

**1. Title page for the state’s substance use disorder (SUD) demonstration or the SUD component of the broader demonstration**

*The state should complete this title page at the beginning of a demonstration and submit as the title page for all monitoring reports. The content of this table should stay consistent over time. Definitions for certain rows are below the table.*

|   |       |  |
|---|-------|--|
| <b>State</b>  | Maine | Maine  |
| <b>Demonstration name</b>   |       | Maine’s Substance Use Disorder Care Initiative   |
| <b>Approval period for section 1115 demonstration</b>   |       | January 1, 2021 through December 31, 2025  |
| <b>SUD demonstration start date<sup>a</sup></b>   |       | January 1, 2021  |
| <b>Implementation date of SUD demonstration, if different from SUD demonstration start date<sup>b</sup></b> |       | TBD  |
| <b>SUD (or if broader demonstration, then SUD-related) demonstration goals and objectives</b>               |       | SUD Demonstration Goals:<br>1. Increased rates of identification, initiation, and engagement in treatment for SUD;<br>2. Increased adherence to and retention in treatment;<br>3. Reductions in overdose deaths, particularly those due to opioids;<br>4. Reduced utilization of emergency departments and inpatient hospital settings for treatment, where the utilization is preventable or medically inappropriate, through improved access to other continuum of care services;<br>5. Fewer readmissions to the same or higher level of care, where the readmission is preventable or medically inappropriate; and<br>6. Improved access to care for physical health conditions among beneficiaries with SUD. Enter summary of the SUD (or if broader demonstration, then SUD related) demonstration goals and objectives as summarized in the STCs and/or demonstration fact sheet. |

<sup>a</sup> **SUD demonstration start date:** For monitoring purposes, CMS defines the start date of the demonstration as the *effective date* listed in the state’s STCs at time of SUD demonstration approval. For example, if the state’s STCs at the time of SUD demonstration approval note that the SUD demonstration is effective January 1, 2020 – December 31, 2025, the state should consider January 1, 2020 to be the start date of the SUD demonstration. Note that the effective date is considered to be the first day the state may begin its SUD demonstration. In many cases, the effective date is distinct from the approval date of a demonstration; that is, in certain cases, CMS may approve a section 1115 demonstration with an effective date that is in the future. For example, CMS may approve an

extension request on 12/15/2020, with an effective date of 1/1/2021 for the new demonstration period. In many cases, the effective date also differs from the date a state begins implementing its demonstration.

**<sup>b</sup> Implementation date of SUD demonstration:** The date the state began claiming federal financial participation for services provided to individuals in institutions for mental disease.

## 2. Executive summary

The Office of MaineCare Services (OMS) within the Maine Department of Health and Human Services (DHHS) is the single state agency that administers Maine’s Medicaid program, known as MaineCare. Currently, 23% of Maine’s population is covered by Medicaid or the Children’s Health Insurance Program. Maine’s rurality, health issues, and infrastructure limitations result in challenges to the State’s Substance Use Disorder (SUD) service delivery systems which has been strained by the impact of the opioid epidemic in northern New England. Maine’s Substance Use Disorder Care Initiative seeks to address gaps, barriers, and opportunities in the delivery system, while increasing capacity of residential service providers through the waiver to meet the growing demand. Maine received approval of the implementation plan in DY2Q2 and has continued to work to lay out the policies, procedures and system capabilities for enrolling providers as IMDs so they may begin expanding capacity and access to treatment services. In DY2Q2 Maine received approval of pilots 1-3 and is working on the implementation plan for them.

Quarter two of Maine’s second demonstration year has been an active one as we operationalize the waiver. The Office of MaineCare Services (OMS) along with Maine Department of Health and Human Services’ (DHHS) Office of Behavioral Health (OBH) began operationalization of the pilots focused on expanding services for MaineCare-enrolled parents with SUD who are at-risk of or are involved with Child Protective Services (CPS). This quarter we have also engaged in several activities to advance toward goal on our implementation plan. These activities include engaging with our Administrative Services Organization around milestones surrounding utilization management including an independent process for reviewing American Society of Addiction Medicine (ASAM) assessment results, working with Bamboo Health with onboard providers to the Treatment Connection Service Locator tool and continued partnering with The Co-Occurring Collaborative Serving Maine to offer ASAM training. We have heard from several agencies that this training opportunities have greatly enhanced their understanding of ASAM and how to effectively use it to determine level of care. Along with these activities, OMS is actively working on the expansion of the Opioid Health Home to include all SUD diagnosis and is working with stakeholder groups to develop policy.

**3. Narrative information on implementation, by milestone and reporting topic**

| Prompt   | State has no trends/update to report (place an X) | Related metric(s) (if any) | State response  |
|--|---|----------------------------|---|
| <b>1. Assessment of need and qualification for SUD services</b>  |   |                            |   |
| <b>1.1 Metric trends</b>   |   |                            |   |
| 1.1.1. The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to assessment of need and qualification for SUD services       | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters. |
| <b>1.2 Implementation update</b>   |   |                            |   |
| 1.2.1. Compared to the demonstration design and operational details, the state expects to make the following changes to:<br>1.2.1.i. The target population(s) of the demonstration | X   |                            | No changes implemented  |
| 1.2.1.ii. The clinical criteria (e.g., SUD diagnoses) that qualify a beneficiary for the demonstration   | X   |                            |   |
| 1.2.2 The state expects to make other program changes that may affect metrics related to assessment of need and qualification for SUD services                                     | X   |                            |   |

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompt  | State has no trends/update to report (place an X) | Related metric(s) (if any) | State response  |
|---|---|----------------------------|---|
| <b>2. Access to Critical Levels of Care for OUD and other SUDs (Milestone 1)</b>  |   |                            |   |
| <b>2.1 Metric trends</b>  |   |                            |   |
| 2.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 1   | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters.   |
| <b>2.2 Implementation update</b>  |   |                            |   |
| 2.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to:<br><br>2.2.1.i. Planned activities to improve access to SUD treatment services across the continuum of care for Medicaid beneficiaries (e.g. outpatient services, intensive outpatient services, medication-assisted treatment, services in intensive residential and inpatient settings, medically supervised withdrawal management) |   |                            | The State of Maine issued funding opportunity to eligible behavioral health providers for capital projects that will increase residential treatment for (SUD) capacity. |
| 2.2.1.ii. SUD benefit coverage under the Medicaid state plan or the Expenditure Authority, particularly for residential treatment, medically supervised withdrawal management, and medication-assisted treatment services provided to individual IMDs   |   |                            | See above.  |
| 2.2.2 The state expects to make other program changes that may affect metrics related to Milestone 1  | X   |                            |   |

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompt   | State has no trends/update to report (place an X) | Related metric(s) (if any) | State response   |
|--|---|----------------------------|--|
| <b>3. Use of Evidence-based, SUD-specific Patient Placement Criteria (Milestone 2)</b>   |   |                            |  |
| <b>3.1 Metric trends</b>   |   |                            |  |
| 3.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 2  | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters.  |
| <b>3.2. Implementation update</b>  |   |                            |  |
| 3.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to:<br>3.2.1.i. Planned activities to improve providers’ use of evidence-based, SUD-specific placement criteria  | X   |                            | The State has worked with the SUD Learning Community to host ASAM trainings and is reviewing policies for adherence to ASAM. Opioid Health Home policy, through rulemaking, is required the use of ASAM criteria to assess patient placement and as treatment guidelines adopted 8/1/22. |
| 3.2.1.ii. Implementation of a utilization management approach to ensure (a) beneficiaries have access to SUD services at the appropriate level of care, (b) interventions are appropriate for the diagnosis and level of care, or (c) use of independent process for reviewing placement in residential treatment settings | X   |                            | The State is developing a process map for independent review of placement for residential setting with a planned implementation of 1 Apr 23.   |
| 3.2.2 The state expects to make other program changes that may affect metrics related to Milestone 2   | X   |                            |  |

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompt  | State has no trends/update to report (place an X) | Related metric(s) (if any) | State response  |
|---|---|----------------------------|---|
| <b>4. Use of Nationally Recognized SUD-specific Program Standards to Set Provider Qualifications for Residential Treatment Facilities (Milestone 3)</b>   |   |                            |   |
| <b>4.1 Metric trends</b>  |   |                            |   |
| 4.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 3<br><br><i>Note: There are no CMS-provided metrics related to Milestone 3. If the state did not identify any metrics for reporting this milestone, the state should indicate it has no update to report.</i> | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters. |
| <b>4.2 Implementation update</b>  |   |                            |   |
| 4.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to:<br><br>4.2.1.i. Implementation of residential treatment provider qualifications that meet the ASAM Criteria or other nationally recognized, SUD-specific program standards  | X   |                            | The state is planning a comprehensive review of its No changes planned.   |
| 4.2.1.ii. Review process for residential treatment providers’ compliance with qualifications.   | X   |                            |   |
| 4.2.1.iii. Availability of medication-assisted treatment at residential treatment facilities, either on-site or through facilitated access to services off site   | X   |                            | No changes planned.   |
| 4.2.2 The state expects to make other program changes that may affect metrics related to Milestone 3  | X   |                            |   |

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompt  | State has no trends/update to report (place an X) | Related metric(s) (if any) | State response   |
|---|---|----------------------------|--|
| <b>5. Sufficient Provider Capacity at Critical Levels of Care including for Medication Assisted Treatment for OUD (Milestone 4)</b>   |   |                            |  |
| <b>5.1 Metric trends</b>  |   |                            |  |
| 5.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 4   | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters.  |
| <b>5.2 Implementation update</b>  |   |                            |  |
| 5.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to:<br>Planned activities to assess the availability of providers enrolled in Medicaid and accepting new patients in across the continuum of SUD care | X   |                            | No changes planned, the service locator tool will go live in September to assist providers in making care connections. |
| 5.2.2 The state expects to make other program changes that may affect metrics related to Milestone 4  | X   |                            |  |
| <b>6. Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Abuse and OUD (Milestone 5)</b>   |   |                            |  |
| <b>6.1 Metric trends</b>  |   |                            |  |
| 6.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 5   | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters.  |
| <b>6.2 Implementation update</b>  |   |                            |  |
| 6.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to:<br>6.2.1.i. Implementation of opioid prescribing guidelines and other interventions related to prevention of OUD                                  | X   |                            | No further update at this time.  |

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompt   | State has no trends/update to report (place an X) | Related metric(s) (if any) | State response  |
|--|---|----------------------------|---|
| 6.2.1.ii. Expansion of coverage for and access to naloxone   | X   |                            |   |
| 6.2.2 The state expects to make other program changes that may affect metrics related to Milestone 5   | X   |                            |   |
| <b>7. Improved Care Coordination and Transitions between Levels of Care (Milestone 6)</b>  |   |                            |   |
| <b>7.1 Metric trends</b>   |   |                            |   |
| 7.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 6  | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters. |
| <b>7.2 Implementation update</b>   |   |                            |   |
| 7.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to: Implementation of policies supporting beneficiaries’ transition from residential and inpatient facilities to community-based services and supports | X   |                            | No planned changes at this time.  |
| 7.2.2 The state expects to make other program changes that may affect metrics related to Milestone 6   | X   |                            |   |
| <b>8. SUD health information technology (health IT)</b>  |   |                            |   |
| <b>8.1 Metric trends</b>   |   |                            |   |
| 8.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to its health IT metrics  | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters. |
| <b>8.2 Implementation update</b>   |   |                            |   |



Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompt   | State has no trends/update to report (place an X) | Related metric(s) (if any) | State response           |
|--|---|----------------------------|--------------------------|
| 8.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to:<br>8.2.1.i. How health IT is being used to slow down the rate of growth of individuals identified with SUD |   |                            | No updates at this time. |
| How health IT is being used to treat effectively individuals identified with SUD   | X   |                            | No updates at this time. |
| 8.2.1.ii. How health IT is being used to effectively monitor “recovery” supports and services for individuals identified with SUD  | X   |                            | No updates at this time. |
| 8.2.1.iii. Other aspects of the state’s plan to develop the health IT infrastructure/capabilities at the state, delivery system, health plan/MCO, and individual provider levels   | X   |                            | No updates at this time. |
| 8.2.1.iv. Other aspects of the state’s health IT implementation milestones   | X   |                            | No updates at this time. |
| 8.2.1.v. The timeline for achieving health IT implementation milestones  | X   |                            | No updates at this time. |
| 8.2.1.vi. Planned activities to increase use and functionality of the state’s prescription drug monitoring program   | X   |                            | No updates at this time. |
| 8.2.2 The state expects to make other program changes that may affect metrics related to health IT   | X   |                            |                          |
| <b>9. Other SUD-related metrics</b>  |   |                            |                          |
| <b>9.1 Metric trends</b>   |   |                            |                          |

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompt  | State has no trends/update to report (place an X) | Related metric(s) (if any) | State response  |
|---|---|----------------------------|---|
| 9.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to other SUD-related metrics | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters. |
| <b>9.2 Implementation update</b>  |   |                            |   |
| 9.2.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to other SUD-related metrics | X   |                            | This is first quarter reporting metrics so no trend can be identified Updates will be forthcoming in future quarters. |

**4. Narrative information on other reporting topics**

| Prompts   | State has no update to report (Place an X) | State response           |
|---|--|--------------------------|
| <b>10. Budget neutrality</b>  |  |                          |
| <b>10.1 Current status and analysis</b>   |  |                          |
| 10.1.1 If the SUD component is part of a broader demonstration, the state should provide an analysis of the SUD-related budget neutrality and an analysis of budget neutrality as a whole. Describe the current status of budget neutrality and an analysis of the budget neutrality to date. | X  |                          |
| <b>10.2 Implementation update</b>   |  |                          |
| 10.2.1 The state expects to make other program changes that may affect budget neutrality  | X  | No updates at this time. |

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompts  | State has no update to report<br>(Place an X) | State response  |
|--|---|---|
| <b>11. SUD-related demonstration operations and policy</b>   |   |   |
| <b>11.1 Considerations</b>   |   |   |
| 11.1.1 The state should highlight significant SUD (or if broader demonstration, then SUD-related) demonstration operations or policy considerations that could positively or negatively affect beneficiary enrollment, access to services, timely provision of services, budget neutrality, or any other provision that has potential for beneficiary impacts. Also note any activity that may accelerate or create delays or impediments in achieving the SUD demonstration’s approved goals or objectives, if not already reported elsewhere in this document. See report template instructions for more detail. | X   | In August, the state released a \$1.9 million initiative to expand treatment of substance use disorder (SUD) in rural Maine. The funding can be used by behavioral health providers to invest in start-up costs, such as staff training and development, that will allow them to increase the number of patients they serve in rural areas of the state.<br><br>MaineCare adopted an updated rule that further expands access to Opioid Health Home (OHH) services, increases provider flexibilities, and strengthens quality of care. The changes additionally tie payment to achievement of performance outcomes such as MaineCare members sustaining treatment, connecting to primary care, and engaging in employment, education, or community activities as recovery supports. |
| <b>11.2 Implementation update</b>  |   |   |
| 11.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to:<br><br>11.2.1.i. How the delivery system operates under the demonstration (e.g. through the managed care system or fee for service)   | X   | No updates at this time.  |
| 11.2.1.ii. Delivery models affecting demonstration participants (e.g. Accountable Care Organizations, Patient Centered Medical Homes)  | X   | No updates at this time.  |
| 11.2.1.iii. Partners involved in service delivery  | X   | No updates at this time.  |
| 11.2.2 The state experienced challenges in partnering with entities contracted to help implement the demonstration (e.g., health plans, credentialing vendors, private sector providers) and/or noted any performance issues with contracted entities  | X   | The State is working on implementation of the 3 approved pilots. There are challenges with establishing contracts as the process is cumbersome.   |

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompts  | State has no update to report<br>(Place an X) | State response                  |
|--|---|---------------------------------|
| 11.2.3 The state is working on other initiatives related to SUD or OUD   | X   |                                 |
| 11.2.4 The initiatives described above are related to the SUD or OUD demonstration (The state should note similarities and differences from the SUD demonstration)   | X   |                                 |
| <b>12. SUD demonstration evaluation update</b>   |   |                                 |
| <b>12.1 Narrative information</b>  |   |                                 |
| 12.1.1 Provide updates on SUD evaluation work and timeline. The appropriate content will depend on when this report is due to CMS and the timing for the demonstration. There are specific requirements per Code of Federal Regulations (CFR) for annual reports. See report template instructions for more details. |   | No further update at this time. |
| 12.1.2 Provide status updates on deliverables related to the demonstration evaluation and indicate whether the expected timelines are being met and/or if there are any real or anticipated barriers in achieving the goals and timeframes agreed to in the STCs   |   | No further update at this time. |
| 12.1.3 List anticipated evaluation-related deliverables related to this demonstration and their due dates  |   |                                 |
| <b>13. Other demonstration reporting</b>   |   |                                 |
| <b>13.1 General reporting requirements</b>   |   |                                 |
| 13.1.1 The state reports changes in its implementation of the demonstration that might necessitate a change to approved STCs, implementation plan, or monitoring protocol  | X   | No planned changes              |
| 13.1.2 The state anticipates the need to make future changes to the STCs, implementation plan, or monitoring protocol, based on expected or upcoming implementation changes  | X   |                                 |

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 3.0  
 [Maine] [Maine’s Substance Use Disorder Care Initiative]

| Prompts   | State has no update to report<br>(Place an X) | State response  |
|---|---|---|
| 13.1.3 Compared to the demonstration design and operational details, the state expects to make the following changes to:<br>13.1.3.i. The schedule for completing and submitting monitoring reports   | X   |   |
| 13.1.3.ii. The content or completeness of submitted reports and/or future reports   | X   |   |
| 13.1.4 The state identified real or anticipated issues submitting timely post-approval demonstration deliverables, including a plan for remediation   | X   |   |
| <b>13.2 Post-award public forum</b>   |   |   |
| 13.2.2 If applicable within the timing of the demonstration, provide a summary of the annual post-award public forum held pursuant to 42 CFR § 431.420(c) indicating any resulting action items or issues. A summary of the post-award public forum must be included here for the period during which the forum was held and in the annual report.  | X   | The state hosted its post award forum after receiving CMS approval of the implementation plan, 24 Feb 22. |
| <b>14. Notable state achievements and/or innovations</b>  |   |   |
| <b>14.1 Narrative information</b>   |   |   |
| 14.1.1 Provide any relevant summary of achievements and/or innovations in demonstration enrollment, benefits, operations, and policies pursuant to the hypotheses of the SUD (or if broader demonstration, then SUD related) demonstration or that served to provide better care for individuals, better health for populations, and/or reduce per capita cost. Achievements should focus on significant impacts to beneficiary outcomes. Whenever possible, the summary should describe the achievement or innovation in quantifiable terms, e.g., number of impacted beneficiaries. | X   |   |

\*The state should remove all example text from the table prior to submission.

Note: Licensee and states must prominently display the following notice on any display of Measure rates:

*Measures IET-AD, FUA-AD, FUM-AD, and AAP [Metrics #15, 17(1), 17(2), and 32] are Healthcare Effectiveness Data and Information Set (HEDIS®) measures that are owned and copyrighted by the National Committee for Quality Assurance (NCQA). HEDIS measures and specifications are not clinical guidelines, do not establish a standard of medical care and have not been tested for all potential applications. The measures and specifications are provided “as is” without warranty of any kind. NCQA makes no representations, warranties or endorsements about the quality of any product, test or protocol identified as numerator compliant or otherwise identified as meeting the requirements of a HEDIS measure or specification. NCQA makes no representations, warranties, or endorsement about the quality of any organization or clinician who uses or reports performance measures and NCQA has no liability to anyone who relies on HEDIS measures or specifications or data reflective of performance under such measures and specifications.*

*The measure specification methodology used by CMS is different from NCQA’s methodology. NCQA has not validated the adjusted measure specifications but has granted CMS permission to adjust. A calculated measure result (a “rate”) from a HEDIS measure that has not been certified via NCQA’s Measure Certification Program, and is based on adjusted HEDIS specifications, may not be called a “HEDIS rate” until it is audited and designated reportable by an NCQA-Certified HEDIS Compliance Auditor. Until such time, such measure rates shall be designated or referred to as “Adjusted, Uncertified, Unaudited HEDIS rates.”*