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State/Territory Name: Oregon

State Plan Amendment (SPA) #: 24-0012

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form/Summary Form (with 179-like data)
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355 (300)
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

August 5, 2024

Dr. Sejal Hathi, Director
Oregon Health Authority
500 Summer St NE
Salem, OR 97301

Re: Oregon State Plan Amendment (SPA) - 24-0012

Dear Director Hathi:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0012. This amendment adds the National Diabetes Prevention Program under preventative services as a stand-alone program in the state plan.

We conducted our review of your submittal according to statutory requirements in Section 1905 of the Social Security Act and implementing regulations at 42 CFR 440.130(c). This letter informs you that Oregon's Medicaid SPA TN 24-0012 was approved on August 5, 2024, with an effective date of April 10, 2024.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Oregon State Plan.

If you have any questions, please contact Maria Garza at (206) 615-2542 or via email at maria.garza@cms.hhs.gov.

Sincerely,

A black rectangular box redacts the signature of James G. Scott. A blue circular mark is visible below the box.

Digitally signed by James G.
Scott -S
Date: 2024.08.05 17:49:35
-05'00'

James G. Scott, Director
Division of Program Operations

Enclosures

cc: Vivian Levy, Oregon Health Plan, Interim Director
Jesse Anderson, Oregon Health Plan, SPA Coordinator

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER <u>2 4 — 0 0 1 2</u>	2. STATE <u>OR</u>
3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT <input checked="" type="radio"/> XIX <input type="radio"/> XXI	

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE
4/10/24

5. FEDERAL STATUTE/REGULATION CITATION
42 CFR 440.130(c)

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)
a. FFY 2024 \$ 0
b. FFY 2025 \$ 0

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment 3.1-A, pages 6-a-12, 13 6-a-13 (new) P&I
Attachment 4.19-B, page 1a.10 (new) P&I

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)

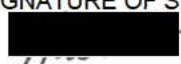
NEW P&I

9. SUBJECT OF AMENDMENT
This transmittal is being submitted to include the National Diabetes Prevention Program under the preventive services state plan authority.

10. GOVERNOR'S REVIEW (Check One)

GOVERNOR'S OFFICE REPORTED NO COMMENT
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED:

11. SIGNATURE OF STATE AGENCY OFFICIAL


12. TYPED NAME
Nikki Olson

13. TITLE
Interim Deputy Medicaid Director

14. DATE SUBMITTED
6/17/24

15. RETURN TO
Oregon Health Authority
Medical Assistance Programs
500 Summer Street NE E-65
Salem, OR 97301

ATTN: Jesse Anderson, State Plan Manager

FOR CMS USE ONLY

16. DATE RECEIVED <u>June 17, 2024</u>	17. DATE APPROVED <u>August 5, 2024</u>
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PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL <u>April 10, 2024</u>	19. SIGNING OFFICIAL  Digitally signed by James G. Scott -S Date: 2024.08.05 17:52:13 -05'00'
20. TYPED NAME OF APPROVING OFFICIAL <u>James G. Scott</u>	21. TITLE OF APPROVING OFFICIAL <u>Director, Division of Program Operations</u>

22. REMARKS

7/31/24 State authorized P&I changes to Box 7 - to update page references and Box 8 to strike reference to new

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
State/Territory: OREGON

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13.c. Preventive Services: Diabetes Prevention Program (DPP).

Program Description:

Diabetes services are provided as preventive services pursuant to 42 C.F.R. Section 440.130(c) and are recommended by a physician or other licensed practitioner of the healing arts acting within the scope of practice authorized under State law. The Diabetes Prevention Program (DPP) consists of medically necessary services designed to prevent at-risk individuals from developing Type 2 diabetes. The program is evidence-based and clinical research studies consistently demonstrate the program's effectiveness in preventing or delaying the onset of Type 2 diabetes among individuals at risk. The program involves a structured lifestyle intervention, incorporating elements such as dietary modification, increased physical activity, and behavior change strategies. DPP services are provided during sessions that occur at regular, periodic intervals over the course of one year. Oregon Health Plan Fee-for-Service (FFS) permits additional Diabetes Prevention Program services based on medical necessity.

Qualified Providers:

CDC-recognized organizations, holding pending, preliminary, or full recognition status for National DPP, are eligible to enroll as Medicaid Diabetes Prevention Program (DPP) Providers. CDC-recognized National DPP organizations offer services through trained Lifestyle Coaches, encompassing physicians, nonphysician licensed practitioners, and unlicensed practitioners under the supervision of a DPP service provider or licensed practitioner.

Lifestyle Coaches receive formal training on a CDC-approved curriculum for at least 12 hours and are recognized as having met the National DPP requirements specified in the CDC's Diabetes Prevention Recognition Program (DPRP) standards and guidelines.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT
State/Territory: OREGON

AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13.c. Preventive Services: Diabetes Prevention Program (DPP).

DPP Lifestyle Coaches work with individuals with prediabetes or otherwise at risk for developing diabetes to instill a practical understanding of the positive impacts of sustained healthier dietary habits, increased physical activity, and behavior change strategies for weight control. Services offered during DPP classes include:

- Counseling related to long-term dietary change, increased physical activity, and behavior change strategies, aiming to prevent Type 2 diabetes;
- Skill-building sessions to enhance knowledge and abilities necessary for diabetes prevention; and
- Physical activity assessments

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: OREGON

METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES

13.c. Preventive Services: Diabetes Prevention Program (DPP).

Reimbursement for Diabetes Prevention Program shall be made in accordance with the published "Medicaid statewide fee schedule". Except as otherwise noted in the plan, Medicaid statewide fee schedule rates are the same for both governmental and private providers. The agency's fee schedule rate for DPP services was set as of 4/10/24 and is effective for services provided on or after that date. All rates are published on the agency's website and can be accessed at <https://www.oregon.gov/oha/HSD/OHP/Pages/Fee-Schedule.aspx>

TN 24-0012
Supersedes TN NEW

Approval Date: 8/05/24

Effective Date: 4/10/24