

# Medicaid Changes are Coming!

## 4 Things to know

Medicaid eligibility rules are changing. If you have Medicaid or you're thinking about applying for coverage, here are 4 important things to know.

**1. You may need to meet a new monthly work requirement to qualify for Medicaid and keep your coverage. Some states have already started the new requirement and others will start soon.**

If the new requirement applies to you, you must spend at least 80 hours each month on one or more of these activities:

- Working (or earning at least \$580 a month).
- Doing volunteer or community service.
- Participating in certain job-training programs.
- Participating in an educational program (like college, technical programs, or General Educational Development (GED) programs). If you're enrolled in school at least half-time (as defined by your school), you likely meet the new requirement. If you're enrolled less than half-time, your school hours can count toward your 80 hours.

You can combine different activities to reach your 80 hours.

**2. The new requirement applies to many (but not all) adults under 65.**

It may impact you if all of these apply:

- You live in a state where the new requirement applies. Contact your state Medicaid office to find out if your state is implementing the new requirement. Visit [Medicaid.gov/about-us/where-can-people-get-help-medicaid-chip](https://www.Medicaid.gov/about-us/where-can-people-get-help-medicaid-chip) to get the phone number for your state.
- You're an adult between the ages of 19-64.
- Your household income is up to 138% of the Federal Poverty Level (about \$22,025 a year for 1 person or \$29,863 for 2 people).
- You don't qualify for an exclusion (some people might qualify for an exclusion if they're a parent or guardian of a child under 14, a member of an Indian or Urban Indian Tribe, pregnant, disabled, enrolled in Medicare, or a veteran with a total disability rating from the VA). Visit [Medicaid.gov/federal-policy-guidance/downloads/cib12082025.pdf](https://www.Medicaid.gov/federal-policy-guidance/downloads/cib12082025.pdf) for the full list of exclusions.

### 3. If you currently have Medicaid, you can take steps to keep your Medicaid coverage.

- Make sure your state has your current information (like home and email address and phone number) so they can contact you about the new work requirement. Most states will send a letter or message by late summer or early fall.
- Keep track of any work, community service, job training, or school hours you complete each month. Start now so you'll be ready to show you meet the new requirement when it's time to renew your coverage. For details about tracking and reporting your hours, contact your state Medicaid office.
- Gather important medical or legal documents in case you need to show your state you qualify for an exclusion.
- Contact your state Medicaid office to find out what else you can do or provide to keep your coverage.

### 4. If the new requirement applies to you and you don't meet it, you won't qualify for Medicaid, and other health coverage options might cost more.

- Your state might end your Medicaid coverage or deny your application. If this happens, you can apply again at any time. Visit [Medicaid.gov/about-us/where-can-people-get-help-medicaid-chip](https://www.Medicaid.gov/about-us/where-can-people-get-help-medicaid-chip) to get started if you lose coverage.
- You might be able to get health coverage through the Health Insurance Marketplace®, but you might not qualify for financial help to lower your monthly premium. Visit [HealthCare.gov](https://www.HealthCare.gov) to find or enroll in a health plan, or call the Marketplace Call Center at 1-800-318-2596 (TTY: 1-855-889-4325).

## Need more help?

Contact your state Medicaid office for more information about the new Medicaid rules and how they might impact you. Visit [Medicaid.gov/about-us/where-can-people-get-help-medicaid-chip](https://www.Medicaid.gov/about-us/where-can-people-get-help-medicaid-chip) to get the phone number for your state.

