# **Table of Contents**

**State/Territory Name: MT** 

State Plan Amendment (SPA) MT: 24-0018

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

# DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services Center for Medicaid & CHIP Services 230 South Dearborn Chicago, Illinois 60604



# **Financial Management Group**

September 5, 2024

Rebecca de Camara Montana Department of Public Health & Human Services State Medicaid Director Attn: Carla Rime P.O. Box 4210 Helena, MT 59604

RE: TN 24-0018

Dear Acting Director de Camara:

The Centers for Medicare & Medicaid Services (CMS) has reviewed the proposed Montana state plan amendment (SPA) to Attachment 4.19-B MT 24-0018, which was submitted to CMS on July 12, 2024. This plan amendment removes specific per diem rates for Comprehensive Behavioral Health Treatment (CBHT) services.

We reviewed your SPA submission for compliance with statutory requirements including in sections 1902(a)(2), 1902(a)(13), 1902(a)(30), and 1903 as it relates to the identification of an adequate source for the non-federal share of expenditures under the plan, as required by 1902(a)(2), of the Social Security Act and the applicable implementing Federal regulations.

Based upon the information provided by the state, we have approved the amendment with an effective date of July 1, 2024. We are enclosing the approved CMS-179 and a copy of the new state plan pages.

If you have any additional questions or need further assistance, please contact LaJoshica (Josh) Smith at 214-767-6453 or via email at lajoshica.smith@cms.hhs.gov.

Sincerely,

Todd McMillion
Director
Division of Reimbursement Review

**Enclosures** 

THE TOT ON MEDIONINE & MEDIONID DELIVIOLO		
TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: CENTERS FOR MEDICARE & MEDICAID	1. TRANSMITTAL NUMBER 24-0018	2. STATE Montana
SERVICES	3. PROGRAM IDENTIFICATION: TITLE OF SECURITY ACT   ✓ XIX	THE SOCIAL XXI
TO: CENTER DIRECTOR CENTERS FOR MEDICAID & CHIP SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	4. PROPOSED EFFECTIVE DATE 7/01/2024	
5. FEDERAL STATUTE/REGULATION CITATION 42 CFR 440 1.30(a)	6. FEDERAL BUDGET IMPACT (Amounts in a. FFY24 (3 months) \$ 0.00 b. FFY25 (12 months) \$ 0.00	n WHOLE dollars)
7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT Attachment 4.19B, Reimbursement Service 16 4b, EPSDT, Pages 1 to 14.	8. PAGE NUMBER OF THE SUPERSEDE ATTACHMENT (If Applicable) Attachment 4.19B, Reimbursement Ser 1 to 14.	
SUBJECT OF AMENDMENT     Attachment 4.19B 4.b, Remove specific per diem rates for Cont	prehensive Behavioral Health Treatment (	CBHT) effective 7/1/2024.
10. GOVERNOR'S REVIEW (Check One) GOVERNOR'S OFFICE REPORTED NO COMMENT COMMENTS OF GOVERNOR'S OFFICE ENCLOSED NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	OTHER, AS SPECIFIED:	r
11. SIGNATURE OF STATE AGENCY OFFICIAL	15. RETURN TO  Montana Department of Public Health and Medicaid Director	d Human Services State
12. TYPED NAME Rebecca de Camara	Attn: Carla Rime PO Box 4210, Helena, MT 59604	
13. TITLE Acting Medicaid and Health Services Executive/ State Medicaid Director		
14. DATE SUBMITTED	1	
FOR CMS	USE ONLY	
16. DATE RECEIVED 7/12/2024	17. DATE APPROVED September 5, 2024	
PLAN APPROVED - C	NE COPY ATTACHED	
8. EFFECTIVE DATE OF APPROVED MATERIAL	19. SIGNATURE OF APPROVING OFFICIA	
07/01/2024		
:0. TYPED NAME OF APPROVING OFFICIAL	21. TITLE OF APPROVING OFFICIAL	
Todd McMillion	Director, Division of Reimburs	ement Review

2. REMARKS

Page 1 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

#### MONTANA

- I. The Department will reimburse Medicaid providers for EPSDT services the lower of:
  - A. The provider's usual and customary (billed) charge for the service;
  - B. The Department's fee schedule published on the agency's website at http://medicaidprovider.mt.gov. The rate for each EPSDT service is a set fee per unit of service and set as of the date on the Attachment 4.19B Introduction Page. Unless otherwise specified in this state plan, reimbursement rates are the same for governmental and non-governmental providers. The reimbursement rates on the fee schedules are provided in accordance with the methodology described in this state plan.
- II. In accordance with the Social Security Act, the Department provides medically necessary EPSDT services. When the Department has not established a fee schedule for a service required by an individual covered under EPSDT, a rate is negotiated with the provider. This rate is set at a comparable rate to a service similar in scope.
- III. The Department's fee schedule for all EPSDT rehabilitative services is determined as follows:
  - A. Rate-Setting Method:

Montana has a prospective Medicaid rate-setting method that was developed to reflect service definitions, provider requirements, operational service delivery, and administrative considerations. Each rate is calculated on a unit basis and set at an amount based on estimated reasonable and efficient cost at a certain point in time. Increases after that point in time calculation are based on legislative appropriations.

Page 2 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

#### Montana

#### B. Rate Components

The calculation separates out direct service components from indirect program components and overhead expenses essential to administer the service and program. In some rates individual, family, and group therapies, along with community-based psychiatric and support services (CBPRS) are costed independently and then added into the unit rate as a direct service expenditure. The following elements are used to determine the rate, based on estimated reasonable costs, at a certain point in time, as applicable to each service:

- 1. Direct Service Expenditures
  - Direct staff wages
  - Employee benefit costs
  - Direct supervision
  - On-call differential for services that require 24-hour per day, 7-day a week on call for crisis intervention and response.
  - Program support costs
  - Travel costs
- 2. Administrative Overhead / Indirect Costs
- 3. Auxiliary Operational Expenditures
- 4. Productivity or Billable Time. The productivity adjustment factor accounts for the amount of non-billable time spent by staff.
- 5. Calculation Adjustors
  - Medicaid Offsets. Offsets are accounted for when providers receive other revenues in relation to the service. (e.g., direct care wage).
  - CPI adjustment. A CPI adjustment is used to adjust economic series or surveys for price changes and to translate these series into inflation adjusted dollars at time of calculations.
  - Other inflationary adjustments. Inflationary adjustments are allowed for legislative provider rate changes, other legislative adjustments, or changes in service scope from year to year.
  - Policy adjustor. A policy adjustor may be applied to increase or decrease rates when the Department determines that relative adjustments to specific rates are appropriate to meet Medicaid policy goals and appropriated budgets.
  - Frontier Differential. A rate adjustment may be applied to services for youth residing in a Montana county with a per capita population of fewer than 6 people per square mile.

Page 3 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

#### MONTANA

### C. Bundle-specific rate setting.

EPSDT Rehabilitative services include the following components, as noted in the Supplements to Attachments 3.1A and 3.1B and are calculated in the units as noted. CBPRS is included in this table but is not a bundle. CBPRS is the sole unbundled service whose rate calculation is part of this State Plan Amendment. All other unbundled EPSDT rehabilitative services are covered by other state plans or their rates are included in the State's Resource Based Relative Value System (RBRVS).

The state will regularly review responses from Medicaid beneficiaries related to the types, quantity and intensity of Montana's behavioral health service array, and will review utilization of services every two years. If utilization falls significantly or beneficiary surveys identify gaps in access to care, the state will review bundled rates for sufficiency to ensure beneficiaries receive the types, quantity and intensity of services required to meet their medical needs and to ensure that the rates remain economic and efficient based on the services that are actually provided as part of the bundle. Room and board or other unallowable facility costs are excluded from all rates.

Any provider delivering services through a bundle will be paid through that bundle's payment rate and cannot bill separately. Providers delivering separate services outside of the bundle may bill for those separate services in accordance with the Montana's Medicaid billing procedures.

At least one of the services included in the bundle must be provided within the service payment unit in order for providers to bill the bundled rate.

Pursuant to Administrative Rules of the State of Montana, Medicaid providers must maintain records which fully demonstrate the extent, nature and medical necessity of services and items provided to Montana Medicaid recipients.

Page 4 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

# MONTANA

Name of Service	Service Bundle Includes:	Rate Components Include:	Unit
Community- Based Psychiatric Rehabilitation and Support (CBPRS)	Not a bundle but included here because its rate setting methodology is not included elsewhere.	<ul> <li>Direct staff wages</li> <li>Employee benefit costs</li> <li>Direct supervision</li> <li>Program support costs</li> <li>Travel costs</li> <li>Administrative overhead/Indirect costs</li> <li>Auxiliary Operational Expenditures</li> <li>Productivity adjustment factor</li> <li>Medicaid offsets</li> <li>CPI adjustment</li> <li>Other inflationary adjustments</li> <li>Policy adjustor</li> </ul>	Per 15 minutes
Comprehensive Behavioral Health Treatment (CBHT)	• Individual Therapy • Group Therapy • Family Therapy • CBPRS • Care Coordination • Crisis Services	<ul> <li>Usual and Customary Market Rate</li> <li>Historical Utilization</li> <li>CPI</li> <li>Frontier Differential</li> </ul>	Per diem

Page 5 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

# MONTANA

Name of Service	Service Bundle Includes:	Rate Components Include:	Unit
Therapeutic Group Home (TGH)	• Individual Therapy • Group Therapy • Family Therapy • CBPRS  Within a TGH, additional CBPRS may be provided when medically necessary. This service is referred to as Extraordinary Needs Aide (ENA) when provided one-to-one and CBPRS Group when provided in group setting.	<ul> <li>Direct staff wages</li> <li>Employee benefit costs</li> <li>Direct supervision</li> <li>Program support costs</li> <li>Administrative overhead/Indirect costs</li> <li>Auxiliary Operational Expenditures</li> <li>Medicaid offsets</li> <li>CPI adjustment</li> <li>Other inflationary adjustments</li> <li>Policy adjustor</li> </ul>	Per diem (TGH)  Per 15 minutes (CBPRS)
Home Support Services	• Functional assessment • Crisis Services • Family Support Services	<ul> <li>Direct staff wages</li> <li>Employee benefit costs</li> <li>Direct supervision</li> <li>On-call differential (crisis services)</li> <li>Program support costs</li> <li>Travel costs</li> <li>Administrative overhead/Indirect costs</li> <li>Auxiliary Operational Expenditures</li> <li>Productivity adjustment factor</li> <li>Medicaid offsets</li> <li>CPI adjustment</li> <li>Other inflationary adjustments</li> <li>Policy adjustor</li> <li>Frontier Differential</li> </ul>	Per 15 minutes

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Page 6 of 14 Attachment 4.19B Methods and Standards for Establishing Payment Rates Service 4.b, EPSDT

# MONTANA

Name of Service	Service Bundle Includes:	Rate Components Include:	Unit
Therapeutic Foster Care (TFC)	• Functional assessment • Crisis Services • Family Support Services	<ul> <li>Direct staff wages</li> <li>Employee benefit costs</li> <li>Direct supervision</li> <li>On-call differential (crisis services)</li> <li>Program support costs</li> <li>Travel costs</li> <li>Administrative overhead/Indirect costs</li> <li>Auxiliary Operational Expenditures</li> <li>Productivity adjustment factor</li> <li>Medicaid offsets</li> <li>CPI adjustment</li> <li>Other inflationary adjustments</li> <li>Policy adjustor</li> </ul>	Per diem
Therapeutic Foster Care Permanency (TFC-P)	• Functional assessment • Crisis Services • Family Support Services • Individual Therapy • Group Therapy • Family Therapy • CBPRS	<ul> <li>Direct staff wages</li> <li>Employee benefit costs</li> <li>Direct supervision</li> <li>On-call differential (crisis services)</li> <li>Program support costs</li> <li>Travel costs</li> <li>Administrative overhead/ Indirect costs</li> <li>Auxiliary Operational Expenditures</li> <li>Productivity adjustment factor</li> <li>Medicaid offsets</li> <li>CPI adjustment</li> <li>Other inflationary adjustments</li> <li>Policy adjustor</li> </ul>	Per diem

#### MONTANA

Name of Service	Service Bundle Includes:	Rate Components Include:	Unit
Youth Day Treatment Services	• Individual Therapy • Group Therapy • Family Therapy • CBPRS	<ul> <li>Direct staff wages</li> <li>Employee benefit costs</li> <li>Direct supervision</li> <li>Program support costs</li> <li>Administrative overhead/ Indirect costs</li> <li>Auxiliary Operational Expenditures</li> <li>Productivity adjustment factor</li> <li>Medicaid offsets</li> <li>CPI adjustment</li> <li>Other inflationary adjustments</li> <li>Policy adjustor</li> </ul>	Per hour
Mental Health Intensive Outpatient Therapy (IOP)	• Individual Therapy • Group Therapy • Family Therapy • CBPRS • Crisis Services • Care Coordination	<ul> <li>Direct Service Expenditures</li> <li>Direct Staff Wages</li> <li>Employee Benefit Costs</li> <li>Direct Supervision</li> <li>Program Support Costs</li> <li>On-call differential for services that require 24-hour per day, 7-day a week on-call for crisis and response</li> </ul>	Per day

# C. Rate Notes and Formula

1. Community-Based Psychiatric Rehabilitation and Support (CBPRS) services is the only unbundled EPSDT rehabilitative service whose rate calculation is part of this State Plan Amendment. All other unbundled EPSDT rehabilitative services are covered by other state plans or their rates are included in the State's Resource Based Relative Value System (RBRVS).

Page 8 of 14 Attachment 4.19B Methods and Standards for Establishing Payment Rates Service 4.b, EPSDT

#### MONTANA

Group therapy for Community-Based Psychiatric Rehabilitation and Support (CBPRS) has a maximum staff to member ratio of one to four. The rate for CBPRS group therapy is set at 30% of the individual rate.

There is a separate rate for Community-Based Psychiatric Rehabilitation and Support (CBPRS) when CBPRS is provided within a Therapeutic Group Home (TGH). The separate rate calculation for CBPRS provided within a TGH excludes the mileage component.

CBPRS Rate = ((((Hourly Provider Direct Costs + Hourly Provider Indirect Costs and Auxiliary Operational Expenditures) ÷ (Productivity Adjustment Factor or Billable Hours) x Calculation Adjustors))  $\div$  4 to convert to 15-minute unit)

#### 2. Therapeutic Group Home (TGH)

In the Therapeutic Group Home rate calculation, licensed therapies and non-licensed observations and supports are separate components of the rate. Room and board, educational components, and other non-allowable facility costs are excluded from the per diem Therapeutic Group Home rate.

For Auxiliary Operational Expenditures, only a designated dollar amount or percentage of the facility and equipment that is devoted to treatment and programming is included in the bundled rate (e.g. therapist office space, individual treatment or therapy rooms, and family or group treatment or therapy rooms).

In lieu of a productivity or billable time percentage, the Therapeutic Group Home rate calculation uses actual units of service or occupied bed days. The number of occupied bed days is used to allocate costs into a daily service unit. At time of calculation, the representative or current state fiscal year bed days or units is used to allocate expenditures into a daily unit rate.

TGH Rate = (((Provider Direct Costs + Provider Indirect Costs and Auxiliary Operational Expenditures) + Medicaid Bed Days or Units of Service) x Calculation Adjustors)

#### 3. Home Support Services (HSS)

HSS Rate = (((Hourly Provider Direct Costs + Hourly Provider Indirect Costs and Auxiliary Operational Expenditures) ÷ (Productivity Adjustment Factor or Billable Hours) x Productive FTE Hours) ÷ 4 to convert to 15-minute unit.

Page 9 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

#### MONTANA

#### 4. Therapeutic Foster Care (TFC)

TFC Rate = (((Hourly Provider Direct Costs + Hourly Provider Indirect Costs and Auxiliary Operational Expenditures) ÷ (Productivity Adjustment Factor or Billable Hours) x Productive FTE Hours) ÷ Daily Units) x Calculation Adjustors)

# 5. Therapeutic Foster Care Permanency (TFC-P)

A minimum of ten hours per week of community-based psychiatric and supports (CBPRS) is required for each member under Therapeutic Foster Care Permanency (TFC-P). Community-based psychiatric and supports (CBPRS) is reimbursed per 15-minute increment on the basis of a separate departmental fee schedule rate. The estimated average service time for behavioral aide services per member, is multiplied by the current fee schedule rate for CBPRS. This amount is then added into direct service costs for the TFC-P daily rate.

The Therapeutic Foster Care Permanency (TFC-P) bundled rate includes individual, family, and group therapy services. The estimated average number of services necessary for individual, family, and group therapies per member is multiplied by the current rate schedule under RBRVS methodology. This component is then added into direct service costs for the TFC-P daily rate.

TFC-P Rate = (((Hourly Provider Direct Costs + Hourly Provider Indirect Costs and Auxiliary Operational Expenditures)  $\div$  (Productivity Adjustment Factor or Billable Hours x Productive FTE Hours))  $\div$  (Daily Units x Calculation Adjustors))

# 6. Youth Day Treatment

All educational components are excluded from the Youth Day Treatment Medicaid rate. The Youth Day Treatment rate is based on caseload assumptions for Full Time Equivalents (FTE) necessary to provide day treatment for one classroom of twelve members. The rates are divided into hourly time increments for billing purposes.

Youth Day Treatment Rate = (((Hourly Provider Direct Costs + Hourly Provider Indirect Costs and Auxiliary Operational Expenditures) ÷ (Productivity Adjustment Factor or Billable Hours)) x Calculation Adjustors)

Page 10 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

#### MONTANA

7. Comprehensive Behavioral Health Treatment (CBHT)

CBHT services are provided by Medicaid-enrolled public school districts. To provide CBHT, public school districts must be licensed as, or contract with, a mental health center with an endorsement to provide CBHT.Contracted service costs are considered under Provider Direct and Indirect Costs and Auxiliary Operational Expenditures.

CBHT services are reimbursed according to a per-diem rate for services delivered in a non-frontier differential county, and a per-diem rate for services delivered in a frontier differential county, based on historical program utilization and expenditures with adjustments for inflation.

One CBHT team with up to three employees will not be reimbursed for more than 360 service days per team per month. The CBHT team is reimbursed once per service day, per youth, even if multiple CBHT team members provide services to the same youth. A service day is a minimum of 30 total minutes of service provided by the CBHT team. The licensed or licensure candidate mental health professional must provide a minimum of three core services per month to each youth enrolled in the CBHT team. There is no limit on the number of youth that may be served.

For youth who are referred to CBHT services but upon assessment do not meet admissions criteria; up to ten service days per youth, per state fiscal year, may be billed for an intervention, assessment, and if necessary, referral to other services. These service days must be billed as part of the 360 service days monthly team total.

8. Mental Health Intensive Outpatient Therapy (IOP)

The bundled all-inclusive daily rate includes the following services:

- (a) individual psychotherapy
- (b) group psychotherapy
- (c) family psychotherapy
- (d) community-based psychiatric rehabilitation and support (CBPRS)
- (e) crisis services
- (f) care coordination

The Mental Health Center will bill for the bundled services. Any provider delivering services through a bundle will be paid through that bundle's payment rate and cannot bill separately.

Page 11 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

#### MONTANA

Providers must provide 6 hours of core services to the youth per week to be eligible to bill the bundled rate. When weekly requirements are not met the provider may unbundle and bill in accordance with Medicaid Youth Mental Health Fee Schedule and Montana Department of Public Health RBRVS Fee Schedule. It is not required that each member receive every service listed but all medically necessary services must be provided and documented. A billable day must be a minimum of 45 minutes of core services provided to the youth by the IOP provider(s). Care coordination services can account for a maximum of one hour per week. Medicaid providers delivering separate services outside of the bundle may bill for those services in accordance with Montana's Medicaid billing procedures.

The all-inclusive bundled daily rate does not include costs related to room and board or other unallowable facility costs if the rate is paid in residential settings.

IV. The Department's methodology for all other, non-rehabilitative EPSDT services is determined as follows.

Provider-Orientation and Mobility Specialist (Provider, Service, Unit, Limits)

Service	Unit	Reimbursement	Limits
Sensory Integration	15 min units	Fee schedule referenced in I.B.	none
Self-Care Management	Per occurrence	Fee schedule referenced in I.B.	none

Provider-Department approved Cleft/Craniofacial Interdisciplinary Teams \*

Service	Unit	Reimbursement	Limits
Cleft/Craniofacial	Day	Fee schedule referenced in I.B.	N/A
Interdisciplinary Teams			1

Provider-Department approved Metabolic Interdisciplinary Teams \*

Service	Unit	Reimbursement	Limits
Metabolic Interdisciplinary	Day	Fee schedule referenced in I.B.	N/A
Teams			

Page 12 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

#### MONTANA

Provider-Department approved Cystic Fibrosis Interdisciplinary Teams \*

Service	Unit	Reimbursement	Limits
Cystic Fibrosis Interdisciplinary Teams	Day	Fee schedule referenced in I.B.	N/A

\*The bundled rates for the three interdisciplinary teams providing EPSDT Services through the Public Health and Safety Division of the Department (Provider, Service, Unit, Limits) are arrived at using a prospective Medicaid rate-setting method that was developed to reflect service definitions, provider requirements, operational service delivery, and administrative considerations at a certain point in time. Each service provided by individual team members is included in the bundled Medicaid rate with an applied efficiency factor. The efficiency factor is set considering service configuration, team composition, scale of operation, expected costs, volume of service and overall caseload.

# V. Direct Care Wage Add-on Reimbursement

Effective February 15, 2013, additional direct care wage reimbursement payments will be made to providers that employ direct-care workers (DCW).

These funds will be distributed proportionally in an annual payment to participating EPSDT rehab service providers based on the number of units of Medicaid EPSDT rehab direct care services provided by each provider during the most recent twelve months for which claims data is available.

The amount of direct care wage reimbursement payments allocated to each direct care service type for distribution is based on legislative appropriation, historical direct-care wage fund allocations from the most recent survey of providers, and the proportion of Medicaid expenditures each direct care service is in relation to all direct care services in a **provider type** allocation.

Direct care worker (DCW) for EPSDT rehabilitative services means a non-professional employee of a Medicaid-enrolled provider who is assigned to work directly with youth or in youth-specific rehab service activities for no less than 75% of their hours of employment. A DCW is primarily responsible for the implementation of the treatment goals of the youth. The term "Direct Care Worker" includes Community Based Psychiatric Rehabilitation Services aides, Home Support Services or Therapeutic Foster Care Treatment staff and aides, Day Treatment aides, Therapeutic Group Home nonprofessional staff and Extraordinary Needs Aides. Wage add-on payments are made to direct care workers providing the following services: Community Based Psychiatric Rehabilitation services, family support services, and crisis services.

Page 13 of 14
Attachment 4.19B
Methods and Standards for
Establishing Payment Rates
Service 4.b, EPSDT

#### MONTANA

Distribution to each participating provider is calculated in the following manner:

- Step 1: Total amount appropriated / historical direct care wage allocation = amount direct care wage per participating provider type.
- Step 2: Amount of direct care wage per participating provider type / all participating provider units (standardized) in the provider type = amount direct care wage per standardized unit of service.
- Step 3: Amount of direct care wage per standardized unit of service × amount of direct care wage per unit = amount of individual provider direct care wage reimbursement.

Total amount appropriated per year for all EPSDT rehabilitation direct care wage reimbursement is \$2,337,109 per state fiscal year.

Page 14 of 14
Attachment 4.19B
Methods & Standards for
Establishing Payment Rates
Service 4.b
EPSDT Applied Behavior Analysis (ABA) Services

#### **MONTANA**

# **Applied Behavior Analysis (ABA) Services**

- I. Reimbursement for Applied Behavior Analysis (ABA) services will be the lower of:
  - The provider's usual and customary (billed) charge for the service; or
  - B. The Department's fee schedule which is based on a resource based relative value scale (RBRVS) methodology. In accordance with RBRVS methodology, a Relative Value Unit (RVU), which is numeric, is multiplied by the Montana Medicaid specific conversion factor, which is a dollar amount, to equal a fee. Specific to Montana Medicaid, there is an ability to multiply the fee times a policy adjuster (either plus or minus) to affect the fee.
    - 1. Current Procedural Terminology (CPT) Category I codes are being utilized for adaptive behavior assessment/intervention services for the assessment and treatment of a Serious Emotional Disturbance (SED) including Autism Spectrum Disorder, or Developmental Disability diagnosis, that meets Functional Impairment Criteria. For Behavior Identification Assessments 97151 and Adaptive Treatment with Protocol 97155, the Department fee is based on a service provided by a Board Certified Behavior Analyst, the fee is reduced approximately 26% when provided by a Board Certified Assistant Behavior Analyst or a student enrolled in an accredited BCBA graduate level education program.