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State Name: Virginia

State Plan Amendment (SPA) #: 15-002

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
150 S. Independence Mall West
Suite 216, The Public Ledger Building
Philadelphia, Pennsylvania 19106-3499



Region III/Division of Medicaid and Children's Health Operations

SWIFT #032720154004

May 25, 2017

Cynthia B. Jones, Director
Department of Medical Assistance Services
600 East Broad Street, Suite 1300
Richmond, VA 23219

Dear Ms. Jones:

The Centers for Medicare & Medicaid Services (CMS) has reviewed Virginia's State Plan Amendment (SPA) 15-002, Mental Health Changes. This SPA proposes programmatic changes in the provision of Community Mental Health Rehabilitative Services in order to ensure appropriate utilization, provider qualifications, and cost efficiency appropriate to render these Medicaid covered services.

This SPA is acceptable. Therefore, we are approving SPA 15-002 with an effective date of January 30, 2015. Enclosed are the approved SPA pages and a copy of the signed Form CMS-179.

If you have any questions about this SPA, please contact Margaret Kosherzenko of my staff at 215-861-4288.

Sincerely,

/S/

Francis McCullough
Associate Regional Administrator

Enclosures

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	1. TRANSMITTAL NUMBER 15 - 002	2. STATE Virginia
	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE January 30, 2015	

5. TYPE OF PLAN MATERIAL (Check One)

NEW STATE PLAN AMENDMENT TO BE CONSIDERED AS NEW PLAN AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate transmittal for each amendment)

6. FEDERAL STATUTE/REGULATION CITATION 42 CFR Part 440	7. FEDERAL BUDGET IMPACT a. FFY 2015 \$ 0 b. FFY 2016 \$ 0
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT Attachment 3.1 A & B, Supp 1 pages 6, 6.0.1, 6.0.2, 6.0.3, 6.0.4, 6.1, 31.5, 31.6, 31.7, 31.8, 31.9, 31.9a, 31.9b, 31.9c, 31.9d, 31.9e	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable) Superseded pages 6, 6a superseded by 6.0.1, 6.1, 31.5, 31.6, 31.7, 31.8, 31.8a superseded by 31.9

10. SUBJECT OF AMENDMENT
Mental Health Program Changes

11. GOVERNOR'S REVIEW (Check One)

GOVERNOR'S OFFICE REPORTED NO COMMENT²⁰¹⁶ OTHER, AS SPECIFIED
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

Secretary of Health and Human Resources

12. SIGNATURE OF STATE AGENCY OFFICIAL /S/	16. RETURN TO: Dept. of Medical Assistance Services 600 East Broad Street, #1300 Richmond VA 23219 Attn: Regulatory Coordinator
13. TYPED NAME Cynthia B. Jones	
14. TITLE Director	
15. DATE SUBMITTED 3/20/15	

FOR REGIONAL OFFICE USE ONLY

17. DATE RECEIVED March 25, 2015	18. DATE APPROVED May 25, 2017
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PLAN APPROVED - ONE COPY ATTACHED

19. EFFECTIVE DATE OF APPROVED MATERIAL January 30, 2015	20. SIGNATURE OF REGIONAL OFFICIAL /S/
21. TYPED NAME Francis T. McCullough	22. TITLE Associate Regional Administrator

23. REMARKS

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

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**AMOUNT, DURATION, AND SCOPE OF MEDICAL
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- 4b. Early and periodic screening and diagnosis of individuals under 21 years of age, and treatment of conditions found. (12 VAC 30-50-130)
- A. Payment of medical assistance services shall be made on behalf of individuals under 21 years of age, who are Medicaid eligible, for medically necessary stays in acute care facilities, and the accompanying attendant physician care, in excess of 21 days per admission when such services are rendered for the purpose of diagnosis and treatment of health conditions identified through a physical examination.
 - B. RESERVED.
 - C. Orthoptics services shall only be reimbursed if medically necessary to correct a visual defect identified by an EPSDT examination or evaluation. The Department shall place appropriate utilization controls upon this service.
 - D. Consistent with the Omnibus Budget Reconciliation Act of 1989 §6403, early and periodic screening, diagnostic, and treatment services means the following services: screening services, vision services, dental services, hearing services, and such other necessary health care, diagnostic services, treatment, and other measures described in Social Security Act §1905(a) to correct or ameliorate defects and physical and mental illnesses and conditions discovered by the screening services and which are medically necessary, whether or not such services are covered under the State Plan and notwithstanding the limitations, applicable to recipients ages 21 and over, provided for by the Act §1905(a).

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E. Community Mental Health Services.

1. Staff Qualification Definitions:

"Licensed Mental Health Professional" or "LMHP" means the same as set forth in Attachment 3.1 A&B, Supplement 1, page 31.

"Licensed Mental Health Professional-Resident" or "LMHP-R" means the same as "Licensed Mental Health Professional – Eligible" in Attachment 3.1 A&B, Supplement 1, page 31.

"Licensed Mental Health Professional–Resident in Psychology" or "LMHP-RP" means the same as "Licensed Mental Health Professional – Eligible" in Attachment 3.1 A&B, Supplement 1, page 31.

"Licensed Mental Health Professional –Supervisee" or "LMHP-S" means the same as "Licensed Mental Health Professional – Eligible" in Attachment 3.1 A&B, Supplement 1, page 31.

"QMHP-C" means the same as "Qualified Mental Health Professional" in Attachment 3.1 A&B, Supplement 1, page 31.2.

QMHP-E means the same as "Qualified Mental Health Professional-Eligible" in Attachment 3.1 A&B, Supplement 1, page 31.3.

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2. Intensive In-Home Services

a. Service Definition: Intensive in-home services (IIH) are intensive therapeutic interventions provided to children and adolescents under age 21 in the individual's residence or other community settings as medically necessary, to improve family functioning and significant functional impairments in major life activities that have occurred due to the individual's mental, behavioral or emotional illness in order prevent an out of home placement, stabilize the individual, and gradually transition the individual to less restrictive level(s) of care and supports. These services include assessment; crisis treatment; individual and family counseling; communication skills restoration (e.g., counseling to assist the individual and his parents or guardians, as appropriate, to understand and practice appropriate problem solving, anger management, and interpersonal interaction, etc.); care coordination with other required services; and 24-hour emergency response.

b. Service Components and Provider Qualifications. Definitions of staff qualifications are provided in Attachment 3.1 A&B, Supplement 1, pages 31 through 31.3.

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<i>Service Component Definitions – Intensive In-Home</i>	<i>Staff That Provide Service Components</i>
"Assessment" means the face-to-face interaction in which the provider obtains information from the child or adolescent, and parent, guardian, or other family member or members, as appropriate, about the child's or adolescent's mental health status and behaviors. It includes documented history of the severity, intensity, and duration of mental health problems and behavioral and emotional issues.	LMHP LMHP-R LMHP-RP LMHP-S
"Crisis treatment" means behavioral health care, available 24-hours per day, seven days per week, to provide immediate assistance to individuals experiencing acute behavioral health problems that require immediate intervention to stabilize and prevent harm and higher level of acuity.	LMHP LMHP-R LMHP-RP LMHP-S
"Counseling" means the application of principles, standards, and methods of the counseling profession in (i) conducting assessments and diagnoses for the purpose of establishing treatment goals and objectives and (ii) planning, implementing, and evaluating treatment plans using treatment interventions to facilitate human development and to identify and remediate mental, emotional, or behavioral disorders and associated distresses that interfere with mental health.	LMHP LMHP-R LMHP-RP LMHP-S
"Communication skills restoration" is available only to parents and guardians when it is for the direct benefit of the child and means skills training, guidance and assistance to the individual and his parents or guardians, as appropriate, to understand, voice, and practice appropriate problem solving, anger management, and interpersonal interaction. The child must be present for parents and guardians to receive the service.	LMHP, LMHP-R, LMHP-RP, LMHP-S or a QMHP-C or QMHP-E under the supervision of an LMHP, LMHP-R, LMHP-RP, or LMHP-S.
"Care coordination" means locating and coordinating services across multiple providers to include collaborating and sharing of information among health care providers, who are involved with an individual's health care, to improve the restorative care and align service plans.	LMHP, LMHP-R, LMHP-RP, LMHP-S or a QMHP-C/ QMHP-E under the supervision of an LMHP, LMHP-R, LMHP-RP, or LMHP-S.

Individuals under 21 years of age qualifying under EPSDT may receive the services described in excess of any service limit, if services are determined to be medically necessary and are prior authorized by the Department.

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2. Therapeutic Day Treatment.

a. Service Definition.

Therapeutic Day Treatment (TDT) provides medically necessary, individualized, and structured therapeutic interventions to children/adolescents with mental, emotional, or behavioral illnesses and whose symptoms are causing significant functional impairments in major life activities such that they need the structured treatment interventions offered by TDT. TDT treatment interventions are provided during the school day or to supplement to school day or year. This service includes assessment, assistance with medication management, restorative facilitation, and individual and group counseling, family counseling, and care coordination.

b. Service Components and Provider Qualifications. Definitions of staff qualifications are provided in Attachment 3.1 A&B, Supplement 1, pages 31 through 31.3.

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<u>Service Component Definitions- Therapeutic Day Treatment</u>	<u>Staff That Provide Service Components</u>
"Assessment" means the face-to-face interaction in which the provider obtains information from the child or adolescent, and parent, guardian, or other family member or members, as appropriate, about the child's or adolescent's mental health status. It includes documented history of the severity, intensity, and duration of mental health problems and behavioral and emotional issues.	LMHP LMHP-S LMHP-R LMHP-RP
"Assistance with medication management" means counseling to the child and parents or guardians on the role of prescription medications and their effects including side effects;- the importance of compliance and adherence; and monitoring the use and effects of medications. Assistance with medication management is only available to parents and guardians when it is for the direct benefit of the child and that the child must be present for parents and guardians to receive this service.	LMHP LMHP-S LMHP-R LMHP-RP
"Restorative Facilitation" means structured skills training and coaching to increase the individual's and, as appropriate, their family's interpersonal relations such as communication, problem solving, and coping skills.	LMHP, LMHP-R, LMHP-RP, LMHP-S or a QMHP-C/QMHP-E under the supervision of an LMHP, LMHP-R, LMHP-RP, or LMHP-S.
"Counseling" means the application of principles, standards, and methods of the counseling profession in (i) conducting assessments and diagnoses for the purpose of establishing treatment goals and objectives and (ii) planning, implementing, and evaluating treatment plans using treatment interventions to facilitate human development and to identify and remediate mental, emotional, or behavioral disorders and associated distresses that interfere with mental health.	LMHP, LMHP-R, LMHP-RP, or LMHP-S
"Care coordination" means locating and coordinating services across multiple providers to include collaborating and sharing of information among health care providers, who are involved with an individual's health care, to improve the restorative care and align service plans.	LMHP, LMHP-R, LMHP-RP, LMHP-S or a QMHP-C/QMHP-E under the supervision of an LMHP, LMHP-R, LMHP-RP, or LMHP-S

c. Limits on amount, duration, and scope. Individuals under 21 years of age qualifying under EPSDT may receive the services described in excess of any service limit, if services are determined to be medically necessary and are prior authorized by the Department.

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a. Day Treatment/Partial Hospitalization

(1) Service definition. Day treatment/partial hospitalization services shall be time limited interventions that are more intensive than outpatient services and are required to stabilize an individual's psychiatric condition. The services are delivered when the individual is at risk of psychiatric hospitalization or is transitioning from a psychiatric hospitalization to the community. Individuals qualifying for this service must demonstrate a medical necessity for the service arising from mental, behavioral, or emotional illness that results in significant functional impairments in major life activities.

Day treatment/partial hospitalization services shall be provided in sessions of two or more consecutive hours per day, which may be scheduled multiple times per week, to groups of adults in a nonresidential setting. These services include service specific provider assessment, assistance with medication management, individual and group therapy, patient restoration of skills, and care coordination for individuals who require coordinated, intensive, comprehensive, and multidisciplinary treatment but who do not require inpatient treatment.

(2) Service Components and Provider Qualifications. Definitions of staff qualifications are provided in Attachment 3.1 A&B, Supplement 1, pages 31 through 31.3. LMHP-R, RP, and S are included in the term "Licensed Mental Health Professional-Eligible" on page 31. QMHP-A means the same as the term "Qualified Mental Health professional" on page 31. QMHP-C means the same as the term "Qualified Mental Health Professional" on page 31.2. QMHP-E means the same as the term "Qualified Mental Health Professional" on page 31.3. QPPMH means the same as the term "Qualified Paraprofessional in Mental Health" on page 31.3.

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<u><i>Service Component Definitions –Day Treatment/Partial Hospitalization</i></u>	<u><i>Staff That Provide Service Components</i></u>
"Assessment" means the face-to-face interaction in which the provider obtains information from the individual or other family members, as appropriate, about the individual's mental health status. It includes documented history of the severity, intensity, and duration of mental health problems and behavioral and emotional issues.	LMHP LMHP-R LMHP-RP LMHP-S
"Assistance with medication management" means counseling on the role of prescription medications and their effects including side effects; the importance of compliance and adherence; and monitoring the use and effects of medications.. Assistance with medication management is only available to parents and guardians when it is for the direct benefit of the child and if the child is present.	LMHP LMHP-R LMHP-RP LMHP-S
"Counseling" means the application of principles, standards, and methods of the counseling profession in (i) conducting assessments and diagnoses for the purpose of establishing treatment goals and objectives and (ii) planning, implementing, and evaluating treatment plans using treatment interventions to facilitate human development and to identify and remediate mental, emotional, or behavioral disorders and associated distresses that interfere with mental health.	LMHP LMHP-R LMHP-RP LMHP-S
"Patient restoration of skills" means restoring behavior skills , to include interpersonal and independent skills training and training and coaching to facilitate improved communication, problem solving, coping skills, and stress management to increase the individual's continued adjustment to and management of mental illness.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E, or a QPPMH under the supervision of a QMHP-A, C, or E.
"Care coordination" means locating and coordinating services across multiple providers to include collaborating and sharing of information among health care providers, who are involved with an individual's health care, to improve the restorative care and align service plans.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E, or a QPPMH under the supervision of a QMHP-A, C, or E.

(3). Limits on amount, duration, and scope.

Day Treatment/Partial Hospitalization services are available to individuals under 21 years of age who meet the medical necessity criteria for the service. Individuals under 21 years of age qualifying under EPSDT may receive the services described in excess of any service limit, if services are determined to be medically necessary and are prior authorized by the Department.

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b. Psychosocial Rehabilitation

(1) Service definition. Psychosocial Rehabilitation is a program of two or more consecutive hours per day provided to groups of adults in a community, nonresidential setting who require a reduction of mental disability and restoration to the best possible functional level in order to maintain community tenure. This service provides a consistent structured environment for conducting targeted exercises and coaching to restore an individual's ability to manage mental illness. These services include assessment, assistance with medication management, restorative facilitation, and care coordination. Individuals must demonstrate a medical need for the service arising from a condition due to mental, behavioral, or emotional illness that results in significant functional impairments in major life activities.

(2) Service Components and Provider Qualifications. Definitions of staff qualifications are provided in Attachment 3.1 A&B, Supplement 1, pages 31 through 31.3. LMHP-R, RP, and S are included in the term "Licensed Mental Health Professional-Eligible" on page 31. QMHP-A means the same as the term "Qualified Mental Health professional" on page 31. QMHP-C means the same as the term "Qualified Mental Health Professional" on page 31.2. QMHP-E means the same as the term "Qualified Mental Health Professional" on page 31.3. QPPMH means the same as the term "Qualified Paraprofessional in Mental Health" on page 31.3.

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<i>Service Component Definitions – Psychosocial Rehabilitation</i>	<i>Staff That Provide Service Components</i>
"Assessment" means the face-to-face interaction in which the provider obtains information from the individual or other family members, as appropriate, about the individual's mental health status. It includes documented history of the severity, intensity, and duration of mental health problems and behavioral and emotional issues.	LMHP LMHP-R LMHP-RP LMHP-S
"Assistance with medication management" means counseling on the role of prescription medications and their effects including side effects; the importance of compliance and adherence; and monitoring the use and effects of medications.	LMHP LMHP-R LMHP-RP LMHP-S
"Restorative Facilitation" means facilitating improved communication, problem solving, coping skills, and stress management to increase the individual's continued adjustment to and management of mental illness.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E, or a QPPMH under the supervision of a QMHP-A, C, or E.
"Care coordination" means locating and coordinating services across multiple providers to include collaborating and sharing of information among health care providers, who are involved with an individual's health care, to improve the restorative care and align service plans.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E, or a QPPMH under the supervision of a QMHP-A, C, or E.

(3). Limits on amount, duration, and scope.
Services comparable to Psychosocial Rehabilitation can be found in Attachment 3.1A&B, Supplement 1, page 6.1. These services are available to individuals under 21 years of age who meet the medical necessity criteria for the service. Individuals under 21 years of age qualifying under EPSDT may receive the services described in excess of any service limit, if services are determined to be medically necessary and are prior authorized by the Department.

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c. Crisis Intervention

(1) Service definition. Crisis intervention shall provide immediate mental health care, available 24 hours a day, seven days per week, to assist individuals who are experiencing acute psychiatric dysfunction requiring immediate clinical attention. This service's objectives shall be to prevent exacerbation of a condition, to prevent injury to the client or others, and to provide treatment in the context of the least restrictive setting. Crisis intervention activities shall include assessment, short-term counseling designed to stabilize the individual, crisis treatment, and care coordination. Crisis intervention services may include office visits, home visits, Temporary Detention Order preadmission screenings, or telephone contacts.

(2) Service Components and Provider Qualifications. Definitions of staff qualifications are provided in Attachment 3.1 A&B, Supplement 1, pages 31 through 31.3. LMHP-R, RP, and S are included in the term "Licensed Mental Health Professional-Eligible" on page 31. QMHP-A means the same as the term "Qualified Mental Health professional" on page 31. QMHP-C means the same as the term "Qualified Mental Health Professional" on page 31.2. QMHP-E means the same as the term "Qualified Mental Health Professional" on page 31.3. QPPMH means the same as the term "Qualified Paraprofessional in Mental Health" on page 31.3.

TN No. 15-002

Approval Date May 25, 2017

Effective Date 01/30/15

Supersedes

TN No. 10-14

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<u>Service Component Definitions – Crisis Intervention</u>	<u>Staff That Provide Service Components</u>
"Assessment" means the face-to-face interaction in which the provider obtains information from the individual or other family members, as appropriate, about the individual's mental health status. It includes documented history of the severity, intensity, and duration of mental health care problems and issues.	LMHP LMHP-R LMHP-RP LMHP-S Certified Pre-Screener
"Counseling" means the application of principles, standards, and methods of the counseling profession in (i) conducting assessments and diagnoses for the purpose of establishing treatment goals and objectives and (ii) planning, implementing, and evaluating treatment plans using treatment interventions to facilitate human development and to identify and remediate mental, emotional, or behavioral disorders and associated distresses that interfere with mental health.	LMHP LMHP-R LMHP-RP LMHP-S
"Crisis treatment" means behavioral health care, available 24-hours per day, seven days per week, to provide immediate assistance to individuals experiencing acute behavioral health problems that require immediate intervention to stabilize and prevent harm and higher levels of acuity.	LMHP LMHP-R LMHP-RP LMHP-S Certified Pre-Screener
"Care coordination" means locating and coordinating services across multiple providers to include collaborating and sharing of information among health care providers, who are involved with an individual's health care, to improve the restorative care and align service plans.	LMHP LMHP-R LMHP-RP LMHP-S Certified Pre-Screener

(3). Limits on amount, duration, and scope.

This service is available to individuals under 21 years of age who meet the medical necessity criteria for the service. Individuals under 21 years of age qualifying under EPSDT may receive the services described in excess of any service limit, if services are determined to be medically necessary and are prior authorized by the Department.

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d. Intensive Community Treatment

(1) Service definition. Intensive Community Treatment (ICT) provides long term needed treatment, rehabilitation, and support services to identified individuals with severe and persistent mental illness especially those who have severe symptoms that are not effectively remedied by available treatments or who because of reasons related to their mental illness resist or avoid involvement with mental health services in the community. ICT services are offered to outpatients outside of clinic, hospital, or program office settings for individuals who are best served in the community. ICT services include assessment, counseling, assistance with medication management, crisis treatment, and care coordination activities through a designated multi-disciplinary team of mental health professionals.

(2) Service Components and Provider Qualifications. Definitions of staff qualifications are provided in Attachment 3.1 A&B, Supplement 1, pages 31 through 31.3. LMHP-R, RP, and S are included in the term "Licensed Mental Health Professional-Eligible" on page 31. QMHP-A means the same as the term "Qualified Mental Health professional" on page 31. QMHP-C means the same as the term "Qualified Mental Health Professional" on page 31.2. QMHP-E means the same as the term "Qualified Mental Health Professional" on page 31.3. QPPMH means the same as the term "Qualified Paraprofessional in Mental Health" on page 31.3.

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<i>Service Component Definitions – Intensive Community Treatment</i>	<i>Staff That Provide Service Components</i>
"Assessment" means the face-to-face interaction in which the provider obtains information from the individual or other family members, as appropriate, about the individual's mental health status. It includes documented history of the severity, intensity, and duration of mental health problems and behavioral and emotional issues.	LMHP LMHP-R LMHP-RP LMHP-S
"Counseling" means the application of principles, standards, and methods of the counseling profession in (i) conducting assessments and diagnoses for the purpose of establishing treatment goals and objectives and (ii) planning, implementing, and evaluating treatment plans using treatment interventions to facilitate human development and to identify and remediate mental, emotional, or behavioral disorders and associated distresses that interfere with mental health.	LMHP LMHP-R LMHP-RP LMHP-S
"Assistance with medication management" means counseling on the role of prescription medications and their effects including side effects; the importance of compliance and adherence; and monitoring the use and effects of medications.	LMHP LMHP-R LMHP-RP LMHP-S RN
"Crisis treatment" means behavioral health care, available 24-hours per day, seven days per week, to provide immediate assistance to individuals experiencing acute behavioral health problems that require immediate intervention to prevent harm and higher levels of acuity.	LMHP LMHP-R LMHP-RP LMHP-S
"Care coordination" means locating and coordinating services across multiple providers to include collaborating and sharing of information among health care providers, who are involved with an individual's health care, to improve the restorative care and align service plans.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E, or a QPPMH under the supervision of a QMHP-A, C, or E.

(3). Limits on amount, duration, and scope.

Services comparable to Intensive Community Treatment can be found in Attachment 3.1 A&B, Supplement 1, page 6.1. These services are available to individuals under 21 years of age who meet the medical necessity criteria for the service. Individuals under 21 years of age qualifying under EPSDT may receive the services described in excess of any service limit, if services are determined to be medically necessary and are prior authorized by the Department.

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e. Crisis Stabilization.

(1) Service definition. Crisis Stabilization services provide intensive short term mental health care to non-hospitalized individuals experiencing an acute crisis of a psychiatric nature. The goal is to address and stabilize the acute mental health needs at the earliest possible time with ongoing services, avert hospitalization or re-hospitalization, provide a high assurance of safety and security in the least restrictive environment, and mobilize the resources of the community support system, family members, and others for ongoing maintenance, rehabilitation, and recovery.

These services include assessment, psychiatric evaluation including medication evaluation, assistance with medication management, restorative facilitation, individual and group counseling, and care coordination.

(2) Service Components and Provider Qualifications. Definitions of staff qualifications are provided in Attachment 3.1 A&B, Supplement 1, pages 31 through 31.3. LMHP-R, RP, and S are included in the term "Licensed Mental Health Professional-Eligible" on page 31. QMHP-A means the same as the term "Qualified Mental Health professional" on page 31. QMHP-C means the same as the term "Qualified Mental Health Professional" on page 31.2. QMHP-E means the same as the term "Qualified Mental Health Professional" on page 31.3. QPPMH means the same as the term "Qualified Paraprofessional in Mental Health" on page 31.3.

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<i>Service Component Definitions – Crisis Stabilization</i>	<i>Staff That Provide Service Components</i>
"Assessment" means the face-to-face interaction in which the provider obtains information from the individual or other family members, as appropriate, about the individual's mental health status. It includes documented history of the severity, intensity, and duration of mental health care problems and issues.	LMHP LMHP-R LMHP-RP LMHP-S
"Psychiatric evaluation including medication evaluation" means pharmaceutical assessment and treatment or prescription medication intervention and ongoing care to prevent future crises of a psychiatric nature.	Psychiatrist licensed by the state
"Assistance with medication management" means counseling on the role of prescription medications and their effects including side effects; the importance of compliance and adherence; and monitoring the use and effects of medications. Assistance with medication management is only available to parents and guardians when it is for the direct benefit of the child and the child is present.	LMHP LMHP-R LMHP-RP LMHP-S
"Restorative facilitation" means facilitating improved communication, problem solving, coping skills, and stress management to increase the individual's continued adjustment to and management of mental illness.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E, or a QPPMH under the supervision of a QMHP-A, C, or E.
"Counseling" means the application of principles, standards, and methods of the counseling profession in (i) conducting assessments and diagnoses for the purpose of establishing treatment goals and objectives and (ii) planning, implementing, and evaluating treatment plans using treatment interventions to facilitate human development and to identify and remediate mental, emotional, or behavioral disorders and associated distresses that interfere with mental health.	LMHP LMHP-R LMHP-RP LMHP-S
"Care coordination" means locating and coordinating services across multiple providers to include collaborating and sharing of information among health care providers, who are involved with an individual's health care, to improve the restorative care and align service plans.	LMHP, LMHP-R, LMHP-RP, LMHP-S, QMHP-A, QMHP-C, QMHP-E, or a QPPMH under the supervision of a QMHP-A, C, or E.

(3). This service is available to individuals 21 under years of age who meet the medical necessity criteria for the service. Limits on amount, duration, and scope. Individuals under 21 years of age qualifying under EPSDT may receive the services described in excess of any service limit, if services are determined to be medically necessary and are prior authorized by the Department.