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**State/Territory Name: Minnesota** 

State Plan Amendment (SPA) #: 23-0036

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

#### DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services 601 E. 12th St., Room 355 Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

July 25, 2024

John Connolly
Assistant Commissioner and State Medicaid Director
Minnesota Department of Human Services
540 Cedar Street
P.O. Box 64983
St. Paul, MN 55164-0983

Re: Minnesota State Plan Amendment (SPA) 23-0036

Dear State Medicaid Director Connolly:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 23-0036. This amendment adds new language to the Rehabilitative Services pages (13d) of the State Plan. Specifically, the state authorizes coverage of school social worker services and allows schools to use the Individualized Education Program or Individualized Family Service Plan process to determine medical necessity in place of a diagnostic assessment.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations at 42 CFR §440. This letter informs you that Minnesota's Medicaid SPA 23-0036 was approved on July 25, 2024, with an effective date of January 1, 2024.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Minnesota State Plan.

If you have any questions, please contact Sandra Porter at (312) 353-8310, or via email at Sandra.Porter@cms.hhs.gov.

Sincerely,

James G. Scott, Director Division of Program Operations

Enclosures

cc: Patrick Hultman

Melorine Mokri Alexandra Zoellner

TRANSMITTAL AND NOTICE OF APPROVAL OF	1. TRANSMITTAL NUMBER 2. STATE 2 3 — 0 0 3 6 MN
STATE PLAN MATERIAL	
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT
	SECONTITACT ( ) XIX ( ) XXI
TO: CENTER DIRECTOR CENTERS FOR MEDICAID & CHIP SERVICES	4. PROPOSED EFFECTIVE DATE
DEPARTMENT OF HEALTH AND HUMAN SERVICES	January 1, 2024
5. FEDERAL STATUTE/REGULATION CITATION	6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars) a FFY 2024 \$ 0
42 CFR § 440 and Title XIX of the Social Security Act	a FFY 2024 \$ 0 b. FFY 2025 \$ 0
7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT Attachment 3.1-A Page 54r.2 Attachment 3.1-B Page 53r.2	8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable) same
9. SUBJECT OF AMENDMENT  This amendment makes changes to rehabilitative services  (6.00) EDNO DE CENTRE (Co. 1.00)	
10. GOVERNOR'S REVIEW (Check One)  GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED	OTHER, AS SPECIFIED:
NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	
	S. RETURN TO
	ley Zoellner innesota Department of Human Services
12. TYPED NAME	ederal Relations Unit 10 Cedar Street, PO Box 64983
13. TITLE Deputy Medicaid Director	aint Paul, MN 55164
14. DATE SUBMITTED November 30, 2023	
FOR CMS USE ONLY	
The second secon	7. DATE APPROVED
November 30, 2023  PLAN APPROVED - ONE	July 25, 2024
The second secon	). SIGNATURE OF APPROVING OFFICIAL
January 1, 2024	
The Control of the Co	I. TITLE OF APPROVING OFFICIAL
James G. Scott	Director, Division of Program Operations
22. REMARKS	L/

STATE: MINNESOTA ATTACHMENT 3.1-A Effective: January 1, 2024 Page 54r.2

TN: 23-36

Approved: July 25, 2024

Supersedes: NEW

### 13.d. Rehabilitative services. (continued)

Covered EPSDT rehabilitative services also includes medically necessary school social work services when identified in a special education evaluation, an Individualized Education Program, or Individualized Family Service Plan under the Individuals with Disabilities Act (IDEA). A special education evaluation, and assessments for and within the Individualized Education Program, or Individualized Family Service Plan may be used to determine medical necessity for school social work services.

## School social work services may be provided by the following:

- a licensed mental health professional as defined in item 6.d.;
- a clinical trainee as defined in item 6.d.; and,
- a mental health practitioner as defined in item 13.d.

Clinical trainees and mental health practitioners providing school social work services must work under the supervision of a licensed mental health professional.

## Covered school social work services include the following:

- Explanation of findings;
- psychotherapy for crisis including treatment to reduce a mental health crisis through immediate assessment and therapeutic interventions;
- mental health clinical care consultation including communication from a treating mental health professional to other providers to inform, inquire, and instruct regarding effective engagement and treatment;
- for adolescents, dialectical behavioral therapy including individual dialectical behavior therapy, group skills training, coaching, and team consultation;
- <u>child and family psychoeducation services including skill development,</u> peer group sessions, and individual sessions; and
- individual, family, and group psychotherapy including treatment of a person with a mental health condition or mental illness necessary to accomplish treatment goals.

STATE: MINNESOTA ATTACHMENT 3.1-B Effective: January 1, 2024 Page 53r.2

TN: 23-36

Approved: July 25, 2024

Supersedes: NEW

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