

Table of Contents

State Name: West Virginia

State Plan Amendment (SPA) #: 14-0004

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
150 S. Independence Mall West
Suite 216, The Public Ledger Building
Philadelphia, Pennsylvania 19106-3499



Region III/Division of Medicaid and Children's Health Operations

SWIFT # 030320144010

Cynthia Beane, MSW, LCSW
Acting Commissioner
Bureau for Medical Services
350 Capitol Street, Room 251
Charleston, West Virginia 25301-3706

Dear Acting Commissioner Beane:

The Centers for Medicare & Medicaid Services (CMS) has completed its review of West Virginia's State Plan Amendment (SPA) 14-004, Cardiac Rehabilitation. We are pleased to inform you that this SPA is approved with an effective date of January 1, 2014.

Enclosed is a copy of the CMS Summary Page (CMS-179 form) and the approved State Plan pages.

We appreciate the cooperation and effort provided by your staff throughout this process. If you have further questions about this SPA, please contact Dan Belnap of my staff at 215-861-4273.


Sincerely,

/S/

Francis McCullough
Associate Regional Administrator

Enclosures

cc: Ryan Sims, Bureau for Medical Services

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: HEALTH CARE FINANCING ADMINISTRATION		1. TRANSMITTAL NUMBER: 1 4 - 0 0 4	2. STATE: West Virginia
		3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES		4. PROPOSED EFFECTIVE DATE January 1, 2014	
5. TYPE OF PLAN MATERIAL (Check One) <input checked="" type="checkbox"/> NEW STATE PLAN <input type="checkbox"/> AMENDMENT TO BE CONSIDERED AS NEW PLAN <input checked="" type="checkbox"/> AMENDMENT			
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)			
6. FEDERAL STATUTE/REGULATION CITATION: 42 U.S.C. 1396d(a)(13)(C)		7. FEDERAL BUDGET IMPACT: a. FFY <u>0</u> \$ <u>0</u> b. FFY <u>0</u> \$ <u>0</u>	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT: Supplement 2 to Attachment 3.1-A & 3.1-B Pages 5g and 5h; Attachment 4.19-B Pages 3aa and 11		9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable). Attachment 4.19-B Page 11	
10. SUBJECT OF AMENDMENT: Cardiac Rehabilitation This State Plan Amendment will provide Cardiac Rehabilitation services for all Medicaid members.			
11. GOVERNOR'S REVIEW (Check One): <input checked="" type="checkbox"/> GOVERNOR'S OFFICE REPORTED NO COMMENT <input type="checkbox"/> OTHER, AS SPECIFIED: <input type="checkbox"/> COMMENTS OF GOVERNOR'S OFFICE ENCLOSED <input type="checkbox"/> NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL			
12.  /S/		16. RETURN TO:	
13. TYPED NAME: Cynthia Beane, MSW, LCSW		Bureau for Medical Services 350 Capitol Street Room 251 Charleston West Virginia 25301	
14. TITLE: Acting Commissioner			
15. DATE SUBMITTED: 1/20/2017			
FOR REGIONAL OFFICE USE ONLY			
17. DATE RECEIVED February 28, 2014		18. DATE APPROVED April 11, 2017	
PLAN APPROVED - ONE COPY ATTACHED			
19. EFFECTIVE DATE OF APPROVED MATERIAL: January 1, 2014		20. SIGNATURE OF REGIONAL OFFICIAL: /S/	
21. TYPED NAME: Francis McCullough		22. TITLE Associate Regional Administrator	
23. REMARKS:			

CARDIAC REHABILITATION: Cardiac Rehabilitation is a supervising physician recommended individually tailored multidisciplinary approach to the rehabilitation of beneficiaries, based on an assessment and plan of care, designed to promote reduction of physical disability and restore beneficiaries to the best possible functional level and active, productive lives. Cardiac rehabilitation services are supervised by the supervising physician and other physicians. The service is distinct rehabilitative service provided pursuant to 42 C.F.R. §440.130(d).

Services Description

- A team assessment and plan of care, which is primarily prepared and supplemented by the supervising physician, other physicians, physician assistants, nurse practitioners and/or nurses, and also includes input from a combination of licensed dietitians, exercise, physiologists, and/or mental health professionals. The plan of care includes identifying what services are needed, which professionals should provide the services, how often the beneficiary will need the services, and the results expected from the treatment. The plan of care is updated by the every 6 weeks. The supervising physician and physician assistants, nurse practitioners and/or nurses working under the supervising physician have the primary responsibility of updating the plan of care.
- Exercise physiology services: 36 sessions (e.g., 3x/week for 12 weeks) of supervised exercise by an exercise physiologist which can be exceeded based on medical necessity. Also, includes individual exercise services that can be self-monitored and maintained.
- Beneficiary training and education, performed by nurses, nurse practitioners and/or physician assistants, which consists of disease specific education to the beneficiary based on their medical conditions.
- Nutrition counseling, performed by a licensed dietician, which is a therapeutic approach to treating medical conditions and their associated symptoms with the use of a specifically tailored diet. This would involve specific counseling on dieting to address issues such as cholesterol levels, dietary sodium levels, weight control and reduction and diabetes control.
- Mental health counseling, involving counseling to beneficiaries to address depression or other mental health conditions associated with cardiac disease. These services are provided by mental health professionals.

Provider Qualifications

- Providers of cardiac rehabilitation services must have the following licensure, training, certification, education and experience, as applicable. It is the responsibility of the provider to meet qualifications for the functions they provide.
- Physicians:
 - Supervising physician: State licensed Medical Doctor (MD) or State Licensed Doctor of Osteopathy (DO) who is nationally board certified in cardiovascular disease through the American Board of Internal Medicine
 - Other physicians: State licensed Medical Doctor (MD) or State Licensed Doctor of Osteopathy (DO)
 - State licensed Physician's Assistant (PA) working under supervision of a supervising physician or other physicians as defined above.

TN. No.	14-004		Effective Date	1/1/14
Supersedes	New			
TN. No.			Approval Date	4/11/17

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State: West Virginia

Supplement 2 to
ATTACHMENTS 3.1-A and 3.1-B
Page 5h

- State licensed Advance Practice Registered Nurse (APRN) working under supervision of a supervising physician or other physicians as defined above.
- Nurses:
 - State licensed Registered Nurse (RN) working under a supervising physician or other physicians as defined above.
 - State licensed Practical Nurse (LPN) working under a supervising physician or other physician as defined above.
- Mental health professionals:
 - State licensed Psychologist
 - State licensed Clinical Social Worker (LCSW);
 - State licensed Independent Clinical Social Worker (LICSW),
 - State licensed Professional Counselor (LPC)
 - State licensed Graduate Social Worker (GSW).
- Dietician: State licensed dietician
- Exercise physiologist: A minimum of a four (4) year degree in exercise physiology, kinesiology, exercise science or a similar field from an accredited college or university; at least 500 clinical hours; a national certification such a ECP under the American Society of Exercise Physiologists, a CEP under the American College of Sports Medicine, or another national certification with similar credentialing requirements.

TN. No.	14-004			Effective Date	1/1/14
Supersedes	New				
TN. No.				Approval Date	4/11/17

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State: West Virginia

Attachment 4.19-B

Page 3aa

The agency's fee schedule rate was set as of January 1, 2014, and is effective for services provided on or after that date. All rates are published on the agency's website at www.wvdhhr.org/bms. Except as otherwise noted in the Plan, State developed fee schedule rates are the same for both governmental and private individual practitioners and the fee schedule and any annual/periodic adjustments to the fee are schedule are published at www.wvdhhr.org/bms.

TN No: 14-004
Supersedes: NEW

Approval Date: 4/11/17 Effective Date: 01/01/14

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4.19 Payments for Medical and Remedial Care and Services

health agencies only is based on payment rates for each service by units of time with limitations established for occurrences. The payment upper limit is established by arraying charges of providers for the services to establish a reasonable and customary and prevailing charge.

Reimbursement for Assertive Community Treatment (ACT) is based on an assessment of the fees of those service codes included in the ACT array of services together with a review of the staff level and hours of the professionals included in the ACT team. A per diem or a monthly rate will be based on the historical data of the frequency of those service codes included in ACT and the number of staff and average wages of the professional team.

Cardiac Rehabilitative Services: Cardiac Rehabilitative Services as defined per Attachment 3.1A and 3.1B page 5g and 5h are reimbursed effective 1/1/14 based on the physician fee schedule as outlined per Attachment 4.19-B, page 3aa. Other practitioners providing these services as described in Attachment 3.1A and 3.1B page 5g and 5h shall be reimbursed at the lesser of the practitioners' usual and customary fee or the West Virginia Medicaid fee schedule, if applicable, at www.dhhr.wv.gov/bms.