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State/Territory Name: Kansas

State Plan Amendment (SPA) #: 24-0006

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

June 6, 2024

Christine Osterlund, State Medicaid Director
Kansas Department of Health and Environment
Division of Health Care Finance
Landon State Office Building
900 SW Jackson, Room 900-N
Topeka, KS 66612-1220

Re: Kansas State Plan Amendment (SPA) 24-0006

Dear Christine Osterlund:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0006. This amendment proposes to add Doula as a provider type for pregnancy and postpartum services.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act. This letter informs you that Kansas Medicaid SPA TN 24-0006 was approved on June 6, 2024, with an effective date of July 1, 2024.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Kansas State Plan.

If you have any questions, please contact Helenita Augustus at (410) 786-8902 or via email at Helenita.Augustus@cms.hhs.gov.

Sincerely,

Ruth
Hughes -S

Digitally signed by
Ruth Hughes -S
Date: 2024.06.06
20:41:49 -05'00'

Ruth A. Hughes, Acting Director
Division of Program Operations

Enclosures

cc: Bobbie Graff-Hendrixson
Bill Stelzner
Melissa Hammond

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER 2 4 — 0 0 0 6 2. STATE KS

3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT XIX XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE
July 1, 2024

5. FEDERAL STATUTE/REGULATION CITATION
42 CFR 440, 42 CFR 447


6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)
a. FFY 2024 \$ 1,085
b. FFY 2025 \$ 6,418

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT
Attachment 3.1-A, #13.c.5., Page 1 and Page 2, New
Attachment 4.19-B, #13.c.5., Page 1, New

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)

9. SUBJECT OF AMENDMENT
Kansas Medicaid is adding doula as a provider type for pregnancy and postpartum services.

10. GOVERNOR'S REVIEW (Check One)
 GOVERNOR'S OFFICE REPORTED NO COMMENT
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL
 OTHER, AS SPECIFIED:
Christine Osterlund is the Governor's Designee

11. SIGNATURE OF STATE AGENCY OFFICIAL


12. TYPED NAME
Christine Osterlund

13. TITLE
Medicaid Director

14. DATE SUBMITTED
April 30, 2024

15. RETURN TO
Christine Osterlund
Medicaid Director
Deputy Secretary of Agency Integration and Medicaid
KDHE, Division of Health Care Finance
Landon State Office Building
900 SW Jackson, Room 900-N
Topeka, KS 66612-1220

FOR CMS USE ONLY

16. DATE RECEIVED
April 30, 2024

17. DATE APPROVED
June 6, 2024

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL
July 1, 2024

19. SIGNATURE OF APPROVING OFFICIAL Digitally signed by Ruth Hughes - S Date: 2024.06.06 20:42:13 -05'00'
Ruth Hughes -S

20. TYPED NAME OF APPROVING OFFICIAL
Ruth A. Hughes

21. TITLE OF APPROVING OFFICIAL
Acting Director, Division of Program Operations

22. REMARKS
05/07/2024_ The state authorized pen and ink changes to section 7 to reflect the pages as "New", which aligns with the SPA footer pages.

PREVENTIVE SERVICES LIMITATIONS

Doula Services

A doula provides physical, emotional, and educational support services to pregnant individuals during the prenatal, labor and delivery, and postpartum periods. Doula services are aimed at preventing perinatal complications and improving health outcomes for birthing parents and infants.

Doula services must be recommended by a licensed health care provider in the state of Kansas. These licensed providers are: a registered nurse, clinical social worker, nurse practitioner, physician assistant, certified nurse midwife, or physician.

Services:

Prenatal

- Promoting health literacy and knowledge
- Assisting with the development of a birth plan
- Supporting personal and cultural preferences around childbirth
- Providing emotional support and encouraging self-advocacy
- Supporting beneficiary in attending recommended medical appointments
- Reinforcing practices known to promote positive outcomes.
- Empowering beneficiary with evidenced-based information to choose best practices for birth, breastfeeding, and infant care
- Coordinating referrals or linkages to community-based support services to address social determinants of health

Labor and Delivery

- Providing physical comfort measures, information, and emotional support
- Advocating for beneficiary needs
- Being an active member of the birth team

Postpartum

- Educating regarding newborn care, nutrition, and safety
- Supporting breastfeeding
- Providing emotional support and encouraging self-care measures
- Empowering beneficiary with evidenced-based information on infant feeding, emotional and physical recovery from childbirth, and other issues related to the postpartum period.
- Supporting beneficiary in attending recommended medical appointments
- Coordinating referrals or linkage to community-based support services to address social determinants of health
- Grief Support Services

KANSAS MEDICAID STATE PLAN

Attachment 3.1-A
#13.c.5
Page 2

PREVENTIVE SERVICES LIMITATIONS

Doula Services (cont.)

Limitations:

- Beneficiaries are allowed prenatal visits /postpartum visits and one Labor & Delivery Care visit.
- Visits may be conducted in person or via telehealth, but the Labor & Delivery Care visit may not be conducted via telehealth.
- Doulas will coordinate directly with the beneficiary to determine the most appropriate service location for prenatal and postpartum visits, which may include the beneficiary's residence, the physician's office, the doula's office, a hospital, or in the community.
- For the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) population, services are furnished based on medical necessity.

Training:

- Doulas must complete required certification as defined by the State of Kansas.

KANSAS MEDICAID STATE PLAN

Attachment 4.19-B
#13.c.5.
Page 1

PREVENTIVE SERVICES LIMITATIONS

Methods and Standards for Establishing Payment Rates

Doula Services

Except as otherwise noted in the plan, state developed fee schedule rates are the same for both governmental and private providers for the above services. The agency's fee schedule rate was set as of July 1, 2024 and is effective for services provided on or after that date. The agency's established fee schedule rates are published on the agency's website at <https://portal.kmap-state-ks.us/PublicPage/ProviderPricing/Disclaimer?searchBy=ScheduleList>

This link will take the user to a page titled "Reference Copyright Notice." Scroll to the bottom of the page and click on the word "Accept" to access the fee schedule. The next page that appears is titled "KMAP Fee Schedules."

To access a fee schedule:

- a. Select the program from the drop-down list -TXIX;
- b. Choose the type of rates – Medicaid;
- c. After choosing the rate type, the user will see a list of the current and historical versions of the corresponding schedule;
- d. Click the schedule TXIX.