes dosage, effect the medication(s) is having on the patient's symptoms, and side effects. The provision of appropriate information should address directions for proper and safe usage of medications

Qualified providers are: licensed registered nurses; licensed practical nurses; and registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law.

Therapeutic Behavioral Services

Therapeutic behavioral services are provided face-to-face to an individual or a group and is coded when the service provided does not fully meet the definition of psychotherapy. Instead providers use behavioral interventions to assist patients with a specific identified behavior problem. The service may be provided to an individual or group

Qualified providers are: (1) licensed mental health therapists under State law: physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy, psychologists qualified to engage in the practice of mental health therapy; certified psychology residents qualifying to engage in the practice of mental health therapy; clinical social workers, certified social workers and certified social worker interns; advanced practice registered nurses (APRNs) licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (and any other licensed advanced nursing

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REHABILITATIVE SERVICES

LIMITATIONS (Continued)

Rehabilitative Mental Health Services

categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); marriage and family therapists, associate marriage and family therapists, clinical mental health counselors; and associate clinical mental health counselors; (2) individuals working within the scope of their certificate or license in accordance with State law: licensed APRNs formally working toward psychiatric mental health nursing specialty certification through enrollment in a specialized mental health education program or through completion of post-education clinical hours; and licensed APRN interns formally working toward psychiatric mental health specialty certification and accruing the required clinical hours for the specialty nursing certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); and (3) individuals exempted from licensure as a mental health therapist in accordance with State law: students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision. Licensed social service workers; licensed substance use disorder counselors, licensed registered nurses; individuals working toward licensure as a social service worker under supervision of a licensed mental health therapist in accordance with State law; and registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division and individuals enrolled in a qualified substance use disorder education program exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law, may also perform this service.

Psychosocial Rehabilitative Services

Psychosocial rehabilitative services are face-to-face services with an individual or a group and are designed to restore the patient to his or her maximum functional level through interventions such as cueing, modeling, and role-modeling of appropriate fundamental daily living and life skills. This service is aimed at maximizing the patient's basic daily living and life skills; increasing compliance with the patient's medication regimen as applicable; and reducing or eliminating symptomatology that interferes with the patient's functioning; in order to prevent the need for more restrictive levels of care such as inpatient hospitalization. Intensive psychosocial rehabilitative services may be coded when a ratio of no more than five patients per provider is maintained during a group service.

Qualified providers are: (1) licensed social service workers, (2) licensed substance use disorder counselors; (3) licensed registered nurses, (4) licensed practical nurses; (5) other trained individuals (but not including foster or proctor parents); and (6) individuals working toward licensure as a social service worker under supervision of a licensed mental health therapist in accordance with State law; and

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REHABILITATIVE SERVICES

LIMITATIONS (Continued)

Rehabilitative Mental Health Services

registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division and individuals enrolled in a qualified substance use disorder education program exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law. The individuals in (1)-(5) are the core service providers. The rate for this service is based on this core provider group

Other trained individuals are under the supervision of a licensed mental health therapist identified in (1) on this page below or a psychologist identified in (3) on this page below, or a licensed substance use disorder counselor identified in (2) on page 2e above when the service is provided to patients with substance use disorders. Other trained individuals receive training in areas including but not limited to administrative policies and procedures of the employing entity; emergency/crisis procedures, treatment planning, population(s) served, specific job responsibilities related to the patient population served, role and use of supervision, management of difficult behaviors, and medications and their role in treatment

In addition, the following providers may also provide this service (1) licensed mental health therapists under State law, physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy; psychologists qualified to engage in the practice of mental health therapy; certified psychology residents qualifying to engage in the practice of mental health therapy; clinical social workers; certified social workers and certified social worker interns; advanced practice registered nurses (APRNs) licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); and (3) individuals exempted from licensure as a mental health therapist in accordance with State law: students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision. Licensed social service workers; licensed substance use disorder counselors; licensed registered nurses; individuals working toward licensure as a social service worker under supervision of a licensed mental health therapist in accordance with State law, and registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division and individuals enrolled in a qualified substance use disorder education program exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law, may also perform this service

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REHABILITATIVE SERVICES

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LIMITATIONS (Continued)

Rehabilitative Mental Health Services

Peer Support Services

Peer support services are provided for the primary purpose of assisting in the rehabilitation and recovery of individuals with mental health and/or substance use disorders. For children, peer support services are provided to their parents/legal guardians as appropriate to the child's age, and the services are directed exclusively toward the Medicaid-eligible child. Peer support services are provided face-to-face to an individual, a group of individuals or to parents/legal guardians. On occasion, it may be impossible to meet with the peer support specialist in which case a telephone contact with the client or his or her parent/legal guardian would be allowed.

Peer support groups are limited to a ratio of 1:8. Medicaid clients or parents/legal guardians of Medicaid-eligible children may participate in a maximum of four hours of peer support services a day.

Peer support services are designed to promote recovery. Peers offer a unique perspective that clients find credible; therefore, peer support specialists are in a position to build alliances and instill hope. Peer support specialists lend their unique insight into mental illness and what makes recovery possible.

Using their own recovery stories as a recovery tool, peer support specialists assist clients with creation of recovery goals and with goals in areas of employment, education, housing, community living, relationships and personal wellness. Peer support specialists also provide symptom monitoring, assist with symptom management, provide crisis prevention, and assist clients with recognition of health issues impacting them.

Peer support services must be recommended by an individual authorized under State law to perform psychiatric diagnostic evaluations and develop treatment plans. Peer support services are delivered in accordance with a written treatment/recovery plan. This plan is a comprehensive, holistic, individualized plan of care developed through a person-centered planning process. Patients lead and direct the design of their plans by identifying their own preferences and individualized measurable recovery goals. Treatment and recovery plans are reviewed by the patient and are updated to reflect the patient's progress and the patient's changing preferences, needs and goals.

To be eligible to qualify as a peer support services provider, individuals must be self-identified individuals at least 18 years of age. Individuals also are: (1) in recovery from a mental health and/or substance use disorder, (2) a parent of a child with a mental health and/or substance use disorder or (3) an adult who has or has had an ongoing and personal relationship with an individual with mental health and/or substance use disorder.

Qualified providers are certified peer support specialists. Qualified providers have successfully completed a peer support specialist training curriculum designed to give peer support specialists the competencies required to successfully perform peer support services. Curriculums are developed by the State of Utah, Department of Human Services, Division of Substance Abuse and Mental Health (DSAMH), in consultation with national

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REHABILITATIVE SERVICES (Continued)

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LIMITATIONS (Continued)

Rehabilitative Mental Health Services

experts in the field of peer support. Training is provided by DSAMH or a qualified individual or organization sanctioned by DSAMH. At the end of the training individuals must successfully pass a written examination. Successful individuals receive a written peer specialist certification from the DSAMH. Certified peer specialists also successfully complete any continuing education required by the DSAMH to maintain the certification.

The peer specialist training curriculum includes modules on stages of recovery, the role of peer support in the recovery process, using peers' recovery stories as a recovery tool, standards for peer support services, importance of beliefs that promote recovery; dynamics of change and the change process; how to facilitate recovery dialogue; effective active listening and questioning skills, dealing with crises; using dissatisfaction as an avenue for change, combating negative self-talk and facing fears, problem-solving; education on health issues impacting individual with mental illness; accomplishing recovery goals, peer specialist ethics and professional boundaries, including confidentiality and privacy, and documentation of services.

Certified peer specialists provide services under the supervision of one of the following: (1) a licensed mental health therapist under State law: a physician and surgeon or osteopathic physician engaged in the practice of mental health therapy, a psychologist qualified to engage in the practice of mental health therapy; a certified psychology resident; a clinical social worker, a certified social worker or certified social worker intern; an APRN licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (or any other licensed advanced nursing category as approved by the State's licensing division); a marriage and family therapist; an associate marriage and family therapist, a clinical mental health counselor; or an associate clinical mental health counselor; (2) an individual exempted from licensure as a mental health therapist in accordance with State law: an individual employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently has maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of his or her official duties for that agency or political subdivision; or (3) when peer support services are provided to individuals with substance use disorders, licensed substance use disorder counselors may supervise peer support specialists. Supervisors provide ongoing weekly individual and/or group supervision.

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REHABILITATIVE SERVICES

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LIMITATIONS

Rehabilitative Mental Health Services

Rehabilitative mental health and substance use disorder services (hereinafter referred to as mental health services) are medically necessary services designed to promote the patient's mental health and restore the patient to the highest possible level of functioning. Services must be provided to or directed exclusively toward the treatment of the Medicaid individual.

Services and required supervision are provided in accordance with State law governing the applicable profession and in accordance with the profession's administrative rules as set forth by the Utah Department of Commerce and found at the Department of Administrative Services, Division of Administrative Rules. [www.Rules.utah.gov/publicat/code.htm](http://www.Rules.utah.gov/publicat/code.htm).

Services do not include room and board, services to residents of institutions for mental diseases, services covered elsewhere in the State Medicaid plan, educational, vocational and job training services, recreational and social activities, habilitation services and services provided to inmates of public institutions.

Psychiatric Diagnostic Evaluation

Psychiatric diagnostic evaluations are conducted face-to-face with the patient for the purpose of identifying the patient's need for mental health services. In accordance with the HCPCS/Current Procedural Terminology (CPT) definition for psychiatric diagnostic evaluations, the evaluation is an integrated biopsychosocial assessment, and includes history, mental status and recommendations. Psychiatric diagnostic evaluation with medical services is an integrated biopsychosocial and medical assessment, including history, mental status, other physical examination elements as indicated, and recommendations. The evaluation may include communication with family or other sources, prescription of medications, and review and ordering of laboratory or other diagnostic studies. In certain circumstances one or more other informants (family members, guardians, or significant others) may be seen in lieu of the patient. The service includes assessments and reassessments if required. The service is coded in accordance with CPT coding for psychiatric diagnostic evaluation. If it is determined mental health services are medically necessary, a provider qualified to perform this service is responsible for the development of an individualized treatment plan. The qualified provider is also responsible to conduct reassessments/treatment plan reviews with the patient as clinically indicated to ensure the patient's treatment plan is current and accurately reflects the patient's rehabilitative goals and needed mental health services.

Qualified providers are: (1) licensed mental health therapists under State law physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy, psychologists qualified to engage in the practice of mental health therapy, certified psychology residents qualifying to engage in the practice of mental health therapy, clinical social workers, certified social workers and certified social worker interns, advanced practice registered nurses (APRNs) licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency), marriage and family therapists, associate marriage and family therapists, clinical mental health counselors, and associate clinical mental health counselors; (2) individuals working within

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REHABILITATIVE SERVICES

LIMITATIONS (Continued)

Rehabilitative Mental Health Services

the scope of their certificate or license in accordance with State law. licensed APRNs formally working toward psychiatric mental health nursing specialty certification through enrollment in a specialized mental health education program or through completion of post-education clinical hours; and licensed APRN interns formally working toward psychiatric mental health specialty certification and accruing the required clinical hours for the specialty nursing certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); and (3) individuals exempted from licensure as a mental health therapist in accordance with State law: students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision

When evaluations are conducted for the purpose of determining need for medication prescription only, these evaluations may be conducted by licensed physicians and surgeons or osteopathic physicians regardless of specialty, licensed APRNs and licensed APRN interns regardless of specialty when practicing within the scope of their practice act and competency, (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency), and other practitioners licensed under State law when acting within the scope of their practice, most commonly a physician assistant when practicing under the delegation of services agreement required by the profession's practice act.

Mental Health Assessment – Participating as part of a multi-disciplinary team, qualified providers of this service assist in the psychiatric diagnostic evaluation process defined under Psychiatric Diagnostic Evaluation by face-to-face contacts with the patient to: (1) gather psychosocial information including information on the patient's strengths, weaknesses and needs, and historical, social, functional, psychiatric, or other information and (2) assist the patient to identify treatment goals. The provider assists in the psychiatric diagnostic reassessment/treatment plan review process specified under Psychiatric Diagnostic Evaluation by gathering updated psychosocial information and updated information on treatment goals and by assisting the patient to identify additional treatment goals. Information also may be collected through in-person or telephonic interviews with family/guardians or other sources as necessary. The information obtained is provided to the qualified provider identified on page 1 or on page 2 above who will perform the psychiatric diagnostic evaluation assessment or reassessment.

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## REHABILITATIVE SERVICES

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### LIMITATIONS (Continued)

#### Rehabilitative Mental Health Services

Qualified providers are: licensed social service workers; licensed substance use disorder counselors; licensed registered nurses, licensed practical nurses; individuals working toward licensure as a social service worker under supervision of a licensed mental health therapist in accordance with State law; and registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division and individuals enrolled in a qualified substance use disorder education program exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law.

Although these providers may perform this service, under State law only individuals qualified to conduct psychiatric diagnostic evaluations may diagnose mental health disorders and prescribe rehabilitative mental health services

#### Psychological Testing

Psychological testing is performed face-to-face with the patient using standardized psychological tests appropriate to the patient's needs, with interpretation and report. Psychological testing is coded in accordance with the CPT coding for psychological testing.

Qualified providers are: licensed physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy; licensed psychologists; certified psychology residents qualifying to engage in the practice of mental health therapy; and individuals exempted from licensure in accordance with State law psychology students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision.

#### Psychotherapy

In accordance with the CPT definition for psychotherapy, psychotherapy is the treatment of mental illness and behavioral disturbances in which the provider through definitive therapeutic communication, attempts to alleviate emotional disturbance, reverse or change maladaptive patterns of behavior and encourage personality growth and development so that the patient may be restored to his or her best possible functional level. Psychotherapy includes ongoing assessment and adjustment of psychotherapeutic interventions, and may include involvement of family and includes psychotherapy with patient and/or family member, family psychotherapy with patient present, family psychotherapy without patient present, group psychotherapy and multiple-family group psychotherapy. Psychotherapy services are coded in accordance with CPT coding for psychotherapy services.

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REHABILITATIVE SERVICES

LIMITATIONS (Continued)

Rehabilitative Mental Health Services

Individual Psychotherapy

Individual psychotherapy means face-to-face interventions with the patient and/or family member and is coded in accordance with CPT coding for psychotherapy with patient and/or family member

Family Psychotherapy with Patient Present

Family therapy with patient present means face-to-face interventions with family members and the identified patient with the goal of treating the patient's condition and improving the interaction between the patient and family members so that the patient and family may be restored to their best possible functional level. Family psychotherapy is coded in accordance with CPT coding for family psychotherapy with patient present

Family Psychotherapy without Patient Present

Family therapy without patient present means face-to-face interventions with family members without the identified patient present with the goal of treating the patient's condition and improving the interaction between the patient and family members so that the patient and family may be restored to their best possible functional level. Family psychotherapy without patient present is performed in accordance with the CPT definition of psychotherapy and is coded in accordance with CPT coding for family psychotherapy without patient present.

Group Psychotherapy

Group psychotherapy means face-to-face interventions with two or more patients in a group setting where through interpersonal exchanges patients may be restored to their best possible functional level. Group psychotherapy is performed in accordance with the CPT definition of psychotherapy and is coded in accordance with CPT coding for group psychotherapy or multiple-family group psychotherapy

Qualified providers of all psychotherapy services are: (1) licensed mental health therapists under State law; physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy; psychologists qualified to engage in the practice of mental health therapy; certified psychology residents qualifying to engage in the practice of mental health therapy; clinical social workers, certified social workers and certified social worker interns; advanced practice registered nurses (APRNs) licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency), marriage and family therapists, associate marriage and family therapists; clinical mental health counselors; and associate clinical mental health counselors; (2) individuals working within the scope of their certificate or license in accordance with State law: licensed APRNs formally working toward psychiatric mental health nursing specialty certification through enrollment in a specialized mental health education program or through completion of post-education clinical hours; and licensed APRN interns formally working toward psychiatric mental health

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specialty certification and accruing the required clinical hours for the specialty nursing certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); and (3) individuals exempted from licensure as a mental health therapist in accordance with State law. students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision.

Psychotherapy for Crisis

In accordance with the CPT definition for psychotherapy for crisis, this is a face-to-face service with the patient and/or family, and includes an urgent assessment and history of a crisis state and disposition, psychotherapy to minimize the potential for psychological trauma, and mobilization of resources to defuse the crisis and restore safety, and implementation of psychotherapeutic interventions to minimize the potential for psychological trauma. The presenting problem is typically life threatening or complex and requires immediate attention to a patient in high distress. Providers may use CPT coding for this service if the crisis and interventions qualify for this coding. Qualified providers are the same as those who may perform psychotherapy services.

Psychotherapy with Evaluation and Management Services

Psychotherapy with evaluation and management services means psychotherapy with the patient and/or family member when performed with an evaluation and management service on the same day by the same provider. The psychotherapy service is coded in accordance with CPT coding for psychotherapy with patient and/or family member, and the evaluation and management service is performed and coded in accordance with the CPT definitions and coding for evaluation and management services

Qualified providers are licensed physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy, licensed APRNs with psychiatric mental health nursing specialty certification, licensed APRNs formally working toward psychiatric mental health nursing specialty certification through enrollment in a specialized mental health education program or through completion of post-education clinical hours and licensed APRN interns formally working toward psychiatric mental health specialty certification and accruing the required clinical hours for the specialty nursing certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency)

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LIMITATIONS (Continued)

Rehabilitative Mental Health Services

Pharmacologic Management

Pharmacologic management is provided face-to-face to a patient and/or family to address the patient's health issues and is provided and coded in accordance with the CPT definitions and coding for evaluation and management services.

Qualified providers are: licensed physicians and surgeons or osteopathic physicians regardless of specialty, licensed APRNs and licensed APRN interns regardless of specialty when practicing within the scope of their practice act and competency (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency), and other practitioners licensed under State law who can perform the activities defined above when acting within the scope of his/her license, most commonly a licensed physician assistant when practicing under the delegation of services agreement required by their practice act.

Nurse Medication Management

Nurse medication management is provided face-to-face to a patient and/or family and includes reviewing/monitoring the patient's health issues, medication(s) and medication regimen, providing information, and administering medications as appropriate. The review of the patient's medications and medication regimen includes dosage, effect the medication(s) is having on the patient's symptoms, and side effects. The provision of appropriate information should address directions for proper and safe usage of medications

Qualified providers are: licensed registered nurses, licensed practical nurses, and registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law.

Therapeutic Behavioral Services

Therapeutic behavioral services are provided face-to-face to an individual or a group and is coded when the service provided does not fully meet the definition of psychotherapy. Instead providers use behavioral interventions to assist patients with a specific identified behavior problem. The service may be provided to an individual or group.

Qualified providers are: (1) licensed mental health therapists under State law: physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy; psychologists qualified to engage in the practice of mental health therapy; certified psychology residents qualifying to engage in the practice of mental health therapy, clinical social workers; certified social workers and certified social worker interns, advanced practice registered nurses (APRNs) licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (and any other licensed advanced nursing

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categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); marriage and family therapists; associate marriage and family therapists, clinical mental health counselors; and associate clinical mental health counselors; (2) individuals working within the scope of their certificate or license in accordance with State law: licensed APRNs formally working toward psychiatric mental health nursing specialty certification through enrollment in a specialized mental health education program or through completion of post-education clinical hours; and licensed APRN interns formally working toward psychiatric mental health specialty certification and accruing the required clinical hours for the specialty nursing certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency), and (3) individuals exempted from licensure as a mental health therapist in accordance with State law: students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision. Licensed social service workers; licensed substance use disorder counselors; licensed registered nurses; individuals working toward licensure as a social service worker under supervision of a licensed mental health therapist in accordance with State law; and registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division and individuals enrolled in a qualified substance use disorder education program exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law; may also perform this service.

Psychosocial Rehabilitative Services

Psychosocial rehabilitative services are face-to-face services with an individual or a group and are designed to restore the patient to his or her maximum functional level through interventions such as cueing, modeling, and role-modeling of appropriate fundamental daily living and life skills. This service is aimed at maximizing the patient's basic daily living and life skills, increasing compliance with the patient's medication regimen as applicable, and reducing or eliminating symptomatology that interferes with the patient's functioning, in order to prevent the need for more restrictive levels of care such as inpatient hospitalization. Intensive psychosocial rehabilitative services may be coded when a ratio of no more than five patients per provider is maintained during a group service

Qualified providers are (1) licensed social service workers; (2) licensed substance use disorder counselors; (3) licensed registered nurses; (4) licensed practical nurses; (5) other trained individuals (but not including foster or proctor parents); and (6) individuals working toward licensure as a social service worker under supervision of a licensed mental health therapist in accordance with State law; and

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registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division and individuals enrolled in a qualified substance use disorder education program exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law. The individuals in (1)-(5) are the core service providers. The rate for this service is based on this core provider group.

Other trained individuals are under the supervision of a licensed mental health therapist identified in (1) on this page below or a psychologist identified in (3) on this page below; or a licensed substance use disorder counselor identified in (2) on page 2e above when the service is provided to patients with substance use disorders. Other trained individuals receive training in areas including but not limited to administrative policies and procedures of the employing entity, emergency/crisis procedures, treatment planning, population(s) served, specific job responsibilities related to the patient population served, role and use of supervision, management of difficult behaviors, and medications and their role in treatment.

In addition, the following providers may also provide this service: (1) licensed mental health therapists under State law: physicians and surgeons or osteopathic physicians engaged in the practice of mental health therapy; psychologists qualified to engage in the practice of mental health therapy; certified psychology residents qualifying to engage in the practice of mental health therapy; clinical social workers, certified social workers and certified social worker interns; advanced practice registered nurses (APRNs) licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (and any other licensed advanced nursing categories as approved by the State's licensing division when practicing within the scope of their practice act and competency); and (3) individuals exempted from licensure as a mental health therapist in accordance with State law: students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division under the supervision of qualified faculty, staff, or designee, and individuals employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently have maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of their official duties for that agency or political subdivision. Licensed social service workers; licensed substance use disorder counselors; licensed registered nurses; individuals working toward licensure as a social service worker under supervision of a licensed mental health therapist in accordance with State law, and registered nursing students engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the State's licensing division and individuals enrolled in a qualified substance use disorder education program exempted from licensure and under the supervision of qualified faculty, staff, or designee in accordance with State law, may also perform this service.

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REHABILITATIVE SERVICES

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LIMITATIONS (Continued)

Rehabilitative Mental Health Services

Peer Support Services

Peer support services are provided for the primary purpose of assisting in the rehabilitation and recovery of individuals with mental health and/or substance use disorders. For children, peer support services are provided to their parents/legal guardians as appropriate to the child's age, and the services are directed exclusively toward the Medicaid-eligible child. Peer support services are provided face-to-face to an individual, a group of individuals or to parents/legal guardians. On occasion, it may be impossible to meet with the peer support specialist in which case a telephone contact with the client or his or her parent/legal guardian would be allowed.

Peer support groups are limited to a ratio of 1:8. Medicaid clients or parents/legal guardians of Medicaid-eligible children may participate in a maximum of four hours of peer support services a day.

Peer support services are designed to promote recovery. Peers offer a unique perspective that clients find credible, therefore, peer support specialists are in a position to build alliances and instill hope. Peer support specialists lend their unique insight into mental illness and what makes recovery possible.

Using their own recovery stories as a recovery tool, peer support specialists assist clients with creation of recovery goals and with goals in areas of employment, education, housing, community living, relationships and personal wellness. Peer support specialists also provide symptom monitoring, assist with symptom management, provide crisis prevention, and assist clients with recognition of health issues impacting them.

Peer support services must be recommended by an individual authorized under State law to perform psychiatric diagnostic evaluations and develop treatment plans. Peer support services are delivered in accordance with a written treatment/recovery plan. This plan is a comprehensive, holistic, individualized plan of care developed through a person-centered planning process. Patients lead and direct the design of their plans by identifying their own preferences and individualized measurable recovery goals. Treatment and recovery plans are reviewed by the patient and are updated to reflect the patient's progress and the patient's changing preferences, needs and goals.

To be eligible to qualify as a peer support services provider, individuals must be self-identified individuals at least 18 years of age. Individuals also are (1) in recovery from a mental health and/or substance use disorder, (2) a parent of a child with a mental health and/or substance use disorder or (3) an adult who has or has had an ongoing and personal relationship with an individual with mental health and/or substance use disorder.

Qualified providers are certified peer support specialists. Qualified providers have successfully completed a peer support specialist training curriculum designed to give peer support specialists the competencies required to successfully perform peer support services. Curricula are developed by the State of Utah, Department of Human Services, Division of Substance Abuse and Mental Health (DSAMH), in consultation with national

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experts in the field of peer support. Training is provided by DSAMH or a qualified individual or organization sanctioned by DSAMH. At the end of the training individuals must successfully pass a written examination. Successful individuals receive a written peer specialist certification from the DSAMH. Certified peer specialists also successfully complete any continuing education required by the DSAMH to maintain the certification.

The peer specialist training curriculum includes modules on stages of recovery, the role of peer support in the recovery process, using peers' recovery stories as a recovery tool; standards for peer support services; importance of beliefs that promote recovery; dynamics of change and the change process; how to facilitate recovery dialogue; effective active listening and questioning skills; dealing with crises, using dissatisfaction as an avenue for change, combating negative self-talk and facing fears, problem-solving, education on health issues impacting individual with mental illness; accomplishing recovery goals; peer specialist ethics and professional boundaries, including confidentiality and privacy; and documentation of services.

Certified peer specialists provide services under the supervision of one of the following: (1) a licensed mental health therapist under State law: a physician and surgeon or osteopathic physician engaged in the practice of mental health therapy; a psychologist qualified to engage in the practice of mental health therapy, a certified psychology resident, a clinical social worker, a certified social worker or certified social worker intern; an APRN licensed either as a nurse specialist or a nurse practitioner with psychiatric mental health nursing specialty certification (or any other licensed advanced nursing category as approved by the State's licensing division); a marriage and family therapist, an associate marriage and family therapist, a clinical mental health counselor; or an associate clinical mental health counselor; (2) an individual exempted from licensure as a mental health therapist in accordance with State law: an individual employed as a psychologist by a state, county or municipal agency or other political subdivision of the state prior to July 1, 1981, and who subsequently has maintained employment as a psychologist in the same state, county, or municipal agency or other political subdivision while engaged in the performance of his or her official duties for that agency or political subdivision; or (3) when peer support services are provided to individuals with substance use disorders, licensed substance use disorder counselors may supervise peer support specialists. Supervisors provide ongoing weekly individual and/or group supervision.

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REHABILITATIVE MENTAL HEALTH SERVICES

This payment plan covers rehabilitative mental health services.

Rehabilitative mental health services are paid using a uniform fee schedule. Services are defined by HCPCS codes and prices using a fixed fee schedule. Payments are made to providers on a fee-for-service basis for defined units of service. The state-developed fee schedule rates are the same for both governmental and non-governmental providers.

The agency's fee schedule rates for mental health services were set as of January 1, 2013, and are effective for services provided on or after that date. Fee schedule payments are based on the established fee schedule unless a lower amount is billed. All rates are published at <http://health.utah.gov/medicaid/>.

To ensure continued access to specialized psychiatric pharmacologic management, when physicians and other qualified prescribers allowed under state law include the CG modifier with evaluation and management code 99213, 99214, 99308, 99309, 99310, 99348 or 99349, then the fee in effect for psychiatric pharmacologic management, procedure code 90862, on December 31, 2012, is used to determine payment. The methodology is not applied if the evaluation and management service is billed with any add-on procedure codes allowed by Current Procedural Terminology (CPT) coding for evaluation and management services.

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