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STATE/TERRIORITY NAME: Missouri

STATE PLAN AMENDMENT (SPA)#: 21-0035

This file contains the following documents in the order listed:

- 1) Approval Letter**
- 2) CMS 179 Form**
- 3) Approved SPA Pages**

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
7500 Security Boulevard, Mail Stop S2-26-12
Baltimore, Maryland 21244-1850



February 16, 2022

Robert Knodell
Acting Director
Missouri Department of Social Services
Broadway State Office Building
P.O. Box 1527
Jefferson City, Missouri 65102

Re: Missouri State Plan Amendment (SPA) 21-0035

Dear Mr. Knodell:

On December 30, 2021, the Centers for Medicare & Medicaid Services (CMS) received Missouri State Plan (SPA) No. 21-0035. This SPA was submitted to update prescribing providers for preventive services from only physicians to license practitioners within the scope of their license which is in line with industry standards and federal language.

We are pleased to inform you that SPA 21-0035 was approved on February 16, 2022, with an effective date of April 1, 2022 as requested by the state. Enclosed is a copy of the CMS 179 summary form, as well as the approved pages for incorporation into the Missouri State Plan.

If you have any questions regarding this matter you may contact Deborah Read (816) 426-5925 or by e-mail at Deborah.read@cms.hhs.gov.

Sincerely,


Digitally signed by James G. Scott
-S
Date: 2022.02.16 16:29:24 -06'00'

James G. Scott, Director
Division of Program Operations

Enclosures

cc: Todd Richardson, SMD, MHD
Glenda Kremer MHD
Sophia Hinojosa, Program Branch Manager

TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	1. TRANSMITTAL NUMBER 2 1 — 0 0 35	2. STATE MO
	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL SECURITY ACT (MEDICAID)	
TO: REGIONAL ADMINISTRATOR CENTERS FOR MEDICARE & MEDICAID SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE 04/01/2022	

5. TYPE OF PLAN MATERIAL (Check One)

NEW STATE PLAN AMENDMENT TO BE CONSIDERED AS NEW PLAN AMENDMENT

COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate transmittal for each amendment)

6. FEDERAL STATUTE/REGULATION CITATION 42 CFR 440.130 (c) (1)	7. FEDERAL BUDGET IMPACT a. FFY ²⁰²¹ *2022 \$ 0 b. FFY ²⁰²² 2023 \$ 0
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT 21-0035 Section 3.1-A page 10f1 21-0035 Section 3.1-A page 10f2 21-0035 Seciton 4.19-B page 4d	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable) 16-04 Section 3.1-A page 10f1 16-04 Section 3.1-A page 10f2 16-04 Section 4.19-B page 4d

10. SUBJECT OF AMENDMENT
This amendment updates prescribing providers from only physicians to license practitioners within the scope of their license which is in line with industry standards and federal language.

11. GOVERNOR'S REVIEW (Check One)

GOVERNOR'S OFFICE REPORTED NO COMMENT SLV OTHER, AS SPECIFIED
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

12. SIGNATURE OF STATE AGENCY OFFICIAL 	16. RETURN TO MO HealthNet Division P.O. Box 6500 Jefferson City, MO 65102
13. TYPED NAME Robert J. Kradell	
14. TITLE Acting Director	
15. DATE SUBMITTED 12-28-2021	

FOR REGIONAL OFFICE USE ONLY

17. DATE RECEIVED 12/30/2021	18. DATE APPROVED February 16, 2022
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PLAN APPROVED - ONE COPY ATTACHED

19. EFFECTIVE DATE OF APPROVED MATERIAL 4/1/2022	20. SIGNATURE OF REGIONAL OFFICIAL Digitally signed by James G. Scott -S Date: 2022.02.16 16:30:00 -06'00'
21. TYPED NAME James G. Scott	22. TITLE Director, Division of Program Operations

23. REMARKS
*pen and ink changes per e-mail from the state dated 1/19/2022

State MissouriAsthma Preventive Education and Counseling for the Participant and In-Home Assessments for Asthma Triggers:

Asthma Preventive Education and Counseling for the Participant is provided pursuant to the preventive benefit 42 CFR 440.130(c) and In-Home Assessments for Asthma Triggers are provided pursuant to the diagnostic benefit 42 CFR 440.130(a).

Evidence has shown that the combined approach of asthma preventive education and counseling and in-home assessments for asthma triggers leads to better health outcomes in the pediatric population. To improve the health of MO HealthNet participants with asthma and to reduce costs associated with participants with uncontrolled asthma, MO Health Net will implement a statewide asthma preventive education and counseling and in-home assessment program for asthma triggers focusing on youth participants who have evidence of uncontrolled asthma. Youth participants are defined as any individual younger than the age of 21, and all services are furnished without limitation in accordance with 1905(r) of the Social Security Act.

Definition and Description of Medical Services:

A. Asthma Preventive Education and Counseling

1. Asthma education non-physician (Thirty (30) minute sessions, two (2) per year);
2. Preventive medicine counseling, individual (Fifteen (15) minute sessions four (4) times per year);
3. Preventative medicine counseling, individual (Thirty (30) minute sessions two (2) times per year); OR
4. Self-Management Education using standardized effective curriculum, individually, either incident to a clinical encounter or as preventative service (Ninety (90) minute session one (1) per year).
5. These services are provided by certified Educators only.

Description of Services: Asthma education, preventive medicine counseling, and self-management education may include informing the participant about the need for increasing adherence to the inhaled corticosteroid (ICS) regimen, optimizing inhalation technique, supporting trigger reduction in indoor environment (home, school and work), identifying and reducing impairment and reducing and managing the risks of asthma exacerbation, increasing compliance with asthma action plans prescribed by the participant's provider, documentation (not performance of) of measures of pulmonary function testing, counseling on the findings of the environmental assessment, education on the management of co-morbid health conditions, increasing health-promoting behaviors (examples include eating healthy foods, tobacco cessation, engaging in physical activity regularly, maintaining a normal weight, being compliant with healthcare provider appointments, and following the recommended immunization schedule per participant's age) promotion of non-pharmacologic behaviors, and education on nasal hygiene.

B. In-Home Assessments for Asthma Triggers

1. Asthma environmental assessment non-physician (Two (2) per year).
2. These services are provided by certified Assessors only.

Description of Services: In-home assessments for asthma triggers are limited to a provider's time and activities during an assessment of the participant's home or primary residence, in order to determine the source of the participant's asthma. In-home assessments for asthma triggers include activities that help to identify and support the reduction of disease causing agents in the home leading to medical complications of asthma. In-home assessments for asthma triggers do not include remediation of issues identified in the home.

State Plan TN# 21-0035Effective Date 04-01-2022Supersedes TN# 16-04Approval Date 02-16-2022

State Missouri

Asthma preventive education and counseling and in-home assessments for asthma triggers require a referral and/or a prescribed service in the participant's plan of care by a licensed practitioner authorized to prescribe within their scope of practice either directly or by protocol consistent with their scope of practice under state law, and may be provided by practitioners other than physicians or other licensed practitioners. All asthma preventive education and counseling and in-home assessment for asthma triggers services will require a prior authorization.

All asthma preventive education and counseling and in-home assessment for asthma triggers services are home based services, provided by certified Educators and certified Assessors. Additional asthma preventive education and counseling and in-home assessments for asthma triggers requests beyond the initial allocation will go through the prior authorization process and must be deemed medically necessary.

Credentials:**1. Educators**

- a. National Asthma Educator Certification (AEC)
- b. State Certification -Accredited training programs, such as a University, within the state will provide an accredited asthma educator training program and certificate incorporating similar guidelines to the national asthma educator certification; upon successful completion a certificate must be provided. A certificate means that the student has successfully completed the training program and is competent to provide asthma education services.
- c. Asthma Preventive Education and Counseling Providers - shall be certified by a national program or a state program. Eligibility criteria for admission into the certification programs are determined by the administrator of the program.

2. Assessors

- a. National Certification - National Environmental Health Association (NEHA) Healthy Home Specialist or a NEHA Healthy Home Evaluator Micro-Credential
- b. State Certification -Accredited training programs, such as a University, within the state will provide an accredited in-home assessor for asthma triggers training program and certificate incorporating similar guidelines to the national certifications including the Healthy Home Specialist and the Healthy Home Evaluator Micro-Credential; upon successful completion a certificate must be provided. A certificate means that the student has successfully completed the training program and is competent to provide in-home assessment for asthma trigger services.
- c. Asthma In-Home Assessors - shall be certified by a national program or a state program. Eligibility criteria for admission into the certification programs are determined by the administrator of the program.

State MissouriAsthma Preventive Education and Counseling for the Participant and In-Home Assessments for Asthma Triggers

The state agency shall provide reimbursement for asthma preventive education and counseling and in-home assessments for asthma triggers to enrolled educators and assessors who are currently certified and in good standing with the state as defined in 4b EPSDT Asthma Preventive Education and Counseling for the Participant and In-Home Assessments for Asthma Triggers. Reimbursement for services is made on a fee-for-service basis. The maximum allowable fee for a unit of service has been determined by MO HealthNet to be a reasonable fee consistent with efficiency, economy, and quality of care. The state payment for each service will be lower of:

- (1) The provider's actual charge for the services; or
- (2) The Medicaid maximum allowable amount per unit of service.

Reimbursement shall only be made for services authorized by the state agency or its designee. Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of asthma preventive education and counseling and in-home assessments for asthma triggers. The agency's fee schedule rate was set as of October 19, 2021 and is effective for services provided on or after that date. All rates are published at <https://dss.mo.gov/mhd/providers/pages/cptagree.htm>.

State Plan TN# 21-0035
Supersedes TN# 19-0016

Effective Date 04/01/2022
Approval Date 02/16/2022