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State/Territory Name: Washington

State Plan Amendment (SPA) #: 13-03

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services 7500 Security Boulevard, Mail Stop S2-14-26 Baltimore, Maryland 21244-1850



Disabled & Elderly Health Programs Group

May 3, 2013

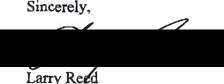
Dorothy Frost Teeter, Director MaryAnne Lindeblad, Medicaid Director State of Washington Health Care Authority P.O. Box 45502 Olympia, WA 98504-5502

Dear Ms. Teeter and Ms. Lindeblad:

We have reviewed Washington's State Plan Amendment (SPA) 13-003, received in the Seattle Regional Office on March 12, 2013. This amendment proposes to exclude from coverage benzodiazepines for all conditions and barbiturates for the treatment of epilepsy, cancer and chronic mental health disorders for full benefit dual eligibles as Medicare Part D will provide this coverage.

Based on the information provided, we are pleased to inform you that consistent with the regulations at 42 CFR 430.20, SPA WA 13-003 is approved with an effective date of January 1, 2013. A copy of the signed CMS-179 form, as well as the pages approved for incorporation into the Washington state plan will be forwarded by the Seattle Regional Office.

If you have any questions regarding this amendment, please contact Jessica Walker at (410) 786-2457.



Larry Reed Director Division of Pharmacy

cc: Carol Peverly, ARA, Seattle Regional Office Maria I. Garza, Seattle Regional Office

EALTH CARE FINANCING ADMINISTRATION		OMB NO. 0938-019
TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL	I. TRANSMITTAL NUMBER: 13-03	2. STATE Washington
FOR: HEALTH CARE FINANCING ADMINISTRATION	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE Jan. 1, 2013	
5. TYPE OF PLAN MATERIAL (Check One):	CONSIDERED AS NEW PLAN	AMENDMENT
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AME		
6. FEDERAL STATUTE/REGULATION CITATION:	7. FEDERAL BUDGET IMPACT: a. FFY 2013 \$896,426 FFY 2 b. FFY 2014 \$896,426 FFY 2	013(\$896,426)
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (§ Applicable): Att. 3.1-A pgs 32a, 32b Att. 3.1-B pgs 32a, 32b	
Att. 3.1-A pgs 32a, 32b Att. 3.1-B pgs 32a, 32b		
10. SUBJECT OF AMENDMENT: Pharmacy – Part D Banafit Change 11. GOVERNOR'S REVIEW (Check One): GOVERNOR'S OFFICE REPORTED NO COMMENT	OTHER, AS SPI	SCIFIED: Exempt
Pharmacy - Part D Benefit Change	OTHER, AS SPI	ECIFIED: Exempt
Pharmacy – Part D Benefit Change 11. GOVERNOR'S REVIEW (Check One): GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED	16. RETURN TO: Ann Myers	ECIFIED: Exempt
Pharmacy - Part D Benefit Change 1. GOVERNOR'S REVIEW (Check One): GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL 12. SIGNATURE OF STATE AGENCY OFFICIAL:	16. RETURN TO: Ann Myers Rules and Publications	
Pharmacy - Part D Benefit Change 11. GOVERNOR'S REVIEW (Check One): GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	16. RETURN TO: Ann Myers Rules and Publications Legal and Administrative Service:	
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4.30.13 The state authorizes a P&I change to box 7 to put parentheses around both figures to indicate savings.

ATTACHMENT 3.1-A Page 32a

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

12. a. Prescribed Drugs (continued)

Citation Provision

1935(d)(1) In January 2006, the Medicaid agency ceased covering any Part D drug for full-benefit dual eligible individuals who are entitled to receive Medicare benefits under Part A or Part B.

1927(d)(2) and 1935(d)(2) (a) The Medicaid agency provides coverage for the following excluded or otherwise restricted drugs or classes of drugs, or their medical uses to all Medicaid recipients, including full benefit dual eligible beneficiaries under the Medicare Prescription Drug Benefit –Part D.

X The following excluded drugs are covered:

- <u>select</u> (i) Agents when used for anexoria, weight loss, weight gain: progestin derivative appetite stimulant, androgenic agents
- no (ii) Agents when used to promote fertility
- no (iii) Agents when used for cosmetic purposes or hair growth

select (iv) Agents when used for the symptomatic relief cough and colds: antitussives, expectorants, decongestants, nasal spray, and only the following generic, single ingredient formulations:

- Guiafenesin 100mg/5ml liquid or syrup;
- Dextromethorphan 15mg/5ml liquid or syrup;
- Pseudoephderine 30mg or 60mg tablets;
- Saline nasal spray 0.65%; and
- Generic combination product: detromethorphan-guaifenesin 10-100mg/5ml syrup, including sugar-free formulations.
- X (v) Prescription vitamins and mineral products, except prenatal vitamins and fluoride, for documented deficiency.

<u>select</u> (vi) Nonprescription (OTC) drugs when determined by the department to be the least costly therapeutic alternative for a medically accepted indication:: analgesics/antipyretics, antacids, antibacterial topical preparations, antidiarrheals, antiemetic/antivertigo agents, antiflatulents, antihistamines, antitussives, decongestants, electrolyte replacements, emetics, expectorants, eye antihistamines, fluoride preparations, hyperglycemics, inhalation agents, insulins,

ATTACHMENT 3.1-A Page 32b

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

12. a. Prescribed Drugs (continued)

laxitives, lipotropics, nasal preparations, topical antifungals, topical steroidal anti-inflammatories, topical antiparasitics

The Agency provides coverage of over-the-counter (OTC) tobacco cessation covered outpatient drugs for pregnant women regardless of age as recommended in "Treating Tobacco Use and Dependence – 2008 Update: A Clinical Practice Guideline" published by the Public Health Service in May 2008 or any subsequent modification of such guideline, when the pregnant woman is participating in either an Agency-approved smoking cessation counseling program or counseling provided by her prescribing practitioner.

Over-the-counter drugs to promote smoking cessation will be covered for nonpregnant clients who are eighteen years of age or older and participating in an Agency-approved smoking cessation program.

<u>none</u> (vii) covered outpatient drugs which the manufacturer seeks to require as a condition of sale that associated tests or monitoring services be purchased exclusively from the manufacturer or its designee

- X (viii) Barbiturates (Except for dual eligible individuals, effective January 1, 2013, when used in the treatment of epilepsy, cancer, or a chronic mental health disorder as Part D will cover those indications.)
- X (ix) Benzodiazepines (Except for dual eligible individuals, effective January 1, 2013, as Part D will cover all indications.)
- X (x) Agents when used to promote smoking cessation (drugs not eligible under Part D and are not covered for dual-eligible clients):
 - FDA-approved prescription drugs to promote smoking cessation will be covered, consistent with FDA guidelines for non-pregnant clients who are eighteen years of age or older and participating in an Agency-approved smoking cessation program.
 - The Agency provides coverage of prescription tobacco cessation covered outpatient drugs for pregnant women regardless of age as recommended in "Treating Tobacco Use and Dependence – 2008 Update: A Clinical Practice Guideline" published by the Public Health Service in May 2008 or any subsequent modification of such guideline, when the pregnant woman is participating in either an Agency-approved smoking cessation counseling program or counseling provided by her prescribing practitioner.

No excluded drugs are covered.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

AMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE MEDICALLY NEEDY GROUP(S): ______ALL

12.	a. Prescribed Drugs (continued)		nued)			
	<u>Citatior</u>	<u>Citation</u>		Provision		
	1935(d)(1)	drug for	e January 1, 2006, the Medicaid agency will not cover any Part D full- benefit dual eligible individuals who are entitled to receive re benefits under Part A or Part B.		
	1935(d)(2) ol		(a) The Medicaid agency provides coverage for the following excluded or otherwise restricted drugs or classes of drugs, or their medical uses to all Medicaid recipients, including full benefit dual eligible beneficiaries under the Medicare Prescription Drug Benefit –Part D.			
			X	The following excluded drugs are covered:		
			<u>select</u>	(i) Agents when used for anexoria, weight loss, weight gain: Progestin derivative appetite stimulant, androgenic agents		
			<u>No</u>	(ii) Agents when used to promote fertility		
			<u>No</u>	(iii) Agents when used for cosmetic purposes or hair growth		
			<u>select</u>	 (iv) Agents when used for the symptomatic relief cough and colds: antitussives, expectorants, decongestants, nasal spray, and only the following generic, single ingredient formulations: Guiafenesin 100mg/5ml liquid or syrup; Dextromethorphan 15mg/5ml liquid or syrup; Pseudoephedrine 30mg or 60 mg tablets; Saline nasal spray 0.65%; and Generic combination product:dextromethorphan-guaifenesin 10- 100mg/5ml syrup, including sugar-free formulations. 		
			<u>X</u>	(v) Prescription vitamins and mineral products, except prenatal vitamins and fluoride for documerted deficiency		
			<u>select</u>	(vi) Nonprescription (OTC) drugs when determined by the department to be the least costly therapeutic alternative for a medically accepted indication: analgesics/antipyretics, antacids, antibacterial topical preparations, antidiarrheals, antiemetic/antivertigo agents, antiflatulents, antihistamines, antitussives, decongestants, electrolyte replacements, emetics, expectorants, eye antihistamines, fluoride preparations, hyperglycemics, inhalation agents, insulilns,		

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ATTACHMENT 3.1-B Page 32b

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

AMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE MEDICALLY NEEDY GROUP(S): ______ALL

12. a. Prescribed Drugs (continued)

laxatives, lipotropics, nasal preparations, topical antifungals, topical steroidal anti-inflammatories, topical antiparasitics

The Agency provides coverage of over-the-counter (OTC) tobacco cessation covered outpatient drugs for pregnant women regardless of age as recommended in "Treating Tobacco Use and Dependence – 2008 Update: A Clinical Practice Guideline" published by the Public Health Service in May 2008 or any subsequent modification of such guideline, when the pregnant woman is participating in either an Agency-approved smoking cessation counseling program or counseling provided by her prescribing practitioner.

Over-the-counter drugs to promote smoking cessation will be covered for nonpregnant clients who are eighteen years of age or older and participating in an Agency-approved smoking cessation program.

none (vii) Covered outpatient drugs which the manufacturer seeks to require as a condition of sale that associated tests or monitoring services be purchased exclusively from the manufacturer or its designee

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- X (x) Agents when used to promote smoking cessation (drugs not eligible under Part D and are not covered for dual eligible clients):
 - FDA-approved prescription drugs to promote smoking cessation will be covered, consistent with FDA guidelines, for non-pregnant clients who are eighteen years of age or older and participating in an Agency-approved smoking cessation program.
 - The Agency will provides coverage of prescription and over-thecounter (OTC) tobacco cessation covered outpatient drugs for pregnant women regardless of age as recommended in "Treating Tobacco Use and Dependence – 2008 Update: A Clinical Practice Guideline" published by the Public Health Service in May 2008 or any subsequent modification of such guideline, when the pregnant woman is participating in either an Agencyapproved smoking cessation counseling program or counseling provided by her prescribing practitioner.

___ No excluded drugs are covered.