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State/Territory Name: Washington

State Plan Amendment (SPA) #: 24-0028

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355 (300)
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

September 10, 2024

Susan Birch, Director
Dr. Charissa Fotinos, State Medicaid Director
Washington State Health Care Authority
Post Office Box 45502
Olympia, WA 98504-5010

Re: Washington State Plan Amendment (SPA) – 24-0028

Dear Director Birch and Dr. Fotinos:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0028. This amendment will add doula services to the Medicaid State Plan.

We conducted our review of your submittal according to statutory requirements in Section 1905(a)(13) of the Social Security Act and 42 CFR § 440.130. This letter informs you that Washington State Plan Amendment (SPA) -24-0028 was approved on September 10, 2024, with an effective date of January 1, 2025.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Washington State Plan.

If you have any questions, please contact Edwin Walaszek at (212)-616-2512 or via email at edwin.walaszek1@cms.hhs.gov.

Sincerely,

James G. Scott, Director
Division of Program Operations

Enclosures

cc: Ann Myers, Section Manager & State Plan Coordinator, Health Care Authority

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER <u>2 4 — 0 0 2 8</u>	2. STATE <u>WA</u>
3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT <input checked="" type="radio"/> XIX <input type="radio"/> XXI	

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE
January 1, 2025

5. FEDERAL STATUTE/REGULATION CITATION
~~Section 1902a of the Social Security Act; 42 CFR 440.130~~
Section 1905(a)(13) of the Social Security Act

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)
a. FFY 2025 \$ 740,000
b. FFY 2026 \$ 2,060,000

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment 3.1-A page 36a (new)
Attachment 3.1-B page 36a (new)
Attachment 4.19-B page 24d (new)

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)

9. SUBJECT OF AMENDMENT
Add Doula Services as a Preventive Service

10. GOVERNOR'S REVIEW (Check One)

GOVERNOR'S OFFICE REPORTED NO COMMENT
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

OTHER, AS SPECIFIED: EXEMPT

12. TYPED NAME
Charissa Fotinos, MD, MSc

13. TITLE
Medicaid and Behavioral Health Medical Director

14. DATE SUBMITTED
July 22, 2024

15. RETURN TO
State Plan Coordinator
POB 42716
Olympia, WA 98504-2716

FOR CMS USE ONLY

16. DATE RECEIVED
July 22, 2024

17. DATE APPROVED
September 10, 2024

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL
January 1, 2025

[Redacted]

20. TYPED NAME OF APPROVING OFFICIAL
James G. Scott

21. TITLE OF APPROVING OFFICIAL
Director, Division of Program Operations

22. REMARKS

8/01/24-State authorizes the following pen and ink changes:

Box 5: Change Federal Statute to- Section 1905(a)(13) of the Social Security Act.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. c. Preventive Services

Doula Services

Pursuant to 42 CFR 440.130(c), doula services are provided as preventive services and must be recommended by a physician or other licensed practitioner acting within their scope of practice under state law.

A doula is a nonmedical support person trained to provide physical, emotional, and informational support to birthing persons. A doula advocates for and supports the birthing person and their family to self-advocate by helping them to know their rights and make informed decisions. Doula services are provided during pregnancy, childbirth or end of pregnancy, and the postpartum period (the 12-month period after the last day of pregnancy). These services are inclusive of all pregnancy outcomes.

Services include:

- Prenatal intake visit – one per pregnancy
- Labor and delivery support – as needed (no limit but may be billed only once per pregnancy)
- Comprehensive postpartum visit – one per pregnancy
- Additional prenatal and postpartum visits – limited to 20 hours

Limitations may be exceeded based on medical necessity.

Birth doulas must be at least 18 years old and possess current certification as a birth doula with Washington State Department of Health.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. c. Preventive Services

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

POLICY AND METHODS USED IN ESTABLISHING PAYMENT RATES FOR EACH OF THE OTHER TYPES OF CARE OR SERVICE LISTED IN SECTION 1905(a) OF THE ACT THAT IS INCLUDED IN THE PROGRAM UNDER THE PLAN

IX. Other Noninstitutional Services (cont)

O. Doula Services

The Agency sets doula services on a fee-for-service basis, based on pregnancy, regardless of outcome. The Agency sets doula services fees based on periodic review and examination of market research, other state's fees, budget impacts and other reliable data. The research and data must be sufficient to establish the adequacy of service reimbursement. The legislature may also grant an increase to these fees, subject to CMS approval. The Agency pays the lesser of the usual and customary charge or a fee based on an Agency fee schedule.

Doula's services can be billed once per client per pregnancy. Multiple births (i.e., twins, triplets) are not eligible for additional reimbursement.

Services per pregnancy are limited to one claim for prenatal intake visit, one claim for comprehensive postpartum visit, one claim for labor and delivery support, and a maximum of 20 additional hours across the prenatal and postpartum visits.

Except as otherwise noted in the plan, fee schedule rates are the same for both governmental and private providers of these services. See 4.19-B, I, General, #G for the agency's website where the fee schedules are published.